



**US**

**Charity Number: 1166464**

**Trustees' Annual Report  
for the Period  
1 April 2022 to 31 March 2023**

## Reference and Administration Details

**Charity name:** US  
**Charity number:** 1166464  
**Charity's operating address:** 60 Elmfield Road, Gosforth, Newcastle upon Tyne  
**Postcode:** NE3 4BD

### Names of the Charity Trustees who Manage the Charity

Trustee Name	Office	Appointed	Retired
1: Mary Jane Tacchi	Chair, Fundraising, Planning & Development	April 2016 (extended 2020)	
2: Kamni Puri	Finance	April 2016 (extended 2019)	
3: Aditya Sharma	Child Mental Health	April 2016 (extended 2020)	
4. Jane Erridge	Primary Care, Safeguarding	August 2020	

### Names & Addresses of Advisors

	Name	Address & Postcode
Bank:	Barclays	Fawcett Street, Sunderland SR1 1RS
Human Resources	Ethical HR Ltd	11 Oswin Road, Newcastle Upon Tyne, NE12 9BH

### Names of Senior Staff with Delegated Responsibilities

Suzanne McFarlane Chief Operating Officer

## Structure, Governance and Management

### Description of the Charity's Trusts

**Type of Governing Document** Constitution  
**How the Charity is Constituted** Charitable Incorporated Organisation

## **Objectives and Activities**

### **Summary of the Objects of the Charity as set out in its Governing Document**

The Objects of the CIO named US are:

To advance the health and improve the quality of life of young people in Northumberland, Tyne and Wear and North Durham. Beneficiaries are aged between twelve and twenty-five and are young people who experience or are at risk of developing mental health issues and/or neurodevelopmental disorders. Support is also offered to their parents/carers.

To engage young people and their parents and carers in sport and other physical activities that have a proven beneficial effect on physical and mental health.

To support and strengthen the impact of physical activities through healthy eating workshops.

To empower beneficiaries to transform their lives through participation in sports and physical activities, enabling them to

- improve their mental and physical health,
- enhance their educational performance and employability
- develop positive relationships,
- raise their self-esteem,
- be happy and take pleasure from recreation

To empower young people to play an active part in the long and short-term planning of activities and US in order to develop their organisational skills, whilst ensuring that activities meet the needs of beneficiaries.

To help young people make a positive contribution to family and community life.

### **Summary of the Main Activities Undertaken for the Public Benefit in Relation to the Charity's Objects**

US works in the North East of England. Our trustees are passionate about destigmatising mental illness and enhancing the support available to young people.

US delivers on an outreach basis. We provide sports and other fitness activities to small groups and individuals, aged between 12 and 25 who experience or are at risk of developing mental health difficulties. Our mission is to help these young people adopt physical activity as an enjoyable lifestyle tool invaluable to both their physical and mental health.

Through sports and fitness activities we aim to empower young people and help them to:

- Feel good
- Improve their mental and physical health
- Make friends and have fun
- Improve their self-image
- Become more confident
- Set and achieve personal goals
- Engage in, and be successful in education and training and increase their employability

We provide personalised programmes and on-programme and progression support. Depending on individual circumstances, our support can: be a preventative tool for self-managing mental health and reducing the need for referral to formal health services; can support young people during the long wait to access NHS mental health care; or can support the recovery process and ongoing maintenance of good mental health.

Since 2016 we have built up a large network of agencies from health, social care, education and the justice sector and charities. They and families and individuals make referrals to US. All young people referred - individually or in small groups - receive an initial assessment. This enables the Referral Co-ordinator to develop a bespoke programme to meet their needs and interests.

We have an established, vetted bank of outstanding providers who deliver a diverse range of activities for our young people including: fitness training; yoga; swimming; dance; ice skating; horseriding; archery; cycling and running. We have the sector knowledge and links to identify high-quality providers in other specialisms as required.

We provide 1:1 sessions for young people not yet ready to join a group, small group provision to address shared issues, and support into existing community provision. The Referral Coordinator provides on-going support and progression planning.

We are an organisation that continuously consults young people about our development. We evaluate the impact of our offer through consultation with participants, parents and carers, providers and referral agency colleagues.

