

Rise Community Action Limited
Annual Report
and
Annual Accounts

1st December 2017 – 30th November 2018



LEGAL INFORMATION

Company No: 5617122

Charity Number: 1147332

Legal Status: Limited by Guarantee and a Registered Charity

Address: Halkevi Community Centre
31-33 Dalston Lane
London E8 3DF

Broad of Directors/ Trustees: Farida Yiga - Chair
David Kakande – Treasurer
Lukiya Kakembo – Secretary
Dr Edwin Mavunika Mapara
Amina Nalubega Ssendegeya

Principle Staff: Janet Murungi – Coordinator(volunteer)

Banker: Barclays Bank
Moorgate Branch
128 Moorgate,
London, EC2M 6SX

Trustees' Report

Rise Community Action(RCA) was developed to provide a voice for people living with HIV/AIDS and to create a bridge between service providers and service users who we found were not accessing available services. RCA's work is directed at improving the quality of life for individuals who are socially excluded for a myriad of reasons.

The Board of Trustees of Rise Community Action Limited (RISE) ("the Charity") present their annual report for the year ended 30th November 2018 under the Companies Act 1985 and the Charities Act 1993, together with the independently examined financial statements for that year.

Administrative Details

Rise Community Action is a registered company limited by guarantee (Company No: 5617122) and Charity No: 1147332, with its registered office is as shown on page 1.

Governance and Management

The Charity is governed by its Memorandum and Articles of Association which were adopted on 9th May 2005. The Board of Trustees is responsible for the overall governance of the Charity. Trustees are either elected or co-opted and the total number of Trustees may not be fewer than three and cannot exceed seven. A co-opted member may retain office only until the next Annual General Meeting (AGM) and shall then be eligible for re-election. Effective partnership between Trustees and staff continues to contribute significantly to our success.

Objects and Principal Activities

The Charity's object is for the advancement of education, the relief of poverty and sickness, and the preservation and protection of good health of women and their families, especially persons from BME, Refugee and Asylum seekers communities, and any other person who need assistance. (a) The provision or assistance in the provision of facilities in the interest of social welfare.

Our vision is a world where everyone is given the best possible opportunities in life and where a medical condition is not a barrier to an individual ability to grasp opportunities and achieve personal fulfilment.

Our strategic aim is to achieve this by providing high quality services that is intended to have a practical and positive effect on the lives of those affected by Domestic Abuse, Female genital mutilation(FGM) or HIV and their families.

Our Aims

- To improve the quality of lives of individuals affected by HIV, FGM or Domestic Violence.
- To create awareness on issues surrounding Domestic Abuse, Female genital mutilation or HIV and reduce HIV - related stigma in the community
- To reduce isolation suffered by FGM survivors and people living with HIV and promote their social inclusion.
- To better inform service providers on the needs of people living with HIV thus improve the quality of care
- To empower our users to make informed choices on access to services and their lives in general.

Rise Community Action (RCA) was developed to provide a voice for people living with HIV/AIDS and to create a bridge between service providers and service users who we found were not accessing available services. Our first project provided care and support for individuals living with HIV. RCA services have been extended over the years to include providing support service and activities for individuals affected by Domestic Violence and FGM, advocacy and empowerment sessions and sexual health promotion activities.

What We Do

RCA now focuses on addressing the issue of Domestic Violence and Female Genital Mutilation (FGM). We are supporting individuals experiencing Domestic Violence and survivors of FGM, while raising awareness of the effects of domestic violence and FGM in the wider community.

Established to provide information, care and support for women living with HIV/AIDS in London, RCA has been unfaltering in raising awareness on issues surrounding HIV/AIDS by running workshops, delivering presentations and staging community events and educating the community about the spread of HIV.

