

REGISTERED COMPANY NUMBER: 05458934 (England and Wales)
REGISTERED CHARITY NUMBER: 1111804

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 MARCH 2019
FOR
ACTIVE LUTON**

FKCA Limited
Statutory Auditor
Prospero House
46-48 Rothesay Road
Luton
Bedfordshire
LU1 1QZ

ACTIVE LUTON

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for the Year Ended 31 MARCH 2019**

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ACTIVE LUTON

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2019

The trustees serving during the year and since the 31 March 2019 are as follows:

Local Authority Trustees

Clive Richard Mead
Mahmood Hussain
John Young

Ordinary Trustees

Andrew John Cook (Chairman) (resigned - 12 April 2018)
Colin Michael Mayes (Vice Chairman) (resigned - 23 January 2019)
Clive Anthony Robins (resigned – 19 August 2019)
Patricia Anne Wilson (resigned – 30 May 2019)
Jonathan David Williets
Mark Lawrence Cattle
Siobhan Rooney (resigned - 18 April 2018)
Mohammed Kabir (resigned - 11 July 2018)
Paul Seath
Glynis Yates
Lynne McMulkin (resigned - 12 December 2018)
Kevin John Poulton (appointed - 11 July 2018)
Leone Tichaona Madongorere (appointed - 11 July 2018, resigned 11 April 2019)
Shatishkumar Dhirubhai Patel (appointed - 11 July 2018, resigned - 17 October 2018)
Femy Annetta Lester (appointed - 11 July 2018)
Ali Haider (appointed - 17 April 2019)
Magdalena Katarzyna Goleblewska (appointed 17 April 2019)
Derek Anthony Ludlow (appointed – 24 July 2019)

Chief Executive Officer

Helen Barnett

Company Secretary

Sue Jones

Registered Office

Wigmore Hall
Eaton Green Road
Luton
Bedfordshire
LU2 9JB

Registered Company Number

05458934 (England and Wales)

Registered Charity Number

1111804

Auditors

FKCA Limited
Prospero House
46-48 Rothesay Road
Luton
Bedfordshire
LU1 1QZ

ACTIVE LUTON

**REFERENCE AND ADMINISTRATIVE DETAILS - CONTINUED
FOR THE YEAR ENDED 31 MARCH 2019**

Solicitors

Winkworth Sherwood
Minerva House
5 Montague Close
London
SE1 9BB

Pictons Solicitors LLP
28 Dunstable Road
Luton
Bedfordshire
LU1 1DY

Bankers

The Co-Operative bank
2-6 Alma Street
Luton
Beds
LU1 2PL

Bank of Scotland
2nd Floor
249 Silbury Boulevard
Milton Keynes
Bucks
MK9 1NA

NatWest Bank
31 George Street
Luton
Beds
LU1 2YN

**REPORT OF THE TRUSTEES
for the Year Ended 31 MARCH 2019**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Company has been established to:

- Provide or assist in the provision of facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare, such facilities being provided to the public at large save that special facilities may be provided for persons who by reason of their youth, age, infirmity or disability, poverty or social or economic circumstances may have need of special facilities and services;
- Promote community participation in healthy recreation;
- Advance the education of the public of the benefit of active lifestyle and in particular the value of physical activity for young people as part of the school curriculum;
- Such other charitable purposes beneficial to the community consistent with the objects above as the Trustees shall in their absolute discretion determine.

We believe that sport and physical activity is of benefit to the community for their physical, mental and emotional health and wellbeing and we aim to make a difference to the lives of the people of Luton, working in partnership with like-minded organisations.

We have three main strands to our work which are:

- Running programmes to encourage, motivate and help people from all backgrounds, ages and abilities to benefit from physical activity to improve their physical, mental and emotional health and wellbeing,
- Delivering a comprehensive healthy lifestyles service as part of the Total Wellbeing Luton integrated wellbeing service which includes Social Prescribing and working with medical professionals, health organisations and other charities to deliver personalised programmes for people with long term conditions
- Delivering high-quality training and development to further not only the careers of our own staff, but also those of individuals and partners within community organisations and local businesses.

The charity also hosts Team Beds & Luton (TBL) which is one of 43 Active Partnerships across England which work collaboratively with local partners to create the conditions for an active nation, using the power of sport and physical activity to transform lives. Active Partnerships are locally-based, strategic organisations that recognise that activity levels are affected by a complex system of influences and no single organisation or programme create sustainable change at scale. By adopting a collaborative, whole-system approach, Active Partnerships seek to make active lifestyles the social norm for everyone to address inactivity in society.

ACTIVE LUTON

REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Highlights of the Year

Integrated Health and Wellbeing for our Community

'Total Wellbeing is an excellent service - this is the future of health and wellbeing and understanding the needs of communities,' Lord Victor Adebawale at the Total Wellbeing Luton service launch in October at Inspire: Luton Sports Village.

The Total Wellbeing Luton service started the year as it meant to go on with an integration day for staff from partners, Active Luton and Turning Point with a formal launch held later in October. The impact of the service was already being felt and was illustrated by some moving case studies.

To round off a fantastic inaugural year, Total Wellbeing Luton's Social Prescribing team celebrated the UK's first National Social Prescribing Day in March 2019.

Case study: Edward

9-year-old Edward was referred to Total Wellbeing's children's Healthy Lifestyles programme by his school nurse. Edward has enjoyed learning about healthy nutrition and getting active. The team were also able to help Edward's Mum who was struggling emotionally by referring her for therapy.

Case study: Richard and Michael

Richard and Michael spoke at the first National Social Prescribing Day about how the Total Wellbeing Luton service had helped them become less lonely, how they'd made friends together at Lewsey Sports Park gym, and how they'd been introduced to volunteering.

Developing Lewsey Sports Park

At Lewsey Sports Park a new consultation suite has been created for use by Optimum Physiotherapy and Total Wellbeing Luton. The local community can now access a broader range of health and wellbeing services in their local leisure centre.

Lewsey Sports Park also welcomed the NHS Cardiac Rehabilitation Phase III programme -the initial outpatient cardiac rehabilitation programme aimed at lowering the risk of future heart problems through supervised physical activity.

The move of the phase III exercise programme previously held at the Luton and Dunstable University Hospital, to join the phase IV exercise programme at Lewsey helps services users to progress seamlessly into community-based, physical activity.

Case Study: Andy

Postman and Grandad Andy decided to take matters into his own hands when his grandson made fun of this weight. He went down to his local centre, Lewsey Sports Park, to see how they could help.

"My self-confidence has boosted - I love coming to the gym at Lewsey. The staff at Active Luton are amazing and the support you get makes such a difference to your motivation. It's funny how I now look forward to coming to the gym when I couldn't think of anything worse a few years ago. I am a happier person now."

Hightown - A Community Health Hub

Hightown Community Sports and Arts Centre has been firmly establishing as a community health and wellbeing hub in the heart of our town hosting Total Wellbeing Luton, alongside other partners, St Matthews School and Community Choices.

NHS Health Checks, Stop Smoking, Adult and Child Healthy Lifestyles and a frailty programme for older people all take place at Hightown. The centre also welcomes a wide range of community activity and social groups as well as hosting a group fitness programme including Body Balance and Body Pump and chair-based fitness. There's also Zumbini and Street Dance for children.

Continued Commitment to Inclusivity

Inspire: Luton Sports Village and Lewsey Sports Park both retained their Inclusive Fitness Initiative mark aimed at encouraging greater physical activity levels among disabled people and people with health conditions by providing and promoting inclusive opportunities and access to leisure facilities and services.

ACTIVE LUTON

REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Rehabilitation and Wellbeing with Hydra Health

Our Hydra Health rehabilitation programme has established itself as an important route back to activity for people with long-term health problems or recovering from surgery or injury.

Five weekly sessions have been established at Inspire and the programme has had huge success in getting people with mobility and/or health problems back into regular activity. Hydra Health has helped improve their symptoms and general health and wellbeing so that they can transition to using the gym or attending Aquafit or general swimming sessions. There are plans to expand the service to Lea Manor and Lewsey pools.

Case study: Bev and Dorothea

Bev couldn't swim but she came along to support her daughter, Dorothea, in her Hydra Health rehabilitation sessions after suffering a stroke. Bev has loved learning to swim while supporting Dorothea to regain strength and mobility.

"I like coming here because it's for people just like me and I can do a lot of things," Dorothea.

PoolPod

State-of-the-art assistance is now available for people who need help getting into the swimming pools at Inspire: Luton Sports Village in the shape of the futuristic PoolPod.

Whether it's parents getting into the water safely holding babies, people in wheelchairs or people with mobility problems or paralysis, PoolPod makes swimming and all of its physical and wellbeing benefits accessible to everyone while respecting dignity and independence.

Case study: Antoinette

Antoinette loves the new PoolPod! She is paralysed on her left side and in her right foot and found it very difficult getting in and out of the pool for her rehabilitation sessions.

"PoolPod has given me some freedom back."

Float Fit Takes Luton by Storm

We like to keep at the forefront of innovations in physical activity and Inspire: Luton Sports Village was the first centre in the South East to embrace the global Float Fit craze.

Billed as high intensity interval training (HIIT) combined with yoga-inspired moves - all on a floating base in the pool - Float Fit has taken Luton by storm. There are 12 classes a week with options in both the competition and community pool for different abilities.

"Just been to my first FloatFit class, it was so much fun." Customer feedback.

