



Taff Rocks

**Registered in England and Wales as a Charitable
Incorporated Organisation (CIO)**

Registered Charity Number: 1192749

Company Number: CE024340

Annual Report

Year ending 12th January 2022

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Taff Rocks

Report of the Trustees for the year ending 12th January 2022

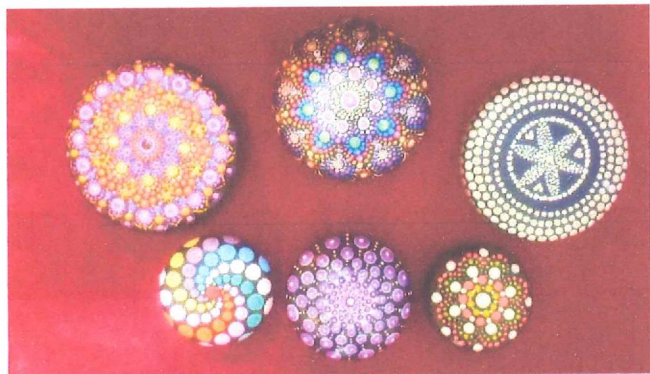
The trustees are pleased to present their annual report with the financial statements of the charity for the year ending 12th January 2022.

The financial statements comply with the Charities Act 2011, the Charity Constitution, and the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005)



Examples of work resulting from various YouTube tutorials given freely

Examples of work for the gallery to show beneficiaries the work they can achieve by attending Mindfulness Mandala Classes



Some of the resources and equipment provided for the above classes

Chairperson's report

Working through the COVID restrictions, lockdowns, and its associated issues, we hit the threshold in 2020 where registering as a CIO was a necessity. This had always been a target of Taff Rocks, but this came about several years earlier than anticipated.

Little did Yvette and I know that, as the original co-founders of Taff Rocks, we would be here so soon when we first started this journey back in 2018

Our deadlines of our funding expenditure from both our grants awarded by Awards For All (The National Lottery Community Fund - TNLCF) and Invest Local Ynysowen (ILY) had to be extended.

This year was a hugely exciting one as we supported our community members with a further 150 free craft bag resources to families and individuals to help with the boredom of lockdowns and help keep minds creative and active.

At a time when the news has been focussed on economic hard times, lockdowns, family losses, we have seen the impact on attendances at some of our events. Thanks to our funding from TNLCF, ILY and the Arnold Clark Community Fund we sought to make our programme of events as affordable as possible, even though all income from our events has been voluntary. We do not turn anyone away if they are unable to volunteer a donation as we do not feel it is helpful to financially exclude anyone in these tough times.

This year, we started the process of gaining a lease from the Local Authority for a building in the Aberfan area. Whilst we have been successful after months of working hard toward being the 'selected' organisation, it does not look as though we will be in a position to sign any lease agreements until next year.

To prepare the building, when the lease is signed, we have successfully gained a SETS Grant from Merthyr Tydfil County Borough Council for a total of £15,000. This restricted funding will enable us to add a new floor to the building and hopefully some much needed furniture.

This building will enable us to increase our repertoire from just the rock painting and provide more diverse creative events. To enable the sustainability of the building, we need to consider hiring the building to others in the community at reasonable costs per hour to ensure our annual core costs are met.

In closing, I would like to thank our board of trustees, supporters, funders, volunteers, and those that have been able to benefit from our provisions for the community for your support in making our work possible and as you read our report, remember, as we do, that it's all about the community, its people and the support.

Nicola Hill

Chairperson

Aim and Objects for Public benefit

Charitable Objects:

The advancement of education for the public benefit in the County Borough of Merthyr Tydfil, in particular, but not exclusively in Aberfan, Merthyr Vale and surrounding areas by fostering and promoting an understanding and an appreciation of the arts, including but not exclusively by the provision of classes, seminars and training courses and in such other ways as the trustees see fit.

Aim:

To enhance people's lives and community cohesion through fun, inspiration, creativity, and self-expression. By providing workshop experiences, we can establish meaningful connections between generations, assist with creative projects that are known to have a therapeutic value and share love and smiles.

Objects:

- To provide community-based workshops for the creation of works of art on rocks.
- To support the community with events that will benefit from rock painting activities.
- To help beneficiaries gain the knowledge and skills that can aid them by being a new 'tool' in their self-care 'toolbox'.
- To increase beneficiaries' confidence with creative projects.
- To provide the means and resources for intergenerational activities.

