

LATITUDE CARE NETWORK LIMITED - (LCN)

ANNUAL REPORT AND STATEMENTS OF ACCOUNTS FOR

THE YEAR ENDED 31ST MARCH 2019

	Pages
Contents Pages	2
Legal and General Information	3
Trustees' Annual Reports	4-14
Responsibilities of the Trustees' Board	15
Statement of the Account – Income & Expenditures	16
Statement of the Account - Balance Sheet	16-17
Notes to the Account Statements	18-21
Acknowledgment and Thank you	22

Trustees	Grace Adok (Chair & Director) Harriet Aber (Treasure) Christine Atim Santal Akullo Mrs Jane Amony Atube Rev. Modicum Okello
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Registered Office	7b Melrose Avenue Cricklewood London NW2 4LH
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Registered Charity No:	1113929
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Registered Company No:	05555558
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Registered NGO/CBO No:	LDAG/2007/1165/Uganda
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Patrons	Dr. Mervyn Tyrer Dr. Hellen Montgomery
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Banker	HSBC Bank 50-52 Kilburn High Road Kilburn London NW6 4HJ
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TRUSTEES’ ANNUAL REPORT

The management committee who are also the trustees’ have pleasure in presenting it report together with annual account for the year ended 31 March 2019. The statements of financial activities are prepared in accordance with the Statement of Recommended Practice issued by the charity commission (in March 2005) and comply with the Company’s Memorandum and Articles of Association, the Companies Act 2006.

Objects of the Charity

The objects, for which we were established particularly, but not exclusively, relate to individuals and communities who are culturally, environmentally, socially and economically isolated or from disadvantaged backgrounds, the elderly, persons with disabilities including people with long term health conditions:

- To preserve and protect the physical and mental health of vulnerable and disadvantaged members of society who are predominately refugee and asylum seekers living in the London area;
- To relieve the needs of elderly and disabled people and people facing difficulties in family relationships;
- To advance education through vocational training for the unemployed or those seeking employment including single parents, refugees and asylum seekers;
- To relieve poverty and distress amongst the people in Africa, in particular, those who are victims of war and natural disasters;
- To promote equality and diversity in society by holding various social and cultural events of sufficient content and quality for the benefit of the public.

Structure, Governance and Management

LCN is an international charitable organisation operating in UK and elsewhere African, particularly in the region of Northern Uganda. The charitable organisation is governed by and established under a Memorandum and Articles of Association.

Method of appointment or election of Trustees

The management of the charitable organisation is the responsibility of the Trustees who are elected and co-opted under the term of the Articles of Association. The Chair is elected by members at Annual General Meeting to hold office until the ensuing Annual General Meeting. Trustees are also elected at the Annual General Meeting for periods of one year and those serving are eligible for re-election.

ACHIEVEMENTS AND PERFORMANCE OF THE YEAR UNDER REVIEW

Incomes

Incomes for the financial year ending were generated from grant receivable, investment funds, voluntary giving and other fundraising activities.

Other incomes received as in-kind donations and giving, sponsorships and volunteering activities reflected in the annual report as non-monetary values.

LCN continued to be an all-volunteering organisation. In keeping with previous years, the year under review operational costs were achieved through the above-mentioned income sources and more importantly volunteering activities efforts, networking, partnership collaborations and many other in-kind contributions. Every year we strive to keep operational expenditures to a minimal while being effective in-service deliveries.

Besides, efforts to fundraise through variety sources, LCN agreed a policy of mutual agreement with the trustees, volunteers and members that in the likely of an emergency difficulties, as a temporary measure and where possible they would lend and/or donate funds to cover for certain financial activities such as cost of administration, service delivery, fundraising and investment activities.

UNITED KINGDOM OPERATION

COMMUNITY OUTREACH PROGRAMMES

Since inception, most of LCN services have been provided through community outreach programmes serving clients in the London area but not exclusively. The programmes have been the foundation of our efforts to improve lives, health and well-being of individuals as well as local communities within our reach including other organisations or one component of it. In whatever measures we employ, the outreach activities have been so effective because we know our service users, local communities and are creative and trustworthy.

There are times when individual or local community needs assistance with accessing human services, the outreach programmes aimed at meeting these needs among others to reduce isolation, loneliness and enabling clients to access services, increase interaction and social networks, and encourage good physical and mental health activities. Many clients who received outreach services are but not exclusively vulnerable, older/frail, disabled/housebound and people with long term health conditions where the outreach programmes activities are the lifeline delivered through telephone calls/teleconferencing and visitations homes, hospitals, hospices or care and drop in centres as well as support groups, workshops, and community outings and social events. Like previous years, this year ended, we served reachout to more than 500 individuals and supported 6 other community groups.

Health, Social Care and Support Programme

This has been our core programme with the primary purposes:

- Targeted at people affected with old age, disability, life-threatening or long-term ill-health conditions, carers, the unemployed and very poorer family households including children and young people living in London area and elsewhere within our reach.
- Educating clients about what services are available for them from governmental departments, local authorities and in the community.
- Advocating on behalf of clients championing their causes and rights to access services, ensuring services seeking are accessed in timely manner with minimal barriers. We ensure individual needs and voices are met and heard in stressful times while offering empathy and support to access services that are suitable for the needs of the individuals and the local community.
- To provide befriending, companionship and emotional supports aims at reducing isolation and loneliness, encouraging community participations and promoting mental, physical and psycho-emotional well-being of those in needs with limited or no family supports.
- Providing advice and information literacy to give people ability to access and use varieties of advice and information sources that may serve and solve their needs for and uses.
- Empowering clients negotiate access on their behalf with coaching and mentoring by social and support workers so that they may have a better sense of control over their own live circumstances – these are to enable them access services, be more independence at home, and in the community therefore mitigating disadvantages and vulnerability preventing the very old, disabled and people with long term health condition's premature or inappropriate admission to long term hospital and residential care; and
- Providing a wide range of other services in a more flexible ways of service provisions to ensure services provided responded to the needs of individuals, hence contributing to their mental health, economic and general well-beings.