Mindfulness

We held our first Holistic Mindfulness Day at Lea Manor Recreation Centre in November, followed by courses for those wishing to develop their mindfulness practice. We also offer mindfulness as part of our integrated healthy lifestyles offer with Total Wellbeing Luton alongside psychological wellbeing sessions.

"I learnt how to feel calm and at peace with myself." Customer feedback.

Community Day at Hart Hill

Our Communities Team was extremely proud of the local community at Hart Hill Adventure Playground's where two Community Days were held. Local people and community groups came together to enjoy their centre and celebrate the progress made in establishing a safe, well-used community hub for activity, sharing and learning.

Innovation and Investment

Following last year's significant investment in upgrading all of our gyms and in new fitness and spinning studios at Lewsey Sports Park, this year's focus was on expanding and tailoring our offers to ensure that we continue to grow opportunities for everyone in Luton to get active.

Investment in 2018/19 included a new state-of-the-art PoolPod to improve access to swimming and aquatic therapy and classes at Inspire.

ACTIVE LUTON

REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

We also introduced FloatFit at Inspire and undertook a refurbishment of the main group fitness studio.

At Lewsey Sports Park we invested in creating the new consultation suite for Total Wellbeing Luton and Optimum Physiotherapy as a commitment to an improved holistic wellbeing offer for the local community.

What our customers said about our centres

'Absolutely amazing place... staff are very engaging, state of art machines, superb choice of classes and pools and all very affordable '

'The staff are friendly and very helpful - it was hard getting up this morning in the freezing cold, but was worth it! '

'Great induction, covered all the machines and best ways to use them and how to stay safe while using them - 10/10'

Case study: Louise

Louise lost eight stone after gaining weight after having four children. She would struggle to find the energy to play with her four boys and decided enough was enough and that something needed to be done.

"I weighed 22 Stone 2lbs. I started going to the gym a few times a week as I was too embarrassed to go to any classes. The teams at Lea Manor and Lewsey were so welcoming and friendly that I settled in quickly and once I felt comfortable I started to attend classes too. The team have made me feel part of the Active Luton family - they are very supportive and have helped me to come such a long way. "

The Year in Numbers

- 1.5 million people visited our centres.
- 3,350 people had Go4Less Advantage cards to get reduced-price activities.
- 90,000 adults swam in our pools.
- 1 million people visited our website.
- 25,000 children under 5 visited our centres.
- 121,000 older people visited our centres.
- 16,000 children and adults learned to swim or dive with us.
- 3,500 people follow us on Twitter.
- 29,000 visits by people with a disability.
- 10,000 people like our Facebook page.
- 6,600 people enrolled on our healthy lifestyles programmes as part of Total Wellbeing Luton.

Community Health and Wellbeing

Total Wellbeing Luton - Celebrating its First Birthday

Total Wellbeing Luton has helped over 6,600 people via our Healthy Lifestyles programmes in its first year with 95 per cent of service users saying that they would recommend it. Most importantly, the service is reaching out to those most in need.

What a Difference a Year Makes

- 54% of service users came from the top three most deprived wards in Luton
- 56% of service users went from being inactive to active
- 57% reported a change to eating their 'five a day'
- 27% moved from an unhealthy to a healthy weight
- 754 people reported visiting the GP less
- 777 people have stopped smoking

Case study: Norma

Norma was referred to us by her GP for Exercise Referral to lower her blood sugar. Norma is blind due to her diabetes.

"I'm happier and healthier due to exercise. I get a good feeling when I do a session in the gym. You should never give up on life - there's always someone to help you - I found it with Active Luton. I'd given up on exercise but here there's always someone to assist me - from the reception all the way up to the gym."

ACTIVE LUTON

REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Community Cohesion, Healthy Living and Raising Aspirations at Hart Hill

Our work at Hart Hill Adventure Playground in Hart Hill set out to re-establish the centre as a safe space for whole-community activities.

Our Communities Team has developed usage and a sense of ownership of Hart Hill by a wide range of groups and local people and has hosted two community open days. The centre is now a focus for positive and motivational activities for all ages, promoting community cohesion, healthy living and raising aspirations and life chances.

The range of regular sessions now includes:

- ME TIME FAMILY activity sessions for families and children under 5, including our new Dance Explorers sessions
- Me Time women's activity sessions
- Hart Hill Nursery PE lessons
- Stay and Play sessions for parents and pre-school children
- Four evening youth clubs with multi-sports and other activities
- A Community Choices disability group
- A Healthy Ageing activity session for people over 65
- A Saturday youth club
- PE activities for home-schooled children
- Cricket sessions run by various specialist partners
- 'Raising Aspirations' workshops engaging with local, at-risk young people to give them valuable life skills and increased confidence
- Hart Hill had a make-over thanks to a volunteer day organised by Luton Borough Council and our Communities Team with the much-appreciated help of staff from Tui UK, Signpost Starting Over and with donations from Gibbs and Dandy.

A Mindful Approach to Wellbeing

Innovation is not just about classes or fitness sessions and our Communities Team is now offering Mindfulness practice.

Staying on Track

Stockwood Park Athletics Centre continued to attract new groups and is host to Luton Athletics Club, Roots to Rings, Saints Athletics, Luton Town Ladies Football Club (Development Squad), Luton Celtics Youths and Gaelic Football, Dunstable Road Runners and Stopsley Striders.

The centre also hosted the warm up of the 2018 Love Luton half marathon and 10k races, the Relay for Life and BAPS 10k and also hosts Luton schools' athletics competitions and welcomes local schools for PE.

The centre is also a thriving health hub for community activities from Fit to Push, spinning and yoga classes to community athletics from juniors and beginners up to elite level and for Total Wellbeing Luton one-to-one therapies and healthy lifestyles programmes.

Me Time and MeTime Family

Our Me Time Women's activity programme continues to thrive with over 20 sessions a week engaging women across Luton's diverse communities in physical activity and providing a pathway to sustainable activities in our centres.

Me Time Family, which we run for the Flying Start initiative, continues to work with families facing multiple barriers to participation in physical activity on targeted programmes to support them to become active.

"Me Time has changed my life - I have much more energy and have become more confident. All the exercise instructors are committed in doing a great job in keeping classes interesting, which keeps me motivated to continue. Thanks so much." Customer feedback.

Building Impact in Partnership with the Voluntary Sector

Our work this year has involved forging strong partnerships with voluntary and community sector groups across Luton. We have created partnerships with social and community groups to help people with loneliness and isolation, for example, as well as emotional health problems.

This has been achieved through our healthy lifestyles programmes and social prescribing service as part of the Total Wellbeing Luton partnership and through our Active Communities Team's outreach programmes and our Training and Development Team's work on the Community Led Local Development project.

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REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Case study: Shelia

Shelia had suffered from anxiety and depression for 20 years. She was referred to Total Wellbeing Luton's Social Prescribing service which helps to get people with non-medical problems the support they need.

"There's now light at the end of the tunnel for me. I'm not overwhelmed to go out alone and spend three or four mornings in the gym which I really enjoy. Knowing that the support is there has been a huge help to me."

Anyone for Golf?

Stockwood Park Golf Centre situated in the heart of local parkland continues to welcome golfers of all ages and abilities from both the local community and further afield to our community golf courses.

Our beautiful Marquee hosted a wide range of events last year including birthdays, christenings, weddings, golf days and business events plus our annual Christmas party season.

"It's a local course to me so I have played it a lot but this year it's been at its best." Customer feedback.

Your Pool

We continued to introduce new sessions to get Luton into our swimming pools.

- Our fabulous 'Gladiator' run was very popular in school holidays and our first Christmas pool party was fully booked.
- Swim Tag continued to motivate people whatever their level to measure and track their swims providing that extra bit of motivation. Nearly 20% more people used SwimTag than the previous year, with new users also increasing by 20%.
- We have five Hydra Health classes per week for aquatic rehabilitation - with plans to expand to our other pools.
- We've added more aquatic classes, in particular AquaFit and Women Only Aqua Zumba.
- We now have 12 Float Fit classes per week.

Getting Luton's Children Active

Encouraging Good Habits for Life

We have continued to develop both our community and centre-based offers for everyone to get active from babies upwards so that we can encourage good habits for life.

For pre-schoolers we have introduced brand new Zumbini®, Let's Dance and Dry Dive Tots sessions. There's also more mini-nastics and Aqua Tots due to popular demand.

We even have sessions before babies can walk getting mums back into physical activity after child birth with our popular Fit to Push sessions at Stockwood Park Athletics Centre.

Building a Love of Being Active

We welcome children from age five at targeted sessions at our athletics centre. We have junior gym times from age 11 and there's a wide range of other activities from boxing to tennis, dance and basketball and our ever popular Fun Time Splash sessions across the centres.

Our Gladiator run has proved extremely popular in school holidays to entice older children into the competition pool at Inspire: Luton Sports Village - adding an extra challenge!

Active Education

Our Active Education team works closely with Luton schools to help teachers deliver high-quality PE and to encourage children to embrace a love of physical activity.

School Games Programme

100% of Luton schools engaged with the School Games programme involving nearly 8,000 children and offering 18 different sports and activities and 44 different tournaments or leagues.

83% of Luton schools achieved a School Games kitemark.

ACTIVE LUTON

REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Leadership Opportunities

203 young leaders have supported School Games competitions.

55 other volunteers including coaches from clubs and governing bodies also engaged in our competitions.

Learning Outside the Classroom

Over 150,000 children enjoyed learning outside the classroom experience.