## **Achievement and Performance**

### **Statutory Declaration**

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

### **Summary of the Main Achievements of the Charity for the Year**

#### **A Year of Opportunity**

2022/23 was an exciting year for US as we had in place funding both to increase the FTE of our Referrals and Activities Co-ordinator, and also to employ and develop a Youth Engagement Officer role which would both support our young people on their US journey and drive our youth voice focus. Being able to make this level of investment in staffing was hugely important to provide increased capacity to respond to the 30% growth in referral numbers.

The referrals we received in year were for young people primarily from Gateshead, Newcastle and North Tyneside, with small numbers from South Tyneside, Sunderland, Northumberland and Durham. It is reflective of this that the majority of our established provider network are based in

these three locales, as it supports our focus on eliminating barriers to engagement – such as having to travel to an out of area venue can create.

## **Our Growth**

In 2022/23 US provided activities for 260 young people. This is 91% year on year growth and a continuing incremental growth from our first operating year in 2016/17.

We delivered:

33 groups activities

52 one to one activities

The activities US provides for each young person are based on their personal interests, this is vital to ensure the young person's engagement is sustained, and in turn, helps US support participants to develop the personal attributes needed to embed regular sport and exercise into their lives thus benefitting mental and physical health

Examples of one to one activities undertaken by our participants in 2022/23 include: climbing, boxercise, ariel, circus skills, horse riding, swimming, fitness training, football skills. The scope of our one to one work bridges a spectrum: from sessions organised directly with a specialist trainer or coach who will work intensively with the young person to build skills and confidence, to supporting and organising access to organisations in the community who deliver activities e.g. Stepney Banks Stables, Circus Central, Go Gateshead. US team members attend sessions with our participants, being a friendly companion and helping overcome the barriers of going to a 'new place / doing a new thing'. As young people grow in confidence, we will then fund a membership to allow them to continue attending independently encouraging a permanent integration of sport into their lifestyle.

## **Group delivery that supports young people**

Our group sessions, particularly those working with partners, has seen continuation and development in 2021/22.

Our weekly online yoga group continues; effective both for its regular sessions focusing on relaxation and mindfulness, but also as an activity immediately accessible to any newly referred young person as they move through the referral and personalised planning process.

In schools, we ran another successful cohort of pre-exam stress relief yoga classes with Year 11 students at Dame Allens, Newcastle.

We continue to work with Excelsior School in Newcastle. We are now delivering a 'Health Club' group for Year 8 students who have been identified by their pastoral team as struggling with wellbeing issues in particular following the uncertainty caused by COVID. A qualified trainer offers a varied range of activities based on the initial discussions which took place with the students about their particular interests.

We have just commenced delivery of multi-sports sessions with a cohort of students receiving additional support through the GOALS programme at John Spence School in North Tyneside.

In the community, following the impact of and feedback from the weekly self defence programme we delivered at Gatehead's Young Women's Outreach Project in 2021/22, this year we have run multiple half day sessions which allowed a larger number of young woman to access these valuable training.

An early development of our Youth Engagement Officer's work was establishing a weekly 'Swim and Chat' group with residents of the Tyneside Foyer. An evolution of the weekly sessions we were offering in the Foyer, it responded to a group of the young people's interest in expanding their fitness activities, and building familiarity with the local facilities. A small group was established who travelled to Elswick Pool on a Friday afternoon to swim or use the gym as well as having the opportunity to talk to both our team and fellow residents.

In February 2023, we held our Youth Engagement Launch event at Lane 7 bowling alley in Newcastle. 21 young people attended and over the course of the evening, and drawing sustenance from food, drinks and games of bowling, they provided feedback on: the benefits of destigmatising mental ill health, barriers preventing young people from engaging in sport and exercise, and feedback on US's online presence.

Moving in 2023/24, we will bring young people together regularly, both in groups and singularly, to develop a youth voice which will help to inform the decisions of the charity as well as explore ways that young people can foster their personal growth and celebrate their interests and talents by collaborating in projects with US.