Financial Support

RCA is a proactive charity so we are constantly developing new projects to meet identified needs. We believe it is important that we grow to a position where we can employ full time staff to better address the level of need present in our delivery area. If we fail to grow to a point where our infrastructure is strong enough for the task, we are conscious that we have to make radical action to ensure we never have to turn beneficiaries away.

RCA has been reliant on a few selfless individuals, chief among these have been our coordinator (volunteer) who continues to perform beyond all expectations. We will continue to work tirelessly to ensure we can extend our activities across London.

Funders for the year were the Big lottery and Hackney CVS, thank for your support.

Funders

Funders continue to adjust their methods of working and supporting good causes and this has resulted in the small charities with limited resources being pushed to the edge.

As RCA has struggled through the year the effect of these actions have been severely felt. The majority of our current difficulties can be attributed to the recession which continues to ravage the country. The recession which despite the politicians claiming it is over, its effects are unrelenting and totally devoid of compassion. As a direct effect of the economic environment small organisations are being increasingly marginalised or forced to stop operation leaving an alarming number of people without any support network and in a city as soulless as London the consequences are very visible.

This year RCA has continued to work in partnership with a number of local agencies and charities to ensure that our client group can be serviced and have been central in delivering a number of projects as delivery partner.

While funding has been hard we have managed to attract funding for projects, predominately from the Big Lottery Fund. However charities of the nature of RCA are not seen as attractive to local companies and every one wants to contribute to the large charities. A mind-set that continues to fail to realise that small charities deliver over 90% of all the charitable services in the country and only receive about 6% of available funding. This is where the donation goes further. 0

Management and Administration

The resources expended on administration totalled £2,434 during the year. This represents 6.2% of the total resources received a level of expenditure that the Trustees consider to be appropriate for the charity. This figure means that we are keeping a firm grip on our administration and management costs and this continues to allow us to direct a much greater percentage of our resources to assisting our beneficiaries.

Material Intangible Incoming Resources

A number of professionals continued to give their time as volunteers. As there is no financial cost to any third party, this intangible income has not been included in the Statement of Financial Activities but we put a value on it in excess of £28,000 annually.

Activities

RCA's work is directed at improving the quality of life for individuals who are socially excluded for a myriad of reasons.

We hope this report demonstrates the value of RCA, it should be evident hope, and we hope it will strike a chord and inspire you to join us and contribute to making difference in the lives of those most in need.

RCA continues to extend its work, our work to support those affected by Domestic Violence and FGM is starting to bring about real changes in the lives of victims of both issues. We continue to work in partnership with other local charities as we try to maximise the reach of RCA in the face of ever decreasing resources.

Projects

The "Umoja" Community Engagement Anti-FGM Project

This project was funded to educate communities in Hackney on Female Genital Mutilation (FGM) and its harmful effects and facilitate discussions around the harmful cultural practices through an outreach activity by our committed team of volunteer anti-FGM champions. RCA brought together trained volunteers, community members and FGM survivors to jointly address FGM while collaborating on ways for reducing and preventing FGM. This work continues unofficially as victims we contacted still need support. This is one of the unfortunate consequences of short term funding through Awards for All.

Through the outreach activity and awareness raising events in community settings (market, schools, churches, mosque, community groups and events) the project was able to increase public awareness of FGM amongst the community while reducing the social tolerance to this harmful practice of FGM.

The project helped to challenge cultural attitudes while reducing the social norms upholding FGM, with our volunteer encouraging the community to take a positive stand against FGM and voice their objection publicly that FGM is wrong.

As a direct result of the Umoja Community engagement project, the community is Hackney is more aware about this harmful practice and its negative effects. Whilst the project has ended, RCA through the volunteer community champions continues to raise awareness of FGM through our other funded sexual health project and the Hackney Women's Haven.

Signposting Project

Is a CCG funded project administered by the Hackney CVS to provide confidential information and signposting service to the African community living in Hackney. The process involves among other activities translating letters, completing simple forms for clients and liaising with GP surgeries.

