

Charity Registration No: 1150024

**Association of Afghan Healthcare Professionals-UK  
AAHP-UK**

**TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR  
THE YEAR ENDED 24<sup>th</sup> March 2023**



## CONTENTS

Trustees' Report	1
Independent Examiner's Report	6
Receipts and Payments	7
Statement of Balances	8
Notes to the Accounts	9

# AAHP-UK

## TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS FOR THE FINANCIAL YEAR ENDED 24<sup>th</sup> MARCH 2023

### REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name: Association of Afghan Healthcare Professionals-UK (AAHP-UK)

Charity Number: 1150024  
Registered Address: 85 Great Portland Street, First floor, London W1W 7LT  
Accountant Firm: Cowan & Partners Limited, 60 Constitution Street, Edinburgh, EH6 6RR  
Bankers: Bank of Scotland

### TRUSTEES

The trustees who served the charity during the period were as follows:

Dr Enayat Modasser	Trustee and Chair
Dr Abdulwahab Ghani	Trustee and Treasurer
Dr Aman Shams	Trustee and Secretary
Dr Nasir Habibi	Trustee
Dr Ihsan Wardak	Trustee
Dr Khesrow Sangarwal	Trustee
Dr Qudrat Ullah	Trustee

### STRUCTURE, GOVERNANCE AND MANAGEMENT

AAHP-UK is a registered charity. The Financial Statements comply with current statutory requirements, the organisation's constitution and the Statement of Recommended Practice-Accounting and Reporting by Charities.

AAHP-UK is managed and administered by a committee of Trustees and project leads elected by the trustees in accordance with its constitution.

Dr Maliha Kabir has been assisting the AAHP-UK's work daily, such as dealing with donors, managing projects, bookkeeping, organising Trustees / departmental meetings and AGM, etc.,

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS  
FOR THE FINANCIAL YEAR ENDED 24<sup>th</sup> MARCH 2023**

**Appointment of Trustees**

The trustees are elected at the AGM. The AAHP-UK may appoint or remove a Trustee by ordinary resolution.

When appointing Trustees, the AAHP-UK gives due consideration to the skills and experience of the existing Trustees and seeks to ensure that the skill mix of the Board is appropriately balanced.

All new Trustees are supported by an appropriate induction programme.

**Partnerships**

The trustees, continue to oversee the operational functions of the charity.

AAHP-UK welcomes partners in all its work and seeks to develop existing, and to form new partnerships. AAHP-UK formalise partnerships through agreeing a memorandum of understanding (MOU).

**OBJECTIVES**

**The charity's objects are:**

- To assist with education and training of healthcare professionals of Afghan origin in the UK.
- To respond to emergency disasters by providing basic needs such as medical care and food in Afghanistan and UK
- To work in partnership with other medical and charitable organisations in the UK and Afghanistan on order to enhance mental and physical well-being of Afghan community.
- To organise seminars, workshops, and on-line educational activities to promote up-to-date clinical and scientific awareness, and educate public on healthcare
- To contribute to the reconstruction and development of Afghanistan healthcare sector.

**PUBLIC BENEFIT**

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how planned activities will contribute to the set aims and objectives.

**ACHIEVEMENTS AND PERFORMANCE**

AAHP-UK as reputed organisation, during this reporting period has dealt with the growing demand for services provision on different fronts. The AAHP-UK has moved stronger since its inception almost a decade ago, with growing its financial turnover. It has implemented dozens of impactful projects including delivery of free health services and distribution of food packages to thousands of needy families in the most deprived parts of Afghanistan. The association's journey in becoming as an academic institution is

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS  
FOR THE FINANCIAL YEAR ENDED 24<sup>th</sup> MARCH 2023**

**ACHIEVEMENTS AND PERFORMANCE Continued**

materialised and jointly with the King's College London, we have produced a mental health guideline (Working with Afghan Sanctuary Seekers). This guide will be a great advocate tool to influence the national immigration policies to benefit asylum seekers and to increase their access to mental health services in the community. This guide was launched in October 2022. As a professional association, the AAHP-UK has represented and advocated for the health rights of Afghans at different local, national and international forums and has reached out to different stakeholders and supported resource mobilisation to address the humanitarian crisis in Afghanistan. The association has moved from strength to strength to improve its service delivery performance by working and establishing strategic partnerships with local organisations in Afghanistan. The AAHP-UK is now a proactive member of the FEMHO (Federation of Ethnic Minority Health Organisations) and has jointly advocated for the rights of health professionals and reducing health inequalities in the UK.