Professional Development

Over 1,000 people working in Luton's schools have benefitted from professional development opportunities delivered by the Active Education team.

"Thank you for delivering such an inspiring staff meeting tonight on Dance. Teachers were all raving about it afterwards and the ideas were simple but effective and easy to deliver." Customer feedback.

Community Use of Schools Project

This project set out to improve access to and use of school facilities for physical activities. Sixteen schools were engaged in the project and, as a result, are now offering a wide range of activities for their local communities.

Larger sports facilities, mainly on secondary school sites, are now being used for a range of traditional sports including indoor and outdoor cricket, 11-a-side and 5-a-side football; basketball; netball and badminton. These activities are a mix of 'pay and play' opportunities and community sports clubs hiring the facility.

Smaller facilities on junior and primary school sites were more restricted in the type of activities they were able to accommodate and promote. The majority of community use of these sites therefore was for the delivery of targeted fitness activities or sessions created and delivered by our Active Communities Team - for example the Me Time women's activity sessions - or via direct agreements with community sports clubs or uniformed groups.

The project has meant a significant increase in local participation in physical activities hosted by schools.

Award-Winning Training and Development

Our Training and Development team is quality assured as an accredited centre by:

-Ofqual; Swim England; The Institute of Swimming; IQL UK; the Royal Life Saving Society (RLSS) UK; Luton Adult Learning and Active IQ.

We've trained over 4,500 people this year. That's a 60 per cent increase on last year!

- 54% of these people were under 18.
- 54% were from BAME backgrounds - a 37% increase on last year.
- Our average satisfaction score was 9.9/10.

We've trained:

- 161 lifeguards.
- 130 people in other poolside rescue qualifications.
- 195 swimming teachers and assistant teachers.

First Aid

We've experienced a renewed interest from schools and community groups in teaching awareness of what to do in an emergency situation. We've trained:

- 533 people to gain First Aid qualifications.
- 484 people, including school children as young as 5 and parents, in other First Aid awareness courses.

Chemistry in Schools

As a partner in a Three Counties 'Chemistry in Schools' project we've trained 772 school children in pool water testing.

ACTIVE LUTON

REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

National Drowning Prevention Campaign

Over 1,500 school children engaged in lifesaving / drowning prevention training.

Apprenticeships

23 candidates completed apprenticeship qualifications.

50% are now employed by Active Luton and the majority of the others are employed with other businesses or schools in Luton.

Case study: Kerry

Kerry joined Active Luton 10 years ago after being made redundant from a retail management role in town. She applied for a receptionist job with Active Luton through the Future Jobs Fund for young unemployed people. She's now our Reception Team Leader at our very busy Inspire centre.

"Young people worry so much about exams. I left school with hardly any qualifications as I didn't like studying and was bullied. The great thing about Active Luton is that they will help you and give you training if you're willing to work hard and move out of your comfort zone. You just need patience and a good attitude, and they'll support and help you."

Case study: Lekan

Lekan left Lea Manor High School at 16 with a few GCSEs - but he was well aware that he could have done better with more effort. After gaining a BTEC in Sports Therapy and Sports and Exercise Science he started work at Stockwood Park Athletics centre helping with activities and running the centre covering a maternity leave. The centre manager recognised a hard worker and recommended him for a job at head office in the finance team.

"I didn't know what I wanted to do and certainly didn't think a head office job was it! I was always good at maths though, so I gave it a try. Six years later I'm still here and have been given training and supported through various different roles to become the team's Assistant Management Accountant. I want to continue to study for the Chartered Institute of Management Accountant qualifications and would like to be a Finance Director one day. Active Luton has given me the chance to fulfil my potential and I want to go as far as I can. My family and friends can tell I enjoy my job and are proud of what I've achieved."

A Link to a Better Future

Our Community Led Local Development initiative (funded by the European Social Fund) - the Link programme - provides free training opportunities in the leisure industry to support adults who are unemployed and not in education, or working less than 16 hours a week, who would like to upskill.

The aim is to improve the lives of residents living in deprived wards of Luton by removing some of the barriers to gaining qualifications, social interaction and ultimately employment. Through our CLLD work we are delighted to have seen a significant increase in volunteering.

- 97 local people registered on our Link programme to receive a variety of training courses.
- 70 have completed training.
- 24 people have gained employment.
- 33 people have moved into volunteering roles across the wider community.

Life changing - it has improved my confidence and made me less anxious." Customer feedback

Thank You

We captured 33 per cent more feedback from our centre customers than last year - thank you!

"This is absolutely fantastic customer service. We will definitely be enrolling onto a diving course. We loved inspire and the friendly, welcoming atmosphere you all create."

"I am very proud of you guys. You do a great job - my son refused to go to any other centre because you guys gave him such an encouragement to carry on going. Thank you all for that."

"These classes have also given me something to look forward to."

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REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

"This class means a great deal to me. My diabetes is now within 'normal' as is my blood pressure and cholesterol. My weight is also decreasing and is staying off and my mental health has also vastly improved."

"Thank you for considering my daughter's special needs when moving swimming classes, it was appreciated to be approached directly by the coordinator to check the class and teacher was appropriate."

"Me Time has changed my life I have much more energy and have become more confident."

"You do a great job and there are so many people out there who are benefiting and who will benefit."

"I didn't realise I was up for this type of thing! I have surprised myself at how competitive and what I am capable of. I have never been a gym person so it's all quite surprising."

I feel so very welcome; this programme has given me a new lease of life!

team BEDS&LUTON - Our Active partnership

Impact Report for the 2018-19 Financial Year

The last 12 months has seen us work hard to establish our new team structure to ensure that we are best placed to deliver terrific outcomes for the sport and physical activity communities, our partners and funders.

We also undertook a review of our mission and values statement, and these were revised and are now as follows

Mission

'To work in partnership to support, develop and promote safe, high quality and inclusive opportunities for people to participate in sport and physical activity for life.'

Values

Collaborative - working in partnership to support, inform and advise our local communities.

Creative - always aiming to facilitate a range of innovative, positive and valued solutions.

Passionate - a proactive and knowledgeable team, committed to making a difference across Bedfordshire.

We have also added an additional strategic priority which will underpin our work in the 2019-20 year.

Our work during the year focused on six key strategic priorities. Developed alongside our partners and customers, these areas of work were considered to be the most impactful and valued.

1. Brokering and facilitating access to resources
2. Support Local organisations to make opportunities for all more accessible
3. Continuously improve our understanding of the communities we serve
4. Support and facilitate a high-quality sport and physical activity framework
5. Deliver national programmes successfully at a Local Level
6. Support the development of a high quality, appropriate workforce across Bedfordshire

How have we done?

The performance management framework of our primary funders and the Active Partnerships national team provide us with resources to measure our effectiveness. We were externally reviewed through Quest Active Communities for Active Partnership's. The assessment focused on five core areas as part of Sport England Performance review, and three additional areas of work of our own choosing.

We are delighted to say that our classification was very good with areas of excellence. This review has helped us to develop an improvement plan which we will focus on implementing over the coming months.

As part of our performance review process we ask each of our partners and organisations that we work closely with to provide feedback on the quality and effectiveness of our work. This is measured through a Net Promoter Score. We are again delighted to report that we are the strongest performing Active Partnership in England with a score of 100!

We also survey our staff to measure satisfaction levels. This is again measured through a Net Promoter Score. Satisfaction levels are strong at 66 against a nationwide Partnership average of 52.

ACTIVE LUTON

REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

team BEDS&LUTON - Our Performance in numbers:

Finance & Investment

Investment into Bedfordshire over and above Sport England national programmes	£551,610
National programme investment into Bedfordshire	£219,990
Annualised Income generated per employee	£90,495

Project Performance - Satellite Clubs

Satellite Club's - Clubs sustained during the year	37
Satellite Club's - Clubs established during the year	12
Satellite Club's - 14 -19 year old participant numbers	379

Project Performance - School Sport

School Games - Level three countywide competitions delivered	68
School Games - Number of different sports and activities made available	21
School Games - Number of Level three countywide participants	3108
School Games - Number of Level three SEND participants	389
School Games - Number of volunteers supporting Level three events	177
Active Lives Young People - Schools engaged	39
Active Lives Young People - Surveys completed	2118

Project Performance - Continuous professional Development

School Sport - Conferences delivered	2
School Sport - Conference participants	248
School Sport - Workshops delivered	2
School Sport - Workshop participants	53
Coaching & Volunteering - Courses delivered	13
Coaching & Volunteering - Course participants	197
Clubs & Community Groups - Workshops delivered	3
Clubs & Community Groups - Workshop participants	50

Stakeholder & Staff Satisfaction

Stakeholder Survey - NPS Score	100
Staff Satisfaction Survey - NPS Score	66

Our Financial Performance during 2018-19

The trading position for the year posted a small deficit of £6.3K on Income of £497.3K. A small trading surplus was budgeted for based upon the inclusion of the finances relating to the School Sport Conference within the financial year. This event was held on 3rd April having been held in March in all previous years. We were therefore advised by our auditors that this must be included within our 2019-20 financial year. Had we been able to include it as previously budgeted we would have recorded a small profit.

The trading performance was also adversely affected by the failure to secure a new round of external funding for our disability work, unbudgeted staffing expenditure arising from staff and close family illness and delivery needs in relation to elements of our school sport work and the relationship management roles. It should also be noted that we have accrued £5K of costs in relation to our external governance review that will take place in the autumn of 2019. This will ensure that we continue to be well paced to comply with Sport England's Tier 3 Governance code.

