

REGISTERED COMPANY NUMBER: 05372329 (England and Wales)
REGISTERED CHARITY NUMBER: 1125921

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2019
FOR
BRIDGEND CARERS CENTRE**

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BRIDGEND CARERS CENTRE

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FOR THE YEAR ENDED 31 MARCH 2019**

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BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objects

The charity's objects as stated in the governing document are:

- (i) to alleviate the conditions of life of carers in necessitous circumstances who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm, by any means that is charitable, within the Bridgend County Borough area.
- (ii) to undertake any necessary education work related to carers.

Objectives and aims

The main objectives of the charity are to provide support for people who care for the ill, frail, elderly, disabled including the wellbeing of carers.

As a charity Bridgend Carers Centre has developed a three year Strategic plan with Business plan giving clear reference to the aims and objectives of the Charity plus an Action Plan of the key priorities. The Board of Trustees review the progress made against the strategic plan every year but monitor actions every six weeks. Those with a physical or learning disability and those with mental health or substance misuse issues within the Bridgend County Borough. The support provided aims to alleviate stress and isolation for these carers by providing short breaks, information, advice and assistance including signposting to services, help to maximise benefits, legal advice and promotion of carers' assessments. The charity works to raise the profile of the role and needs of carers through awareness raising, education and training of professionals and carers which results in the promotion and protection of the wellbeing of carers.

The Carers Centre will work to research future funding opportunities which will help to develop a way of improving the monitoring of outcomes for carers. We know we make a difference to carers' lives but are also aware that this needs to be better evidenced in a way that meets the high demands of funders.

Volunteers

The inclusion of volunteer roles within the Centre is crucial especially at the Community Café and the charity hopes to increase the involvement of volunteers in its future development. The charity would like to give thanks for the volunteers support and commitment. In addition we continue to be supported by volunteers of organisations and we thank Tesco Community Champions, Sainsbury's Community Champions and Halo Leisure Services. The Carers Centre benefits greatly by their charitable works, offering time to serve teas and coffees, donate produce and provide health checks

Factors affecting future plans

Funding from ABMU Carers Partnership Board (Bridgend County Borough Council and ABMU Health Board); 'Changing for the Better Grant' and Intermediate Care Fund has enabled the Carers Centre to achieve its objective; providing Welfare Benefits Advice; a dedicated role at Princess of Wales Hospital; and a role undertaking Carers Assessments. It has further aided the Centre to provide carer awareness in schools and colleges across Bridgend. Finally the funding has aided the provision of the website and social media. Additional Welsh Government funding enabled us from October 2018 to March 2019 to support three Carers Link roles based in the Network Hubs of North East and West Bridgend. These roles concentrate on working with primary care, undertaking carers' assessments and anticipatory care plans.

Working together in partnership with the Carers Partnership Board and leads from Health and Social Care has ensured that carers have a high profile within these organisations. It has helped the Centre to link with local pharmacies, give information and support to working carers in the Council and at Princess of Wales Hospital. Work with GP surgeries and district nurses and work in a fully integrated way in the Network hubs of Bridgend County Council.

Carers' services in Bridgend County Borough were the subject of a Tender in December 2018 and in March 2019 Bridgend Carers Centre lost the tender and half its funding. The tender was won by a Carers Trust Network Partner, Carers Trust South East Wales. In addition the future change to the Health Board Boundaries from ABMU Health Board to Cwm Taf Health Board will mean there are challenging times ahead for the charity.

Public benefit

When reviewing these objectives the trustees have considered the guidance issued by the Charity Commission on public benefit and the activities described below illustrate how the charity has furthered its purposes for the public benefit.

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

OBJECTIVES AND ACTIVITIES

Significant activities

During this period the core work of the charity has been achieved through continual and ongoing consultation with carers resulting in greater choice and variety of activities offered by the Centre. Provision of information, home visits, emotional one to one support, training, consultation opportunities and short respite breaks have enabled carers in Bridgend area to sample a diverse range of support which suits their own individual needs. The short respite breaks have enabled carers and their families including bereaved carers to experience opportunities to maintain their own health and wellbeing and life of their own, whilst continuing to fulfil their caring responsibilities.

The Carers Centre has close links with statutory and third sector organisations to give valuable, effective and timely support and information to enable carers to continue in their caring role and avoid and prevent crisis situations. Together with staff and volunteers, the trustees have worked closely to implement and influence the provision of these activities. The Social Services and Wellbeing Act 2016 has strengthened this requirement and objective of the charity's role as a preventative service.

Highlights have included:-

- Achieving further funding to sustain the Carers' Support Worker based at Princess of Wales Hospital and undertaking carers' assessments on behalf of the Local Authority which aids hospital discharge.
- Achieved additional funding of a Carers Assessment role via referrals from BCBC Common Access Point team.
- Achieving further funding of a Welfare Benefits Advisor from Transition Funding achieving a yearly financial gain of £1,177,788 in benefits for carers.
- Sustaining and maintenance of the Macmillan Family Information and Support Worker role.
- Ongoing partnership with Sainsbury Back of Store Food Donation to help sustain the Community Café.
- ABMU Changing For The Better Grant achieved to develop work with GPs and provide carers counselling, holistic therapies, health checks etc for carers. This is in its final year of funding.
- Sustaining and maintenance of Bridgend Carers Centre website and social media.
- Achieving funding to undertake the Schools Project via ICF and the through Big Lottery for three years. Publishing a Book 'The Bear who struggled to Care' and purchased by Welsh Local Authorities and Young Carers Projects.
- Achieving funding for 3 Carers Link roles based in the 3 Cluster Networks, working with 19 GP Surgeries and District nurses to identify carers and undertake Carers Assessments and Anticipatory Care Plans.
- Treasurer received Best Trustee Award from BAVO and ROOTS PROJECT nominated for Groundworks Award.

Carers and professionals have been made aware of Carer legislation and their rights as a carer including the right to a Carer's Assessment and access to services through:

- Attending networking and information events for professionals in statutory, third sector and community groups.
- Provision of information stalls at 19 GP surgeries throughout Bridgend, disseminate information, provide talks and presentations to GP staff, and attend cluster and MDT meetings through 3 Carers Links who are integrated with social workers and district nurses within the 3 Cluster Networks.
- Provision of information and support to carers and staff at Princess of Wales Hospital, wards and clinics.
- Provision of talks and training to staff, volunteers and carers through training events.
- Provision of presentations and training to Social Work Students at Bridgend College.
- Raising carer awareness with pupils and staff through the Schools Project throughout Bridgend County Borough at school assemblies in partnership with Action For Children.
- Work with Bridgend College to raise awareness of carers' needs and rights at regular sessions and open days.
- Provision of Support at POW Hospital Ward 14 in partnership with Hafal giving support and information to carers of those with Mental Health issues.
- Circulation of information to carers via the carers' mailing list, emails, website, social media and newsletter.
- Induction of Social Work staff and ABMU Local Health Board Staff as required.
- Ensuring staff are updated with current information by attending training/conferences.
- Strong links with Carers Wales to keep staff, carers and professionals informed and aware of new information and initiatives, campaigns and encourage carer involvement.
- Bridgend Carers Centre is a Carers Network partner through partnership agreement with Carers Trust.
- Promoting carers' assessments through the work of the Carers Centre.
- Various consultations with carers including Welsh Government Consultations for young carers and those carers supporting those with cancer.
- Carers Rights Day Event and Carers Week events for carers and professionals.
- Provision of information to staff and support to carers through appointments at Bridgend Job Centre.