With our limited workforce capacity, we have raised funds to deliver the most ambitious projects for the malnourished children in Afghanistan in contributing to the UN sustainable development goals (SDGs).

We published videos of some projects after obtaining valid consents from people present in the videos (website: [www.aahpuk.org](http://www.aahpuk.org) and Facebook). These videos from the field show the positive impact our projects produced and the dedication of volunteers who deliver these projects with both professionalism and pride.

**AAHP-UK projects during this reporting period:**

There are two ongoing projects that AAHP-UK have been providing financial support to and will continue to support in future:

**1) Orphans project in Kabul Afghanistan**

This is an ongoing project that we have supported for several years now. There are seven children in Kabul who have lost their parents. We provide funding for their basic needs and education.

**2) Thalassaemia Project in Kabul, Afghanistan**

Thalassaemia is a genetic blood disorder condition. The severity of the condition depends on the number and/or location of gene mutation, and range from no symptoms, severe anaemia, osteopenia and bone deformities to failure to thrive and death. Treatment includes regular blood transfusions (2-4 weekly). This is associated with iron overload and deposition in major organs which cause significant endocrine, hepatic and cardiac toxicity. Iron overload can be managed with chelation therapy (e.g. oral deferasirox, deferiprone, or biweekly subcutaneous injections of desferoxamine). Other treatment measures may include splenectomy and hormonal therapies (e.g. thyroid, insulin and growth hormone).

We provide funds for medication to manage iron overload in children with thalassaemia who come to the blood bank in Kabul for blood transfusion. The number of children reaches around a thousand and every month over 250 children receive Deferoxamine funded by AAHP-UK. AAHP-UK is working towards improving the current arrangement for this project.

**TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS  
FOR THE FINANCIAL YEAR ENDED 24<sup>th</sup> MARCH 2023**

**Projects since 15 August 2021:**

Afghanistan is a country that has suffered over four decades of war and poverty. The unfortunate change of government in 15 August 2021 has led thousands of Afghans to flee the country, many lost their lives, those who are alive in the country lost their livelihood and are in desperate need of food and medicine. The barely managing healthcare system is almost collapsing. The sanctions from the international community brought more hunger and poverty for the people of Afghanistan.

AAHP-UK has been working hard by raising funds and responding to the crisis facing the people of Afghanistan. We have developed a series of projects for implementation in various affected provinces of Afghanistan: Distribution of food packages to the neediest people and providing free medical camps in various provinces of Afghanistan.

The generous support of our funders, enabled us to implement the following projects in this reporting period:

**Distribution of food packages to Panjshir, Kandahar and Badakhshan provinces of Afghanistan:**

Following the implementation of our series of distribution of food packages in year 2021/22 in the provinces of Panjshir, Kandahar and Badakhshan benefiting 315 families, this year we distributed 310 food packages for the needy families in provinces of Helmand, Paktika and Kabul. Sadly, in the case of Paktika an earthquake disaster took place June 2022 and many people who already were lacking basic food and medication were in desperate need. Each package (flour, rice, oil, beans, sugar and tea) consisted of supplies for one month for a family of average of six members. The total number of beneficiaries has reached 3,750 people. For the implementation of these projects we have continued to partner with the two local organisations: Afghan Islamic Medical Association (AIMA) and Ehsas Welfare and Social Service Organisation (Ehsas).

**Implementation of free medical camps in Ghor, Panjshir Kandahar, Takhar province of Afghanistan:**

We have been working in partnership with the Afghanistan Islamic Medical Association (AIMA), to design the free medical camps projects. With our consultation and financial support AIMA has implemented the free medical camps in Kabul and Paktika during this reporting period. Each camp lasted from one to four days. A group of volunteer medical professionals (11 to 44 volunteers) gathered and travelled to these provinces to provide free primary medical care. Those in need of secondary medical care were referred to nearest hospitals and the cost were covered by the projects. Total number of patients who benefited from these projects were 1,877. In previous year we implemented the free medical camps in Ghor, Panjshir Kandahar, Takhar province of Afghanistan and benefited 6,439 people.

**Malnutrition Project for severely malnourished children registered in Kunar, Kapisa and Wardak, Afghanistan**

The project was in partnership with the Khatiz Public Health Association (KPHA). These families with malnourished children were identified in cooperation with the KPHA and distributed the highly nutritious food packages to 70 needy families in Jalalabad. Each food package consisted of 50kg of wheat flour, 10kg of rice, 7kg of beans, 7kg of chickpeas, 10 litres of oil and 60 eggs.

