

# Annual Report for IMPACT BARNET

Year ending 31<sup>st</sup> March 2019

**Charity number:** 1161670

**Registered address:** St Johns Parish Centre  
Friern Barnet Road  
London  
N11 3EQ

**Trustees:** Chairperson: Ed Newman  
Treasurer: Robert Townley  
Secretary: Sarah Afuwape  
Vickie Powell  
Lee Amoss

## **Charitable Objectives :**

Our mission:

To advance in life and relieve needs of young people in Barnet and the surrounding areas through:

- (a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life; and
- (b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals

Our aims and values:

1. We aim to encourage, nurture and respect our young people's individual and collective aspirations as well as their sense of responsibility.
2. We strive to empower young people to be the best that they can be.
3. We aim to work with others to achieve the best outcomes for children and young people.
4. We strive to include all local young people in our services, tailoring services to respond to individual and group needs and actively challenging all forms of discrimination.

## **Activities:**

Impact Barnet aims to help young people to reach their full potential, and support young people and families in and around the borough of Barnet. Over this past year, our services have included:

- A Friday night youth club, running during term time and open to any young people between Yr 7 and Yr 11. This has been run on a rotation system by our staff and dedicated volunteers as well as 2 placements doing their degree in Youth Work Practice. Currently, the youth club averages on about 30 young people per night.
- family support and counselling – we have been developing this support, as we feel it absolutely necessary. So much of a young person's values, beliefs and behaviour stems and is influenced from the home environment and so we feel it of utmost importance to support and work with the family as a whole whenever possible.
- issue-based workshops held in our mobile youth van based in secondary schools (for vulnerable students) – these workshops are held in groups of 8 – 10 students and cover a wide range of topics including; self esteem; anger management; bullying; peer pressure;

social media; positive relationships; positive communications; substance abuse; self image etc Our youth van is equipped with a tv, games console, fixed bench seating, heating and lighting and the young people absolutely love the space that it offers them. During this past year, we have done 3 x 6 week van sessions with Yr 7 students.

- one-to-one mentoring/counselling sessions for particularly vulnerable students. These counselling and mentoring sessions cover issues such as self harm; eating disorders; abuse; severe bullying; anxiety management; bereavement etc. Schools refer the students to us on a case by case basis. We often work in connection with social services, Barnet youth support services (Barnet Council), the police and mediation services.

Our youth club is open to all young people aged 11-16; where as our school workshops, and one-to-one sessions, are targeted to vulnerable young people. During an average week, our team comes into contact with between 40 and 60 young people.

A few changes during 2019 included taking on 2 youth work placements to help to run our youth club as well as to start up a new football club which is being run on Saturdays during term time.

IMPACT BARNET received a generous grant from John Lyon's Charity this year which has also enabled us to employ another staff member to increase our services. This has meant that we have now begun offering our services to another secondary school in Barnet. The grant has also enabled us to offer more training to our staff and volunteers in order to help us to be more efficient and effective in our work.

### **Structure and management:**

IMPACT BARNET is registered as a CIO with the charity commission. In accordance with our governing document, new trustees are appointed by the existing trustees at a properly convened board meeting. Board meetings are held quarterly throughout the year. There should be a minimum of 3 charity trustees and the number of trustees should not exceed 10. Currently, we have a dedicated board of 5 trustees.

The board of trustees which is made up of unpaid volunteers, is responsible for the overall running and management of the charity. The charity Director and the Youth and community Co-ordinator, both paid employees, acts as staff representatives at the board meetings and one of our dedicated volunteers acts as a volunteer representative and together, they provide the trustees with up to date information and bring any items to the agenda for discussion. The Director and Youth and community Coordinator report to the board of trustees and are line managed by one of our trustees. Our youth worker and our placements are line managed by the Director.

There are now 3 paid members of staff, including the Director. Our staff have received relevant training in areas including counselling and safeguarding. All members of the team have now obtained their Counselling children and adolescents diplomas. Our Youth and Community coordinator holds a degree in Psychology and Education; our Director has completed her level 4 diploma in youth work practice and has been trained in facilitating the Circle of Security program. We have a dedicated team of volunteers who help to run our youth club and who have all received safeguarding and basic youthwork training and it is with great appreciation that we mention them in this report, as without them, we would not be able to keep the club running. All staff and volunteers hold a valid and current DBS certificate.

