

<b>Trustees' Annual Report for the period</b>										
<b>From</b>		Period start date			<b>To</b>			Period end date		
		01	01	2018				31	12	2018

## Section A Reference and administration details

<b>Charity name</b>	ACE YOUTH TRUST
<b>Other names charity is known by</b>	
<b>Registered charity number (if any)</b>	1120282
<b>Charity's principal address</b>	The Parish Office
	St Oswald's Church
	School Lane, Ashbourne
	<b>Postcode</b> DE6 1AN

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Louise Doble	Chair		Trustees
2	Jacqueline Nicholson			Trustees
3	Christopher Morison			Trustees
4	Philip Michell			Trustees
5	David Holman	Treasurer		Trustees
6	David Bale		Ceased to act 30/09/18	Trustees
7	Susan Miller		Appointed 20/07/17	Trustees
8	Robert Woore		Appointed 25/04/18	Trustees
9	Helen Wainwright		Appointed 13/06/18	Trustees
10	Alison Klein		Appointed 13/06/18	Trustees
11	Robert Morton		Appointed 10/07/19	Trustees

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Declaration of Trust dated 15 <sup>th</sup> May 2006 and Deed of Amendment dated 18 <sup>th</sup> July 2010
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

Advancement of the Christian Faith within the areas of Derbyshire/Staffordshire, in particular but not exclusively among children and young people aged 11-19 resident in the Queen Elizabeth's Grammar School catchment area, the Weaver Ward of East Staffordshire, or surrounding areas, by the provision of recreational / leisure time activities and support / guidance intended to help them grow as individuals and improve their quality of life.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Trustees have had regard to the guidelines issued by the Charity Commission on public benefit and are satisfied that ACE Youth Trust confers a public benefit. The charity provides a range of free services within the scope of its charitable objects to young people aged 11 to 19 particularly to those who are identified as vulnerable, disadvantaged and disabled children and young people living in the Derbyshire Dales and East Staffordshire. In shaping its services ACE Youth Trust considers how the individual needs of the young person whether by reason of special need, social deprivation or disability can best be met to reduce social isolation, improve emotional and mental health, build confidence, self-esteem and self-reliance to prepare them for life at school, college and work and living in the wider community. By so doing ACE activities achieve outcomes that are positive not only for the individual young person but also impact on their families and the wider communities in Derbyshire Dales and East Staffordshire. The cost to society of supporting young people referred to ACE is significant and is ameliorated by the free services offered by ACE. All services are paid for by grants, donations and fundraised income. The charity is managed and operated by the trustees. In addition, a significant amount of operational work is undertaken by unpaid volunteers. The organisation makes use of community facilities and community resources wherever possible.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

ACE is largely run and managed by a team of trained and DBS checked volunteers. Without their dedication and hard work ACE would not be able to provide their services to vulnerable and disadvantaged young people for 48 weeks of the year. In 2019 the total number of volunteer hours offered to ACE exceeded 5,000 hours. This enabled ACE to offer a range of group projects and 1-2-1 services to local children and young people.

**Summary of the main achievements of the charity during the year**

ACE Youth Trust delivers life changing youth work, providing high quality pastoral support and youth services to young people who are vulnerable, disadvantaged, disabled and hard to reach, living in the rural communities in and around Ashbourne. ACE has made a significant impact on young people's lives providing opportunities for those who are socially isolated to accept support and helping them to continue in education, access college, work experience placements or employment. The services provided have grown steadily and today we support on average 50+ young people at any one time. Young people are referred to ACE by statutory organisations including Derbyshire County Council's Children & Young People's Services (Multi Agency Team and Social Care), local schools, safer neighbourhood policing team and other voluntary organisations. Young people aged 16+ only may self-refer.

ACE provides a range of services which are targeted to meet their individual needs - pastoral support, one to one mentoring, recreational and leisure activities, opportunities for socialisation, support for schooling, training and coaching as well as practical help and advocacy for those who are not in education, employment or training (NEETs) e.g. with job applications, benefit claims, work experience placements, interviews, advice and guidance and for Education Health and Care Plans. Our projects and services delivered to children and young people include:

**A Team** delivers targeted group activities to young people at risk of exclusion from school, mainstream services and society to address anger and aggression. The project is delivered by staff and volunteers.