## **Feedback and quotes**

A selection of quotes from our participants:

*"I'm absolutely loving my session. Being diagnosed with bipolar when I was 16 and been on various medications. After my last episode since starting new medication and the weekly training its massively helped my confidence and just my overall mood. So thankful for the service that's been provided." (Personal Training) Male, 21*

*Most of all I've enjoyed: meeting new people and finding a healthy coping mechanism to deal with my anxiety. (Group fitness classes) Male, 19*

*I was referred into US Active by the team who had offered me immediate support. It was some support while I waited for more long-term help from therapists and also something different. I wanted something different. US Active was exactly that immediately pairing me with both a personal trainer and allowing me to join a phenomenal yoga class. That was my initial introduction to US Active and I am and will continue to be so very grateful for it. (PT / Yoga) Female, 23*

*"Taking part in sessions supported by US active has really helped to give me space away from my thoughts and worries. I love my time swimming, it gives me freedom." Male, 19*

## **Staffing and Volunteers**

We have continued to employ on a part-time basis a very experienced Chief Operating Officer.

In year our Referrals and Activities Co-ordinator post has increased to 0.75FTE, having absorbed the 'progression planning' component of the Youth Engagement Officer role. Following a change in personnel, it became clear that this was a more consistent means of offering continuity to our young people throughout their US Journey. We reappointed to the 0.5FTE Youth Engagement Officer role in November 2022, and the role will focus on the remaining two strands agreed with our funder, RISE:

- Identifying participants through a partnership working model and,

- Youth Action: setting up an advisory group, engaging young people in Youth Voice, as well as other peer engagement activities which promote the benefits of sport and exercise on mental health

Trustees and the volunteer Fundraising Committee apply their skills, experience and time to support the charity's work and are key to its success and growth. We are very grateful to those who have delivered our fundraising activities throughout this year, and of course those who attended of events.

## **Funding Streams**

We work continuously to bring in the funds required to plan, manage and deliver our provision in a safe and supportive manner. We do this through applying for funding from trusts, foundation and other funding bodies and through a range of fundraising activities.

In addition to the funding secured for the Referrals and Activities Co-ordinator and Youth Engagement Officer in 2022/23, we obtained in year funding for activities for young people from: The Reece Foundation, The Co-op Community Fund and The Middleton Foundation.

In 2022/23 we were fortunate to receive some substantial donations from personal and business donors.

Our very experienced and hard-working fundraising committee have managed to maintain and develop a range of engaging fundraising activities. Fundraising activities have included:

- A Christmas Wreath Making workshop
- Sponsored events including:
  - GNR 2022
  - Coast 2 Coast
  - Box Clever Boxing
- Lunch at the Coach House
- A programme of fitness orientated events including:
  - Spring and Summer walks
  - Spin classes
  - 70's and 80's fitness classes
  - Walking tours
- The US200 Club draw

## **Financial Review**

### **Brief Statement of the Charity's Policy on Reserves**

The trustees recognise that in order to maintain a continuity of support to our young people that a designated reserve be retained equivalent to 50% of the expenditure from the previous financial year. The trustees have retained this reserve policy for 2023/24.

Additional reserves may be held in pursuit of the longer-term objectives of the charity for example capital projects e.g. an US Centre.

**Details of Any Funds Materially in Deficit**

None

**Statutory notes to the accounts**

**Particulars of Any Outstanding Guarantee Given by the CIO**

None

**Particulars of Any Outstanding Debt**

None

**Declaration**

**The Trustees declare that they have approved the Trustees' Report above.**

Signed on behalf of the Charity's Trustees

**Signature(s):**

A handwritten signature in black ink, appearing to read 'Mary Jane Tacchi', written over a horizontal line.

