

Friends of Collett

Report of the Trustees and Unaudited Financial Statements

For the year ended 31 March 2019

Friends of Collett
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OBJECTIVES

- (1) To advance the education of pupils in the school in particular;
- (2) Developing effective relationships between the staff, parents and others associated with the school;
- (3) Engaging in activities or providing facilities or equipment which support the school and advance the education of the pupils.

RESULTS

The results for the year, as given in the Statement of Financial Activities, are considered satisfactory by the trustees

REVIEW OF THE YEAR

Over the past Year the Friends of Collett have successfully fundraised for a new sensory room, IT equipment and an innovative mobile café project which won a Community Grant Award.

The Friends of Collett organised several events during the year including a Charity dinner and auction, and a Race night. The charity wishes to thank all those who have so generously supported its work whether by gift of their time, talents, products, volunteering or financial donations. In particular the Trustees would like to thank Warner Bros, The Lords Taverners and HCF for their continued support.

The Friends of Collett were grateful for one-off grants that were received during the year from organisations and patrons such as Experia and The Lords Taverners.

PLANS FOR THE FUTURE

During the coming year The Friends of Collett School plan to raise funds to enable the school to meet the **toilet facilities** safeguarding, health and wellbeing requirements of our pupils.

The current building was built in the 1960s for able-bodied mainstream children and was changed to a Special Educational Needs School some 20 years ago. The current toilet facilities are inadequate, not fit for purpose and repellent to the Special Educational Needs children now occupying the school.

Teaching a child with Autism, or many other Special Educational Needs, to use the toilet can take longer and be more complex than for other children, and it can be highly stressful and challenging.

Children with Autism can struggle to understand social interaction and unwritten rules of behaviour, which inhibits their ability to interpret what is expected of them and to know how to behave around others. In the context of toilet training, this can mean they do not have the usual social motivation to be like their peers. This makes it harder for children to move from nappies to underwear or a potty to a toilet.

Sensory differences

The sensory differences of children with Autism can make it hard for them to recognise when their bladder or bowel is full, or they may find it difficult to balance on the toilet itself.

The bathroom itself can be overwhelming for some children, whilst being full of fantastic sensory input for others.

For instance, some may feel a splash of water or sound of the flush too intensely and experience sensory overload, while others may enjoy all of the sensory distractions in the bathroom and forget about the toilet. Sensory sensitivities can be hard to address, but *understanding the child's sensory needs and adapting the toilet environment can make all the difference.*

Schools and toileting

Learning to use the toilet is an important part of growing up. Achieving continence can help boost a child's self-esteem, give them and their families' access to a wider range of activities, and help reduce stress and anxiety for them and all involved in supporting them. Avoiding placing the child at a substantial disadvantage relative to others.

A child may consciously or unconsciously ration their fluid intake, or avoid drinking altogether, if they fear not being able to go to the toilet when they need to. Pupils may also avoid emptying their bowels at school. This can be due to a lack of privacy and poor toilet conditions. Holding on can lead to constipation, which in turn can result in soiling. Having toilets that the pupils refuse or cannot use can have both physiological and psychological consequences for the children. A significant proportion of childhood urinary and bowel problems are caused by unhealthy toileting patterns.

Conditions which can impact on bowel or bladder control include Crohn's Disease, Hirschprung's Disease, Vater Syndrome, Spina Bifida, Cloacal Exstrophy, Ectopic Bladder, Eagle-Barrett Syndrome, Ulcerative Colitis etc

Pupil "Voice"

We always take into consideration the views of the child / young person. It is important for the pupil to feel they are in control of their personal care and it is not something that is 'done to' them. To support this, young people have been actively involved in the decision making. Many of our children have demonstrated a reluctance to go to the toilet, a sudden increase in the number of accidents or stopping eating and drinking to prevent needing the toilet. So the School Council produced a questionnaire, the results of which showed half of girls and two thirds of boys avoid using school toilets due to unhygienic conditions and fear of the facilities.

OUTCOMES

- Increased independence
- Better physical health
- Improved mental health, anxiety and stress levels
- Enhanced safety
- Improved self esteem
- Dignity
- Greater access to the world and community
- Equality

We plan to fundraise for **IT** as all our computers are those discarded by local Primary schools who have updated.