Social Support Service

As more and more people are finding themselves isolated left on their own for most of the days, our community outreach social support services are embedded in the principles of what we do while treating clients with respects and dignity. Years on years, we have offered vulnerable and isolated people with a broad ranges of social support activities which suit an individual needs including opportunity of befriending, networking, life skills learning such as ICT, businesses and try new other things and getting out and about to enjoy some quality times with peers without concerns of how will get to the appointments, meeting places and other social activities.

For many, this also gives opportunity to enjoy doing personal shopping, banking or conversations over a meal and at recreations. At least twice or more a month, clients enjoyed participating in one or two of these activities or recommended go to other places of interests. Our sincere gratitude goes to the wonderful teams of willing volunteers who on regularly basis pay visits to client's homes and other places of interests collecting transport, support while there and brings them back home. We absolutely could not manage doing all these things without the dedications of the volunteers whom many beside daily other routines', renter countless hours of volunteering times.

Permanent Agent

LCN is an accredited approved appointed Clients Permanent Agents (CPA) which involved advocating, mentoring, helping and supporting clients and their families manage their finance affairs to improve their financial capability and enhance basic skills of budgeting and saving to ensuring they are living within means, understanding the benefit systems and how it works and impact their lives. This year the number of volunteers' offering the permanent agent outreach services increases to 15 serving 31 clients across London.

The volunteers involved in carrying out these activities are subjects to continue personal developments in all areas of their works, these includes enhance DBS checks, attending regular trainings, supervision, reviews, appraisals and participation in other related activities. These ensure clients are protected, up to-date and are happy with services and support provided, and that both parties clients, volunteers and organisation are in sync satisfied that services provided are meeting needs.

Recreational and Social Support Group

This is a client's peer-led self-help support activities for those who share common concern and interest with the aims of bringing everyone together in a recreational, social and supportive environments to enable sustain cultural activities, encourage integration, practical support and the needs for socialising spending quality times together.

In addition, the project offers several recreational activities that enhance physical, emotional and mental well-being including entertainment performance of arts, dancing, music and storytelling for the benefits of the general public or as means of physical excises. The project also involves peer led life skills learning of general literacy, new languages, ICT, ways of income generations and healthier living foods, drinks cookery and eating.

Years on years, the group have met regularly in peer's homes, at community support group and social events, training workshops, private parties and many other gatherings. The year under review, the group performed 8 time a combined cultural dances, arts, music and storytelling where occasionally received small fees for the performances contributing towards the group's social support small funds and sustainability.

The Social Support Small Fund (SSSF)

The SSSF project stemmed from the recreational and social support group activities outlined above. It is aimed at generating funds towards sustainability of the group and mutual aid financial support of members. Besides, funds generated is also used to support few other selected allocated individual members and local community groups which deals with shared social issues.

This financial year, the project supported 30 individuals experiencing financial hardship towards meeting the cost of daily living including bereavements, household's bills, essential goods and services which improve health, quality of life and independent living. The fund also supported 3 local community groups appealed for towards local causes. Through this project, we have continued to support local food banks initiatives and volunteering activities.

Transport and transportation Services

The volunteers are the strength behind our efforts, without their dedication our community outreach activities would not function. Many of the volunteers are themselves service users recruited from within the local community or areas where many clients reside. Providing these services, many of the volunteers' uses personal own transport means provide clients with transportations and any other practical activities.

Year on year we have experienced an increase in demand for transport and transportation services and on regular basis volunteers available offer individuals or group transportation to appointments, shopping, social outings and other activities that assist socialisation and independent living. Occasionally, we arrange group's travel through hire and lobbying public transports including from local authorities and businesses.

We also advocate support clients of pension ages and those disabled or with long-term health conditions to apply acquired Freedom Pass, Taxi and Rail travel Cards and concession and discretionary travel bursaries from local authorities, hospitals and transport systems.

Information and Communication Technology - ICT at Home

Development in digitals and information communication technologies continued to evolve generating periods of extraordinary social and cultural changes. These technologies now impact on almost every aspect of modern lives and societies, creating a huge social benefits, divides and disadvantages alike. The system can improve or hinder how people works, communicate, socialised with one another and how information and knowledges can be brought together used for social impacts.

Many today takes for granted these technologies that give new opportunities and yes lives have been transformed by these technologies, but the benefits are not being shared enjoyed by all. While most people are active participants in the digital revolutionary, inequality in the uses and applications has become a new driver for social exclusion, social isolation and loneliness especially among older people, impoverish families and many other vulnerable groups.

Our ICT at Home delivered through the volunteers' community outreach activities provides awareness, life skills trainings and uses of computers, phones, tablets, internet, email, social medias and many others. These enable people acquire knowledge of the modern devises and practical uses for those wishing to or can do so. Through life skills learnings, it is providing opportunity for them to communicate, socialise and networks with loved ones, peers and friends around the world as well as help them access online services such as information search, banking, emails and many other online services. The project also provides clients with home administration including word processing, letter writing, printing and digital video calls and teleconferencing.

Servicing people this way is providing opportunity to tackle disadvantages, isolation and loneliness making our community outreach activities much easier, enjoyable, less costly, stressful and time consuming. During the year most of the clients we reached out to were either trained and/or supported in the use and basic knowledge of these technologies.