We run a drop-in service once a week on a set day at a permanently accessible venue with a dedicated staff member and two volunteers to provide information and signposting to clients. This service is free, friendly, confidential and independent. Deliver through, One2One meetings, telephone or email contacts, we provide information to clients about where to get help in relation to health, social care or personal wellbeing. Issues identified beyond our scope are referred to appropriate advice agencies. We communicate with individual clients in languages that they understand.

We believe operating the signposting service this way makes it easily accessible and less intimidating or stigmatising to the hard to reach individuals of our community. They are able to communicate in a language that they understand thereby overcoming some of the barriers they face in accessing services. Our project is a gateway to service providers and a way to identify clients' needs and help them to access services or resources to meet these needs.

Condom Distribution Scheme

RCA provides free condoms and information on sexual health and where to go for HIV testing/sexual health screening to the African Community and register them on the Free Condom Scheme by issuing them a card which allows them to collect more free condoms from pharmacies and other collection points when they need them. This is delivered through a partnership with a number of community groups supported by Brook Hackney and Hackney Social & Care Forum.

The scheme has increased uptake of HIV testing and has been instrumental in encouraging condom usage among individuals in Hackney's African Communities. The scheme is funded by Hackney Council (Public Health) administered by Hackney Council for Voluntary Services.

The Hackney Women's Haven

RCA is supporting survivors of Female Genital Mutilation and domestic violence as part of Hackney Women's Haven Big Lottery Funded Partnership Project for African and Caribbean heritage women and girls. This exciting initiative seeks to improve prevention and intervention responses to violence against women and girls across the London Borough of Hackney while supporting these women to engage with available support services as they try to rebuild their lives.

THANKS

The Trustees express their gratitude and that of the beneficiaries, volunteers and casual users, to all those who continue to help Rise Community Action to deliver its' services.

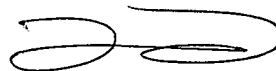
We are indebted to our volunteer co-ordinator; whose inspirational work continues to define our activities and enhance our reputation by setting a level of community service not often equalled in the borough. We are so pleased that all of our volunteers follow her lead. This allows us to continue extend the range of services provided to our growing number of users. Rise Community Action will continue to work tirelessly to ensure we can extend our activities which will be open to all in the city.

We started this year believing we will not make it to the end of that year because of a lack of finance, we are happy to express our heartfelt thanks to a band of very special individuals who continue to drive this charity forward making the impossible possible.

Thank you.

Chair: Farida Yiga
16/07/2019

Signature:

A handwritten signature in black ink, consisting of a series of loops and a long horizontal stroke at the end.

Directors' Responsibilities

Company law requires the Directors to prepare financial statements for each financial year that give a true and fair view of the of the charitable company and the surplus or deficit for that period. In preparing these statements, the Directors are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The Directors are responsible for maintaining proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner Report

For the Year ended 30th November 2018

I report on the accounts of Rise Community Action Limited for the year ended 30th November 2018, which are set out on the following pages.

Respective responsibilities of trustees and examiner

The trustees (who are also directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 43 (2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act); and
- to state whether matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and the seeking of explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below:

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that, in any material respect, the requirements
 - (a) to keep accounting records in accordance with 386 of the Companies Act 2006; and
 - (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Companies Act 2006 and the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities (revised 2005) have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

J N Beugren Accountants
5 Stuart Place, St. Albans, AL1 1AU

26/06/2019



<u>Rise Community Action Limited</u>				
<u>Income & Expenditure Account</u>				
<u>Statement of Financial Activities for the year ended 30th November 2018</u>				
2017 - Total	<u>Incoming Resources</u>	Unrestricted	Restricted	2018- Total
£	<u>Note</u> 2.			£
38,211	Grants, Awards,	-	37,983	37,983
-	Donations	-	-	-
	Generated Income	-	-	
	Other	-	-	
38,211	Total Income	-	37,983	37,983
	3. <u>Resources Expended</u>			
	Cost of generating funds	-	0	
24,790	Activities in the furtherance of the Charity's objects	-	37,117	37,117
2,128	Management & Administration	-	2,115	2,115
26, 918	Total outgoing resources	-	39,232	39,232
11,293	Net surplus/deficit	0	(1,249)	(1,249)
1,473	Balance brought forward	190	12,576	12,766
12,766	Balance carried forward	190	11,327	11,517