The Friends of Collett also hope to fundraise to provide the correct **lighting** for our pupils needs. Removing the current fluorescent lighting in school and replace it with soft LED lighting which for most of our children appears as a requirement in their Education Health and Care Plan (EHCP) to support the sensory and learning needs of our children with Special Educational Needs. Many people have seen special needs children having tantrums, screaming, kicking out. Nearly all of our parents can tell you how their child have been labelled as naughty. But what is really going on here? Often what we are seeing is sensory overload. Imagine not being able to take in the environment around you. There is white noise filling your head. Lights shine harshly on your eyes, in some cases actually triggering feelings of nausea, headaches, confusing the brain. Strobe lighting has been linked with epileptic fits for many years (which several of our children also suffer with, but now it has been shown that in fact fluorescent lighting has the same effect. There is a sub-visible flicker given out from fluorescent lighting that causes an increase in repetitive behaviours, headaches, mood changes and concentration problems in special needs children. But think, which of us hasn't had headaches from sitting in bright fluorescent lit rooms? Think then of children so susceptible to sensory overload spending every day in these environments. The worst thing is that the children are unaware of the cause of their stress. But the results from their sensory distress is overwhelming.

The fluorescent lights have been scientifically proven to cause behavioural issues in children with special needs due to the sub visible flicker. It can also cause concentration difficulties and malaise. The objective of our project is to help relieve the sensory difficulties lighting within school is placing on our children. Replacing fluorescent lighting with LED lighting is shown to increase concentration and focus attention, improve alertness and mobilisation, as well as a reduction in impulsive and repetitive behaviours. This will allow our children to have an optimal learning zone, supporting the efforts of teaching and professional staff and increasing the development of the children.

RISK POLICY

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

PUBLIC BENEFIT

In setting our programme each year we have regard to both the Charity Commission's general guidance on public benefit and prevention and relief of poverty for the public benefit. The trustees always ensure that the programmes we undertake are in line with our charitable objects and aims.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Constitution requires the trustees to prepare accounts statements for each financial year that give a true and fair view state of affairs of the organisation and of the income and expenditure of the organisation for that year. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- Followed applicable accounting standards and statements of recommended practice without any material departures;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity. They are also responsible for safeguarding the assets of the organisation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

These financial statement have been prepared in accordance with recommendations of the Statement of Recommended Practice (SORP) on Accounting by Charities and with the Constitution.

The report was approved by the Trustees and signed on its behalf by:-

G Lawton

Vice-Chair

Friends of Collett

Independent Examiner's report on the accounts
For the year ended 31 March 2019

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2019.

Responsibilities and basis of the report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the 2011 Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material aspect:

1. Accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act;
or
2. The accounts do not accord with those records;
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
Rubina Anjum
MBA ACMA CGMA
Pyramid Point Ltd
382-386 Edgware Road
London
W2 1EB

Friends of Collett
Statement of Financial Activities
For the year ended 31 March 2019

	Notes	Unrestricted Funds	Restricted Funds	2019	2018
Income and endowments from:					
Donations and legacies	2	76,371	3,000	79,371	127,518
Other trading activities	3	14,473	-	14,473	13,834
Total		90,844	3,000	93,844	141,352
Expenditure on:					
Raising funds	4/5	10,492	-	10,492	(9,659)
Charitable activities	6/7	111,064	3,000	114,064	(97,973)
Total		121,556	3,000	124,556	(107,632)
Net income / expenditure		(30,712)	-	(30,712)	33,720
Reconciliation of funds					
Total funds brought forward		45,507	-	45,507	11,787
Total funds carried forward		14,795	-	14,795	45,507

Friends of Collett
Statement of Financial Position
As at 31 March 2019

	Notes	2019	2018
Current Assets:			
Cash at bank and in hand		14,789	49,870
Prepayments		1,000	-
		<u>15,789</u>	<u>49,870</u>
Creditors: amounts falling due within one year	11	994	(4,364)
Net current assets		<u>14,795</u>	<u>45,506</u>
Total assets less current liabilities		<u>14,795</u>	<u>45,506</u>
Net assets		<u>14,795</u>	<u>45,506</u>
The funds of the charity			
Restricted income funds	12	-	-
Unrestricted income funds	12	14,795	45,507
Total funds		<u>14,795</u>	<u>45,507</u>