Our headline numbers and how we have spent our funds during the year are summarised in the table below. Public Funds are those sourced from public bodies including Sport England and our Local Authority partners.

Senior Management Remuneration

None of our Senior Managers received remuneration of more than £50,000 during the last financial year.

Board Member Remuneration

All of our Board Members are volunteers and do not receive payment for their role. Expenses maybe paid in certain circumstances. No expenses were paid to board members in the last financial year.

ACTIVE LUTON

REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our Financial Headlines

Description	Public Funds£	Non Public Funds£	Total£
Income	414,972	82,307	497,279
Expenditure	416,220	87,396	503,616
Deficit	1,248	5,089	6,337
Reserves held with active Luton	N/A	N/A	121.0
<u>Expenditure</u>			
Staff & subcontractors	272,463	-	272,463
Staff training	1,510	1,530	3,040
Operational costs	33,724	6,166	39,890
Finance, legal & professional	10,392	6,800	17,192
Marketing & promotion	5,978	3,367	9,345
Workforce training & development	-	9,298	9,298
Volunteer training & development	4,322	-	4,322
Young people participation programmes	45,945	-	45,945
School Sport Delivery & Development programmes	41,886	-	41,886
Adult Participation programmes including Disability	-	16,072	16,072
Coaching - talented athletes swimming programmes	-	41,241	41,241
Subscriptions	-	2,922	2,922
TOTAL SPEND	416,220	87,396	503,616

FINANCIAL REVIEW

Fundraising activities

This year we have made a deficit from our activities amounting to £684,885 compared to a deficit of £836,980 in the previous financial period. Of this deficit, £612,000 (2017/18: £719,000) relates to the Local Government Pension Scheme (LGPS).

A deficit of £6,351 (2017/18: £92,611) relates to utilisation of restricted funds (TBL) brought forward. This leaves a deficit of £66,534 (2017/18: surplus £25,369) for all other activities.

A £685,000 actuarial loss arising from the requirements of Financial Reporting Standard 102, results in a total deficit of £1,369,885. Our net liability of £906,921 shows a decrease compared to the net assets of £462,964 at 31 March 2018.

Incoming resources for 2018/19 have increased to £10,493,854 compared to £9,744,638 in 2017/18 with the London Luton Airport Ltd (LLAL) donation remaining at the same level. Increases in attendance across the facilities operated as the charity has sought to improve the quality and quantity of services and membership income continues to grow. Secondary spend reduced as did some other income areas. The key growth in the income of £1.2m was as a result of the contract to deliver the Total Wellbeing services from the public health contract via Turning Point.

Total resources expended for 2018/19 increased to £10,693,739 compared to £9,983,618 in 2017/18. Increases in the pay rises were significant as was the growth of headcount required to deliver the Total Wellbeing service. These two factors increased the salary and wage cost significantly. Other costs were controlled well.

Investment in sites continued to be significant with over £320,000 being invested. The largest part of this was at our gym and studio facilities in Lewsey to support future income growth and improve the services to our customers.

ACTIVE LUTON

REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

FINANCIAL REVIEW

Principal funding sources

The parent charitable company obtains a donation from London Luton Airport Limited which this year totalled £1.4million. Luton Borough Council provides some of its support services to the charity including Information Technology and Human Resources.

The public health contract awarded via a sub-contract from Turning Point commenced on 1st April 2018. The annual income amounts to £1.2m plus further income received from rental of space in some of Active Luton's centres.

Grant income had substantially reduced in this year with only the MeTime services being funded in the Active Luton results. tBL still receive significant Sports England funding.

We receive the highest element of our income from the users of the facilities and the services provided by the charity. Pricing is carefully monitored and benchmarked to ensure that the group is encouraging all sections of the community to participate in activities being provided.

The charity operates from buildings and uses equipment leased at peppercorn rents from Luton Borough Council. No adjustment has been made to bring in the market value of those rents and equipment lease charges as a cost along with the corresponding adjustment to grants received.

Pension Review

The adjustments included in the year end results are as part of the review completed by Barnett Waddingham. The reserves policy as detailed below excludes the pension asset/liability as changes to this is the result of changes in the actuarial valuation and does not have an immediate cash flow impact i.e. it is not an asset that can be immediately drawn down or a liability that must be settled immediately. The charity continually monitors the situation with regard to defined benefit pension schemes generally and as this is a Local Government Pension Scheme the charity will be guided by government decisions on the future of such schemes.

Reserves policy

The Board review the reserve policy on a regular basis to ensure that reserves are maintained at a level that is consistent with the group having sufficient funds to operate at its planned activity levels taking into account the various financial risk factors that have been identified. It is a target that the group will operate with reserves at a level that equates to between one and three months of operating costs plus the net book value of fixed assets funded out of reserves. The aim is to hold a minimum reserve value of approximately £850,000.

Reserves held at the year-end (excluding fixed assets) were comfortably within the target range identified.

ACTIVE LUTON

REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

FUTURE PLANS

The group continues to focus on diversifying income streams whilst also controlling its expenditure and, at the same time, maintaining the quality and level of services that the community receives. In the current year the focus of the organisation is to increase activity and continue to develop the new Total Wellbeing brand in order to maximise the delivery under the 5 year sub-contract from Turning Point. It is also essential to maintain the focus on well established operations and grow revenue streams where possible - in particular swimming lessons and memberships. With Me Time Family funding due to end in March 2020 the focus is on ensuring that some of the programmes become self-sustaining offers to the community.

In anticipation of the LGPS pension valuation due this year, work will be carried out on the best options for Active Luton going forward in its pension provision to staff.

Active Luton's focus continues very much on prevention, early intervention and aiming to improve the physical and emotional wellbeing of the Luton community.

Developments for the coming year will involve work in the following areas:

- Total Wellbeing Luton – healthy lifestyles contract including all healthy lifestyles services supported through physical activity
- Increased participation by targeted groups, including concessionary users, under 5s and older people
- An increased focus on customer service initiatives to ensure continued attraction of new customers and retention of existing customers
- An aim to increase secondary spend and margins across all outlets by improving the offer at our cafes.
- An increased focus on PR of all areas of our work, particularly using social media.
- Further development of a capital planning strategy to target income generation and sustainable expansion of services over the next five years which may include further developments in our site facilities.

Across all areas of work we will maintain our focus on improving the quality of service provided to customers & developing high performance operations teams.

Risk management continues to be a priority.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Active Luton is a company limited by guarantee incorporated on 20th May 2005, governed by its Memorandum and Articles of Association that were revised 16 January 2018. It is a registered charity with the Charity Commission. In the event of the parent charitable company being wound up members are required to contribute an amount not exceeding £1. This liability remains for one year after ceasing to be a member in respect of debts incurred whilst a member.

Recruitment and appointment of new trustees

As set out in the Articles of Association, there shall be at least sixteen and a maximum of eighteen Trustees comprised of:

- up to three Local Authority Trustees; and
- up to fifteen Ordinary Trustees
- provided that at least 25% of the Trustees at any one time shall be Independent Trustees.

Candidates for the office of an Ordinary Trustee shall be appointed by the Board following an open, formal, publicly advertised and transparent selection process by the nominations committee, taking account of the individual's ability, experience and expertise.

ACTIVE LUTON

REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisation

The board of trustees, which can have up to 18 members, administers the charity. The board normally meets quarterly and there are sub-committees covering tBL: Finance, Audit & Risk; Marketing; Health & Safety and HR. A Chief Executive is appointed by the trustees to manage the day-to-day operations of the charity. To facilitate effective operations, the Board delegate the day to day operation of the charity to the Director Leadership Team consisting of the following officers:

- Chief Executive
- Director of Finance & Resources
- Group Operations Director
- Director of Education & Training
- Director of Marketing & Communications
- Director of Health & Wellbeing.
- Director: Team Beds & Luton

Induction and training of new trustees

Training is provided as soon as practicable after appointment including visits to facilities and meetings with key management personnel. Trustees are encouraged to attend training events which facilitate the undertaking of their role. Briefings are also provided as relevant.

Related parties

None of our trustees receive remuneration or other benefit from their work with the charity.

The following organisations represent the group's related parties:

London Luton Airport Limited provide a donation which represents approximately 16% of total income.

Luton Borough Council provides some support services and nominates three trustees.

Local Government Pension Scheme providing retirement benefits to the charity's employees.

Glynis Yates provided educational consultancy and served as a trustee.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. Active Luton holds a current risk register which is fully rewritten annually by the senior executive team and then reviewed and approved at Board Level. This risk register scores the level of risk which are then ranked. The top 10 risks are allocated to the management team as owners who ensure the risks are mitigated with scoring up-dated quarterly.

By diversifying services and activities Active Luton has significantly reduced its dependency on the London Luton Airport donation in recent years, but this is always a high risk that is managed and monitored. The other risk of being tied to Local Government Pay had been high but Active Luton successfully negotiated to now be in control of its pay rates itself.

The charity also has a comprehensive Business Continuity Plan.

ACTIVE LUTON

REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

STRUCTURE, GOVERNANCE AND MANAGEMENT

Public Benefit

The trustees of the group have considered the Charity Commission's guidance on public benefit.

