

Together As One Annual Report 2018—19

About Us

Together As One exists to provide a safe place on a regular basis for any adults in Twickenham, Richmond, and surrounding areas who may be experiencing mental health issues or social isolation, to attend to socialise and enjoy all the activities that we can provide.

We are delighted that Dr Sir Vince Cable MP does us the honour of being our Patron, in recognition of the good work we do; this really does mean an enormous amount to the group.

News

This has been a year of significant staffing changes:—

- We said goodbye to Elizabeth on November 2nd 2018. Many, many, thanks to her for everything she did for us, in all her capacities: as volunteer, then Deputy Pavilion Coordinator and Pavilion Coordinator on our Committee; as volunteer in the Shop.
- We said a part farewell to Yvonne at the end of December. At over 80 years of age, she offers energy and time well beyond any necessity; she has now chosen to retire from day-to-day operations, although she remains on our Committee as a Trustee, and we wish her most well for the future.

- We welcomed Kirsty Goodman on December 7th 2018. Her help was invaluable in bridging the gap between Elizabeth's leaving and our recent appointment of Rachael. For personal reasons she stepped down on April 3rd this year; many thanks to her for her dedicated contribution.
- We said goodbye to art volunteer Lauren; many thanks to her for the energy and ideas she brought to running her group.

We have suspended our association with FairShare, which had been in place for four years. Many thanks to them and to Tesco, for all the free food that clients were able to take home for themselves during the week.

During 2018, the Pavilion premises underwent considerable refurbishment. Due to good planning and liaison, the external work during May and June did not prevent our being able to run our service inside as usual. In September, during two weeks of internal redecoration, we arranged to provide: breakfast / lunch at the William Webb Ellis pub; 2 trips; hot / cold drinks at Caffè Nero.

Regular Activities

In the period April 2018 — March 2019, TAO continued to provide three full days a week drop-in service, with RUILS still funding all our Wednesdays. During the year attendance was around 30 people per session, similar to last year.

We provide good quality hot cooked food at every session. Board games and cards are available at any time; these are frequently used, with The London Underground Game now popular.

Nicki and Sophie offer two different art and craft groups per week, both with steady attendance.

Since September last year we have worked with Otakar Kraus Music Trust to provide a music group. This has run weekly, with a few short breaks, since then, and is consistently popular.

Hairdressing, provided by Alex, is available throughout the year; donations received from this help to support our running costs.

Events and Trips

Kirsty Cox from RUILS led a trip to their allotment, to introduce it as an activity to our clients.

Hannah ran an event on the Green, with boules, painting, and other outdoor activities.

We visited Kew Gardens, which very generously gives us discount group entry several times per year, twice; also the Eel Pie Island Museum. After popular enjoyment in both 2015 and 2017, our Christmas meal was held again at Brouge Gastropub; it was very well attended, and generally appreciated.

Our day-long summer trip to the seaside at Bournemouth was blessed with marvellous weather. Thanks to the various monies received in donations, we were able to hire a full size luxury coach with driver, which meant everybody could enjoy themselves with no time pressure. This was greatly appreciated.

Pop Up Shop

This has been by far our most successful shop to date, our 2nd Anniversary having been at the start of June this year. We are fortunate to have enough volunteers to staff the shop 6 days a week; we most sincerely thank them all.

Committee

For the year 2018—19, our Committee was:—

- **Chair** David May
- **Secretary & Volunteer Coordinator** Carol Ajegbo
- **Treasurer** Ron Millar
- **Pop-Up Shop Coordinator** Gunna Finnsdottir
- **Pavilion Coordinators**
 - (April — October) Elizabeth Beilby
 - (November — December) Yvonne Fyfe
 - (January — March) Martin Higham
- **Deputy Pavilion Coordinator**
 - (April — October) Yvonne Fyfe
- **General Committee Members**
 - (April — December) Martin Higham
 - (January — March) Yvonne Fyfe

Fulsome Thanks To:—

Our Patron, Dr Sir Vince Cable, MP

John Holmes, MBE

Cathy Maker, Charlie Thefaut, Kirsty Cox,
and all at RUILS

For catering: Rachid, Avtar, Steve C, Anna,
Ian, Johannes, Cliff, Aruna, Mary M

Twickenham Cricket Club

Tony and Nigel from TCC

Jeff Frances and Alex Munro
(Kyte Developments and Trading Ltd.)
for the Pop Up Shop premises

For financial support: Greggs Bakery via
Rita Docker, Neha, Hamilton Lodge,
St Margarets Lenten Project, William
Grant & Sons; and all our regular
donors

Our local Councillors, in particular Helen
Lee-Parsons, Lesley Pollesche, Meena
Bond; also the mayors of LBRUT, who
have attended our AGMs without fail

The TAO Committee — David, Ron, Carol, Martin, Gunna, Yvonne, Elizabeth

Also, to everybody else in the community who helps us.

The Patel family from our local shop

Alex, our hairdresser

For art groups: Jeremy, Lauren,
Nicki, Sophie

Paul, our cleaner, for doing a great
job each week

Richard, for help with accounts

Eric, for maintaining our website

Kew Gardens; FairShare and Tesco;
HeadStart and NCS The Challenge;
Richmond Furniture Scheme

For staffing our Shop: Johnny, Patsy,
Ken, John, Martin, Pam, Linda,
Elizabeth, Gunna; and especially
to Hakim, for collections, deliveries,
and other work above and beyond

Kirsty G, Margaret K-J, Hannah

Finally...

If you would like to help us or volunteer in any way, regularly or occasionally, please let us know — we would be delighted!

Alternatively simply donate to TAO:

Account Number **31706276**, Sort Code **40—38—18**.