Information has been made available directly to carers and also through other organisations:

- Carers Centre Drop-Ins, Outreach and Community Cafés.
- One to one sessions and home visits.
- Through distribution of information -13,000 'Contact' newsletter via carers mailing list, website, email and social media.

OBJECTIVES AND ACTIVITIES

- Provision and distribution of a variety of information/posters in public places (Bridgend County Borough Council, 19 GP surgeries, Princess of Wales Hospital, pharmacies, Job Centre, Careers Wales, Schools, Colleges etc.), within organisations (Bridgend Crossroads Care, Action For Children, Bridgend Young Carers, Bridgend Care and Repair, Stroke Association, Parkinsons UK, Hafal), and within communities.
- Deliver awareness raising talks and presentations to staff from statutory, third sector and community groups.
- Work with statutory and third sector organisations to develop and promote information to carers.
- Links maintained with HSC and WB Network, Carers Champions, Bridgend Carers Forum, Mental Health Carers Carers Forums to consult, share and disseminate information to carers and professionals.
- Provide Welfare Benefits Advice to carers at the Centre and at home visits through part time WBA post.
- Provision of information through the weekly Community Café.
- Presence at 19 GP surgeries raising awareness with staff and unidentified carers and developed through the Carers Link roles.
- Presence at POW Hospital, raising awareness with nursing staff, carers and family members visiting the hospital.
- Continued employment of Macmillan Family Information and Support Worker providing support to those with cancer.
- Young Adult Carers ROOTS Project (14 years - 25 years) providing information, support and opportunities to Young Adult Carers. (Recognising Our Opportunities To Succeed) funded through Waterloo Foundation.
- Young Carers Education Schools Project funded via ICF Funding and then through Big Lottery for three years.
- Open information sessions and information events during Carers Week, Carers Rights Day, Carers Trust Best Breakfast and Macmillan Biggest Coffee Morning.

Carers have received opportunities for short breaks through a range of choices which have been developed in response to direct feedback from carers themselves and in line with the objectives of the Bridgend Health Social Care and Wellbeing Strategy and ABMU Carers Information and Engagement Strategy.

- Coffee mornings including the annual 'Macmillan Biggest Coffee Morning' and 'Carers Trust Best Breakfast'.
- Weekly Community Café providing lunch and refreshments, information and activities plus an additional opportunity to volunteer for carers and cared for. The Community Café is funded through a variety of funding streams. The Community Café aims to improve health and wellbeing and reduce isolation of carers and increase befriending opportunities.
- Carers Counselling funded through Changing For the Better Grant and general donations.
- A variety of short breaks/days out have been organised to meet the diverse and varied needs of carers to respond to particular interests and needs including specific activities for Young Adult Carers and Parent Carers.
- Taster activities to improve health, wellbeing and reduce stress and generally 'recharge their batteries'.
- Taster activities to develop, maintain and encourage a variety of new and existing interests including environmental and cultural activities.
- All activities have been supported by a range of organisations, trainers and key staff to make them as relevant and as positive an experience for carers.
- Various opportunities for carers to receive information and advice on Welfare Benefits and Legal matters to give carers more choice and control.
- Various training opportunities to empower carers to full fill their potential and support them in their caring role.

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

All the activities have been monitored closely by the trustees and by the project's funders, Abertawe Bro Morgannwg Local Health Board and Bridgend County Borough Council. Statistics have been produced to demonstrate that the requirements of the Service Level Agreement are met with Quarterly Reporting. Numbers of carers referring to the Carers Centre during this period have continued to increase.

The list below demonstrates the level of key activities which have been delivered to carers in the year ended March 2019.

- There are 4,604 carers on our database and 201 former carers.
- Newsletters were sent to 1,568 carers and 200 ex carers. Some carers and ex carers preferred to receive information via email.
- Number of 'likes' on Facebook - 630
Number of Twitter 'followers' - 746
Website - 1,516 sessions (83.5% new users, 16.5% returning visitor)
- **986 carers have been identified** and added to our database, representing an increase this year.
- **507 home visits and 847 appointments** and one to one support held at the Centre. In addition there has been **1,702 telephone support** given by the team of which 263 have been 30 minutes plus.
- **220 Carers Assessments** completed via Integrated Carers Support POW, 3 Carers Links and Integrated Carers Assessment Worker.
- **866 Carers Emergency Cards** have been issued since the start of the scheme.
- 2 Raising Awareness and Fundraiser coffee mornings were held with ongoing support from Tesco stores community team - Macmillan Biggest Coffee Morning; 1 Carers Trust Best Breakfast.
- **ROOTS Project** - 5 Young Adult Carers Groups; 11 Social Activities giving Young Adult Carers respite breaks including Alton Towers, Bushcraft, Cadbury World, Theatre Trip to see 'Matilda', Mess up the Mess for Young Carers and Young Adult Carers - a joint venture with Action For Children, Paintballing, Lunch , Lazerzone, Escape Rooms and Kaspas.
- **Young Carers Schools Project** - Engaged with Primary Schools; Secondary Schools, Bridge Alternative Provision through PSE Days and 46 children plus 10 on waiting list. 10 week Mindfulness Course.
Held a PSE Day in CCYD Comprehensive School to raise awareness reaching 240 pupils
Held Emotional Wellbeing Course for Young Carers in Brynteg Comprehensive School
Held Carers Rights Day Event in Pencoed Comprehensive School.
- **Over 50 outreach sessions** were held in other areas to reach hidden carers and support locally carers known to the Carers Centre. They include outreach at Cefn Y Afon, Coity Clinic in partnership with Hafal, Princess of Wales Hospital, Everycare, Care Direct, Dementia Swimming, GPs, Pharmacies, Schools, Y Bwythin, Maesteg Carers Group, Bridgend Job Centre, Heronsbridge Family Information Day. In addition there are opportunities to have appointments at a mutually convenient venue and outside office hours for those who are working.
- Weekly/fortnightly presence at Y Bwythyn Newydd, identifying and supporting those with cancer and their families.
- **159 hours of Carers Counselling** sessions funded through Changing For the Better Grant and general donations.
- **122 drop in sessions** were held at the Carers Centre.
- **47 Community Cafés** have taken place providing lunch, information and extensive programme of activities for carer and cared for. Funded from various funding streams and donations since April 2018. Activities include Seated Exercise Screening For Life, Art, Adult colouring, Footcare, Quizzes, Talks, Crafts, Cupcake decor Cooking Demonstrations, Health Checks, Information stalls, Dementia Friends and so on.

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

- Organised 19 Holistic Therapy Sessions, 11 Foot Care Clinics, Wellbeing Retreat, Trip to Bath, Trip to Ballet, Theatre Trips to see 'Ghost' and 'Rock of Ages', Walk, Trip to Brecon, Carers Christmas Lunch, Cream Tea, Emotional Wellbeing Training with ARC, Craft Workshops, Songs from The Musicals Event, Prostate Awareness Session, Wales v Tonga Rugby Match for all age carers and families.
- **Integrated Carers Support Worker POW Hospital** - 616 carers were identified at Princess of Wales Hospital for information, signposting (named and anonymous). 280 were referred to Bridgend Carers Centre.
- **9 Parent Carers Groups** including, training sessions, pampering, information, crafts and consultation with Children's Commissioners Office.
- **Welfare Benefits Advisor** achievements - Running total of a weekly financial gain of £79,826 and a yearly financial gain of £1,177,788 In addition regular referrals made to Macmillan Benefits Advisor.
- **10 Legal surgeries** facilitated by Howells Solicitors offering free sessions to 39 carers.
- **Delivered 75 exercise sessions** facilitated by tutors who are carers/ex carers - Tai Chi, Yoga, Pilates, walk, seated exercise.
- **Delivered 23 Book Cwtch sessions** giving carers an opportunity to discuss emotional issues etc. through literature, reading novels and poetry.