Public Benefit:

The Taff Rocks Trustees have had due regard to the guidance on public benefit published by the Charity Commission in exercising their trustees' powers or duties.

Our commitment to delivering public benefit is at the core of everything Taff Rocks is. In furtherance of our aims, our key objective during this reporting period was to deliver excellence in our primary charitable purpose, supporting our communities by promoting the arts as a means of self-care and provide alternatives to face-to-face contact during the COVID restrictions.

Activities, Achievements and Performance

Activities:

Our current activities include:

- Intergenerational free-style rock painting workshops both in our local community and outreach
- Mindfulness Mandala Classes, mainly outreach currently.

Achievements:

Whilst still suffering the effects of the pandemic and lockdowns we have still achieved so much. Our key achievements this year have been:

10 December 2020	Became a Charitable Incorporated Organisation
May 2021	An additional craft pack resource for the Borough communities
July 2021	Implemented the free, online ticket reservation system to prevent over-subscription during post-COVID measures
July 2021	Collaboration with The Willows to run the first of our community-based Mindfulness Mandala classes. Also collaborated with Wellbeing Merthyr to run another outreach session in the town centre.
July 2021	Collaborated with Wellbeing Merthyr with a community-based rock painting workshop surrounding the topic of 'Wild World Heroes' and created a mini painted rock Critter Conga
August & September 2021	Collaborated with Valleys Steps to run woodland-based workshops where beneficiaries created artwork on natural 'wood cookies' (disks of wood)
September 2021	Collaborated with another local organisation to assist a local high school create a wellbeing garden.
November 2021	Worked with a Merthyr Tydfil based Scout group for their Remembrance Day painted poppies on rocks to form part of their services

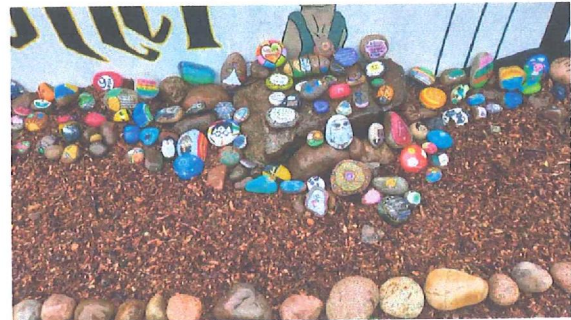
Performance:

Due to the COVID restrictions, community group interaction was affected where we could not hold workshops and classes.

Attendance to community-based workshops and classes dropped significantly due to the restrictions in the post-restrictions period.

This has been a major blow for the charity, but we have continued to support our communities with newsletters, YouTube videos and free craft resources.

A small portion of The Wellbeing Garden at Afon Tâf High School.



Work in progress with the collaboration with Valleys Steps.

Work in progress with the collaboration with Wellbeing Merthyr.

Permission to share these images granted by the adults included for themselves and on behalf of the children.



Some of the beneficiaries from our first ever Mindfulness Mandala Class

Structure, Governance and Management

Name	Position	Starting Date	Resigned / Retired
Nicola Hill	Chairperson / Co-Founder	04/03/2019	-
Yvette Hill	Secretary / Co-founder	04/03/2019	-
Andrea Jones	Trustee	04/03/2019	-
Sally-Ann Luxton	Treasurer	04/03/2019	-
Kimberly Harris	Trustee	13/01/2020	-
Ian Marquis	Trustee	30/11/2021	10/01/2022

The Trustees are responsible for making decisions on all matters of general concern and importance regarding the Charity including setting budgets for grant applications, ensuring the restricted funding budgets are spent on the resources applied for and for deciding how the unrestricted funds of the Charity are to be spent.

The full board of trustees meet monthly, except for the summer holiday periods. In 2022 we hope to trial less General Meetings per year, whilst remaining constitutional and holding Extraordinary General Meetings when required, with the appropriate notice period.

Minutes are sent to all board members within days of the meeting taking place and re-sent with the agenda for the upcoming meeting closer to the time. A monthly financial summary of the accounts is carried out by the treasurer and reported back to the full board. The summary is sent, via email, prior to the full board meeting.