There are two main principles of Public Benefit:

- 1) There must be an identifiable benefit or benefits;
- 2) The benefit must be to the public or section of the public

Within each there are sub principles:

- a) It must be clear what the benefits are,
- b) The benefits must be related to the aims,
- c) Benefits must be balanced against any detriment or harm,
- d) The beneficiaries must be appropriate to the aims,
- e) And, where the benefit is to a section of the public the opportunity to the benefit must not be unreasonably restricted.

Each of the objectives of the group are for the public benefit and the charity continues to achieve its objectives as demonstrated through the increased utilisation of the services provided by each facility as well as increased outreach programmes.

Activities provided include support for the community through:

- Programmes supporting physical, mental and emotional and wellbeing are provided under the total Wellbeing brand.
- ME TIME family, a Sport England funded project aimed at increasing participation among women with young families.
- Employment programmes with partner organisations such as Luton Adult Community Learning
- Programmes for disabled people, including No Limits
- Working extensively with schools to help achieve the objectives associated with the PE Premium funding as well as supporting the provision high quality PE and school sport within and beyond the National Curriculum.

The charity also demonstrated increased activity in support of specific targeted groups such as women, ethnic minorities and the disabled.

The charity gives consideration to the affordability and accessibility of the services it provides through offering concessionary prices for those on low incomes.

Further details of achievements in these areas are highlighted within the achievements and performance for 2018/19.

ACTIVE LUTON

REPORT OF THE TRUSTEES for the Year Ended 31 MARCH 2019

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees (who are also the directors of Active Luton for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

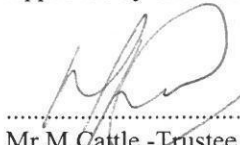
In so far as the trustees are aware:

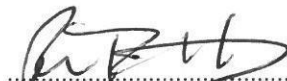
- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, FKCA Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 24th July 2019 and signed on its behalf by:


.....
Mr M Cattle - Trustee


.....
Mr K Poulton - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF ACTIVE LUTON

Opinion

We have audited the financial statements of Active Luton (the 'charitable company') for the year ended 31 March 2019 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and Notes to the Consolidated Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and charitable company's affairs as at 31 March 2019 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF ACTIVE LUTON

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

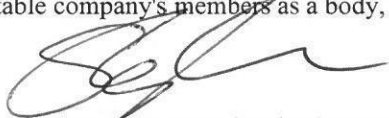
Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Stephen Mason BSc ACA (Senior Statutory Auditor)
for and on behalf of FKCA Limited
Statutory Auditor
Prospero House
46-48 Rothesay Road
Luton
Bedfordshire
LU1 1QZ

Date:

30/10/2019

ACTIVE LUTON

**CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
for the Year Ended 31 MARCH 2019**

		Unrestricted funds £	Designated fund - Pension £	Restricted fund £	2019 Total funds £	2018 Total funds £
	Notes					
INCOME AND ENDOWMENTS FROM						
Donations and legacies	2	1,744,751	-	416,848	2,161,599	2,856,079
Charitable activities	5					
Charitable activities		7,531,621	-	80,427	7,612,048	6,106,859
Other trading activities	3	702,778	-	-	702,778	772,234
Investment income	4	<u>17,429</u>	<u>-</u>	<u>-</u>	<u>17,429</u>	<u>9,466</u>
Total		9,996,579	-	497,275	10,493,854	9,744,638
 EXPENDITURE ON						
Commercial operations	6	607,450	-	-	607,450	661,440
Charitable activities	7					
Charitable activities		9,455,663	-	503,626	9,959,289	9,201,178
Other pension gain		<u>-</u>	<u>127,000</u>	<u>-</u>	<u>127,000</u>	<u>121,000</u>
Total		10,063,113	127,000	503,626	10,693,739	9,983,618
 NET INCOME/(EXPENDITURE) EXCLUDING PENSION EXPERIENCE LOSS ON ASSETS		(66,534)	(127,000)	(6,351)	(199,885)	(238,980)
 Pension - experience loss on assets		<u>-</u>	<u>(485,000)</u>	<u>-</u>	<u>(485,000)</u>	<u>(598,000)</u>
NET INCOME/(EXPENDITURE)		(66,534)	(612,000)	(6,351)	(684,885)	(836,980)
 Other recognised gains/(losses)						
Actuarial gains/(losses) on defined benefit schemes		<u>-</u>	<u>(685,000)</u>	<u>-</u>	<u>(685,000)</u>	<u>709,000</u>
 Net movement in funds		(66,534)	(1,297,000)	(6,351)	(1,369,885)	(127,980)
 RECONCILIATION OF FUNDS						
Total funds brought forward		<u>2,953,766</u>	<u>(2,611,000)</u>	<u>120,198</u>	<u>462,964</u>	<u>590,944</u>
 TOTAL FUNDS CARRIED FORWARD		<u>2,887,232</u>	<u>(3,908,000)</u>	<u>113,847</u>	<u>(906,921)</u>	<u>462,964</u>

The notes form part of these financial statements

ACTIVE LUTON
CONSOLIDATED BALANCE SHEET
AT 31 MARCH 2019

		Unrestricted funds £	Designated fund - Pension £	Restricted fund £	2019 Total funds £	2018 Total funds £
	Notes					
FIXED ASSETS						
Tangible assets	14	1,229,944	-	-	1,229,944	1,222,859
CURRENT ASSETS						
Stocks	15	28,777	-	-	28,777	50,020
Debtors	16	458,952	-	-	458,952	698,657
Cash at bank and in hand		<u>3,068,349</u>	<u>-</u>	<u>113,847</u>	<u>3,182,196</u>	<u>2,784,589</u>
		3,556,078	-	113,847	3,669,925	3,533,266
CREDITORS						
Amounts falling due within one year	17	<u>(1,766,290)</u>	<u>-</u>	<u>-</u>	<u>(1,766,290)</u>	<u>(1,569,661)</u>
NET CURRENT ASSETS		<u>1,789,788</u>	<u>-</u>	<u>113,847</u>	<u>1,903,635</u>	<u>1,963,605</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		3,019,732	-	113,847	3,133,579	3,186,464
PROVISIONS FOR LIABILITIES	18	<u>(132,500)</u>	<u>-</u>	<u>-</u>	<u>(132,500)</u>	<u>(112,500)</u>
PENSION LIABILITY	20	<u>-</u>	<u>(3,908,000)</u>	<u>-</u>	<u>(3,908,000)</u>	<u>(2,611,000)</u>
NET ASSETS/(LIABILITIES)		<u><u>2,887,232</u></u>	<u><u>(3,908,000)</u></u>	<u><u>113,847</u></u>	<u><u>(906,921)</u></u>	<u><u>462,964</u></u>
FUNDS	19					
Unrestricted funds:						
General fund					3,019,732	3,066,266
Designated fund - Pension					(3,908,000)	(2,611,000)
Designated fund - Sinking fund					<u>(132,500)</u>	<u>(112,500)</u>
					(1,020,768)	342,766
Restricted funds:						
Restricted fund					<u>113,847</u>	<u>120,198</u>
TOTAL FUNDS					<u><u>(906,921)</u></u>	<u><u>462,964</u></u>

The notes form part of these financial statements

ACTIVE LUTON

CONSOLIDATED BALANCE SHEET - CONTINUED
AT 31 MARCH 2019

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 24th July 2019 and were signed on its behalf by:



.....
Mr M Cattle - Trustee



.....
Mr K Poulton - Trustee

The notes form part of these financial statements

ACTIVE LUTON
CHARITABLE COMPANY BALANCE SHEET
AT 31 MARCH 2019

		Unrestricted funds £	Designated fund - Pension £	Restricted fund £	2019 Total funds £	2018 Total funds £
	Notes					
FIXED ASSETS						
Tangible assets	14	1,166,550	-	-	1,166,550	1,146,943
CURRENT ASSETS						
Stocks	15	537	-	-	537	3,665
Debtors	16	528,034	-	-	528,034	807,593
Cash at bank and in hand		<u>3,062,547</u>	<u>-</u>	<u>113,847</u>	<u>3,176,394</u>	<u>2,767,047</u>
		3,591,118	-	113,847	3,704,965	3,578,305
CREDITORS						
Amounts falling due within one year	17	(1,737,937)	-	-	(1,737,937)	(1,539,050)
NET CURRENT ASSETS		<u>1,853,181</u>	<u>-</u>	<u>113,847</u>	<u>1,967,028</u>	<u>2,039,255</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		3,019,731	-	113,847	3,133,578	3,186,198
PROVISIONS FOR LIABILITIES	18	(132,500)	-	-	(132,500)	(112,500)
PENSION LIABILITY	20	-	(3,908,000)	-	(3,908,000)	(2,611,000)
NET ASSETS/(LIABILITIES)		<u>2,887,231</u>	<u>(3,908,000)</u>	<u>113,847</u>	<u>(906,922)</u>	<u>462,698</u>
FUNDS	19					
Unrestricted funds:						
General fund					3,019,731	3,066,000
Designated fund - Pension					(3,908,000)	(2,611,000)
Designated fund - Sinking fund					<u>(132,500)</u>	<u>(112,500)</u>
					(1,020,769)	346,500
Restricted funds:						
Restricted fund					<u>113,847</u>	<u>120,198</u>
TOTAL FUNDS					<u>(906,922)</u>	<u>462,698</u>

The notes form part of these financial statements

ACTIVE LUTON

CHARITABLE COMPANY BALANCE SHEET - CONTINUED
AT 31 MARCH 2019

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Board of Trustees on 24th July 2019 and were signed on its behalf by:



.....
Mr M Cattle -Trustee



.....
Mr K Poulton -Trustee

ACTIVE LUTON

**CONSOLIDATED CASH FLOW STATEMENT
for the Year Ended 31 MARCH 2019**

	Notes	2019 £	2018 £
Cash flows from operating activities:			
Cash generated from operations	1	716,138	11,835
Interest paid		(15,848)	(12,210)
Tax paid		<u>1,207</u>	<u>-</u>
Net cash provided by (used in) operating activities		<u>701,497</u>	<u>(375)</u>
Cash flows from investing activities:			
Purchase of tangible fixed assets		(321,319)	(749,193)
Sale of tangible fixed assets		-	46,995
Interest received		<u>17,429</u>	<u>9,466</u>
Net cash provided by (used in) investing activities		<u>(303,890)</u>	<u>(692,732)</u>
Cash flows from financing activities:			
Loan repayments in year		<u>-</u>	<u>(328,772)</u>
Net cash provided by (used in) financing activities		<u>-</u>	<u>(328,772)</u>
Change in cash and cash equivalents in the reporting period		<u>397,607</u>	<u>(1,021,879)</u>
Cash and cash equivalents at the beginning of the reporting period		<u>2,784,589</u>	<u>3,806,468</u>
Cash and cash equivalents at the end of the reporting period		<u><u>3,182,196</u></u>	<u><u>2,784,589</u></u>

The notes form part of these financial statements

ACTIVE LUTON

NOTES TO THE CONSOLIDATED CASH FLOW STATEMENT for the Year Ended 31 MARCH 2019

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2019 £	2018 £
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	(1,369,885)	(127,980)
Adjustments for:		
Depreciation charges	304,324	252,572
Loss/(profit) on disposal of fixed assets	9,910	(46,995)
Interest received	(17,429)	(9,466)
Interest paid	15,848	12,210
Decrease in stocks	21,243	602
Decrease/(increase) in debtors	239,705	(203,426)
Increase in creditors	215,422	124,318
Difference between pension charge and cash contributions	<u>1,297,000</u>	<u>10,000</u>
Net cash provided by (used in) operating activities	<u>716,138</u>	<u>11,835</u>

ACTIVE LUTON

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS for the Year Ended 31 MARCH 2019

1. ACCOUNTING POLICIES

Basis of consolidation

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

These financial statements consolidate the results of the charity and its wholly owned subsidiary Active Luton Enterprises Limited on a line by line basis. A separate statement of financial activities and income and expenditure account are not presented for the charity itself following the exemptions afforded by section 408 of the Companies Act 2006 and paragraph 397 of the SORP.

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. See the financial review – fundraising activities section of the Report of the Trustees for more detail.

The presentation currency of the financial statements is the Pound Sterling (£)

Active Luton meets the definition of a public benefit entity under FRS 102.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year-end date are noted as a commitment but not accrued as expenditure.

Raising funds

Raising funds includes all expenditure incurred by the charity to raise funds for its charitable purposes and includes costs of all fundraising activities, events and non-charitable trading.

Charitable activities

Charitable expenditure comprises of those costs incurred by the group in the delivery of its activities and services for the beneficiaries. It includes both costs that can be allocated directly to such activities and those of an indirect nature to support them.

Governance costs

Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice. These costs include costs related to statutory audit and legal fees together with an apportionment of overhead and support costs.

Allocation and apportionment of costs

Overhead and Support Costs have been allocated between Charitable Activities and Governance Costs. Costs which are not wholly attributable to an expenditure category have been apportioned based on the activity to which they relate.

ACTIVE LUTON

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS - CONTINUED for the Year Ended 31 MARCH 2019

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Leasehold property improvement	- 10% on cost
Plant and machinery	- 20% on cost
Fixtures and fittings	- 20% on cost
Computer equipment	- 33% on cost

Costs incurred in replacing tangible fixed assets leased from Luton Borough Council under the terms of an operating agreement are taken to the income and expenditure account each year as the ownership of those assets is not retained.

Tangible fixed assets costing more than £500 are capitalised and included at historical cost in the financial statements.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds have been set aside out of general funds as shown in the Notes to the Consolidated Financial Statements.

Further explanation of the principle funding sources is included in the trustees report.

Pension costs and other post-retirement benefits

The charitable company operates a defined benefit pension scheme. The regular pension cost is charged to the statement of financial activities and is based on the expected pension costs over the service life of employees.

The charitable company operates a defined contribution scheme. The pension cost is charged to the statement of financial activities.

2. DONATIONS AND LEGACIES

	2019	2018
	£	£
Grants/Donations	<u>2,165,199</u>	<u>2,856,079</u>

ACTIVE LUTON

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS - CONTINUED for the Year Ended 31 MARCH 2019

3. OTHER TRADING ACTIVITIES

The wholly owned trading subsidiary Active Luton Enterprises Limited (company number 05509883), which is incorporated in the United Kingdom (registered office Wigmore Hall, Eaton Green Road, Luton, Bedfordshire, LU2 9JB), donates all of its profits to the charity by gift aid. Active Luton Enterprises Limited operates the bars and catering facilities at Active Luton's centres. The charity owns the entire issued share capital of ordinary shares of £1 each. A summary of the trading results is shown below.

Any profits are gifted to Active Luton.

	2019	2018
	£	£
Turnover	686,953	772,234
Cost of sales & administration costs	<u>(588,497)</u>	<u>(664,194)</u>
	<u>98,456</u>	<u>108,040</u>
The assets and liabilities of the subsidiary were:		
Fixed Assets	63,392	75,916
Current Assets	46,107	105,442
Current liabilities	<u>(109,279)</u>	<u>(181,094)</u>
	<u>220</u>	<u>264</u>
Aggregate share capital & reserves	220	264

4. INVESTMENT INCOME

	2019	2018
	£	£
Deposit account interest	<u>17,429</u>	<u>9,466</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2019	2018
		£	£
Use of sports facilities	Charitable activities	5,305,698	4,870,805
Coaching and education	Charitable activities	730,135	939,073
Miscellaneous	Charitable activities	314,120	296,981
Delivery of health services	Charitable activities	<u>1,262,095</u>	<u>-</u>
		<u>7,612,048</u>	<u>6,106,859</u>

6. COMMERCIAL OPERATIONS

Other trading activities

	2019	2018
	£	£
Commercial trading operations	<u>607,450</u>	<u>661,440</u>

ACTIVE LUTON

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 MARCH 2019

7. CHARITABLE ACTIVITIES COSTS

	Direct costs (See note 8)	Grant funding of activities (See note 9)	Support costs (See note 10)	Totals
	£	£	£	£
Charitable activities	<u>9,781,318</u>	<u>69,058</u>	<u>108,913</u>	<u>9,959,289</u>
	<u>9,781,318</u>	<u>69,058</u>	<u>108,913</u>	<u>9,959,289</u>

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2019 £	2018 £
Staff costs	6,248,962	5,477,010
Rent, rates, heat & light	717,387	728,945
Insurance	119,574	122,174
Telephone	62,071	39,708
Postage and stationery	74,515	27,550
Advertising	102,619	99,027
Sundries	46,703	115,637
Other staff costs	119,520	111,071
Motor & travelling	68,945	65,672
Repairs & maintenance	611,479	578,895
Security costs	25,943	32,863
Computer costs	72,349	60,291
Hire of equipment	137,926	141,472
Licenses & subscriptions	82,383	66,549
Subcontractor costs	261,256	285,073
Professional fees	111,384	91,912
Purchase of equipment	117,779	238,994
Sinking fund	20,000	12,500
Direct selling costs	57,842	99,231
Depreciation	291,801	235,503
Loss on sale of assets	-	(46,995)
Irrecoverable VAT	367,580	349,753
Interest payable and similar charges	<u>63,300</u>	<u>51,032</u>
	<u>9,781,318</u>	<u>8,983,867</u>

9. GRANTS PAYABLE

	2019 £	2018 £
Charitable activities	<u>69,058</u>	<u>124,300</u>
Grants to Institutions		
	2018 £	2017 £
Sports Coaching	<u>8,081</u>	<u>78,826</u>
	<u>8,081</u>	<u>78,726</u>

ACTIVE LUTON

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS - CONTINUED for the Year Ended 31 MARCH 2019

10. SUPPORT COSTS

	Governance costs
	£
Charitable activities	<u>108,913</u>

11. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2019	2018
	£	£
Auditors' remuneration	10,500	10,500
Auditors' remuneration for non audit work	2,500	2,500
Depreciation - owned assets	304,324	252,572
Surplus on disposal of fixed asset	<u>-</u>	<u>(46,995)</u>

12. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018.

ACTIVE LUTON

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 MARCH 2019

13. STAFF COSTS

	2019	2018
	£	£
Wages and salaries	5,071,272	4,451,877
Social security costs	366,221	308,039
Other pension costs	<u>811,469</u>	<u>717,094</u>
	<u>6,248,962</u>	<u>5,477,010</u>

The average monthly number of employees during the year was as follows:

	2019	2018
Voluntary Income Generation	30	41
Activities for Generating Funds	8	9
Charitable Activities	<u>163</u>	<u>137</u>
	<u>201</u>	<u>187</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2019	2018
£60,001 - £70,000	-	2
£70,001 - £80,000	1	1
£80,001 - £90,000	<u>1</u>	<u>-</u>
	<u>2</u>	<u>3</u>

These employees are a member of the defined benefit scheme. One member paid between £70,001 and £80,000 is the senior member of tBL.