Apart from giving carers a much deserved break from their caring responsibilities they often provide peer support and interaction for carers who would otherwise be isolated.

Two big annual awareness raising events were held during National Carers Week and National Carers Rights Day attracting large numbers of carers and professionals plus Bridgend Carers Centre Annual General Meeting.

The production of three editions of 'Contact' newsletter, printing and circulating through the carers direct mailing list plus also to the wider community and professionals and organisations. In total 13,000 copies of newsletters are circulated in the Bridgend area to carers, professionals, at promotional stalls, at GPs and hospitals. In addition newsletters are circulated through email and on the Bridgend Carers website, Facebook and Twitter.

Accessed 19 individual grants for carers totalling £4,000 and £4250 carers grants from Carers Trust for young and adult carers activities including Planning For Tomorrow Workshops, Emotional Wellbeing workshops in schools, Wellbeing activities for Young and Young Adult Carers all from Carers Trust UK. Other grants were received from Morrison's for Wellbeing; Ford for IT Equipment; Macmillan for the Community Café and Wellbeing.

Other organisations have worked with the Carers Centre include:- Bridgend County Borough Council, ABMU Health Board, Hafal, Action For Children Bridgend Young Carers Project, Cruse, Community Voice, Macmillan/Relate Counselling, Mental Health Matters, Stroke Association, Alzheimer's Society, Y Bont, Carers Trust, Howells Solicitors, Older Persons Commissioners Office, Practice Learning Partnership, Tesco Community Team have assisted the Centre in food and refreshments through their charitable schemes.

The Carers Centre is involved in the induction, training and secondment of new social work and social care staff, volunteers and social work students.

There has been some participation by Bridgend Carers Centre and carers at consultation meetings/events plus staff attendance at the Mental Health Carers Forum and Bridgend Carers Forum.

Involvement and participation

Adult Carers have participated at Bridgend Carers Centre Annual General Meeting; Carers Wales Forum; MH Carers Forum; Bridgend Carers Forum, Carers representation on Health Social Care and Wellbeing Forum; Carer representation on Wales Committee (Carers Wales/UK).

Held Consultation with Welsh Government and Carers of those with Cancer and Macmillan.

Young Carers/Young Adult Carers have taken part in the ABMU Young Carers Event to hold ABMU and Local Authorities to account.

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

4 Young Carers sit on the Carers Trust Young Carers Council, and Carers Trust Young Carers Forum. 1 Young Carer was chosen to represent young carers in the Welsh Youth Parliament and take part in debates at the Senedd with ministers.

Bridgend Carers Centre holds a Young Adult Carer Advisory Group.

Carers have delivered talks to and sat on shortlisting and interview panels for Cardiff MET University social work students. Carers have taken part in a variety of consultations at the Centre - with the Older Persons Commissioners Office, CCISW and Children's Commissioners Office. In addition through social media/email there have been many opportunities for carers to get involved in completing surveys, consultations and sharing their views.

One Community Café Volunteering Session/Induction has taken place. Volunteers are a mix of current carers, former carers and volunteers from the community.

The Carers Centre has delivered 31 talks/presentations to community organisations, Social Services Teams, Health Teams, GP surgeries, Schools, etc. and had a presence at 73 awareness raising/sharing information events and also provide information stands at GP surgeries and Princess of Wales Hospital including the Carers Week Information Market in Princess of Wales Hospital with partner organisations plus all Primary and Secondary Schools raising awareness at assemblies and PSE lessons. The staff of the Carers Centre have also attended numerous networking meetings e.g. HSC and WB Network, Macmillan, Western Bay Carers Partnership Board, Bridgend Mental Health Forum, Bridgend Carers Forum, Carers Champion Meetings, Drug Alcohol and Mental Health Services Network, Young Carers Steering Group, Macmillan Information Officers Network, Practice Assessors Meetings, Princess of Wales Hospital Discharge Planning Meetings, Dementia Steering Group, MDT Meetings, Network Cluster Meetings, Trem Y Mor, Common Access Point, POW Hospital Social Work Team etc.

The Carers Centre continues its close links with Bridgend College and enables student placements when required.

The Centre has provided day placements for pharmacy students from Cardiff University.

Staff and trustees have accessed over 30 external training sessions, seminars and conferences to broaden their learning and increase skills.

The HSC and WB Network is a network of local third sector organisations all working to support service users and carers in a variety of ways and to help them maintain their health and wellbeing. This feeds into Bridgend Carers Forum which has worked to ensure that carers' issues are fully represented and addressed in the strategic planning process.

Both staff and trustees have participated in local and national carer-centred networks. These networks ensure equitable service access for carers across Wales and are also a means of keeping up to date with all Carers Legislation and developments nationally and locally. These networks include:

- The Carers Trust Network
- The Carers Wales Workers' Network
- Health SC and WB Network
- The Bridgend Carers Forum
- Mental Health Carers Forum
- Western Bay Health Board Carers Partnership Board
- Young Carers Steering Group
- Dementia Steering Group

Feedback is encouraged and received regularly from carers who use the services of the Carers Centre. The feedback from formal evaluations are used to influence future developments and activities within the Carers Centre and are also used in regular reports to trustees and project's funders which in turn can influence implementation of new services, changes in existing services and the innovation of new respite breaks and other opportunities for carers. Bridgend Carers Centre also encourages informal feedback in visitor's book, comments box, ad hoc 'post it' feedback at Community Café and the Annual General Meeting, questionnaires and surveys and consultation through social media. Young Adult Carers have gained confidence and training to participate, get their voices heard and get involved.

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Comments on the carers' feedback evaluation forms have included

Carers Integrated Support Worker - POW

'Thank you for being so consistent and fast in ringing me back in regards to my caring role for my mother and for giving me accurate information'

'Support we had from the carers support worker at the hospital was invaluable - my husband got the help he needed and I know where to get support for myself. I can't thank the staff enough'

'Both my cousin and I would like to thank you so much for our informative conversation with you at Park Street about care for my elderly aunt. After 8 weeks in the P.O.W where she had wonderful care she is now in her own home where she wanted to be with a lovely care team 4 times a day. We had a chat with Lindsey at the P.O.W. where together with the hospital the plan was put into action making my aunt less afraid more comfortable and confident. Her health is not good at 100 years this July We are so grateful for all the help and guidance you have all given, care and repair, social worker and Occupational therapist.. I wanted to let you know just some of the results of your kind and caring work that you carry out daily without any fuss through a very comfortable ordinary chat stress free without pomp and circumstance. You are so much appreciated. Thank you again'.

Carers Links

'Listened to our concerns and gave good advice.'

'Someone sitting and taking the time to explain and listen.'

'It was done so quickly, efficiently and sympathetically and was great to have someone to listen to my concerned and problems and not judge'

Carers Assessments from Bridgend Carers Centre Staff via POW Hospital and Common Access Point

'Hadn't realised how much my caring role had affected my life until Lindsey helped me complete a Carers Assessment.'

'The information Lindsey gave me after having the Carers Assessment was fantastic- I didn't realise so much information was available to support Carers.'