In previous year we implemented the malnutrition project in partnership with AIMA and Ehsas and 121 families with severely malnourished children registered in Kunar, Wardak and Kapisa in Afghanistan were supported.

## AAHP-UK

### TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS FOR THE FINANCIAL YEAR ENDED 24<sup>th</sup> MARCH 2023

#### AAHPUK work in the UK:

##### Occupational English Test (OET) Training for Afghan Healthcare professionals in the UK:

This is an exciting project which has started in July/August 2022. The aim of the project is to help the newly arrived Afghan Healthcare professionals to requalify in the UK in order to work in the NHS. During this year we have funded 80 Afghan healthcare professionals who are in the UK to this training. The Training run by SET-English, which provides 20 hours live classes online, plus assessment by submission of eight letters and three mock exams. The lessons are uploaded to the Set-English website and candidates have access to the recording 24/7 a week. There were four of these candidates who passed their OET exams during this year. This project has been a great centre for the Afghan healthcare professional to come under one umbrella of AAHP-UK. The beneficiaries feedbacks are very positive. It has given them a sense of belonging and a place that they can turn to with their issues. We also provide mentoring for plab1 and plab2 by the AAHP-UK management committee members after they pass their OET exam. AAHP-UK also run meetings and seminars related to their career path in the UK.

##### AAHP-UK Future work in Afghanistan:

We would like to continue the distribution of food packages to the people affected by natural disasters, war and poverty in various provinces in Afghanistan. We will continue the implementation of free medical camp to s (primary and basic healthcare) in the poorest and remote areas of Afghanistan. We will also continue to support Orphan and Thalassaemia projects. We are planning to support small projects from the Karen Woo Awards.

The OET project has grown in the numbers of the beneficiaries and there is a need to support them with searching for clinical attachment while studying for their OET. We will continue our endeavour to serve the beneficiaries and their needs to our ability.

#### FINANCIAL REVIEW

As a result of the financial review undertaken by the AAHP-UK trustees, a plan has been developed and is being implemented. All restricted funds will be used only for the designated projects. For more details, please refer to the financial pages of this report.

During the year AAHP-UK had income of £59,653 (2022: £73,084) and expenses of £53,762 (2022: £38,465) leading to a surplus of £5,891 (2022: £34,619). The charity has net assets of £44,376 at the year-end (2022: £38,485).

#### RESERVES POLICY

All reserves are held for furtherance of our charitable activities and are to be used for future projects. The charity currently has reserves of £44,376 with £26,624 held in restricted funds (2022: £28,004), this leaves £17,752 of free unrestricted reserves (2022: £10,481) for the use in future projects. This is sufficient to cover at least six months of ordinary running costs while the charity sought further funding.



**Dr Abdulwahab Ghani**  
Trustee

**Date: 23/01/2024**

**Independent Examiner’s Report to the Trustees of  
Association of Afghan Healthcare Professionals-UK**

I report on the accounts for the year ended 24 March 2023 set out on pages 7 to 10.

**Responsibilities and basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (“the Act”).

I report in respect of my examination of the Charity’s accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mathew R J Gillies LLB (Hons) ACPA FCIE  
Full member of the Association of Charity Independent Examiners  
Cowan & Partners Limited  
60 Constitution Street  
Edinburgh  
EH6 6RR

Date: 23 January 2024.....



**AAHP-UK**  
**CHARITY NUMBER: 1150024**  
**FINANCIAL STATEMENTS**  
**FOR THE FINANCIAL YEAR ENDED 24 MARCH 2023**

**RECEIPTS AND PAYMENTS**

		Unrestricted Funds £	Restricted Funds £	Total Funds £	2022 Total £
<b>Receipts</b>					
Donations	4	7,140	-	7,140	2,781
Fundraising	5	10,391	-	10,391	15,303
Grants	6	-	42,122	42,122	55,000
<b>Total Receipts</b>		<u>17,531</u>	<u>42,122</u>	<u>59,653</u>	<u>73,084</u>
<b>Payments</b>					
<b>Payments for Charitable Activities:</b>	<b>7</b>				
Afghanistan Islamic Medical Association (AIMA) - Distribution of Food Packages and Free Medical Camps in Afghanistan					
		-	26,012	26,012	31,136
Advertising & Fundraising		130	-	130	49
Bank charges		-	-	-	-
Consultancy		950	3,580	4,530	2,860
Telephone & Internet		728	-	728	803
Thalassema Projects		-	-	-	1,500
Orphan Projects		1,000	-	1,000	2,117
OET Training		-	13,910	13,910	-
Malnutrition Project		4,800	-	4,800	-
Governance Costs		2,652	-	2,652	-
<b>Total Payments</b>		<u>10,260</u>	<u>43,502</u>	<u>53,762</u>	<u>38,465</u>
<b>Surplus/(Deficit) for the year</b>		<u>7,271</u>	<u>- 1,380</u>	<u>5,891</u>	<u>34,619</u>
<b>Transfers between funds</b>		-	-	-	-
<b>Cash funds brought forward</b>		10,481	28,004	38,485	3,866
<b>Cash funds carried forward</b>		<u>17,752</u>	<u>26,624</u>	<u>44,376</u>	<u>38,485</u>