The financial statements were approved and authorised for issue by the Board and signed on its behalf by:

.....
Mrs Gillian Lawton
Trustee

Friends of Collett
Notes to the Financial Statements
For the year ended 31 March 2019

1. Accounting Policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 2012), and the Charities Act 2011.

Friends of Collett meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

2. Income from donations and legacies

	Unrestricted Funds	Restricted Funds	2019	2018
Donations received	48,471	-	48,471	35,947
Grants received	27,900	3,000	30,900	91,200
Sponsorships received	-	-	-	371
	<u>76,371</u>	<u>3,000</u>	<u>79,371</u>	<u>127,518</u>

3. Income earned from other activities

Unrestricted Funds

	2019	2018
Fund raising events	12,723	12,134
Advertising sales	1,650	1,700
Other income	1000	-
	<u>14,473</u>	<u>13,834</u>

4. Expenditure on generating donations and legacies

Unrestricted Funds

	2019	2018
Donations	96	96
	<u>96</u>	<u>96</u>

5. Expenditure on other trading activities

	Unrestricted funds	Restricted funds	2019	2018
Fundraising events	10,492	-	10,492	9,563
	<u>10,492</u>	<u>-</u>	<u>10,492</u>	<u>9,563</u>

Friends of Collett
Notes to the Financial Statements
For the year ended 31 March 2019 (continued)

6. Costs of charitable activity by fund type

	Unrestricted funds	Restricted funds	2019	2018
Donations to the Collett school	109,045	3,000	112,045	94,921
Support costs	2,019	-	2,019	3,052
	111,065	3,000	114,064	97,973

7. Costs of charitable activity by activity type

	Activities undertaken directly	Support costs	2019	2018
Support Costs				
Donations to the Collett School	112,046	2,019	114,064	97,973
	112,046	2,019	114,064	97,973

8. Analysis of support costs

	2019	2018
Donations to the Collett School		
IT	684	402
Governance costs	1,335	2,640
	2,019	3,052

9. Net income / (expenditure) for the year

	2019	2018
This is stated after charging		
Accountancy fees	1,160	900

Friends of Collett
Notes to the Financial Statements
For the year ended 31 March 2019 (continued)

10. Comparative for the statement of financial activities

	Notes	Unrestricted Funds	Restricted Funds	2018	2017
Income and endowments from:					
Donations and legacies	2	98,018	29,500	127,518	164,305
Other trading activities	3	13,834	-	13,834	11,582
Total		111,852	29,500	141,352	175,887
Expenditure on:					
Raising funds	4/5	(8,173)	(1,486)	(9,659)	(9,659)
Charitable activities	6/7	(69,959)	(28,014)	(97,973)	(97,973)
Total		(78,132)	(29,500)	(107,632)	(107,632)
Net income / expenditure		33,720	-	33,720	33,720
Reconciliation of funds					
Total funds brought forward		11,787	-	11,787	11,787
Total funds carried forward		45,507	-	45,507	45,507

11. Creditors: amounts falling due within one year

	2019	2018
Trade creditors	-	3,464
Accruals and deferred income	994	900
	994	4,364

12. Movement in funds

	Balance at 01/04/2018	Incoming Resources	Outgoing Resources	Transfers	Balance at 31/03/2019
Unrestricted Funds	45,507	90,844	(121,556)	-	14,795
Restricted Funds	-	3,000	(3,000)	-	-
Total	45,507	93,844	(124,556)	-	14,795

Previous year

	Balance at 01/04/2017	Incoming Resources	Outgoing Resources	Transfers	Balance at 31/03/2018
Unrestricted Funds	11,787	111,852	(78,132)	-	45,507
Restricted Funds	-	29,500	(29,500)	-	-
Total	45,507	93,844	(124,556)	-	14,795