'The supportive, knowledgeable help is utterly invaluable, when you feel so overwhelmed.'

'Lindsey was a very skilled listener which ensured that she understood my needs.'

'Fantastic support and clear information. Having a person to talk to was great.'

'I can't fault the response and service provided.' *'Excellent holistic comprehensive assessment'*

Feedback from Activities

Carers Trip - Bath

'I was able to spend a pleasant time in Bath without worrying/the hassle of arranging my own transport or driving. Thank you for arranging another lovely trip.'

'To meet other carers and enjoy a lovely day out in Bath Christmas shopping. Thank you to all staff yet again. Well done!! All positive - another successful trip due to the fantastic staff - many thanks to you all!!'

Parent Carer Group

'It was lovely to be able to get away from everything and not have to think about home for a while. I really enjoyed the crafting session. It was so good to speak to other parents and compare notes and tips. I definitely want to attend more parent carer group sessions.'

'To find out information to help. There was lots of information that I didn't know. The event was very good with lots of information.my child.'

Parent Carers Training

'Just being with other people kind of the same as me, carers, people who have similar problems was helpful. Also lots of information, ways of helping our children. I would recommend this workshop to a friend.'

ACHIEVEMENT AND PERFORMANCE

Charitable activities

'It was good learning how to cope better in difficult situations. Talking to other parents in similar situations was so important.'

'I have enjoyed all the courses. Very informative. Gave me confidence to deal with situations.'

Counselling

'The service is a life saver. I wish I knew about this before. I don't feel all on my own. I have not once felt judged by anything I have said, I feel safe to say anything'

Life Coaching

'I would recommend life coaching to anyone that finds themselves in a long term caring position as a way of understanding and ways around what can be done about it.'

Theatre Trip - Ghost

'I spent a lovely day with fellow carers away from the stress that I am faced with at home. Thank you to the staff at the Carers Centre for arranging another wonderful theatre trip. The show was fabulous.'

Theatre Trip - Rock of Ages

'An enjoyable afternoon. I thought it was great having an opportunity to get out and dress up and meet up.'

'To socialise and be able to go out and about. Thus helping to lift the spirits and help to regain confidence.'

Songs from the Musicals

'A time to relax with friends. It was very enjoyable.'

'Pleasant evening and good company.'

Trip to Ballet

'Cultural experience. Also a chance to visit shop on my 'own terms'. Social interaction with other carers. I found the whole trip relaxing and the ballet thought provoking and an experience to transport one away from day to day caring role. I would enjoy more similar cultural opportunities if possible - theatre, films, ballet, opera, concert etc. It is so good to have the arrangements - making for such an experience put in place for carers by the centre.'

Holistic Therapies

'I felt exceptionally relaxed. Denise seemed to know and feel all the places where I was holding my stress. She has hands like magic and I am truly grateful to Bridgend Carers Centre for arranging Denise to help people like myself. Exceptional massage, wonderful caring attitude. Ensured that all my medical conditions were discussed before treatment commenced.'

'Superb therapist, I feel blessed to have this opportunity.'

'I felt uptight, struggling to breathe and very negative before the treatment. After I felt relaxed and want to go home to sleep, hopefully I will tonight. Jean is so easy to talk to and share my anxieties with.'

Trip to Brecon

'A break from my caring role, time for myself.'

'The best day for a long time. Thank you. Well organised and friendly.'

'Time to myself. Had an amazing day.'

'Having time to myself, what a fab day. Very much enjoyed look forward to the next one. A fab day.'

'Lovely day - Visited Cathedral again - wonderful canal trip, really relaxing and pretty. Beautiful blue butterflies a picture. Good weather and company. Let's have lots more! Thank you.'

Christmas Lunch

'A wonderful time for carers to celebrate the festive time together. Thank you.'

'It was nice to enjoy myself. And wonderful company. It would take a lot to better this.'

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The Carers Centre continues to be an important focal point for carer support provided from Centre staff but also from other organisations in Bridgend. It provides a local, accessible, friendly, relaxed and confidential environment for other organisations to meet with carers struggling with the stresses of their difficult often complex caring responsibilities including giving other organisations a way of meeting with often large groups of carers to relay information and consult with carers. The Carers Centre is always looking for new and innovative ways in which support to carers can be expanded. Extending this support in other settings such as the GP Surgeries, Pharmacies, Princess of Wales Hospital, Bridgend Job Centre, North, East and West Network Hubs, schools and colleges has allowed the service to identify many more carers at times when they need the information the most. We strive to work in partnership with lots of different organisations to gain their expertise and bring diversity to the Centre.

We are committed to the work that we were first set up to achieve and although from 1 April 2019 we will not be commissioned by Bridgend County Borough Council we will strive to sustain and continue a service the trustees, staff, volunteers and beneficiaries believe gives genuine, real support to those caring for others. We will continue to provide face to face support in a person centred way which puts carers at the heart of the service at Bridgend Carers Centre.

FINANCIAL REVIEW

The attached financial statements reflect the transactions of the charity for the year to 31 March 2019. The Statement of Financial Activities shows the total income for the year to be £303,752 (2018 - £255,570) and total expenditure to be £322,220 (2018 - £239,634). The net deficit position is £18,468 (2018 - surplus of £15,936).

The charity held £155,123 as cash at bank and in hand at 31 March 2019, £38,954 of this was from restricted funding.

Total funds at the year end were £161,205; £106,041 in the general fund, £9,681 in a designated fund and £45,483 in restricted funds.

Risks

The main risk to the charity from April 2019 is that we fail to sustain the charity by not securing future funding from a more diverse pool of funders. We have worked hard to increase the amount of reserves so we can survive to support carers at a reduced level whilst attempting to seek further funding from elsewhere. This is our main challenge as we go into the new financial year.

Factors likely to affect financial performance

These would include:-

- Loss/improvement of reputation
- Loss/ appointment of new or key trustee roles
- Increase/decrease in outcomes for carers
- Employ a fundraiser/business development officer
- Improvement of monitoring systems

Principal funders

Bridgend Carers Centre would like to thank and acknowledge the principal funders, Bridgend County Borough Council, ABMU Health Board, Carers Trust UK, Tesco, Macmillan Cancer Care, Big Lottery, Morrison's, Ford, Santander and all those who have made financial contributions in donations and fundraising.

Going concern

Tendering for the core service was applied in December 2018 but from 1 April 2019 the charity has not been commissioned by Bridgend County Borough Council. The charity is well placed to face this challenge and is working to secure future funding.

Reserves

The total funds of £161,205 (2018: £179,673) include £45,483 (2018: £76,011) which is held for restricted purposes and £9,681 which has been designated for a specific purpose. The remaining £97,676 (2018: £89,553 (excluding fixed assets) are the free reserves.

The charity has estimated that the level of free reserves required to cover working capital requirements, day to day running costs and planned deficits without the need for bank borrowing to be £89,000. This figure also takes into consideration the funds required to cover redundancy costs should the charity not be able to obtain future funding. The Company Secretary and the Treasurer undertake regular training to assist the charity with its financial management systems.

BRIDGEND CARERS CENTRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2019

FINANCIAL REVIEW

The charity will continue to seek additional funding to support the increasing demands on its services as it becomes even more widely recognised and used, and to enable the development of new services to meet the needs identified. Increased fundraising efforts have assisted in the building up of additional free reserves.