**Full Name(s):** Mary Jane Tacchi

**Position(s):** Chair of Trustees

**Date:** 26/01/2024



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## Statement of Financial Activities (incorporating income and expenditure account)

Year to 31st March 2023

Income	Note	Restricted Funds 2022/23 £	Unrestricted Funds 2022/23 £	Total Funds 2022/23	Total Funds 2021/22 £	Total Funds 2020/21 £	Total Funds 2019/20 £	Total Funds 2018/19 £
Donations	2	14,778.87	23,200.90	37,979.77	61,757.00	29,499.83	5,955.00	47,519.80
Other activities	3	-	26,845.30	26,845.30	26,116.30	15,635.99	22,056.41	13,373.75
			-					
<b>Total Income</b>		<b>14,778.87</b>	<b>50,046.20</b>	<b>64,825.07</b>	<b>87,873.30</b>	<b>45,135.82</b>	<b>28,011.41</b>	<b>60,893.55</b>
<b>Expenditure</b>								
Raising Funds	4	142.99	2,490.92	2,633.91	3,190.47	717.53	2,192.74	2,481.88
Charitable activities	5	39,237.77	28,520.13	67,757.90	52,028.65	52,156.91	43,173.63	37,830.84
Governance	7	-	80.00	80.00	80.00	330.00	355.00	125.00
Support Costs	8	-	142.06	142.06	6.85			
		-						
<b>Total Expenditure</b>		<b>39,380.76</b>	<b>31,233.11</b>	<b>70,613.87</b>	<b>55,305.97</b>	<b>53,204.44</b>	<b>45,721.37</b>	<b>40,437.72</b>
<b>Net Incoming resources</b>		<b>(24,601.89)</b>	<b>18,813.09</b>	<b>(5,788.80)</b>	<b>32,567.33</b>	<b>(8,068.62)</b>	<b>(17,709.96)</b>	<b>20,455.83</b>
<b>Total funds brought Forward</b>		<b>41,876.94</b>	<b>46,749.10</b>	<b>88,626.04</b>	<b>56,058.71</b>	<b>64,127.33</b>	<b>81,837.29</b>	<b>61,381.46</b>
<b>Total funds at 31 March 2023</b>		<b>17,275.05</b>	<b>65,562.19</b>	<b>82,837.24</b>	<b>88,626.04</b>	<b>56,058.71</b>	<b>64,127.33</b>	<b>81,837.29</b>

**US Registered Number 1166464**  
**Balance Sheet**  
**As at 31st March 2023**

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			31-Mar-23		31-Mar-22		31-Mar-21		31-Mar-20
	Note		£	£	£	£	£	£	£
<b>Fixed Assets</b>									
Tangible assets	9		£499.09		322.15		-		-
<b>Current Assests</b>									
Debtors	12	-	244.99		40.00		-		-
Cash at bank and in hand	10	<u>88,334.87</u>	<u>93,342.88</u>		<u>63,906.06</u>		<u>67,381.85</u>		<u>85,117.29</u>
		88,334.87	93,587.87		63,946.06		67,381.85		85,117.29
Creditors: amounts falling due within 1	11	<u>5,996.72</u>	<u>5,283.98</u>		<u>7,887.35</u>		<u>3,254.52</u>		<u>3,280.00</u>
Net Assets			82,837.24		88,626.04		56,058.71		64,127.33
Net Assets			<u>82,837.24</u>		<u>88,626.04</u>		<u>56,058.71</u>		<u>64,127.33</u>
Charity funds									
Restricted funds	13	17,275.05		41,876.94		6,528.88		3,148.19	
Unrestricted funds		<u>65,562.19</u>		<u>46,749.10</u>		<u>49,529.83</u>		<u>60,979.14</u>	
Total Funds		<u>82,837.24</u>		<u>88,626.04</u>		<u>56,058.71</u>		<u>64,127.33</u>	

## **1. Accounting Policies**

The principal accounting policies are summarised below. The accounting policies have been consistently applied.

### **a) Basis of preparation of financial statements**

The Financial Statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities (SORP 2015)" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), effective 1 January 2015.

### **b) Fund Accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designed for other purposes.

Designated Funds are general funds which have been set aside by the trustees for a specific purpose

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes.

### **c) Incoming resources**

All incoming resources are included in the financial activities when the charity has entitlement to the funds, certainty of receipt and the amount can be measured with sufficient reliability.

Income tax recoverable in relation to donations received under Gift Aid is recognised at the time of actual receipt of funds.

### **d) Resources expended**

Expenditure is recognised on an accrual basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs can not be directly attributed to particular activities they have allocated on a basis consistent with the use of the resources.

Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

All resources expended are inclusive of irrecoverable VAT.