**ACE Club 7** provides nurture group therapy to vulnerable children in Year 7 to assist with the transition to secondary school. The project is delivered by staff and volunteers.

**Friday Club** offers nurture group therapy to vulnerable children in Year 6 who are expected to struggle with the transition to secondary school. The project is delivered by staff and volunteers trained in nurture therapy.

**Hardship Fund** provides small grants to help disadvantaged local young people struggling to pay for travel to/from college or job interviews, school meals, educational materials and basic personal hygiene needs.

**Homework Club** offers learning support to young people struggling at school or in need of additional support with preparation for examinations. The project is led and staffed by volunteers.

**spACE4u** delivers 1:1 therapeutic service to young people affected by trauma and poor emotional and mental health and group therapy work on anxiety and anger management. The project is delivered by a qualified therapeutic worker.

**Wednesday Club** delivers recreational and leisure activities and much needed opportunities for socialisation to 11-16-year olds on referral basis. Weekly sessions run throughout the school term and school holidays. The project is delivered by staff and trained volunteers.

**1-2-1 Mentoring** delivers one-to-one support to vulnerable young people struggling to integrate into school, family life and society and facing challenges to their wellbeing. Mentoring takes the form of listening, supporting, befriending, encouraging and guiding vulnerable young people. The project is delivered by staff and trained volunteers.

**16+** provides one-to-one and group support to 16 -19-year-old NEETs (young people not in education, employment or training) and or with additional needs. The project is delivered by staff and volunteers.

This wide range of services are managed and run by a team of 30+ volunteers with minimal support from our paid sessional youth workers and therapist with a part-time project coordinator. ACE targets its services at young people whose needs do not reach the levels at which statutory services additional resources can be accessed. Nevertheless, these young people face troubling and serious issues such as poverty, poor family/peer relationships, instability at home, being a care leaver, youth offending, anti-social behaviour, bullying, truancy, missing education, alcohol/substance misuse self-harm, suicidal thoughts, depression, low self-esteem, mental health issues, ADHD/disruptive behaviour and social exclusion. Some have additional needs including autism and other learning disabilities. Typically, for the young people we work with, quality of life is poor, and the future is uncertain, particularly for those who are struggling with social isolation and lacking in confidence. Without ACE's help, many of these young people would find it impossible to sustain effective relationships, engage in education, employment or training, access services such as benefits and health which in turn leads to low self-esteem and poor life skills. Therefore, they are at risk of developing a long-term dependency on expensive State interventions.

The demand for our services is escalating in both the number of referrals and the extent and complexity of the needs of the young people we are encountering. Consequently, in 2018 the Trustees have focused on raising income from grants and fundraising activities to sustain the quality and level of service to meet the increasing demand.

ACE recruits, trains and supervises volunteer mentors who operate under the professional supervision and guidance of our qualified workers and offer a range of mentoring, advocacy and practical help through the project structure.

For example, during 2018 a pool of 22 volunteers delivered 48 Wednesday Club sessions with support from a project leader. Activities have covered a range of topics: visit to Peak Wildlife Park, team work games, leadership activity, modelling clay figures, wellness and healthy lifestyle, participating in local democracy with a visit from a Derbyshire County Councillor elected member, visit to Ashbourne Fire Station for session with the police and fire service, Swedish Cricket, visit to Derby Cats Protection League, First Aid training, alcohol awareness, US Independence Day, Pizza making, Pitch and Put, indoor games, visit to National Space Centre Leicester, Dragon Boat Racing on Rudyard Lake and ride on Rudyard Steam Railway, visit to Terracotta Warriors Exhibition and World Museum Liverpool, BBQ and Treasure Hunt at Treetops Kennels, Fishing Trip, Picnic in the Park, games and quiz, non-verbal communications skills, Treasure Hunt at St Edmund's Church, bike maintenance and DIY, cooking and food tasting, body image and self-awareness, yoga and relaxation, ceramic poppy making to celebrate 100 years since end of WW1, BBC CiN sponsored Rowathon, Animal Magic, Dragon's Den, Christmas gingerbread baking, , It's a Knock Out and a Christmas Party at Megazone Derby involving laser tag and a visit to the Christmas Lights. During term time Wednesday Club sessions ran after school. During school summer holidays, 3 full day and 3 half day 4-hour sessions were offered. Of the 444 children and young people who attended the project, over 90% have experienced significant or some

reduction in social isolation and improvement in mental health and wellbeing, improved confidence and self-esteem and developed independence and self-reliance.