FUTURE PLANS

Actions that the charity needs to make further progress in the coming year include working with businesses to ensure that employees who are carers are supported and best practice is looked at, ensure that the charity is sustainable for the future, evaluate improvements in carers information i.e. marketing, carers stories, media coverage, Welsh language implications and action plan, acquire quality standards awards. The charity is working to ensure further funding is sought to increase and improve support to carers in Bridgend County Borough and looking to increase partnership working and seek opportunities to give carers a diverse range of support and expertise

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a company limited by guarantee and a registered charity and is governed by its Memorandum and Articles of Association.

Recruitment and appointment of new trustees

Appointment of trustees is either by the charity in general meeting or by the other trustees.

Organisational structure

Eight staff are supervised and managed by Centre Manager. The Administrator (Company Secretary) and Centre Manager are part of the Management Board which reports to and implements decisions made by the Board. The Administrator gives financial reports and Centre Manager reports on the activity at the Centre. Further decisions are made at sub group level - Financial Planning Sub Group, Recruitment Sub Group and Policy Sub Group. They bring decisions to the full Board. Any purchase over £500 has to be brought to the Board.

Induction and training of new trustees

New trustees spend time at the Carers Centre with both staff and carers to become familiar with the Centre's activities and ethos as well as the responsibilities of trustees. The Centre Manager works closely with all trustees to ensure they have a clear understanding of the charity's objectives and aims, and how these are achieved. They gain a wider understanding of the national picture through the Carers Trust network and through Carers Wales initiatives, and also are kept up to date with current legislation which is relevant for carers and which will have a marked influence on the way we work with carers and progress new initiatives. The trustees, the Centre Manager and the Company Secretary participate in training opportunities provided by the Wales Council for Voluntary Action, Bridgend Association of Voluntary Organisations, Carers Trust, Carers Wales, Bridgend County Borough Council, Companies House and other relevant organisations to ensure all obligations are met in relation to the charitable governance of the Carers Centre. Trustees regularly participate in the activities of the Carers Centre to maintain their understanding of the issues faced by carers, the work of the staff team and any new developments being undertaken.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05372329 (England and Wales)

Registered Charity number

1125921

Registered office

87 Park Street
BRIDGEND
CF31 4AZ

Trustees

M Davies
S H Lewis
C M Morgan
S Cash
G Owen
C Colman
A Edmunds

- appointed 06/06/18

- appointed 06/06/18

BRIDGEND CARERS CENTRE

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2019**

REFERENCE AND ADMINISTRATIVE DETAILS

Company Secretary

S G Evans

Independent examiner

Watts Gregory LLP
Chartered Accountants
Elfed House
Oak Tree Court
Cardiff Gate Business Park
CARDIFF
County of Cardiff
CF23 8RS

Centre Manager

H M Pitt

Approved by order of the Board of Trustees on 31 October 2019 and signed on its behalf by:



S G Evans - Secretary

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BRIDGEND CARERS CENTRE**

Independent examiner's report to the trustees of Bridgend Carers Centre ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2019.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Julia Mortimer FCCA
Watts Gregory LLP
Chartered Accountants
Elfed House
Oak Tree Court
Cardiff Gate Business Park
CARDIFF
County of Cardiff
CF23 8RS

31 October 2019

BRIDGEND CARERS CENTRE

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2019

	Notes	Unrestricted funds £	Restricted funds £	Total 2019 funds £	Total 2018 funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	9,945	1,283	11,228	23,437
Charitable activities	6				
Support for Carers		104,254	186,475	290,729	227,387
Other trading activities	4	255	1,273	1,528	4,746
Investment income	5	<u>267</u>	<u>-</u>	<u>267</u>	<u>-</u>
Total		114,721	189,031	303,752	255,570
EXPENDITURE ON					
Raising funds		-	-	-	29
Charitable activities	7				
Support for Carers		<u>106,443</u>	<u>215,777</u>	<u>322,220</u>	<u>239,605</u>
Total		106,443	215,777	322,220	239,634
NET INCOME/(EXPENDITURE)		8,278	(26,746)	(18,468)	15,936
Transfers between funds	18	<u>3,782</u>	<u>(3,782)</u>	<u>-</u>	<u>-</u>
Net movement in funds		12,060	(30,528)	(18,468)	15,936
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>103,662</u>	<u>76,011</u>	<u>179,673</u>	<u>163,737</u>
TOTAL FUNDS CARRIED FORWARD		<u>115,722</u>	<u>45,483</u>	<u>161,205</u>	<u>179,673</u>

The notes form part of these financial statements

BRIDGEND CARERS CENTRE

**BALANCE SHEET
AT 31 MARCH 2019**

	Notes	Unrestricted funds £	Restricted funds £	Total 2019 funds £	Total 2018 funds £
FIXED ASSETS					
Tangible assets	14	8,365	-	8,365	4,109
CURRENT ASSETS					
Debtors	15	-	9,186	9,186	2,101
Cash at bank and in hand		<u>116,169</u>	<u>38,954</u>	<u>155,123</u>	<u>179,975</u>
		116,169	48,140	164,309	182,076
CREDITORS					
Amounts falling due within one year	16	(8,812)	(2,657)	(11,469)	(6,512)
NET CURRENT ASSETS		<u>107,357</u>	<u>45,483</u>	<u>152,840</u>	<u>175,564</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>115,722</u>	<u>45,483</u>	<u>161,205</u>	<u>179,673</u>
NET ASSETS		<u>115,722</u>	<u>45,483</u>	<u>161,205</u>	<u>179,673</u>
FUNDS	18				
Unrestricted funds				115,722	103,662
Restricted funds				<u>45,483</u>	<u>76,011</u>
TOTAL FUNDS				<u>161,205</u>	<u>179,673</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

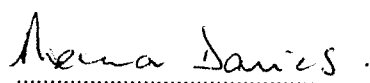
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 31 October 2019 and were signed on its behalf by:


M Davies -Trustee

The notes form part of these financial statements

1. STATUTORY INFORMATION

Bridgend Carers Centre is a company limited by guarantee incorporated in Wales within the United Kingdom. The liability of each member is limited to £10. The registered office is 87 Park Street, Bridgend, CF31 4AZ.

The principal activities and nature of the charity's operations is to provide support for people who care for the ill, frail, elderly, disabled including those with a physical or learning disability and those with mental health or substance misuse issues within the Bridgend County Borough.

The financial statements are presented in Sterling (£), the company's functional currency, and rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The charity has applied Update Bulletin 1 as published on 2 February 2016 and does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A.

There have been no material departures from Financial Reporting Standard 102.

There financial statements have been prepared in compliance with SORP (FRS 102).

Bridgend Carers Centre meets the definition of a public benefit entity as demonstrated within the Report of the Trustees.

Going concern

Carers' services in Bridgend County Borough were the subject of a tender in December 2018 and Bridgend Carers Centre was unsuccessful in the bid to retain their core funding. In addition the future changes to the Health Board Boundaries from ABMU Health Board to Cwm Taf Health Board will mean there are challenging times ahead. The charity has sufficient reserves and plans to reduce costs whilst working to secure future funding and as such the trustees consider the going concern basis of preparation of these financial statements to be appropriate.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably. This includes capital grants.

Donations and legacies income

Donations and legacies are accounted as incoming resources upon receipt or when the receipt is probable and the amount receivable can be estimated reliably. Such income is only deferred when the donor specifies it must be used in future accounting periods or the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Charitable activities

Income from charitable activities includes income received under contract or where entitlement to grant funding is subject to specific performance conditions. This income is recognised where there is entitlement, when the receipt is probable and the amount can be measured reliably. Income is deferred when the amounts received are in advance of the performance of the service or event to which they relate.