Remuneration

With the exception of previously agreed out of pocket expenses, none of our trustees receive remuneration or other benefit from their work with the charity.

Related Parties

Any connection between a trustee of the charity with any other trustee, advisor or company must be disclosed to the full board of trustees.

At this time, there is one ongoing connection which has been fully disclosed to all members of the board. These connected persons have each signed a Declaration of Interest and have due regard to the Taff Rocks Financial Safeguarding Policy which prevents any connected party authorising a payment together and, in turn, from being co-signatory on any bank accounts.

Appointment and Induction of Trustees

Appointment:

The trustees are elected and made up of members of the communities we serve.

All those who attend and benefit from our classes and workshops are encouraged to put themselves forward.

As set out in our constitution, the original five trustees can remain until retirement or resignation.

Additional trustees, never more than 12 in total (including the five first trustees) are elected annually. Trustees required mid-year are required to put themselves forward, voted upon by the full board (where possible) and a resolution passed to accept them as trustee.

- Specific appointments:
 - The Chairperson Elected
 - Secretary Delegated
 - Treasurer Delegated

Induction:

New trustees undergo a period of orientation to brief them on their legal obligations under charity and company law, the Charity Commission guidance on public benefit, content of the constitution, the committee and decision-making processes, policies, and recent financial performance of the charity.

During the induction period the new trustee will:

- Meet the full board of trustees
- Encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.
- Given access to the 'trustee online portal'
- Supplied with a suitable email address and assistance on how to set it up
- Sign any Declarations of Interest made prior to becoming a trustee

In addition, Taff Rocks provides a hard copy of a Trustee Handbook, specific to Taff Rocks documenting its history, meetings, structure etc. This document is also available to trustees via the portal and updated when necessary. This online portal method is preferred to ensure Taff Rocks maintains its environmental ethos and does not waste paper.

Plans for Our future

A venue to call home:

We have habitually grown out of every space we've used. A process is underway to secure a permanent venue and it is hope this will happen in 2022. By securing a permanent 'home' we will still be able to carry on with outreach sessions, classes and workshops as well as increase our resources to increase the events.

A new pricing strategy:

It is our hope that, in these difficult times, we can implement a new pricing strategy to enable sustainability but still ensure no one is at a financial disadvantage.

We make it clear that our 'listed prices' are suggested donation amounts / contributions towards costs. Some donate more, some only have the means to donate less. So far, this strategy has 'evened out' and we have not lost any contributions / income.

Is it hoped that we can run the following 'tickets' but only if we secure a permanent venue:

Family ticket	One adult and three others with one person being 'free'
Child and carer* ticket	One full donation amount with one child under five free. The child under five would receive one less rock. Experience has shown that this works

* Parent, guardian, age-appropriate sibling etc with a 'toddler' or pre-schooler

An increased repertoire:

We've always wanted to increase our repertoire and next year will hopefully bring those hopes to fruition. We hope that, with additional fundraising, we will be able to provide more diverse creative projects such as:

- **Mindfulness Mandala Classes:** We have provided some of these thanks to the Arnold Clark Community Fund (AC), but we hope to continue with these with our own funding.
The concept is to teach others how to confidently practice this form of art and take away their new skills. These new skills will enable them to greatly enhance their self-care and mindfulness when creating.
- **Free-Style dotting workshops:** With increasing confidence and their experience of the mindfulness and therapeutic values of this process, we wish provide free-style workshop scenarios that require only half of the time than the classes have.
Based around their learning of the mandala classes, here beneficiaries enhance their learned skills and grow in confidence.

- **Gratitude journalling:** Journaling has always shown to have a therapeutic value to each individual in very individual ways. We'd like to think we'd be able to offer this within the next 12 months.
- **Therapeutic clay:** Working with clay, or air-drying clay in this case, has immense therapeutic value from the touch a feel to the final creation. Provided we can fundraise for this, it's a plan we'd love to see come to life within the next 12 months.

Working with others

It is our intention to continue our collaborative working ethos with Wellbeing Merthyr on various projects.

Continue to support other organisations in our communities with the services we provide.

Later in 2022 we hope to start working on a trial for a collaborative project with Trinity Childcare and Family Centre to aid vulnerable parents, that are supported by an organisation and accommodated in the local village with some Mindfulness enhancing activities where their child / children can be cared for by Trinity in a safe, caring and professional environment. This will enable these vulnerable people to relax and feel more enthused.