The monitoring and evaluation the project, feedbacks from clients who received ICT at home indicates beside other benefits, the feeling of knowing they can have own and used ICT have empowered their independent living, reduced isolation, increased knowledge and awareness of what is happening around them as well as increases mental well-beings. Many clients now often stay in touch with families, friends/peers as well as volunteers assigned to them. Our volunteers are also reporting the ease at which these technologies are making their volunteering activities much simpler, less stressful and enjoyable.

INFORMATION, ADVICE AND ADVOCACY

We provide general information, advices and advocacy to our clients to reduce the spread of vulnerability, poverty and inequality among people we reached out to. This programme is much needed because in many situations clients feel disempowered by the systems of rules, policies and procedures, and bureaucracy from agencies that provide services. Delivering these services, we also worked in collaboration and networking with many other agencies effectively to support people in varying ways and situations.

Welfare Advice & Practical Support

The project provides a multitude of support including advices and advocacy to people experiencing hardship of accessing welfare and material aids. We provide practical and emotional support including a voice and representation so that people may get the information they need, know their rights and understand what welfare payments are available for them, ensure receivable of payments, and support to access material aids including adaptation equipment, discretionary payments, dealing with arrears and realising on fundraising and in-kind giving through and from local people who may support them.

Providing these services, we often experienced many people especially the elderly, disabled and families/individual who received welfare payments including universal credits are struggling to manage and maintain payments for their community care plans, rents and daily livings. Many falls in debts and arrears often fearing what the consequences would be. In such situations we intervene advocate on behalf, helped re-arrange and agree affordable payment either weekly or on monthly basis.

Besides, we provide support with money mentors and managements and access to discretionary welfare payments to subsidise limited incomes. In some cases we agreed with clients allocate a volunteers to act as Permanent Agency to help them manage their finance affair including receiving benefits, banking, shopping and bills payments on time and consistently as many do not have bank account facilities although uses Post Office Card Account for receiving benefit payments.

EDUCATION, TRAINING AND EMPLOYMENT SUPPORT

Our education, training and employment support programme is intended to assist people with personal development and life skills coaching and trainings support they need to become literate, to acquire general knowledge, enter employment, start own businesses or any other means of income generations.

Year on year, the programme has provided clients with prep and secondary education of basic skills in literacy and numeracy, ICT, pre-employment - job readiness support with CV, job search, completing application forms and specific occupational skills trainings as required. The employment support also helps people with job reference, job/work placements, job shadowing and training on the job as well as business start-up workshops, mentoring and after care support. This year, we delivered more than 20 group sessions and referrals to other agencies.

Student's Work Placements.

We continued to liaised works with schools, colleges and universities to provide students with work placement places to enable student's complete areas of their studies. This year under review, we received request from learning institutions for 20 places, however we were only able to provide 15 places in the area of health, social care and support, training and workshops, fundraising, admin and finance/accounting as well as overseas volunteering placements. The remaining 5 places we redirected students to other agencies providing places.

Information Communication Technology - ICT

Inclusive our community outreach activities as outlined above, we provide ICT at Home clients' service as. However, we also received volunteering application for those who may wish to receive ICT training, experience or upgrading skills and knowledge of especially computer uses. We continuing to experience an increase for the need of ICT education and eagerness to learn and acquire skills, knowledge and the devices.

Financial Capability Programme

We continued to work with Made of Money Quaker Social Action and National skills Academy for financial services to refresh skills, confidence and knowledge of providing financial capability workshops facilitations, trainings and mentoring. The confidence is enabling us to continue providing facilitation to individuals, families, students and community groups including those others looking to borrow money or start income generations and improve financial capabilities including budgeting and savings.

Money for Life - Financial Capability Services

This financial capability frameworks are targeted at young and adult people in further education, trainings and community organisations such as LCN to providing money mentors and teach other programmes. In 2014 LCN was sponsored by Lloyds Banking Group works in partnership with The National Skills Academy for Financial Services provided our volunteers with intensive Made of Money programmes trainings of money mentors and teach others.

As a result, we developed our own Money Mentoring and Teaching Others programmes which runs alongside existing Made of Money Quakers Social Action programmes for individuals, families and community groups of learner's clients. The programme includes providing accreditation workshop trainings, giving advice, guidance and information on money mentors, management and dealing with household's needs, debts and utilities poverty.

The narratives frameworks, the area of Money for Life financial Service training Programmes offer are:

- Money Mentors courses aimed at improving and upgrading the volunteers, staffs and peer mentoring skills, confidence and knowledge of financial capability that enable them to continue to support individual learners manage their finance affairs effectively.

- Teach Others course is aimed at improving and upgrade individual trainer and facilitator skills, confidence and knowledge of financial capability to enable them deliver and support learners' individually or in groups.

The year under review, the programmes with the support of made of money who sent guess trainer and facilitator over the 4 sessions, we provided 15 our Permanent Agent volunteers with courses and training. All the 15 participants completed the course and training received the accreditation certificate which licence them to mentor and teach other financial capability. Besides, the programmes supported provided 1:1 with 13 individual clients.

Business Start Up and Employment Support

This project aimed at providing monthly workshops to train, develop, support and mentor people looking to start own business or/and are already in business and those wanting to enter volunteering and employment activities. During the year under review 12 sessions of local events with an average attendance of 50 people including non-clients some coming from afar outside London or were referred on recommendation.

The monthly workshops also enable us direct guide people to the right workshops, the most popular being home based, e-commerce and networking popular with stay at home parents, retired and people with no experience or knowledge of running businesses at all. If we were unable to provide support people, we signposted them to relevant resources, expertise/professional businesses and employment agencies.