1-2-1 work has covered interview skills, CV writing, support with arranging work and college experience placements and part-time work, bereavement counselling, CSE, contraception, substance/alcohol misuse, pregnancy support and advice.

Session for 16+ group have covered alcohol awareness, substance misuse, pregnancy, budgeting, meal planning, using public transport, CV writing, interview skills and problem-solving techniques. Attendance at ACE projects is not mandatory. Of the young people referred to ACE 89% have experienced significant progress with an average of 84% attendance at project sessions.

B (18) autism with moderate learning difficulties referred to ACE by school for socialisation. Poor mental health and lacking confidence. B attended Wednesday Club until August and with support from ACE is now at catering college and has a part-time kitchen porter job. B's feedback: "I really appreciate what ACE has done. ACE has helped me so much making friends. It has helped me out with work experience and getting to college. If anyone has special needs or is in a difficult position, ACE is the place to go. If you feel isolated and are struggling, it's great. Everyone helps you. No one judges you. It's the only place I know where you can get so much help and feel like you belong. The people at ACE want you to succeed. ACE has also helped me to do things I would never had the money to do like going to the Terracotta Warriors Exhibition. It has been fantastic experience. It was so fascinating to see the warriors and learn about the first Emperor of China. I would never have seen stuff like this or learned about these things without ACE. ACE is such a unique thing. There's no other charity out there doing all the stuff that ACE does for people with special needs like me."

L (14) PTSD lives with single Mum who has special needs referred to ACE by school for socialisation and improved self-esteem. Poor body image and personal hygiene, weak basic literacy and numeracy L reportedly spent a lot of time crying at school and can lose her temper easily. L has made significant progress in all three areas of difference attending 78% of sessions and actively engaging with activities. L has developed friendships, grown in confidence and become more independent. L's feedback: "I love ACE. It is spending time with everyone. I loved the long outing to the museum in Liverpool, it was so interesting. I felt so happy that day. I had such a nice time with everyone. The Dragon Boat took me out of my comfort zone, but I felt happy that I tried it. I have had a go at everything. I like having a chance to try something new. I would have been stuck at home for 6 weeks in the summer holidays without ACE."

D (14) autism and aggressive behaviour was referred to ACE by school. ACE volunteer feedback from the summer fishing trip: "There have not been many occasions when D has been able to impress others. On this occasion not only was he able to show what he could do but was also able to help others. He was calm and relaxed for the whole of the session and interacted positively with all; proud of his knowledge and proud of his fishing. He could answer all the questions regarding the fish that were likely to be found in the lake and he proved that he was able to work with focus for a lengthy time. So much potential."

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The charity's policy is to maintain reserves equivalent to 12 months operating cost. In this way the Trustees aim to ensure that funds will be available to continue to provide services to support the needs of young people for a reasonable period, if there is a failure or shortfall in funding.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

During 2018 the principal sources of funding for our projects was:

- ACE Wednesday Club was funded by a grant BBC Children in Need;
- spACE4u was funded by a grant from Derbyshire County Council;
- Friday Club was funded by a grant from the National Lottery.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

*Louise Doble*

Full name(s)

Louise

Doble

Position (eg Secretary, Chair, etc)