### **e) Fixed assets**

Fixed Assets are stated at cost less accumulated depreciation

Computer equipment method: 25% straight line

### **f) Going concern basis**

The financial statements have been prepared on a going concern basis. The trustees consider this to be appropriate as they project the level of donations and event profits to be sufficient to exceed operating costs.

	Restricted Funds 2022/23 £	Unrestricted Funds 2022/23 £	Total Funds 2022/23 £	Total Funds 2021/22 £	Total Funds 2020/21 £	Total Funds 2019/20 £	Total Funds 2018/19 £
<b>2. Donations</b>							
Donations		21,500.90	21,500.90	18,016.00	2,336.33	2,485.00	3,510.80
Grants Received	14,778.87	1,700.00	16,478.87	43,741.00	27,163.50	3,470.00	44,009.00
<b>Total Income</b>	<b>14,778.87</b>	<b>23,200.90</b>	<b>37,979.77</b>	<b>61,757.00</b>	<b>29,499.83</b>	<b>5,955.00</b>	<b>47,519.80</b>

**Restricted Grants received in year:**

Coop Community Fund	3,578.87
Middleton Foundation	200.00
RISE YEO	5,500.00
Reece Foundation	5,000.00
John Spence YE	500.00

**Unrestricted Grants received in year**

Star Fund	500.00
MHF	1,200.00

**Restricted Donation received in year**

-

**Unrestricted Donations received in year**

Multiple donations	21,500.90
	<b>14,778.87</b>
	<b>23,200.90</b>

	Restricted Funds 2022/23 £	Unrestricted Funds 2022/23 £	Total Funds 2022/23 £	Total Funds 2021/22 £	Total Funds 2020/21 £	Total Funds 2019/20 £	Total Funds 2018/19 £
<b>3. Other Activities</b>							
Fundraising	-	20,906.16	20,906.16	19,940.60	9,972.82	19,064.32	12,431.00
Gift Aid	-	5,939.14	5,939.14	6,175.70	1,496.50	2,992.09	942.75
HMRC Statutory Payments	-	-	-	-	4,166.67		
<b>Total Income</b>	<b>-</b>	<b>26,845.30</b>	<b>26,845.30</b>	<b>26,116.30</b>	<b>15,635.99</b>	<b>22,056.41</b>	<b>13,373.75</b>

	Restricted Funds 2022/23 £	Unrestricted Funds 2022/23 £	Total Funds 2022/23 £	Total Funds 2021/22 £	Total Funds 2020/21 £	Total Funds 2019/20 £	Total Funds 2018/19 £
<b>4. Expenditure on raising Funds</b>							
Online Payment Processing fees	0	623.89	623.89	734.31	682.58	549.78	283.13
Event costs	142.99	1,867.03	2,010.02	2,456.16	34.95	1,642.96	2,198.75
		-			-		
<b>Total Expenditure</b>	<b>142.99</b>	<b>2,490.92</b>	<b>2,633.91</b>	<b>3,190.47</b>	<b>717.53</b>	<b>2,192.74</b>	<b>2,481.88</b>

	Restricted Funds 2022/23 £	Unrestricted Funds 2022/23 £	Total Funds 2022/23 £	Total Funds 2021/22 £	Total Funds 2020/21 £	Total Funds 2019/20 £	Total Funds 2018/19 £
<b>5. Expenditure on charitable activities</b>							
Staffing	35531.35	25,072.88	£60,604.23	48,736.93	47,825.51	37,070.50	33,603.33
Activity related costs	3409.87	586.79	£3,996.66	647.15	14.00	937.37	616.70
Venue hire		-	£0.00	-	465.00	700.00	1,070.80
Insurance		741.15	£741.15	548.72	538.72	498.40	498.40
Phone		450.22	£450.22	378.00	352.99	257.00	207.47
Website and Social Media		562.48	£562.48	508.44	1,907.56	632.50	195.00
Events, Marketing and Promotion		-	£0.00	267.29	362.56	1,175.17	571.38
Postage, Print, Stationery	£18.18	588.73	£606.91	441.80	297.00	657.79	374.45
Travel Expenses	£222.37	132.83	£355.20	28.62	-	-	136.21
Memberships		84.00	£84.00	84.00	84.00	854.00	167.50
Training / CPD		152.99	£152.99	-	99.00	179.90	-
Recruitment / safer recruitment	£56.00	148.06	£204.06	387.70	210.57	211.00	389.60
					-		
<b>Total Expenditure</b>	<b>39,237.77</b>	<b>28,520.13</b>	<b>67,757.90</b>	<b>52,028.65</b>	<b>52,156.91</b>	<b>43,173.63</b>	<b>37,830.84</b>