14. GROUP TANGIBLE FIXED ASSETS

	Leasehold property improvement £	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 April 2018	1,896,440	965,051	83,414	83,358	3,028,263
Additions	80,087	241,175	-	57	321,319
Disposals	<u>(15,705)</u>	<u>(71,480)</u>	<u>(17,557)</u>	<u>(14,300)</u>	<u>(119,042)</u>
At 31 March 2019	<u>1,960,822</u>	<u>1,134,746</u>	<u>65,857</u>	<u>69,115</u>	<u>3,230,540</u>
DEPRECIATION					
At 1 April 2018	1,272,652	471,474	39,501	21,777	1,805,404
Charge for year	117,072	154,608	5,802	26,842	304,324
Eliminated on disposal	<u>(15,706)</u>	<u>(71,480)</u>	<u>(17,557)</u>	<u>(4,389)</u>	<u>(109,132)</u>
At 31 March 2019	<u>1,374,018</u>	<u>554,602</u>	<u>27,746</u>	<u>44,230</u>	<u>2,000,596</u>
NET BOOK VALUE					
At 31 March 2019	<u>586,804</u>	<u>580,144</u>	<u>38,111</u>	<u>24,885</u>	<u>1,229,944</u>
At 31 March 2018	<u>623,788</u>	<u>493,577</u>	<u>43,913</u>	<u>61,581</u>	<u>1,222,859</u>

ACTIVE LUTON

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS - CONTINUED for the Year Ended 31 MARCH 2019

CHARITABLE COMPANY TANGIBLE FIXED ASSETS

	Leasehold property improvement £	Plant and machinery £	Fixtures and fittings £	Computer equipment £	Totals £
COST					
At 1 April 2018	1,829,221	917,627	9,120	83,358	2,839,326
Additions	80,087	241,175	-	57	321,319
Disposals	<u>(15,705)</u>	<u>(50,543)</u>	<u>(4,491)</u>	<u>(14,300)</u>	<u>(85,039)</u>
At 31 March 2019	<u>1,893,603</u>	<u>1,108,259</u>	<u>4,629</u>	<u>69,115</u>	<u>3,075,606</u>
DEPRECIATION					
At 1 April 2018	1,237,435	424,051	9,120	21,777	1,692,383
Charge for year	110,350	154,608	-	26,842	291,800
Eliminated on disposal	<u>(15,705)</u>	<u>(50,543)</u>	<u>(4,491)</u>	<u>(4,389)</u>	<u>(75,128)</u>
At 31 March 2019	<u>1,332,080</u>	<u>528,116</u>	<u>4,629</u>	<u>44,230</u>	<u>1,909,055</u>
NET BOOK VALUE					
At 31 March 2019	<u>561,523</u>	<u>580,143</u>	<u>-</u>	<u>24,885</u>	<u>1,166,550</u>
At 31 March 2018	<u>591,786</u>	<u>493,577</u>	<u>-</u>	<u>61,581</u>	<u>1,146,943</u>

15. STOCKS

	Group 2019 £	Charity 2019 £	Group 2018 £	Charity 2018 £
Stock	<u>28,777</u>	<u>537</u>	<u>50,020</u>	<u>3,665</u>
	<u>28,777</u>	<u>537</u>	<u>50,020</u>	<u>3,665</u>

16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Group 2019 £	Charity 2019 £	Group 2018 £	Charity 2018 £
Trade debtors	261,427	252,053	265,535	228,828
Other debtors	26,233	24,127	40,612	36,329
Prepayments & accrued income	171,292	171,004	392,509	391,953
Amounts due from group undertakings	<u>-</u>	<u>80,849</u>	<u>-</u>	<u>150,482</u>
	<u>458,952</u>	<u>528,034</u>	<u>698,657</u>	<u>807,593</u>

ACTIVE LUTON

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS - CONTINUED for the Year Ended 31 MARCH 2019

17. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Group 2019	Charity 2019	Group 2018	Charity 2018
	£	£	£	£
Trade creditors	313,527	297,640	345,783	325,541
Social security and other taxes	98,160	98,160	84,008	84,008
VAT	25,925	26,001	902	902
Other creditors	246,007	244,116	8,796	8,113
Pension control account	97,421	97,421	76,759	76,759
Accruals and deferred income	985,250	974,599	1,053,413	1,043,727
	<u>1,766,290</u>	<u>1,737,937</u>	<u>1,569,661</u>	<u>1,539,050</u>

DEFERRED INCOME

	Grant Income £	Activity Income £
Deferred Income brought forward at 1 April 2018	140,469	227,471
Incoming resources deferred in the current year	61,743	256,441
Amounts released from previous years	(112,224)	(227,471)
	<u>89,988</u>	<u>256,441</u>
Deferred Income carried forward at 31 March 2019		

Grant income is deferred as the charity is not entitled to the income until certain conditions are met.

Activity income is deferred as the charity is not entitled to the income until the activity is provided.

18. PROVISIONS FOR LIABILITIES

	2019 £	2018 £
Sinking fund provision brought forward	112,500	100,000
Incoming resources deferred in the current year	20,000	12,500
	<u>132,500</u>	<u>112,500</u>
Sinking fund provision carried forward		

19. MOVEMENT IN FUNDS

	At 1.4.18 £	Net movement in funds £	At 31.3.19 £
Unrestricted funds			
General fund	3,066,266	(46,534)	3,019,732
Designated fund - Pension	(2,611,000)	(1,297,000)	(3,908,000)
Designated fund - Sinking fund	(112,500)	(20,000)	(132,500)
	<u>342,766</u>	<u>(1,363,534)</u>	<u>(1,020,768)</u>
Restricted funds			
Restricted fund	120,198	(6,351)	113,847
	<u>462,964</u>	<u>(1,369,885)</u>	<u>(906,921)</u>
TOTAL FUNDS			

ACTIVE LUTON

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 MARCH 2019

19. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	9,996,579	(10,043,113)	(46,534)
Designated fund - Pension	-	(1,297,000)	(1,297,000)
Designated fund - Sinking fund	-	(20,000)	(20,000)
	<u>9,996,579</u>	<u>(11,360,113)</u>	<u>(1,363,534)</u>
Restricted funds			
Restricted fund	497,275	(503,626)	(6,351)
	<u>497,275</u>	<u>(503,626)</u>	<u>(6,351)</u>
TOTAL FUNDS	<u>10,493,854</u>	<u>(11,863,739)</u>	<u>(1,369,885)</u>

Comparatives for movement in funds

	At 1.4.17 £	Net movement in funds £	At 31.3.18 £
Unrestricted Funds			
General fund	3,079,135	(12,869)	3,066,266
Designated fund - Pension	(2,601,000)	(10,000)	(2,611,000)
Designated fund - Sinking fund	(100,000)	(12,500)	(112,500)
	<u>378,135</u>	<u>(35,369)</u>	<u>342,766</u>
Restricted Funds			
Restricted fund	212,809	(92,611)	120,198
	<u>212,809</u>	<u>(92,611)</u>	<u>120,198</u>
TOTAL FUNDS	<u>590,944</u>	<u>(127,980)</u>	<u>462,964</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	9,066,084	(9,078,953)	(12,869)
Designated fund - Pension	-	(10,000)	(10,000)
Designated fund - Sinking fund	-	(12,500)	(12,500)
	<u>9,066,084</u>	<u>(9,101,453)</u>	<u>(35,369)</u>
Restricted funds			
Restricted fund	678,554	(771,165)	(92,611)
	<u>678,554</u>	<u>(771,165)</u>	<u>(92,611)</u>
TOTAL FUNDS	<u>9,744,638</u>	<u>(9,872,618)</u>	<u>(127,980)</u>

ACTIVE LUTON

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS - CONTINUED for the Year Ended 31 MARCH 2019

19. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.17 £	Net movement in funds £	At 31.3.19 £
Unrestricted funds			
General fund	3,079,135	(59,403)	3,019,732
Designated fund - Pension	(2,601,000)	(1,307,000)	(3,908,000)
Designated fund - Sinking fund	(100,000)	(32,500)	(132,500)
Restricted funds			
Restricted fund	<u>212,809</u>	<u>(98,962)</u>	<u>113,847</u>
TOTAL FUNDS	<u>590,944</u>	<u>(1,497,865)</u>	<u>(906,921)</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	19,062,663	(19,122,066)	(59,403)
Designated fund - Pension	-	(1,307,000)	(1,307,000)
Designated fund - Sinking fund	-	(32,500)	(32,500)
	<u>19,062,663</u>	<u>(20,461,566)</u>	<u>(1,398,903)</u>
Restricted funds			
Restricted fund	<u>1,175,829</u>	<u>(1,274,791)</u>	<u>(98,962)</u>
TOTAL FUNDS	<u>20,238,492</u>	<u>(21,736,357)</u>	<u>(1,497,865)</u>

20. PENSION COMMITMENTS

The company operates a defined benefits scheme in the UK. An actuarial valuation for the purposes of Financial Reporting Standard 102 was carried out at 31 March 2019 by a qualified independent actuary. The major assumptions used by the actuary were:

	2019	2018
Rate of increases in salaries	2.00%	2.00%
Rate of increases in pension payments	2.40%	2.20%
Discount rate for scheme liabilities	2.55%	2.80%
Inflation assumption	1.25%	3.40%