The monitoring and evaluation of the project indicates that over 50% of people who attended or joined the programs successfully start launches own businesses or entered volunteering and paid employments.

Overseas Volunteer Programme (OVP)

Our Overseas Volunteers Programme is aimed at providing overseas volunteering opportunity for international experiences, vocational and placement works, and education to those looking to share and/or learn new skills, show their talents, broaden their CV or simply give to others meanwhile gaining an in-depth experience of another country, cultures and the local people that would stay with them for the rest of their lives. This year the programme recruited deployed 8 Overseas Volunteers including 3 students.

MUTUAL AID FUND (MAF) SCHEME

The MAF scheme is an initiated provided us by London Rebuilding Society (LRS) to support small community based organisation become a community-based Micro-Finance Lenders additional clients service increase access to financial services including training, mentoring, borrowing and saving.

LCN became LRS shareholder when invested in the MAF scheme for return of 4 times amount invested to be reinvested through mutual lending to clients and members experiencing financial difficulties with daily livings relief financial hardships and helps enable people access credits they would not normally be able elsewhere or from high street banks or major financial institutions.

We are glad that, borrowing investment with the London Rebuilding Society have been successfully repaid, thus brought an end to the partnership, however the scheme continued with small scale lending activities of funds plough back repayments, interest receivable and allocated funds. This year we again disbursed 10 small loans ranging from £20 – 100 at flat interest rates of 35% fully repayable within 4 months of borrowing. The outcomes of the MAF lending since implementation have been very encouraging; all the loans taken were all repaid without serious defaults. We anticipate, the scheme will continue in the next financial year.

INTERNATIONAL DEVELOPMENT OVERSEAS OPERATIONS

Latitude Care Network Uganda (LCNU)

LCN extended overseas operation to northern Uganda in 2005 registering in the country as Non-Governmental Organisation (NGO) and Community Based Organisation (CBO) under the entity of **Latitude Care Network Uganda (LCNU)** based in the northern region. LCNU is an affiliate organisation providing essential link between LCN UK and partner organisations in Uganda. Besides, LCNU implement and deliver frontline services, provides coordination, guidance and management supports to partners organisations in the region while consulting, liaising and reporting regularly to LCN UK. The organisation with the supports of LCN UK and local partners operates in 4 districts of northern Uganda comprising Gulu, Kitgum, Lira and Pader districts.

LCN to date continued operating in the region with an increased demand for our activities year on year. We are very grateful for the supports of our international supporters and backers to name the least, it includes St. Gabriel’s Church of England, Cricklewood, The Charity Trust UK, St Andrew’s Church of Uganda - Lira, local communities on both sides of the atlantics including schools, community groups, individuals, volunteers and businesses. Though the needs for emergency humanitarian assistance for the those most in needs is still paramount, our focus remained delivering sustainable development programmes in the region to empower the local communities, families and individuals help themselves.

Children and Community Development Centre (CCDC)

The centre project came about in 2005 the year LCN launched operation in the region of northern Uganda, The Sunday School Children of St. Andrew’s Church of Uganda, Angwetangwet, Lira district then requested LCN if could connect link them with Sunday school children of any local Churches in UK to become Pen Pals Friends. Thus, LCN agreed and 40 Sunday school children of St. Andrew’s Church of Uganda individually handwritten letters, some drew pictures, signs and video recorded messages request for pen-pals as well as support with centre and learning materials. LCN mediated approached St. Gabriel’s Church of England, Cricklewood with the requests which was eagerly and willingly accepted and the children of the two churches became Pen-Pals Friends to date. The Sunday School activities before then was being performed in an open Church compound sometimes under trees and extreme rain and sun’s heat waves.

The two churches also became Mission Partners whereby agreed to practically, socially and spiritually supports one another, thus the CCDC building project was started in 2007 supported, mediated and co-ordinated by LCN soliciting supports from the main supporter St. Gabriel’s Church of England as well as supports from the local communities, politicians, businesses and individual well-wishers. The building project was completed officially opened in 2010 by the visiting representatives of LCN and St. Gabriel’s Church of England, Cricklewood from London marking the event with hundreds of jubilation local community including children and congregations of St. Andrew’s church of Uganda themselves.

The centre is named St. Gabriel’s Cricklewood Hall and the tap of the new building was cut by the visiting Vicar of St. Gabriel’s Church of England, Cricklewood. LCN in Mission Partner with St. Gabriel’s Church of England, Cricklewood remained strong supporter of the centre project and are mission partners of St. Andrew’s Church of Uganda, Angwetangwet, Lira, Uganda the parent of the centre project. The mission partners ensure centre is used for purposes it was built, that is serving children and local communities as multipurpose centre including community developments and learning activities, adult’s education, mobile health centre/clinic, support groups, recreational and social activities as well as income generations activities through rent and private hires for parties, meetings, conferences and many other activities.

The monitoring and evaluation of the centre’s project activities indicates, it is being used 7 days a week and number of children and adults attending various activities continued to grow year on year. Income generated from used of the centre are ploughed back sustaining the centre as well as benefits the children and community alike. LCN will continue to support the centre including maintenance and supply of particularly learning materials such as visual equipment, text and exercise books, pens/pencils and music and sound systems. We are very grateful for donations of such in-kinds received during we received year on year.

Humanitarian Relief

The need for humanitarian emergency assistance remained paramount specially to support those most in needs vulnerable elderly, orphans, disabled, poorest families and those living on the streets. These groups, many are completely neglected isolated and excluded from the society because of their vulnerability. LCN continued to respond to these challenges through appeals for financial and in-kind support to ensure continuation of this important mission.