Chair

Date

31 January 2020

## Statement of Financial Activities for the 12 months ended 31 December 2018

	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £	Total Funds 2017 £
<b>INCOMING RESOURCES (Receipts)</b>				
1 Tax Efficient Planned Giving	3,404.00		3,404.00	3,528.00
2 Other Planned Giving	1,270.00		1,270.00	1,440.00
2 Other Gift Aided Donations	1,384.20	150.00	1,534.20	1,519.95
4 Unrestricted Donations	1,795.00		1,795.00	4,702.87
5 Restricted Donations		610.00	610.00	555.00
6 Grant from Children in Need		10,000.00	10,000.00	10,000.00
7 Grant from National Lottery Awards for All		9,992.00	9,992.00	0.00
8 Grant from Derbyshire County Council		10,000.00	10,000.00	0.00
9 Grant from Toyota			0.00	3,500.00
10 Other Grants	500.00	1,600.00	2,100.00	570.00
11 Tax Recovered through Gift Aid	0.00	361.13	361.13	30.00
12 Fund-raising	357.80	2,080.50	2,438.30	1,337.62
13 Bank Interest	13.60		13.60	1.12
14 Other Incoming Resources	0.00		0.00	0.00
15 Miscellaneous Income	0.00		0.00	0.00
<b>TOTAL INCOMING RESOURCES</b>	<b>8,724.60</b>	<b>34,793.63</b>	<b>43,518.23</b>	<b>27,184.56</b>
<b>RESOURCES EXPENDED (Payments)</b>				
16 Fees	10,764.57	11,526.21	22,290.78	15,001.52
17 Travel & Mileage	1,000.24	1,271.35	2,271.59	2,984.82
18 Telephone & Postage	335.37	496.45	831.82	821.10
19 Food & Subsistence	159.85	139.70	299.55	158.71
20 Insurance	337.65	675.28	1,012.93	1,012.93
21 Computer costs, Printing & Stationery	176.30	209.92	386.22	776.42
22 Training & Certification	946.25	1,419.00	2,365.25	1,618.82
23 ACE Wednesday Club		3,747.34	3,747.34	2,945.00
24 Hardship Grant		609.53	609.53	230.10
25 16+ Project	289.90	360.68	650.58	623.64
26 Friday Club		725.89	725.89	0.00
27 Homework Club		24.10	24.10	28.32
28 spACE4u		0.00	0.00	104.44
29 The A-Team	135.40		135.40	0.00
30 Fundraising Expenses	39.38		39.38	51.58
31 Public Relations	0.00		0.00	115.00
32 Miscellaneous Expenses	13.79	27.60	41.39	191.67
<b>TOTAL RESOURCES EXPENDED</b>	<b>14,198.70</b>	<b>21,233.05</b>	<b>35,431.75</b>	<b>26,664.07</b>
<b>SURPLUS/(DEFICIT) OF INCOMING RESOURCES OVER RESOURCES USED</b>	<b>(5,474.10)</b>	<b>13,560.58</b>	<b>8,086.48</b>	<b>520.49</b>

## STATEMENT OF ASSETS &amp; LIABILITIES AT 31 DECEMBER 2018

## Current Assets

Cash at Bank		
NatWest Current Account	32,836.94	24,764.06
NatWest Reserve Account	17,035.23	17,021.63
Cash in hand	0.00	0.00
	<b>49,872.17</b>	<b>41,785.69</b>

## NET MOVEMENT IN FUNDS

Balance brought forward at 1 January 2018	41,785.69	41,265.20
Incoming Resources	43,518.23	27,184.56
Resources Expended	35,431.75	26,664.07
<b>Balance carried forward at 31 December 2018</b>	<b>49,872.17</b>	<b>41,785.69</b>

## FUNDS

Unrestricted	31,327.73	
Restricted		
ACE 1-2-1 Mentoring Project	0.00	
ACE Hardship Fund	991.85	
ACE Wednesday Club	406.54	
ACE 16+ Club	0.00	
ACE Friday Club	7,967.13	
Homework Club	481.32	
spACE4u	8,697.60	18,544.44
		<b>49,872.17</b>

*David Holman*  
David Holman (Treasurer)



# ACE YOUTH TRUST

Registered Charity No. 1120282

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts for the year ended 31 December 2018.

### Respective responsibilities of the Trustees and Independent Examiner

The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commissioners section 145(5)(b) of the 2011 Act; and
- state whether any particular concerns have come to my attention.

### Basis of Independent Examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the management committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in a full audit, and consequently I do not express an audit opinion on the accounts.

### Independent Examiner's Statement

In connection with my examination, no matter has come to my attention

- 1 which gives me reasonable cause to believe that in any material respect the requirements
  - to keep accounting records in accordance with s.1310 of the 2011 Act; or
  - to prepare accounts which accord with these accounting records have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



**Jane Stoney ACMA**

Green Cottage

Main Street

Kniveton

Ashbourne, DE6 1JH

**Dated** 14.09.19

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**Jane Stoney ACMA**

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**Dated** 14.09.19