Investment income

Investment income is recognised on a receivable basis.

2. ACCOUNTING POLICIES - continued

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds include direct costs which relate to the fundraising activities of the charity.

Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature to support them.

Support costs are those that, whilst necessary to deliver an activity, do not themselves produce or constitute the output of the charity.

Expenditure includes VAT as the charity is not VAT registered.

Allocation and apportionment of costs

As the charity has only one activity, being the support of people who care for the sick, disabled, mentally ill, frail, elderly or otherwise infirm within the Bridgend County Borough area, there is no allocation of costs across activities. Some costs are allocated between direct costs and support costs based on an estimate of time or resources as appropriate.

Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Debtors

Trade debtors and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

Tangible fixed assets

Fixed assets are initially recorded at cost.

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Fixtures, fittings and equipment - 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Hire purchase and leasing commitments

Rentals paid under operating leases are charges to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pensions

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Contributions payable for the year are charged in the Statement of Financial Activities.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019**2. ACCOUNTING POLICIES - continued****Fund accounting**

Unrestricted funds are available for use at the trustees' discretion for any purpose within the objects of the charity.

Restricted funds have been received with stipulation from the donor as to the purpose for which they may be used.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Transfers from restricted to unrestricted funds are made when the expending of the funds has fulfilled the terms of the restriction.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

3. DONATIONS AND LEGACIES

	2019	2018
	£	£
General donations	10,990	23,168
Membership fees	<u>238</u>	<u>269</u>
	<u>11,228</u>	<u>23,437</u>

4. OTHER TRADING ACTIVITIES

	2019	2018
	£	£
Fundraising activities	<u>1,528</u>	<u>4,746</u>

5. INVESTMENT INCOME

	2019	2018
	£	£
Deposit account interest	<u>267</u>	<u>-</u>

6. INCOME FROM CHARITABLE ACTIVITIES

	2019	2018
	£	£
Bursaries for individual carers	5,103	4,185
Grants	282,654	220,377
Other income	200	240
Community Café income	<u>2,772</u>	<u>2,585</u>
	<u>290,729</u>	<u>227,387</u>

BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

6. INCOME FROM CHARITABLE ACTIVITIES - continued

Grants received, included in the above, are as follows:

	2019 £	2018 £
BCBC Mainstream/LHB Grant	101,282	99,829
Health and Wellbeing Grant	16,229	15,989
Macmillan - Family Information and Support Worker Grant	5,417	1,820
BCBC Carers Emergency Card Grant	6,831	6,730
Other grants	2,820	-
Big Lottery Community Voice Grant	-	7,727
ABMU Carers Measure GP Awareness Sessions	-	3,378
Carers Trust - YAC Grant	1,000	-
Integrated Care Fund – POW Hospital Support Worker post	15,949	10,123
ABMU Carers Measure Grant 7	22,191	19,805
Changing for the Better Grant	10,000	10,000
Integrated Care Fund - Macmillan Worker Grant	-	6,829
Waterloo Foundation	20,000	25,000
Carers Trust - Young Adult Carers Transition Grant	-	2,343
Carers Trust - Carers Getting Together Grant	750	500
Integrated Care Fund - Assessment Worker Grant	16,978	4,804
Carers Trust - Young Adult Carers Awareness Day Grant	-	500
Big Lottery Awards for All	-	5,000
BCBC KP YC/YAC Grant	1,901	-
ABMU - Carers' Link Worker Post	32,082	-
Macmillan - Community Café Grant	3,150	-
Carers Trust Planning for Tomorrow Grant	2,500	-
Integrated Care Fund - Young Carers in Schools Grant	11,869	-
Big Lottery People and Places Grant	7,940	-
Ford Britain Trust Grant	2,600	-
Action for Children - Young Carers In Schools Grant	1,165	-
	<u>282,654</u>	<u>220,377</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 8) £	Support costs (See note 9) £	Totals £
Support for Carers	<u>275,396</u>	<u>46,824</u>	<u>322,220</u>

BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31 MARCH 2019

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2019 £	2018 £
Staff costs	201,310	129,264
Insurance	1,696	1,039
Light, heat and water	1,112	1,059
Telephone	4,945	3,469
Printing, postage and stationary	13,539	7,656
Publications, advertisements and subscriptions	1,802	6,302
Sundry expenses	646	358
Recruitment costs	925	322
Rent	3,250	2,860
Repairs, maintenance and cleaning	241	604
Carers' events	358	652
Breaks for carers	24,574	26,711
Staff travel	6,194	3,138
Staff training	3,587	1,148
Computer and IT expenses	775	1,583
Room hire	1,370	1,714
Drop in/Outreach expenses	339	44
Volunteer expenses	35	235
Bursaries to individual carers	5,455	5,493
Café purchases for resale	1,980	2,021
Depreciation	<u>1,263</u>	<u>682</u>
	<u>275,396</u>	<u>196,354</u>

9. SUPPORT COSTS

	Staff costs £	Other £	Depreciation £	Governance costs £	Totals £
Support for Carers	<u>23,175</u>	<u>13,115</u>	<u>1,306</u>	<u>9,228</u>	<u>46,824</u>

The amount due to the independent examiners for the year ended 31 March 2019 was £1,890 (2018 - £1,890) and £811 (2018 - £1,152) in respect to other financial services.

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2019 £	2018 £
Depreciation - owned assets	<u>2,569</u>	<u>1,364</u>

11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 or for the year ended 31 March 2018.

Trustees' expenses

There were expenses for training, travel and subsistence costs totalling £Nil (2018 - £53) paid to Nil trustees (2018 - 4) during the year ended 31 March 2019.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

12. STAFF COSTS

	2019 £	2018 £
Wages and salaries	213,874	149,415
Social security costs	14,128	6,538
Other pension costs	<u>2,759</u>	<u>1,017</u>
	<u>230,761</u>	<u>156,970</u>

The average monthly number of employees during the year was as follows:

	2019	2018
The average number of staff	<u>12</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	20,437	3,000	23,437
Charitable activities			
Support for Carers	102,654	124,733	227,387
Other trading activities	<u>4,746</u>	<u>-</u>	<u>4,746</u>
Total	<u>127,837</u>	<u>127,733</u>	<u>255,570</u>
EXPENDITURE ON			
Raising funds	29	-	29
Charitable activities			
Support for Carers	<u>101,762</u>	<u>137,843</u>	<u>239,605</u>
Total	<u>101,791</u>	<u>137,843</u>	<u>239,634</u>
NET INCOME/(EXPENDITURE)	<u>26,046</u>	<u>(10,110)</u>	<u>15,936</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>77,616</u>	<u>86,121</u>	<u>163,737</u>
TOTAL FUNDS CARRIED FORWARD	<u>103,662</u>	<u>76,011</u>	<u>179,673</u>

BRIDGEND CARERS CENTRE

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019**

14. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 April 2018	29,784
Additions	<u>6,825</u>
At 31 March 2019	<u>36,609</u>
DEPRECIATION	
At 1 April 2018	25,675
Charge for year	<u>2,569</u>
At 31 March 2019	<u>28,244</u>
NET BOOK VALUE	
At 31 March 2019	<u>8,365</u>
At 31 March 2018	<u>4,109</u>

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Prepayments and accrued income	<u>9,186</u>	<u>2,101</u>

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Trade creditors	296	1,909
Social security and other taxes	4,966	-
Accruals and deferred income	<u>6,207</u>	<u>4,603</u>
	<u>11,469</u>	<u>6,512</u>

Included above is £163 (2018: £71) of deferred income which relates to membership fees received in advance of the period to which they relate.

17. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2019 £	2018 £
Within one year	2,166	2,166
Between one and five years	<u>3,923</u>	<u>6,089</u>
	<u>6,089</u>	<u>8,255</u>

The total leased payments recognised as an expense throughout the year amounted to £7,017 (2018 - £7,173)

BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

18. MOVEMENT IN FUNDS

	At 1/4/18 £	Net movement in funds £	Transfers between funds £	At 31/3/19 £
Unrestricted funds				
General fund	93,662	8,653	3,726	106,041
Young Adult Carers designated fund	<u>10,000</u>	<u>(375)</u>	<u>56</u>	<u>9,681</u>
	103,662	8,278	3,782	115,722
Restricted funds				
Co-operative Young Carer fund	738	(682)	(56)	-
Health and Wellbeing fund	6,010	(6,010)	-	-
Bursaries for individual carers	-	330	-	330
Macmillan Family Information and Support Worker	8,855	(9,182)	-	(327)
BCBC Carers Emergency Card fund	883	(883)	-	-
ABMU Carers Measure 1	5,890	(5,375)	-	515
Big Lottery Community Voice fund	325	532	(857)	-
ABMU Carers Strategy Measure 3	22	(22)	-	-
Princess of Wales Hospital Support Worker fund	24,715	(12,121)	-	12,594
ABMU Carers Strategy Measure 5	1,073	(36)	(1,037)	-
ABMU Carers Strategy Measure 6	533	-	(533)	-
ABMU Carers Strategy Measure 7	9,225	262	-	9,487
Changing for the better fund	(1,847)	1,847	-	-
Community Café fund	-	1,498	-	1,498
Life Coaching fund	1,940	(1,940)	-	-
Young Adult Carers Transition fund	156	(156)	-	-
Young Adult Carers Awareness Day fund	419	-	-	419
Big Lottery Awards for All fund	4,750	(3,563)	-	1,187
Tesco Bags of Help fund	(151)	151	-	-
ROOTS Project Manager fund	12,475	(2,116)	-	10,359
YAC/YC Donation fund	-	25	-	25
YAC Book	-	522	857	1,379
BCBC Grant - KP/YC/YAC	-	348	-	348
Carers Link worker posts	-	(3,807)	(2,156)	(5,963)
Morrisons Grant - Mindfulness	-	1,820	-	1,820
CT Bereavement project	-	2,440	-	2,440
Young Carers in Schools Fund	-	928	-	928
Ford Britain Trust Grant	-	1,866	-	1,866
Carers' Trust YAC	-	1,000	-	1,000
Big Lottery People and Places Grant	<u>-</u>	<u>5,578</u>	<u>-</u>	<u>5,578</u>
	76,011	(26,746)	(3,782)	45,483
TOTAL FUNDS	<u>179,673</u>	<u>(18,468)</u>	<u>-</u>	<u>161,205</u>

BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	114,721	(106,068)	8,653
Young Adult Carers designated fund	-	(375)	(375)
	<u>114,721</u>	<u>(106,443)</u>	<u>8,278</u>
Restricted funds			
Co-operative Young Carer fund	458	(1,140)	(682)
Health and Wellbeing fund	16,229	(22,239)	(6,010)
Bursaries for individual carers	4,645	(4,315)	330
Macmillan Family Information and Support Worker	5,417	(14,599)	(9,182)
BCBC Carers Emergency Card fund	6,831	(7,714)	(883)
ABMU Carers Measure 1	-	(5,375)	(5,375)
Big Lottery Community Voice fund	-	532	532
Princess of Wales Hospital Support Worker fund	15,949	(28,070)	(12,121)
ABMU Carers Strategy Measure 7	22,191	(21,929)	262
Changing for the better fund	10,000	(8,153)	1,847
Community Café fund	5,287	(3,789)	1,498
Young Adult Carers Transition fund	59	(215)	(156)
Carers Getting Together fund	750	(750)	-
Big Lottery Awards for All fund	-	(3,563)	(3,563)
Tesco Bags of Help fund	1,000	(849)	151
ROOTS Project Manager fund	19,946	(22,062)	(2,116)
YAC/YC Donation fund	183	(158)	25
YAC Book	231	291	522
Assessment income	16,978	(16,978)	-
BCBC Grant - KP/YC/YAC	1,901	(1,553)	348
Carers Link worker posts	32,082	(35,889)	(3,807)
Morrisons Grant - Mindfulness	1,820	-	1,820
CT Bereavement project	2,500	(60)	2,440
Young Carers in Schools Fund	13,034	(12,106)	928
Ford Britain Trust Grant	2,600	(734)	1,866
Carers' Trust YAC	1,000	-	1,000
Big Lottery People and Places Grant	7,940	(2,362)	5,578
ABMU Carers Strategy Measure 3	-	(22)	(22)
ABMU Carers Strategy Measure 5	-	(36)	(36)
Life Coaching fund	-	(1,940)	(1,940)
	<u>189,031</u>	<u>(215,777)</u>	<u>(26,746)</u>
TOTAL FUNDS	<u>303,752</u>	<u>(322,220)</u>	<u>(18,468)</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/17 £	Net movement in funds £	Transfers between funds £	At 31/3/18 £
Unrestricted Funds				
General fund	77,616	16,046	-	93,662
Young Adult Carers designated fund	-	10,000	-	10,000
	77,616	26,046	-	103,662
Restricted Funds				
Co-operative Young Carer fund	2,047	(1,309)	-	738
Health and Wellbeing fund	5,492	518	-	6,010
Bursaries for individual carers	154	(154)	-	-
Macmillan Family Information and Support Worker	15,053	(6,198)	-	8,855
BCBC Carers Emergency Card fund	32	851	-	883
ABMU Carers Measure 1	3,886	324	1,680	5,890
Other	128	(128)	-	-
Big Lottery Community Voice fund	-	325	-	325
ABMU Carers Strategy Measure 3	352	(330)	-	22
ABMU Carers Strategy Measure 4	1,715	(2,168)	453	-
Princess of Wales Hospital Support Worker fund	34,504	(9,789)	-	24,715
ABMU Carers Strategy Measure 5	1,131	(58)	-	1,073
ABMU Carers Strategy Measure 6	938	(405)	-	533
ABMU Carers Strategy Measure 7	7,390	1,835	-	9,225
Changing for the better fund	(314)	(1,533)	-	(1,847)
Community Café fund	3,079	(3,079)	-	-
ABMU Carers Strategy Measure 8	5,257	(3,124)	(2,133)	-
NHS Ambulance Health and Wellbeing fund	277	(277)	-	-
Life Coaching fund	5,000	(3,060)	-	1,940
Young Adult Carers Transition fund	-	156	-	156
Young Adult Carers Awareness Day fund	-	419	-	419
Big Lottery Awards for All fund	-	4,750	-	4,750
Tesco Bags of Help fund	-	(151)	-	(151)
ROOTS Project Manager fund	-	12,475	-	12,475
	86,121	(10,110)	-	76,011
TOTAL FUNDS	<u>163,737</u>	<u>15,936</u>	<u>-</u>	<u>179,673</u>