Contact Details

Email	taotwickenham@gmail.com	(Rachael — Administrator)
Phone	07504 824 657	(Ron — Day-to-Day Pavilion Contact)
Website	http://www.togetherasone.co.uk	

TAO Statement of Account for the Year Ending 31 March 2019

Receipts	£	£	£	Payments	£	£	£
Donations/Fund Raising				On-Going			
RUILS contribution to rent	1750.00			Rent	7500.00		
Contribution to repairs/cleaning	0.00			Repairs/cleaning	616.00		
GAUL	384.03			Insurance	97.20	8213.20	
CAF	1225.00						
Virgin Money	31.42			Activities			
Regular donations	561.00			Art Group	1852.39		
Contributions to outings	189.31			Outings	1218.07	3070.46	
One-off Donations	12877.98						
Other Receipts	102.55	17121.29		Pop-up Shop			
Pop-up Shop				Expenses	10349.21	10349.21	
Income		37799.00		General Expenses			
				Phone	20.00		
				Stationery etc	33.11		
				Cards & Gifts	369.70		
				Volunteers' Travel	216.20		
				AGM	42.12		
				Miscellaneous	0.00	681.13	
				Equipment			
				Various	867.27	867.27	

Meals

Meals sold	4466.96	
XMAS meal	214.00	4680.96

Cash surplus	119.73	119.73
--------------	--------	--------

Total Receipts		59720.98
----------------	--	----------

Balance b/f as at start of financial year		51549.00
---	--	----------

Total	111269.98	
--------------	------------------	--

Cash - pavilion	387.86
-----------------	--------

Bank - main account	33244.35
---------------------	----------

Cash - popup shop	50.00
-------------------	-------

Bank - popup shop	48500.79
-------------------	----------

Total		82183.00
--------------	--	----------

Meals

Cost of meals	4590.49	
XMAS meal	1315.00	5905.49

Total Payments		29086.76
----------------	--	----------

Balance c/f as at end of financial year		82183.22
---	--	----------

111269.98

TAO Supporting Statement of Account for the Pop-Up Shop

Year Ending 31 March 2019

Receipts	£	Payments	£
Sales	37411.59	Business Rates	2686.85
Miscellaneous receipts	337.41	Furniture Payments	4726.10
Cash float	50.00	Groceries	161.26
		Utilities	1019.70
		DIY	225.07
		Stationery	128.64
		Fixtures & fittings	180.22
		Insurance	826.37
		Phone	95.00
		Tradesmen	300.00
		Transport	0.00
		Miscellaneous Costs	0.00

Total Receipts	37799.00
-----------------------	-----------------

Total Net Payments	10349.21
---------------------------	-----------------

Balance b/f	
--------------------	--

Balance c/f	
--------------------	--

as at start of financial year	21101.00
--------------------------------------	-----------------

as at end of financial year	48550.79
------------------------------------	-----------------

Total	58900.00
--------------	-----------------

58900.00

Bank - popup shop	48500.79
--------------------------	-----------------

Cash float	50.00
-------------------	--------------

TAO Statement of Account for the Year Ending 31 March 2019

Receipts	£	£	£	Payments	£	£	£
Donations/Fund Raising				On-Going			
RUILS contribution to rent	1750.00			Rent	7500.00		
Contribution to repairs/cleaning	0.00			Repairs/cleaning	616.00		
GAUL	384.03			Insurance	97.20	8213.20	
CAF	1225.00						
Virgin Money	31.42			Activities			
Regular donations	561.00			Art Group	1852.39		
Contributions to outings	189.31			Outings	1218.07	3070.46	
One-off Donations	12877.98						
Other Receipts	102.55	17121.29		Pop-up Shop			
Pop-up Shop				Expenses	10349.21	10349.21	
Income		37799.00		General Expenses			
				Phone	20.00		
				Stationery etc	33.11		
				Cards & Gifts	369.70		
				Volunteers' Travel	216.20		
				AGM	42.12		
				Miscellaneous	0.00	681.13	
				Equipment			
				Various	867.27	867.27	

Meals

Meals sold	4466.96	
XMAS meal	214.00	4680.96

Cash surplus	119.73	119.73
--------------	--------	--------

Total Receipts		59720.98
----------------	--	----------

Balance b/f as at start of financial year		51549.00
---	--	----------

Total	111269.98	
--------------	------------------	--

Cash - pavilion	387.86
-----------------	--------

Bank - main account	33244.35
---------------------	----------

Cash - popup shop	50.00
-------------------	-------

Bank - popup shop	48500.79
-------------------	----------

Total		82183.00
--------------	--	----------

Meals

Cost of meals	4590.49	
XMAS meal	1315.00	5905.49

Total Payments		29086.76
----------------	--	----------

Balance c/f as at end of financial year		82183.22
---	--	----------

111269.98

TAO Supporting Statement of Account for the Pop-Up Shop Year Ending 31 March 2019

Receipts	£	Payments	£
Sales	37411.59	Business Rates	2686.85
Miscellaneous receipts	337.41	Furniture Payments	4726.10
Cash float	50.00	Groceries	161.26
		Utilities	1019.70
		DIY	225.07
		Stationery	128.64
		Fixtures & fittings	180.22
		Insurance	826.37
		Phone	95.00
		Tradesmen	300.00
		Transport	0.00
		Miscellaneous Costs	0.00

Total Receipts	37799.00
-----------------------	-----------------

Total Net Payments	10349.21
---------------------------	-----------------

Balance b/f	
--------------------	--

Balance c/f	
--------------------	--

as at start of financial year	21101.00
--------------------------------------	-----------------

as at end of financial year	48550.79
------------------------------------	-----------------

Total	58900.00
--------------	-----------------

58900.00

Bank - popup shop	48500.79
--------------------------	-----------------

Cash float	50.00
-------------------	--------------