ACTIVE LUTON

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 MARCH 2019

20. PENSION COMMITMENTS
- continued

The assets of the scheme and expected rate of return

	Value 2019 £'000	Value 2018 £'000
Equities	11,123	8,064
Bonds	2,642	2,199
Property	1,607	1,466
Cash	<u>662</u>	<u>2,934</u>
Total market value of assets	16,034	14,663
Present value of scheme liabilities	<u>(21,394)</u>	<u>(18,726)</u>
Surplus / (deficit) in scheme	<u>(5,360)</u>	<u>(4,063)</u>
Net pension liability	<u><u>(5,360)</u></u>	<u><u>(4,063)</u></u>

The long-term rate of return expected for 2019 is 5.0% (2018: 2.8%)

Analysis of the amount charged to charitable activities

	2019 £	2018 £
Current service cost	<u>1,308,000</u>	<u>1,320,000</u>
	<u><u>1,308,000</u></u>	<u><u>1,320,000</u></u>

Analysis of the amount shown in other incoming resources:

	2019 £	2018 £
Expected return on pension scheme assets	419,000	397,000
Interest on pension scheme liabilities	(521,000)	(518,000)
Administration expenses	<u>(25,000)</u>	<u>-</u>
Net (cost)/return	<u><u>(127,000)</u></u>	<u><u>(121,000)</u></u>

Analysis of the amount recognised in statement of financial activities

	2019 £	2018 £
Actual return less expected return on pension scheme assets	(369,000)	290,000
Changes in financial assumptions underlying the present value of scheme liabilities	2,059,000	(999,000)
Changes in demographic assumptions underlying the present value of scheme liabilities	<u>(1,005,000)</u>	<u>-</u>
Actuarial loss gain / (loss) recognised	<u><u>685,000</u></u>	<u><u>(709,000)</u></u>

ACTIVE LUTON

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS - CONTINUED for the Year Ended 31 MARCH 2019

20. PENSION COMMITMENTS - continued

Movement in deficit during the year

	2019	2018
	£	£
Surplus / (deficit) at beginning of the year	(4,063,000)	(4,053,000)
Total service cost	(1,308,000)	(1,320,000)
Employer contributions	823,000	722,000
Net return on assets	(127,000)	(121,000)
Actuarial gain / (loss)	(685,000)	709,000
Deficit in scheme	<u>(5,360,000)</u>	<u>(4,063,000)</u>
Attributable to Luton Borough Council	(1,452,000)	(1,452,000)
Attributable to Active Luton	<u>(3,908,000)</u>	<u>(2,611,000)</u>
	<u>(5,360,000)</u>	<u>(4,063,000)</u>

History of experience gains and losses

	2019	2018
Difference between the expected and actual return on assets	127,000	121,000
Percentage of scheme assets	0.8%	0.8%
Experience gains/(losses) on liabilities	Nil	Nil
Percentage of the present value of liabilities	0%	0%
Actuarial gain/(loss) recognised	(685,000)	709,000
Percentage of the present value of liabilities	(3.2%)	3.8%

The deficit in the scheme at the date of transfer amounting to £1,452,000 is a liability that has been honoured by Luton Borough Council, in the trustees' opinion, on the basis that it was agreed that all scheme liabilities at date of transfer were represented by assets to the same value.

Luton Borough Council guarantees the following:

- 1) The charity's obligations to make payments of contributions
- 2) Bedfordshire County Council's costs in enforcing the guarantee

21. RELATED PARTY DISCLOSURES

At the year end, Active Luton was owed £80,849 from its trading subsidiary (2018: £150,481), Active Luton Enterprises Limited. The balance is repayable on demand and non-interest bearing.

During the year the charity was invoiced £5,100 (2018: £7,200) for educational consultancy services by G Yates who is a trustee of Active Luton.

22. ULTIMATE CONTROLLING PARTY

There is no ultimate controlling party. The charitable company is controlled by the board of trustees.

ACTIVE LUTON

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS - CONTINUED
for the Year Ended 31 MARCH 2019

23. COMPARATIVES FOR THE STATEMENTS OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Designated fund - Pension £	Restricted fund £	2018 Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	2,340,779	-	515,300	2,856,079
Charitable activities				
Charitable activities	5,943,605	-	163,254	6,106,859
Other trading activities	772,234	-	-	772,234
Investment income	9,466	-	-	9,466
Total	9,066,084	-	678,554	9,744,638
EXPENDITURE ON				
Commercial operations	661,440	-	-	661,440
Charitable activities				
Charitable activities	8,430,013	-	771,165	9,210,178
Other pension gain	-	121,000	-	121,000
Total	9,091,453	121,000	771,165	9,983,618
NET INCOME/(EXPENDITURE) EXCLUDING PENSION EXPERIENCE LOSS ON ASSETS	(25,369)	(121,000)	(92,611)	(238,980)
Pension – experience loss on assets	-	(598,000)	-	(598,000)
NET INCOME/(EXPENDITURE)	(25,369)	(719,000)	(92,611)	(836,980)
Other recognised gains/(losses)				
Actuarial gains/(losses) on defined benefit schemes	-	709,000	-	709,000
Net movement in funds	(25,369)	(10,000)	(92,611)	(127,980)
RECONCILIATION OF FUNDS				
Total funds brought forward	2,979,135	(2,601,000)	212,809	590,944
TOTAL FUNDS CARRIED FORWARD	2,953,766	(2,611,000)	120,198	462,964

ACTIVE LUTON

DETAILED CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES for the Year Ended 31 MARCH 2019

	Unrestricted funds £	Restricted funds £	2019 Total funds £	2018 Total funds £
INCOME AND ENDOWMENTS				
Donations and legacies				
Grants/Donations	1,744,751	416,848	2,161,599	2,856,079
Other trading activities				
Commercial trading operations	702,778	-	702,778	772,234
Investment income				
Deposit account interest	17,429	-	17,429	9,466
Charitable activities				
Use of sports facilities	5,305,698	-	5,305,698	4,870,805
Coaching and education	690,488	39,647	730,135	939,073
Miscellaneous	273,340	40,780	314,120	296,981
Delivery of health services	<u>1,262,095</u>	<u>-</u>	<u>1,262,095</u>	<u>-</u>
	<u>7,531,621</u>	<u>80,427</u>	<u>7,612,048</u>	<u>6,106,859</u>
Total incoming resources	9,996,579	497,275	10,493,854	9,744,638
EXPENDITURE				
Other trading activities				
Commercial trading operations	607,450	-	607,450	661,440
Charitable activities				
Wages	4,862,841	208,431	5,071,272	4,451,877
Social security	345,622	20,599	366,221	308,039
Pensions	777,404	34,065	811,469	717,094
Rent, rates, heat & light	702,282	15,105	717,387	728,945
Insurance	119,574	-	119,574	122,174
Telephone	53,176	8,895	62,071	39,708
Postage and stationery	72,053	2,462	74,515	27,550
Advertising	93,599	9,020	102,619	99,027
Sundries	31,329	15,374	46,703	115,637
Other staff costs	117,691	1,829	119,520	111,071
Motor & travelling	57,451	11,494	68,945	65,672
Repairs & maintenance	611,479	-	611,479	578,895
Security costs	25,943	-	25,943	32,863
Computer costs	66,311	6,038	72,349	60,291
Hire of equipment	123,333	14,593	137,926	141,472
Licenses & subscriptions	79,461	2,922	82,383	66,549
Subcontractor costs	173,016	88,240	261,256	285,073
Professional fees	111,384	-	111,384	91,912
Purchase of equipment	117,779	-	117,779	238,994
Sinking fund	20,000	-	20,000	12,500
Direct selling costs	57,842	-	57,842	99,231
Leasehold property improvement depreciation	110,350	-	110,350	155,974
Carried forward	8,729,920	439,067	9,168,987	8,550,548

This page does not form part of the statutory financial statements

ACTIVE LUTON

DETAILED CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES for the Year Ended 31 MARCH 2019

	Unrestricted funds £	Restricted funds £	2019 Total funds £	2018 Total funds £
Charitable activities				
Brought forward	8,729,920	439,067	9,168,987	8,550,548
Plant & machinery depreciation	154,609	-	154,609	57,768
Computer equipment	26,842	-	26,842	21,761
Profit on sale of tangible fixed assets	-	-	-	(46,995)
Interest payable	15,848	-	15,848	12,210
Bank and credit charges	47,452	-	47,452	38,822
Irrecoverable VAT	367,580	-	367,580	349,753
Grants payable	<u>19,891</u>	<u>49,167</u>	<u>69,058</u>	<u>124,300</u>
	9,362,142	488,234	9,850,376	9,108,167
Other				
Expected return on pension scheme assets	<u>127,000</u>	<u>-</u>	<u>127,000</u>	<u>121,000</u>
	<u>127,000</u>	<u>-</u>	<u>127,000</u>	<u>121,000</u>
Support costs				
Governance costs				
Auditors' remuneration	108	10,392	10,500	10,500
Auditors' remuneration for non audit work	2,500	-	2,500	2,500
Legal fees	<u>90,913</u>	<u>5,000</u>	<u>95,913</u>	<u>80,011</u>
	<u>93,521</u>	<u>15,392</u>	<u>108,913</u>	<u>93,011</u>
Total resources expended	10,190,113	503,626	10,086,289	9,862,618
Pension - experience loss on assets	(485,000)	-	(485,000)	(598,000)
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Net expenditure	<u>(678,534)</u>	<u>(6,351)</u>	<u>(684,885)</u>	<u>(836,980)</u>