BRIDGEND CARERS CENTRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	117,837	(101,791)	16,046
Young Adult Carers designated fund	<u>10,000</u>	<u>-</u>	<u>10,000</u>
	127,837	(101,791)	26,046
Restricted funds			
Co-operative Young Carer fund	-	(1,309)	(1,309)
Health and Wellbeing fund	15,989	(15,471)	518
Bursaries for individual carers	4,185	(4,339)	(154)
Macmillan Family Information and Support Worker	8,649	(14,847)	(6,198)
BCBC Carers Emergency Card fund	6,730	(5,879)	851
ABMU Carers Measure 1	3,378	(3,054)	324
Other	-	(128)	(128)
Big Lottery Community Voice fund	7,727	(7,402)	325
Princess of Wales Hospital Support Worker fund	10,123	(19,912)	(9,789)
ABMU Carers Strategy Measure 7	19,805	(17,970)	1,835
Changing for the better fund	10,000	(11,533)	(1,533)
Community Café fund	-	(3,079)	(3,079)
ABMU Carers Strategy Measure 8	-	(3,124)	(3,124)
NHS Ambulance Health and Wellbeing fund	-	(277)	(277)
Life Coaching fund	-	(3,060)	(3,060)
Young Adult Carers Transition fund	2,343	(2,187)	156
Carers Getting Together fund	500	(500)	-
Assessment Worker fund	4,804	(4,804)	-
Young Adult Carers Awareness Day fund	500	(81)	419
Big Lottery Awards for All fund	5,000	(250)	4,750
Tesco Bags of Help fund	3,000	(3,151)	(151)
ROOTS Project Manager fund	25,000	(12,525)	12,475
ABMU Carers Strategy Measure 3	-	(330)	(330)
ABMU Carers Strategy Measure 4	-	(2,168)	(2,168)
ABMU Carers Strategy Measure 5	-	(58)	(58)
ABMU Carers Strategy Measure 6	<u>-</u>	<u>(405)</u>	<u>(405)</u>
	127,733	(137,843)	(10,110)
TOTAL FUNDS	<u>255,570</u>	<u>(239,634)</u>	<u>15,936</u>

18. MOVEMENT IN FUNDS - continued

Designated funds

Young Adult Carers fund

The charity received a substantial donation of £10,000 that has been designated towards young adult carers and in particular the ROOTS Project Manager post.

Restricted funds

Co-operative Young Carer fund

Grant funding received from both the Carers Trust and Crossroads to enhance young adult carers' lives.

Health and Wellbeing fund

This is a contribution to provide additional support to meet the objectives of the agreement with Bridgend County Borough Council. Funding provides support to carers concentrating on their health and wellbeing.

Bursaries for individual carers

The charity administers grants to individuals on behalf of Carers Trust.

Macmillan Family Information and Support Worker

Funding was received from Macmillan to provide a Macmillan Family Information and Support Worker until July 2020.

BCBC Carers Emergency Card fund

The Carers Emergency Card is supported by BCBC to assist in the management of the Bridgend Carers Emergency Card Scheme. The scheme is widely advertised to carers across Bridgend and is accessible to all people who identify themselves as carers.

ABMU Carers Measure 1

Joint grant funding was received from BCBC and ABMU to support the objectives of the Carers (Wales) Measure 2010 providing awareness raising at GP surgeries.

Big Lottery Community Voice fund

Grant funding received from Big Lottery in partnership with Action for Children to provide help with 16 - 25 year old young adult carers to enable them to have a voice and influence design and delivery of services to young adult carers.

AMBU Carers Strategy Measure 3

Joint grant funding was received from BCBC and ABMU to provide welfare benefit advice sessions, increase capacity and raise profile and awareness.

Princess of Wales Hospital Support Worker fund

Grant funding received from ABMU Integrated Care Fund and ABMU Carers Measure to provide a post working in the Princess of Wales Hospital, Bridgend, raising awareness and providing carers assessments.

AMBU Carers Strategy Measure 5

Joint grant funding was received from BCBC and ABMU for providing information and training for parent carers, young carer awareness sessions and general awareness training.

AMBU Carers Strategy Measure 6

Joint grant funding was received from BCBC and ABMU for training on information sharing and general awareness raising in conjunction with BCBC.

AMBU Carers Strategy Measure 7

Joint grant funding was received from BCBC and ABMU towards a continuation of funding for the Welfare Benefits Worker and awareness raising.

Changing for the better fund

Grant received from ABMU Changing for the Better Grant providing awareness raising at GP Surgeries and activities to promote health and wellbeing

Community Café fund

This fund is supported by the Carers Centre fundraising efforts.

18. MOVEMENT IN FUNDS - continued

Life Coaching fund

Funding was received from Santander to provide Life Coaching sessions to Carers.

Young Carers in Transition fund

Funding was received from the Carers Trust to help young carers aged 16-25 who need support transitioning from sixth form and college to university as well as those looking for employment.

Carers Getting Together fund

Awarded by Carers Trust for the young adult carers to have a break from their caring role and spend time as a group with other young adult carers. The choice of activity was Harry Potter Studios.

Young Adult Carers Awareness Day fund

Funds were awarded by Carers Trust to raise awareness of young carers in schools. Suggested activities include assemblies, PSE lessons, staff training and your carers groups.

Big Lottery Awards for All fund

£5,000 was awarded by big Lottery for activities for young adult carers to have a break from their caring role.

Tesco Bags of Help fund

A grant was received from the Tesco Bags of Help scheme towards carers' wellbeing, to reset mind, body and soul.

ROOTS Project Manager fund

The ROOTS Project Manager post is currently being funded by the Waterloo Foundation.

YAC/YC donation fund

This fund consists of donations received for the specific purpose of supporting young carers and young adult carers.

YAC Book fund

Donations from "The bear who struggled to care" young carers' book, for the purpose of supporting young carers and young adult carers.

Assessment income fund

Funds for the provision of carers' assessments referred from Common Access Point at BCBC.

BCBC Grant - KP/YC/YAC

Funding provided by BCBC for information booklets.

Carers Link worker posts

Welsh Government funding to employ three Carer Link posts bases in the three cluster networks.

Morrisons Grant - Mindfulness

A grant to provide three x eight sessions of mindfulness delivered to carers.

CT Bereavement project

A grant awarded to deliver 3 x 4 weeks Planning for Tomorrow courses in the three cluster networks of the borough.

Young Carers in Schools fund

ICF funding was received to deliver young carers support in schools.

Ford Britain Trust Grant

Grant awarded to help with the purchase of IT equipment that carers can access.

Carers' Trust YAC

Carers Trust Quilter funding to give short respite breaks and workshops to young adult carers.

Big Lottery People and Places grant

A grant to fund the Young Carers Education Project Manager post to support the Education in Schools Project.

18. MOVEMENT IN FUNDS - continued

Transfers between funds

The transfer between the Carers Link Worker Post and general funds is in respect of fixed assets purchased.

The other transfers are by agreement with the funders.

19. PENSION COMMITMENTS

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in independently administered funds. Pension costs are apportioned to both activities and between unrestricted and restricted funds in proportion to the related staffing costs incurred. The pension cost charge represents contributions paid by the charity to the fund and amounted to £2,759 (2018: £1,107). Contributions outstanding at the year end amounted to £Nil (2018 : £Nil).

20. RELATED PARTY DISCLOSURES

The total key management personnel remuneration benefits paid during the year was £28,595 (2018: £28,447).

Total donations made to the charity by its trustees amounted to £36 (2017: £136).