## 6. Staffing

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Staffing costs include management and admin, Referrals and Keyworker Co-ordinator, Youth Engagement Officer, coach/trainer costs  
 The Referrals and Keyworker Co-ordinator 0.5 FTE post commenced on 7th March 2022. The post was increased to 0.75FTE on 3rd October 2022 following allocation of 0.25FTE Youth Engagement Officer post  
 A 0.75FTE Youth Engagement Officer was appointed on 4th July 2022 until 30 September 2022. A 0.5FTE appointment was made on 14th November 2022  
 All other staff are engaged on a self employed basis  
 No individual received remuneration in excess of £60,000  
 No trustee received any remuneration

Voluntary hours

No amounts are included in the financial statements for services donated by volunteers.

The fundraising committee, whose members all undertake activities voluntarily, met regularly throughout 2022/23

Yvonne Hurlow, following retirement as a Trustee in April 2022 continued to support the charity in a voluntary capacity throughout 2022/23

## 7. Expenditure on Governance

	Restricted Funds 2022/23 £	Unrestricted Funds 2022/23 £	Total Funds 2022/23 £	Total Funds 2021/22 £	Total Funds 2020/21 £	Total Funds 2019/20 £	Total Funds 2018/19 £
Licensing / Registration	-	55.00	55.00	55.00	75.00	55.00	75.00
External Examination of Accounts	-	25.00	25.00	25.00	25.00	25.00	50.00
External HR			-	-	230.00	275.00	
<b>Total Expenditure</b>	<b>-</b>	<b>80.00</b>	<b>80.00</b>	<b>80.00</b>	<b>330.00</b>	<b>355.00</b>	<b>125.00</b>

## 8. Expenditure on Supporting Costs

	Restricted Funds 2022/23 £	Unrestricted Funds 2022/23 £	Total Funds 2022/23 £	Total Funds 2021/22 £	Total Funds 2020/21 £	Total Funds 2019/20 £	Total Funds 2018/19 £
Depreciation - Computer Equipment	-	£142.06	£142.06	6.85	-	-	-
<b>Total Expenditure</b>	<b>-</b>	<b>142.06</b>	<b>142.06</b>	<b>6.85</b>	<b>-</b>	<b>-</b>	<b>-</b>

## 9. Tangible Assets

	Computer Equipment £
<b>Cost</b>	
At 1st April 2022	329.00
Additions	319.00
At 31st March 2023	<u>648.00</u>
<b>Depreciation</b>	
At 1st April 2022	6.65
Charge for the Year	142.06
At 31st March 2023	<u>148.71</u>
<b>Net Book Value</b>	
At 1st April 2022	322.35
At 31st March 2023	<u>499.29</u>

## 10. Cash in bank and in-hand

	31st March 2023 £	31st March 2022 £	31st March 2021 £	31st March 2020 £	31st March 2019 £	31st March 2018 £
Bank Statement	£88,334.37	93,342.38	63,905.56	67,362.85	83,140.36	63,935.46
Cash in hand	£0.50	0.50	0.50	19.00	1,976.93	-
	<u>£88,334.87</u>	<u>93,342.88</u>	<u>63,906.06</u>	<u>67,381.85</u>	<u>85,117.29</u>	<u>63,935.46</u>
Cash in hand						
Petty cash	<u>0.50</u>					
	<u>0.50</u>					

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In 2022/23 all charity funds were held in the charity's Barclays Bank Community Account \*

The trustees recognise that in order to maintain a continuity of support to our young people that a designated reserve be retained equivalent to 50% of the expenditure from the previous financial year. The trustees have retained this reserve policy for 2023/24

Additional reserves may be held in pursuit of the longer term objectives of the charity for example capital projects. The trustees may choose to utilise alternative investment or interest accruing accounts for holding such funds.