Our overseas volunteering programs (OVP) outlined below supplement this project. Since the OVP commented, we been very fortunate in collecting in-kind donations through well-wishers and the volunteers themselves before and after their deployments in the region. The project is also being supported by Key Travel an Airlines Travel Agents which arrange for us flexible humanitarian and educational individual and group travels at reasonable rates and an extra/bulky baggage allowances at no additional costs which enabling us transport in bulky in-kind donations.

The in-kind donations we usually appealed collected includes, items such as learning materials, children’s soft toys, sport kits; clothing and beddings; medical equipment’s, hygiene, toiletries and sanitation materials; and nonperishable foods items which are transported distributed to those most in needs by volunteers themselves or through local partners and volunteers. The relief project is also supported by local people and businesses who some donates funds of local currency, farm produces and all other essential commodities and services.

OVERSEAS VOLUNTEERING PROGRAMME (OVP)

The OVP has been ongoing since 2009 started by two friends from London. The programme is attracting and recruiting deploying overseas volunteers to the region of northern Uganda and other areas. The programme provides LCN with opportunity to recruit volunteers with great talents, skills, experience and willing people who care have passions for giving back and supporting those most in needs wherever they are. This year the programme recruited deployed 17 overseas volunteers including 4 students from London college and university as part of their vocational study and work experience placements.

The overseas volunteering activities undertaken which benefits local communities includes community actions or researching community needs, distribution of handouts, teaching in prep/primary schools, providing adult community education; participates in recreational and sport activities; supporting vulnerable people including orphans’ children, the sick, elderly, those living on streets and those from poorest families. The programme also helped the locals through the volunteers delivering livelihood support activities to help the locals gain economic independence, providing advice and counselling to women experiencing families or relationship difficulties and visiting hospitals and health centres to raise health promotion awareness, gives handouts of in-kinds including to patients and makes link with international and local community groups.

The OVP is mainly supported by the volunteers themselves who generate funds and in-kinds for own transports and to support projects of their choice they would normally want to support or works for. We are also grateful to local churches, schools, travel agents, airline companies, business and individual’s well-wishing for their unconditional support of this project.

The OVP does not only benefits the local communities, but also the volunteers themselves in various ways:

Experience of learning from the sources - first-hand about the new country’s local community, the people, its culture, and issues they face. In many cases the volunteers lived among the locals quite possibly with a host family, which means they will live like the locals.

Promotion of causes – Help them promote causes by raising funds and in-kinds for own trips pay for travel and other expenses as well as supports to project of their choices. These combined knowing their contributions are being used to further causes –not to make profits.

Apply and share their skills - Volunteers uses and share their special skills and knowledge in an unconventional setting. Some comes from teaching backgrounds; have business skills; studied medicine and health care; have voluntary background; are students on internship, some on expeditions or simply looking to gains skills and knowledge of the above. Either way, these experiences provides volunteers with résumé-building that reflects their unique strengths and international knowledge, skills and experiences.

Participate in a cross-cultural exchange of ideas - During their experiences, volunteers come into contacts and exchange ideas with the local people. The interaction is an essential element of the programme that would aid the local communities and the volunteer’s growth and developments.

OPERATION NOAH – THE LIVELIHOODS SUPPORT PROGRAMME

Operation Noah – The Livelihoods Support Programme have been operating since 2013. The main objective is to improve on the livelihoods and well-being of beneficiary’s children and young people from the most vulnerable and poorest background families/household in the region of northern Uganda. The main supporters of the programme are our Mission Partner St. Gabriel’s Church England, Cricklewood, London.

The objectives of the project are broadly being achieved through the provisions of goat’s livestock initially to just over 200 beneficiaries for rearing local farming multiply improve livelihood including economic empowerment, food supply and education. The project is also supported by local partners and individuals from within the local communities and is ongoing through sharing the proceed, whereby additional multiple productions of the livestock are pass over to siblings and children and young people from other households who were unable to received handout at start of the project.

Year on year on, monitoring and evaluation of the project indicates the livelihood project impacts the beneficiaries in many ways:

- Overall, the number of goat’s production now peak more than 2,500 goats not including those lost through death and thefts.
- Families/households we were able to reach out to, their feedbacks and observations, the effectiveness of the project their livelihood have massively continuing to improve, thus changes in attitude and positivity that they can now support themselves without handouts.
- Many households have reported reproduction of more than 100 goats from a single handout they were given in 2013.
- Children who could not have remained or access education because their parents were unable to afford school fees are in or continuing with educations or any other form of learning and developments.
- Food supply of goats’ meats and milks more than doubled with households reporting a trend of village slaughterhouse and auctioning market where people can come to buy meats, milk and/or trade their livestock.
- Many more households are now trading or exchanging their livestock with other animals like cattle and sheep.
- During the year, an extra 67 children and young people including siblings were handed proceed of multiple production of the goat’s livestock.

LCN’s single handout of goat’s livestock to children and young people’s households, has made hugh difference in our lives. I was 17 head of my household keeping together 5 siblings having lost both of our parents from the dreadful aid epidemic exacerbated by civil war and extreme poverty. In 2013, LCN came to our rescue gave us hope of two goat’s female and male. Today we have not only multiplied the livestock, but have also generated incomes, educated ourselves, two of the siblings are now working and I am married with 2 children of my own, the older is starting primary education this coming January 2020. We have also so far given donated out 3 goats to other families in need. Besides, LCN is also extending support educating paying school fees of two of the siblings still in primary schools. Family and I and sibling are living our dream, thank you, thank you LCN.....Mrs Silvia Omodoi!