Rise Community Action Limited
Balance Sheet as at 30th November 2018

<u>Fixed Assets</u>			
<u>2017</u>		<u>Note</u>	<u>2018</u>
0	Intangible Assets		0
760	Tangible Assets	4	1,692
760	Total Fixed Assets		1,692
<u>Current Assets</u>			
-	Debtors	-	-
12,766	Cash at bank	-	11,517
13,526	Total Current Assets		13,209
<u>Liabilities</u>			
-	Creditor	-	-
13,526	Assets less liability	-	13,209
13,526	<u>Total Net Assets</u>		13,209
Represented by :			
13,526	Un/restricted :		13,209
-	Free reserves:		-
760	Fixed Assets:		1,692
	Total unrestricted funds		1,782
950	Restricted funds		11,427
12,576	Restricted funds		
13,526	<u>Total</u>		13,209

For the year ending 30th November 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies 'regime'.

The board of Directors approved these accounts on 16 /07/2019, and signed on their behalf by:

Treasurer – David Kakande

Signature:



16/7/2019

1. ACCOUNTING POLICIES

(a) BASIS OF ACCOUNTING

The financial statements are prepared under the historical cost convention. They comply with the Charity Commission's Statement of Recommended Practice on Accounting by Charities (SORP 2005) and all applicable Accounting and Financial REPORTING STANDARDS

(b) INCOMING RESOURCES

General donations, legacies and subscriptions are brought into account when received.

Donations and grants given for specific purposes are treated as income in the year of receipt. Unspent restricted income is included under restricted funds as it is fully committed.

(c) RESOURCES EXPENDED

The resources used are classified under the charity's functional categories of expenditure rather than the type of expense in order to provide more useful information.

Resources expended in each functional category comprise direct expenditure including direct staff costs attributable to the activity. Where costs cannot be directly attributed, they have been allocated to activities based on time spent by staff on those activities.

(d) TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets are included at cost; Depreciation is calculated annually at 25%

(e) OPERATING LEASES

Operating lease rentals are charged to the income and expenditure account as they become due.

(f) FUND ACCOUNTING

General funds comprise the accumulated surplus or deficit on the income and expenditure account. They are available for use at the discretion of the Directors in furtherance of the general objectives of the company. Restricted funds are funds subject to specific restricted conditions imposed by donors.

(g) EXPENDITURE CATEGORIES

Expenditure is allocated to one of three functional categories that reflect the charitable activities of the company:

Cost of generating funds

Activities in the furtherance of the Charity's objects

Management and Administration

Rise Community Action Limited
Grants, Donations & Expenditure Analysis

2. Grants, Donation and fees:

<u>2017</u>	<u>Sources</u>	Unrestricted	Restricted	<u>2018</u>
Total				Total
24,601	Big Lottery	-	30,558	30,558
9,985	Awards for all HCVS	-	-	-
3,256	information/signposting	-	3,500	4,568
194	HCVS condom	-	1,353	285
	Community African			
175	Network	-	1,422	1,422
-	Generated income	-	-	-
-	other	-	1,150	1,150
38,211	<u>Total</u>	-	37,983	37,983
<u>2017</u>	<u>Resources expended:</u>			<u>2018</u>
	Fundraising and training		0	
	Activities for Beneficiaries (including Salaries, Rent, Volunteer cost)		36,798	
	Support and advice			
	Management and Administration		2,434	
26,918	Total			39,232

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