The funds of the charity	31st March 2023 £	31st March 2022 £	31st March 2021 £	31st March 2020 £
Bal. of creditors/debtors falling due in 1 Year	5,996.72	5,038.99	7,847.35	
Restricted Income Funds	14,198.33	41,535.83	6,528.88	3,148.19
General Unrestricted Income Funds	32,832.88	19,177.90	23,451.38	21,060.03
Designated Unrestricted Income Funds *	35,306.94	27,590.16	26,078.46	43,173.63
	<u>88,334.87</u>	<u>93,342.88</u>	<u>63,906.06</u>	<u>67,381.85</u>

Total of General Unrestricted Income Funds and Designated Unrestricted Income Funds is £68139.82

\* In July 2021 US opened a Business Premiun bank account - 20-83-69 53813436 - for the purposes of administering the US 200 Club quarterly lottery

Opening Funds @ 01/4/2022	£ 254.99
Paid in by lottery participants in Year	1,750.00
Interest earned	0.24
Prize funds paid out in Year	(510.77)
Prize funds donated to US in Year	(17.25)
Monies due to US Charity bank account in Year	(1,477.21)
Balance at Year End	-

#### 11. Creditors - amounts falling due within one year

	31st March 2023 £	31st March 2022 £	31st March 2021 £	31st March 2020 £	31st March 2019 £	31st March 2018 £
Creditors - Suppliers	4,975.00	4,838.98	5,990.60	3,229.52	3,255.00	2,544.00
Creditors - HMRC	905.46					
Creditors - NEST pension	91.26					
Accruals	25.00	445.00	1,896.75	25.00	25.00	-
	<u>5,996.72</u>	<u>5,283.98</u>	<u>7,887.35</u>	<u>3,254.52</u>	<u>3,280.00</u>	<u>2,544.00</u>

#### 12. Debtors - amounts falling due within one year

	31st March 2023 £	31st March 2022 £	31st March 2021 £	31st March 2020 £	31st March 2019 £	31st March 2018 £
Debtors			-	-	-	-
Accrual		244.99	40.00	-	-	-
	-	<u>244.99</u>	<u>40.00</u>	-	-	-

#### 13. Restricted Funds

Breakdown of Restricted funds @ 31st March 2023

	£
TNL Community Funds	-
Wellesley	-
Warbuton	116.00
RISE - Youth Engagement Officer 0.75	7,458.11
St Nicholas' Educational Trust	-
Proctor & Gamble	-
Donor - Referrals & Actiities Co-ordinator	4,131.43
Coop Foundation	-
Middleton Foundation	57.01
Reece Foundation	4,012.50
John Spence HS - YE	500.00
May Ball Ticket payments held	1,000.00
	<u>17,275.05</u>



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
US

On accounts for the year  
ended

31<sup>st</sup> March 2023

Charity no  
(if any)

1166464

Set out on pages

1 to 6

(remember to include the page numbers of additional sheets)

Responsibilities and  
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2023**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

*Joanne Towart*

Date:

21.12.23

Name:

JOANNE TOWART.

Relevant professional  
qualification(s) or body  
(if any):

CIMA.

Address:

11 JACKSON CLOSE, SEATON DELAVAL, NEZSOPL

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

On accounts for the year ended	31 March 2018	Charity no. (if any)	
Set out on pages	1 to 6		
<p>I report in respect of my examination of the Trust's accounts carried out under section 148 of the 2011 Act and in carrying out my examination I have followed all the applicable law and given by the Charity Commission under section 143(5)(b) of the Act.</p> <p>I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination gives rise to believe that any material matters:</p> <ul style="list-style-type: none"> <li>the accounting records were not kept in accordance with section 133 of the Charities Act, or</li> <li>the accounts did not accord with the accounting records or</li> <li>the accounts did not comply with the applicable requirements</li> </ul> <p>concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008, other than any requirement listed the accounts give a true and fair view which is not a matter considered as part of an independent examination.</p> <p>I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.</p>			
Signed:		Date:	
Name:		Date:	
Relevant professional qualification(s) or body (if any):		Address:	