PRE-SCHOOL AND PRIMARY EDUCATIONAL SUPPORT PROJECT

This project stemmed from Operation Noah project trips to northern Uganda by youths of St. Gabriel’s Church, Cricklewood, London in 2015 organised by LCN in association with the Church. The youths led by assistant Vicar and LCN officials, visited all four districts of northern Uganda Gulu, Kitgum, Lira and Pader local areas where LCN operates and implementing Operation Noah Goat’s project. During the trip, the youths met with beneficiaries of the goat’s project including their families. The youths and their heads were able to evaluates and observed how many children of nursery/primary education age who shows strong interest in pursuing education but were unable to due to varying challenges including extreme poverty, illiteracy, cultural norms, war, diseases, natural disasters and lack of local infrastructures.

Many of these children were either not enrolled, dropped out or were simply sent home from schools due to their parent’s inability to pay for school or examination fees or simply were unable to provide additional schools requirements that would normally allow them to attend schools. Upon returned from the trip, the Educational Support Project were immediately started implementing our educational support programme which was first implemented in the region in 2005. The project also strongly lobbied advocated for by then a young Teacher Training Student and Youth Worker of a remote village in Pader district we visited during the trip. To date the project have supported well over 1,000 combined nursery and primary school children into education or other form of personal developments.

Four years on, beside the livelihood goat's project, the educational support project is excelling, I am so proud to have played a part in setting the project from scratch. On the ground including the school I am teaching, evidence of how well project is working are all over and am confident will continue. Day on day, parents and relatives or children's minor do approach me to help get their children to the project, my appeal to LCN and supporters, please evaluate your capacity and if can add more children, please do so. I remained project advocate and volunteer, my sincere gratitude to LCN for supporting mine and all the volunteer activities we carry on the ground on behalf of the organisation.

*And on behalf of all the children supported by the project, I sincerely says thank you and thank you to LCN, St Gabriel's Church of England..... – A little note about my name to portray who I am, I was named after a prominent Ugandan from the north now the late, who was a poetry, novelist, and a social anthropologist..... **I Mr Okot P'Bitek, now a qualified Primary School Teacher and Youth Community Mobiliser and Worker,***

The objective of this project is providing educational supports to motivated school age children from rural poor families through paying school and examination fees as well as additional school requirements that would allow the children access to education. The project main funder is St. Gabriel's Church, Cricklewood supported by LCN match funding. The project was piloted in 2016 school academic year, this year under review is it 4th year in operation where more than 300 children equal numbers boys and girls are supported across the 4 districts of northern Uganda where LCN operates.

Beside paying school and examination fees and additional school requirements such as scholastic materials of books, pens and other associated costs, the project also provides a supportive volunteers outreach activity including to schools and home visits to follow progress and monitor well-being of the children and family. Our volunteers on the ground takes on these tasks twice a year at beginning and before end of academic year.

Continuing the project, LCN have been assured by St. Gabriel's Church of England, Cricklewood their commitments to continue supporting the project for as long as can depending their financial position. LCN also have pledged support for as long as St. Gabriel's continued part funding, we will do our outmost match project funding year on year.

ACCESS TO OUR SERVICES

In order to ensure equality, our service users accessed our services from a number of source including self-referral and referral from local social services, local voluntary and communities groups, peers, family, members, friends, shelter/care accommodations, drop in centre, local GP, MP, Councillors and faith groups.

PARTNERSHIP AND COLLABORATION

LCN remain operatives with the supports of our sponsors/funders, volunteers and partners as well as other agencies and individual well-wishers on both sides of the atlantics. These includes finance and in-kinds donations, volunteering activities, partnership, collaboration and networking. The year under review, we have continued receiving supports from all existing supporters and made few other connections and links thus, some activities are carried out on our behalf by partners.

VOLUNTEERING OPPORTUNITIES

Volunteering activities has been key to LCN continuity success right from formation of organisation in 2005. This has enabled us delivered on our promises providing vital humanity and social justices support to those most in need within our reached. Without the volunteers, LCN would not have survived now in our 14 years of operation. This financial year a total of combined 52 UK and Overseas volunteers served the organisation.

The volunteering activities are serving the local community assisting people in many ways including finding suitable local volunteering opportunity that suit individuals with some looking to gain work experience leading to paid employment as well as supporting local agencies and institutions such as schools, colleges, universities and community groups fill their volunteering vacancies and students work placements to enable students complete their course works. Several people also turned to us for volunteering opportunity to enhance job prospects by boosting their CV, needing help with job search, applications, interviews and needs to provide references. As a result, many often end up finding and entering employments as well as interns and apprenticeships placements.

Managing Volunteers

Volunteers represent huge human resources, which can sometimes be overlooked and undervalued. Along with increased recognition of volunteers, the importance of effective volunteer management should always be acknowledged and in return benefits the organisation as it encourages community participation; initiate and enhances extends services while providing cost-effective services.

Effective volunteer management is key to ensuring their time, skills, experience and commitments are put to the best possible use and valued so that organisational goals are achieved and that everyone enjoys the experiences. Meeting these challenges requires the joint efforts of the management of the organisation, the person appointed to co-ordinate the volunteering activities and the volunteers themselves.

At LCN, we ensure all volunteers received mandatory awareness trainings including – orientation induction, Protection of Vulnerable Adults (POVA), Safeguarding of Children and Disability Awareness, personal development aspiration and motivation – with these we offer real opportunities to many marginalised people to become involved in their community through volunteering, thus most of our volunteers are peers and service user themselves.

Although volunteers should not expect monetary rewards for their efforts, we do support volunteers with public liability and personal accident insurance covers, rights to training and personal development and the rights to claim out of pocket expenses unless they opted not to. In addition, we offer an enjoyable and worthwhile experiences, they should expect recognitions and feedbacks about their performance, satisfactory and safe working environments.