Support the Tackling Loneliness and Isolation Project with their vision of Men's Sheds and work collaboratively with the implementation of a repair café in the local area.

Continue represented on and support the events committee for the local area.

Continue to be represented on the Invest Local Ynysowen Steering group.

Be part of a feasibility study to determine the need for a volunteer co-ordinator in the area.

Our Volunteers

In addition to the Trustees facilitating workshops and classes, we would like to thank all the volunteers who have worked so hard to make our sessions lively and fun.

In particular we want to mention Lorna who supported us with the mammoth task of preparing the Afon Tâf High School Wellbeing Garden for the students and tutors.

Whilst the facilitators are not art therapists or qualified with any mental health related qualifications, we pride ourselves on being enablers of beneficiaries acquiring the skills to use and a new tool in their own self-care toolbox.

Reserves Policy

It is Taff Rocks policy to maintain a balance on unrestricted funds (if possible) which, for the 2021-2022 period shall be £800, to cover core costs (rental / hire costs of halls and replenish resources) should we be unable to secure additional funding for the period.

The priority will be for emergency situations that may arise from time to time.

The sum of £800 is included in a 'contingency' fund granted to us as part of a grant application.

This policy is required to be revisited every 12 months

Financial Review

As this is Taff Rock's first annual report to the Charity Commission, the report for year ending January 2022 runs from 10th December 2020 to 12th January 2022.

The reason for this is that Taff Rocks, as an unincorporated community not-for-profit organisation had held its Annual General Meeting for years ending 12th January.

The Charity Commission were happy with this and included the dates from time of registration to the period ending 2021 in the return required for year ending 2022.

Our financial position for year ending 12th January 2022 is as follows:

Restricted income:	£22,208	See note (1a) below
Unrestricted income:	£ 265	See note (1b) below
Expenditure for period:	£ 1,959	
Liabilities carrying forward to next period:	£15,000	See note (2) below

Notes:

1. The principal sources of funds:
 - a. Grant giving bodies
 - b. Donations, contributions, and other charitable activities
2. An invoice, in preparation for a new floor in the community building we may occupy later in 2022, for £15,00 was received at the end of this period and not due to be paid until 19th January 2022

The Trustee Annual report was approved by the board of trustees on: 26/10/22

And signed on it's behalf by:

A handwritten signature in black ink, appearing to read 'N Hill', written in a cursive style.

Nicola Hill

Charity Registration number 1192749

Taff Rocks

Accounts for the period ended 12 January 2022

Taff Rocks

Charity information

Trustees	Nicola Hill (Chair) Carol Tyler Kimberly Harris Andrea Jones Sally-Ann Luxton Yvette Hill
Company Secretary	Nicola Hill
Charity number	1192749
Registered office	Smyrna Chapel Aberfan Road Aberfan Merthyr Tydfil CF48 4QN
Accountants	R H Jeffs & Rowe Limited 27/28 Gelliwastad Road Pontypridd CF37 2HW
Bankers	NatWest 122 High Street Pontypridd CF47 8BN

Taff Rocks

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Taff Rocks

**Accountants' report on the unaudited financial statements to the trustees of
Taff Rocks**

As described on the balance sheet you are responsible for the preparation of the financial statements for the period ended 12 January 2022 set out on pages 2 to 6 and you consider that the company is exempt from an audit. In accordance with your instructions we have compiled these unaudited financial statements, in order to assist you to fulfil your statutory responsibilities, from the accounting records and information supplied to us.

**R H Jeffs & Rowe Limited
Chartered Accountants
27/28 Gelliwastad Road
Pontypridd
CF37 2HW**

Date: 8 NOVEMBER 2022

Taff Rocks

**Statement of Financial Activities
for the period 10 December 2020 to 12 January 2022**

	Notes	Unrestricted	Restricted	Total period to 12/01/22
		£	£	£
Income and Endowments				
Incoming resources from charitable activities:				
- Donations		301	-	301
- Workshop Income		656	-	656
- Grants	8	-	18,843	18,843
Total Income and Endowments		957	18,843	19,800
Expenditure				
Charitable activities				
- Expenditure on Charitable activities	2	924	2,292	3,216
Total Expenditure		924	2,292	3,216
Movement in total funds for the year:				
Net Incoming (Outgoing) resources before transfers		33	16,551	16,584
Net Incoming (Outgoing) resources		33	16,551	16,584
Total Funds brought forward		348	3,366	3,714
Total Funds carried forward		381	19,917	20,298

The statement of financial activities includes all gains and losses recognised in the year.
All incoming resources and resources expended derive from continuing activities.