## **Achievements and performance for 2019:**

- This year has brought about some exciting changes, including one, new, part-time staff member to enable us to further our work.
- Furthering our services into a third secondary school has been one of our greatest achievements this year.
- We created and ran our first ever pilot workshop for Yr 6 pupils on Secondary School Transition. This received some positive feedback and we are hoping to offer a parent workshop alongside this next year.
- We have taken on 2 youth work practice placements who have set up a new football club to promote health and fitness amongst young people as well as to offer them a healthy outlet to manage strong emotions, not to mention have a lot of fun!
- We have established ourselves further as a recognised and essential service within Barnet schools.
- 2 schools that we work in have made regular donations to our service, and we continue to receive very positive feedback from schools, parents and students alike.
- We have offered a number of exciting and interesting activities for our young people through our youth club including a trampolining trip; a silent disco; a bingo evening; a movie night; a glow in the dark party and a pyjama party.
- We have formed some very positive and useful networks amongst other charities and youth services this year.
- Our youth club brought together a largely diverse number of young people from different socio-economic and ethnic backgrounds and promoted a positive social environment for them to interact and find inclusion.
- We have also provided several young leader placements for students completing their Duke of Edinburgh awards.

## **Public Benefit:**

Impact Barnet, through the activities and interventions we provide, benefits young people and families in Barnet and surrounding areas. By working with the youth of Barnet today, we are not only making a difference to their lives now, we are also supporting their families and teachers, as well as paving the way for a brighter future for Barnet as a whole.

The project will not only help the young people of Barnet, but will also make a difference to the schools in the area, and the many families within our community. In the past we have seen individuals who have benefited from our services make dramatic changes in their lives, with their attendance and attainment at school, and how they interact with others in the community.

The outcomes we hope to achieve this year are as follows:

- Helping our young people to increase their academic attainment
- Improving the mental wellbeing of our young people
- Helping our young people and their families to access the appropriate services
- Supporting families to build positive relationships
- Providing strategies for coping with difficult situations
- Enabling young people and families to recognise and develop strengths and skills

Specific aims additional to our ongoing work:

- We would like to offer Secondary School Transition workshops to another 2 schools for their Yr 6 students.
- We would also like to run a Yr 6 parent workshop alongside this to enable them to better support their child throughout their transition to secondary school.
- We aim to take our young people from youth club on a residential trip.
- We would like to build a log cabin to use as an office space.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Impact Barnet

1161670

## Receipts and payments accounts

CC16a

For the period  
from

01/04/2018

To

31/03/2019

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Wren Academy	-	5,441	-	5,441	4,625
Compton	-	8,000	-	8,000	7,200
Friern Barnet Education Trust	-	-	-	-	-
LB Barnet Van Insurance Donation	-	-	-	-	-
Friern Barnet PCC	-	-	-	-	-
Youth Club	-	-	-	-	-
Individual Donation	410	-	-	410	5,000
East Barnet Plant Stall	1,200	-	-	1,200	-
Quiz Night	1,700	-	-	1,700	-
St Peters Bourne	75	-	-	75	360
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>3,385</b>	<b>13,441</b>	<b>-</b>	<b>16,826</b>	<b>17,185</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>3,385</b>	<b>13,441</b>	<b>-</b>	<b>16,826</b>	<b>17,185</b>
<b>A3 Payments</b>					
Access underwriting	350	-	-	350	332
Agenda Resource	-	-	-	-	19
Banking Fees	60	-	-	60	60
Computing and Office Costs	-	-	-	-	-
London Youth Membership	125	-	-	125	125
East Barnet Festival	30	-	-	30	-
Payroll Costs	370	-	-	370	375
Staffing Costs	4,007	13,441	-	17,448	19,856
Van Costs	-	-	-	-	996
Seed Barnet	-	-	-	-	360
	-	-	-	-	-
<b>Sub total</b>	<b>4,942</b>	<b>13,441</b>	<b>-</b>	<b>18,383</b>	<b>22,123</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>4,942</b>	<b>13,441</b>	<b>-</b>	<b>18,383</b>	<b>22,123</b>
<b>Net of receipts/(payments)</b>	<b>- 1,557</b>	<b>-</b>	<b>-</b>	<b>- 1,557</b>	<b>- 4,938</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>5,059</b>	<b>-</b>	<b>-</b>	<b>5,059</b>	<b>9,997</b>
<b>Cash funds this year end</b>	<b>3,502</b>	<b>-</b>	<b>-</b>	<b>3,502</b>	<b>5,059</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash at Bank	3,502	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	3,502	-	-
	(agree balances with receipts and payments account(s))			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
			-	

  

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	R Townley <i>R Townley</i>	R Townley	02.01.2019
	<i>E.C. Newman</i>	EDWARD NEWMAN	21.01.2019