**AAHP-UK**  
**CHARITY NUMBER: 1150024**  
**FINANCIAL STATEMENTS**  
**FOR THE FINANCIAL YEAR ENDED 24 MARCH 2023**

**STATEMENT OF BALANCES**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds £</b>
<b>Cash Funds</b>			
Cash and bank balances at start of period	10,481	28,004	38,485
Surplus/(Deficit) for the period	7,271 -	1,380	5,891
Transfer of restricted Funds	-	-	-
<b>Cash and bank balances at end of period</b>	17,752	26,624	44,376

**Liabilities**

As accounts are prepared on a receipts and payments basis, at the year end an accounting fee is due of £1,560.

The accounts were approved by the Trustees and authorised for issue on 23 January 2024 and were signed on its behalf by:



**Dr Abdulwahab Ghani**

**Trustee**

# AAHP-UK

CHARITY NUMBER: 1150024

## NOTES TO THE FINANCIAL STATEMENTS FOR THE FINANCIAL YEAR ENDED 24 MARCH 2023

### 1. Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.

### 2. Nature and Purpose of Funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

### 3. Related Party Transactions

There have been no related party transactions in the year to 24 March 2023 nor 24 March 2022.

No Trustees have received remuneration in the period to 24 March 2023 nor 24 March 2022.

### 4. Donations

	2023	2022
	£	£
Orphan Donations	890	1,860
Misc. Donations	6,250	921
	<u>7,140</u>	<u>2,781</u>

### 5. Fundraising

	2023	2022
	£	£
Go Fund Me – Bread Distribution Project	-	1,580
Muska Miller – Fundraising	-	2,850
Naveed Kabir - Marathon	-	10,873
Online Fundraising	10,391	-
	<u>10,391</u>	<u>15,303</u>

### 6. Grants

	2023	2022
	£	£
Prism – Choose Love	12,213	35,000
Prism – Shamaazi Foundation	-	20,000
Karen Woo Award	9,625	-
OET Training	20,284	-
	<u>42,122</u>	<u>55,000</u>

# AAHP-UK

CHARITY NUMBER: 1150024

## NOTES TO THE FINANCIAL STATEMENTS – Continued FOR THE YEAR ENDED 24th March 2023

### 7. Costs of Charitable Activities

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
AIMA - Distribution of Food Packages and Free Medical Camps in Afghanistan	-	26,012	26,012	31,136
Consultancy	950	3,580	4,530	2,860
Orphan Projects	1,000	-	1,000	2,117
OET Training	-	13,910	13,910	-
Malnutrition Project	4,800	-	4,800	-
Admin costs	274	-	274	49
Telephone	162	-	162	40
Thalassemia Projects	-	-	-	1,500
Virtual address	48	-	48	48
Webhosting Fees	-	-	-	215
Website Developer	374	-	374	500
Governance costs	2,652	-	2,652	-
	<u>10,260</u>	<u>43,502</u>	<u>53,762</u>	<u>38,465</u>

### 8. Movement in Funds

	Balance at 25/03/2022	Received	Paid	Transfers	Balance at 24/03/2023
Unrestricted - General	10,481	17,531	10,260	-	17,752
Restricted - Choose Love/Shamaazi	28,004	12,213	26,916	-	13,301
Restricted - OET Training	-	20,284	16,586	-	3,698
Restricted - Karen Woo Award	-	9,625	-	-	9,625
	<u>38,485</u>	<u>59,653</u>	<u>53,762</u>	<u>-</u>	<u>44,376</u>

Choose Love and Shamaazi Foundation - for the distribution of emergency food packages and free medical camps in various provinces of Afghanistan.

OET Training – for the training for Afghan healthcare professionals to take Occupational English Test (OET)

Karen Woo Award - to support healthcare in Afghanistan and also to cherish and promote the memory of Dr Karen Woo