Taff Rocks

Charity Registration number 1173261

Balance sheet

as at 12 January 2022

2022

	Notes	£	£
Current Assets			
Cash at bank and in hand		20,899	
		<u>20,899</u>	
Creditors: amounts falling due within one year	4	<u>(600)</u>	
Net Current assets			<u>20,299</u>
Total Assets Less Current Liabilities			<u>20,299</u>
The Funds of the Charity			
Unrestricted Funds	6		382
Restricted Funds	6		<u>19,917</u>
Total Charity Funds			<u>20,299</u>

The note on pages 4 - 6 form part of these accounts.

The financial statements were approved by the Trustee Board on07/11/2022.....
and signed on its behalf by :-

.....*N Hill*.....

NICOLA HILL

Taff Rocks

Notes to the financial statements for the period ended 12 January 2022

1. Accounting policies

1.1. Accounting convention

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The Trustees have considered going concern and consider that there are no material uncertainties regarding going concern.

1.2. Taxation

Taff Rocks, being a registered charity, does not attract income tax on its incoming resources.

1.3. Income & Endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations are recognised when the charity has been notified in writing of both the amount and settlement date.

Distribution Income is taken into account on the date paid into the charities bank account.

1.4. Fund Accounting

The unrestricted funds of the charity comprise those monies which are available to be used towards the meeting of the charitable objectives of the charity at the discretion of the Trustees.

The restricted funds are monies raised or received for a specific purpose and accounted for in accordance with the donors imposed conditions.

1.5. Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis.

Taff Rocks

Notes to the financial statements for the period ended 12 January 2022

2. Total resources expended	Basis of Allocation	Charity Operating Costs	Governance	Total period to 12/01/22
		£	£	£
Costs directly allocated to activities				
Art materials and equipment	Direct	466	-	466
Advertising & Printing	Direct	512	-	512
Training costs	Direct	272	-	272
Rocks	Direct	199	-	199
Arnold Clark Project	Direct	557	-	557
		2,006	-	1,494
Support costs allocated to activities				
Rent payable	Direct	185	-	185
Administration costs	Direct	425	-	425
Accountancy	Direct	-	600	600
		610	600	1,210
		2,616	600	3,216

3. Staff Costs

Total period to 12/01/22
£

Staff costs during the Period comprised of the following:
Staff Salaries and Expenses

-
-

The average number of employees during the Period amounted to 0 (2021 :0)

No employee was paid £60,000 or more during the Period.(2021 :nil)

The Trustees received no remuneration or benefits in connection with the performance of their duties.

4. Creditors: amounts falling due within one year

12/01/22
£

Accruals

600

Taff Rocks

Notes to the financial statements for the period ended 12 January 2022

5. Reserves	Profit and loss account £	Total £
At 10 December 2020	3,714	3,714
Profit for the period	16,585	16,585
At 12 January 2022	20,299	20,299

6. Unrestricted/Restricted Funds	At 13/01/21 £	Incoming Resources £	Outgoing Resources £	Transfers	At 12/01/22 £
Unrestricted Funds	348	957	(924)		381
<u>Restricted Funds</u>					
- Invest Local 2019-2020	243	3,093	(332)	-	3,004
- AwardsForAll	3,123	-	(1,404)		1,719
- SETS Grant MTCBC	-	15,000	-		15,000
- Arnold Clark Community Fund	-	750	(557)		193
	3,714	19,800	(3,217)	-	20,297

7. Analysis of Net Assets between Funds	Unrestricted £	Total 12/01/22 £
Current Assets	20,899	20,899
Current Liabilities	(600)	(600)
	20,299	20,299

Income & Endowments	Total Period to 12/01/22 £
Included within Income & Endowments for the Period are:	
Grant Income	
Invest Local	3,093
MTCBC SETS Grant	15,000
Arnold Clark Community Fund	750
	18,843