ORGANISATIONAL DEVELOPMENTS

We regularly organised and access valuable organisational development trainings and capacity building trainings; constantly recruit volunteers; seek findings and in-kind support from any available sources and opportunities arising. Besides, we continue to liaise and participate in community forums, social activities and development initiative as well as representations at local, national and international levels. LCN is highly regarded within the local communities we reach out and served, these give us the aspirations and motivation to carry on giving back to the society.

QUALITY ASSURANCE & MANAGEMET

Besides access to vital organisational development trainings and capacity buildings, we have in place Quality Assurance PQASSO which provides us with a set of quality standards and assurances in 12 quality areas which guides our operational standards. As ever, we remained a learning organisation continuously seeking to improve in all areas of our works. Every year we review and update our training on the PQASSO Quality Assurance from second tiers or capacity building organisations. Our target remains working towards achieving External Assessed Accreditation for National Awards of the PQASSO.

Every end of year, we carry out monitoring and evaluations of all our activities undertaken, this is to improve performance, sought feedbacks from clients, partners and all others we have had links, collaboration and networks with. We obtained these monitoring and evaluations information through telephone surveys, client forums, completing daily service monitoring sheets and partner service provider forums.

FUNDRAISING AND IN-KINDS

Fundraising as is the case for many community groups within of the sector remained biggest challenge of all time, however we are creative and our established supporters including the mighty volunteers year on year have pulled together go the extra miles comes up with fundraising ideas of raising funds and collected in-kinds however little maybe. Every donation we received whether monetary or in-kinds massively support our operation of delivering vital services to makes a difference to the lives of people we reach out to served.

This financial year, T Big Give funding campaign of match funding increases made all the difference. All our long-term funding commitment continues, and a few more individuals have donated funds as well in-kind including 100s of Children's Early Learning Reading and Teachers Guides Textbooks donated by Brent Council, Children's Department. Our sincere gratitude go out to all supporters of years words alone cannot express how much we appreciate the kindness and generosity.

FUTURE PLANS

In January 2019, LCN marked the beginning 14 years of continuing operation and like previous years, we aimed to continue operating in the coming year serving people in the midst of our society within our reach we care about. We anticipate continuation with the provision of all our existing programmes while remained creative, innovative and open to any new development opportunity that may emerge on the way.

RESPONSIBILITIES OF THE TRUSTEE'S BOARD

Under the charity and company laws, the Trustees are responsible for the preparation of the accounts which gives a true and fair view of the state of affair of the charity at end of the year and application of resources in the period, including net incoming and expenditure for the year ended.

In preparing the account statments, the board of trustee is required to:

- Select suitable accounting and apply consistency
- Make judgements and estimates that are resasonable and prudent
- State whether applicable accounting standard and statements of recommeded pratice have been followed, subject to any material departures disclosed and explained in the statment of accounts: and
- Prepare the financial statment on the going concern basis unless it is not appropriate to assume that the company will continue its operation.

The board of trustees are responsible for maintaining proper accounting records which disclose with resoanable accuracy at any time the financial position to enable ensure that the financial statement comply with the Comapnies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hench for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Reserves

Although LCN does not currently have reserve funds, the Board of Trustees anticipate the organisation will in future hold financial reserves in line with the reserve policy.

Investment Policy

Whether we will realise and retain reserve fund, most of the organisation's funds are to be spent in the short term so there are few funds for long term investment. Having considered options available, in the financial year we reinvested the small MAF loan repayment circle lending to clients. LCN is registered for tax relief and donations received from individuals who are UK taxpayer's permission are sort to claim tax relief as part of investment funds.

Internal Financial Control

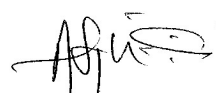
LCN have in place systems of internal control designed to provide reasonable, but not absolute, assurance against material mismanagement or loss. Fund transfer for overseas activities is done through a registered and trusted Remittance or Credit Union Entities. The funds are transfer direct into LCN Uganda affiliate bank account where the overall funds management and direction for use and distribution, the responsibility lies with LCN (UK). The Affiliate Chair, Treasurer and Secretary are responsible for cheque's signatory and local projects fund used and accountable to LCN UK.

Risk Management

LCN continues to place a high priority on minimising and managing risks in order to meet objectives and mission outlined in governing document and activities plans. LCN reviewed risk management registered and revised during the year. The risks management register identified thirteen main risk areas in order of importance, and these included the viability of LCN, and its affiliate body's processes and robust policy documentation and financial management. Each risk is accorded with appropriate treatments (current or planned response) and responsibility is assigned from within the LCN management team. A further review of the register will be undertaken annually.

This report has been prepared in accordance with the Statement of Recommendation Practice Accounting and Reporting by Charities - (SORP revised 2005), the Financial Reporting Standard for Smaller Entities (effective April 2008) and the provision of Part 15 of the Companies Act 2006 relating to small company entities.

The Trustee's report was approved by the management committee on 11th October 2019 and signed on its behalf by:



Grace Adok, Director Board of Trustees

THE BALANCE SHEET

	2019	2019	Total	2018
	£	£	£	£
FIXED ASSET				
Tangible Fixed Assets	5	360	-	-
CURRENT ASSETS				
Cash at bank and in hand	-	550	72	
NET CURRENT ASSETS			72	
NET ASSETS		910		72
ASSETS				
Restricted		-		-
Unrestricted		910		72
Total Assets		910		72

For the year ended 31st March 2018, the company was entitled to exemption from the audit under section 477 of the Companies Act 2006 relating to small companies.

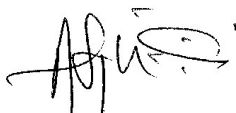
The members have not required the company to obtain an audit for its accounts for the year in question in accordance with section 476 of the Companies Acts.

The directors acknowledged their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provision applicable to companies subject to small companies' regime and with the Financial Standard for Smaller Entities (effective April 2008).

The notes below form part of the financial statements.

Signed for and on behalf of the Management Committee on 11th October 2019



Grace Adok
Chair, Board of Trustees



Harriet Aber
Treasurer

Accounting Policies

The following accounting policies have been used consistently in dealing with items which are considered material in relation to the charity's financial statements.

Basis of Preparation

The financial statements have been prepared under the historical cost convention of the charity, and in accordance with applicable accounting standard and follow recommendations in Statement of Recommendation Practice: Accounting and reporting by Charities issued in March 2005.

Accumulated Funds

- Restricted funds are subjected to specific conditions on their expenditures imposed by the funder or through the terms of an appeal as to how they may be used.
- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Incoming Resources

All incoming resources are included in the statement of financial activities when the charity is entitled to, and virtually certain to receive, the income and the amount can be quantified with reasonable accuracy. The following policies are applied to particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.
- Investment income is recognised on a receivable basis.
- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts

Resource Expended

Resources expended have been accounted for on an accrual basis in two parts: Resources Expended UK and Overseas as shown in the statement of the financial activities.

Fixed Assets

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life. Depreciation for the year ended has been provided at the following rates in order to write off the cost of all tangible fixed assets over their expected useful life:

- Computer equipment – 100% p.a on reducing balance basis
- Printer equipment – 100% p.a on reducing balance basis.

LCN – Notes to the account (Continues) - Incomes as Restricted & Unrestricted Funds

GRANT	Note	Restricted Fund £	Unrestricted Fund £	Total 2019 £	Total 2018 £
St Gabriel's Cricklewood		2,000	-	2,000	2,444
Sub-Total		2,000	-	2,000	2,444
Voluntary Giving					
Donation & Fundraising	2	8,962	20,101	29,063	14,172
Membership Fee		-	1,040	1,040	1,145
The Big Give		4,401	-	4,401	213
Receipt Others		-	53	53	81
		13,363	21,194	34,557	15,611
Investments					
Gift Aid - Inland Revenue	3	-	9,599	9,599	3,742
MAF - Repayment		-	450	450	475
Bank Interest		-	1	1	-
		-	10,050	10,050	4,217

NOTES

Restricted Fund

Restricted funds received in the year under review were **£15,363**.

Unrestricted Fund

Unrestricted fund received in the year under review were **£31,244**.

In-kind Support

As ever before, we extend our sincere gratitude to all supporters who year on year through kindness and generosity continues to fund and in-kind offers towards our efforts of making a difference in the lives of those most in need. The trustees are very grateful to the pool of dedicated volunteers who contribute countless volunteering times staffing all our activities including trusteeship, management, administration, fundraising and direct client service delivery. The volunteer's times and any other in-kind are not reflected in the report and statements of accounts as monetary values.

4 EXPENDITURES

	Restricted Funds £	Unrestricted Funds £	Total 2019 £	Total 2018 £
UK - Activities				
Training and Development	-	60	60	746
Business Start-up Support	-	869	869	1,992
Volunteer Expenses	-	3,965	3,965	2,976
MAF - Lending Activities	-	1,110	1,110	700
LRS - MAF Loan Repayment	-	-	-	133
Equipment and Maintenance	-	793	793	134
Fundraising Cost	-	575	575	350
Travel & Transport	1,146	1,630	2,776	1,296
Stationery, print & copy	-	234	234	457
Postage & Stamp	-	63	63	29
Telephone & Internet	-	2,272	2,272	1,110
Promotion & Advertising	-	11	11	252
Legal, Licence & Insurance	-	418	418	336
Social & Community Support	-	4,449	4,449	2,700
Events - Venue & Hospitalitys	-	3,397	3,397	1,250
MC & Administration/Meetings	-	258	258	140
Sundry/Pay Others	-	134	134	15
Sub-Total	1,146	20,238	21,384	14,616
Overseas Activities				
Direct Project Transfers	6,959	10,110	17,069	7,395
Travel & Transport	7,258		7,258	1,911
G Administration & Meeting	-	418	418	250
Sub-Total	14,217	10,528	24,745	9,556
Total UK + Overseas Expenditure	15,363	30,766	46,129	24,172
Net Incoming Resources/ Net (Outgoing) Expenditure for the year				
	-	478	478	-1,904
Fund Balance b/f at 1st April 2018	-	72	72	1,976
Fund Balance c/f at 31st March 2019	-	550	550	72

5. TANGIBLE FIXED ASSET

		Computer Equipment	Printer Equipment	Total
Cost: -		£	£	£
At 1st April 2018	5	-	-	-
Additions in year		360	-	360
At 31st March 2019		360	-	360
DEPRECIATION				
At 1st April 2018		-	-	-
On Disposals		-	-	-
Charge for the year		-	-	-
At 31st March 2019		-	-	-
NET BOOK VALUE				
At 1st April 2019		360	-	360
At 31st March 2018		-	-	-

6. ANALYSES OF NET ASSETS BETWEEN FUNDS

		Restricted Funds	Unrestricted Funds	Total 2019	Total 2018
Assets bal. at 31st March 2018 are represented by:		£	£	£	£
Tangible Fixed Assets	5	-	-	-	-
Current Assets					
Tangible Fixed Asset		-	360	360	-
Cash in hand/bank		-	550	550	72
Total Net Current Assets		-	910	910	72

ACKNOWLEDGEMENT & THANK YOU

Thank you to all our board members and front-line service volunteers both in UK and Overseas.

Financial or In-Kind Support - A Big Thank You to All Our Supporters.