

Charity Registration No: **1150024**

**Association of Afghan Healthcare Professionals-UK
AAHP-UK**

**TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR
THE YEAR ENDED 24th March 2024**



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AAHP-UK

TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS FOR THE FINANCIAL YEAR ENDED 24th MARCH 2024

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name: Association of Afghan Healthcare Professionals-UK (AAHP-UK)

Charity Number: 1150024
Registered Address: 85 Great Portland Street, First floor, London W1W 7LT
Accountant Firm: Cowan & Partners Limited, 60 Constitution Street, Edinburgh, EH6 6RR
Bankers: Bank of Scotland

TRUSTEES

The trustees who served the charity during the period were as follows:

Dr Enayat Modasser	Trustee
Dr Abdulwahab Ghani	Trustee and Treasurer
Dr Aman Shams	Trustee and Secretary
Dr Nasir Habibi	Trustee and Chair
Dr Ihsan Wardak	Trustee
Dr Khesrow Sangarwal	Trustee
Dr Qudrat Ullah	Trustee

STRUCTURE, GOVERNANCE AND MANAGEMENT

AAHP-UK is a registered charity. The Financial Statements comply with current statutory requirements, the organisation's constitution and the Statement of Recommended Practice-Accounting and Reporting by Charities.

AAHP-UK is managed and administered by a committee of Trustees and project leads elected by the trustees in accordance with its constitution.

Dr Maliha Kabir has been assisting the AAHP-UK's daily work, such as dealing with donors, managing projects, bookkeeping, organising Trustees / departmental meetings and AGM, etc.,

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Appointment of Trustees

The trustees are elected at the AGM. The AAHP-UK may appoint or remove a Trustee by ordinary resolution.

When appointing Trustees, the AAHP-UK gives due consideration to the skills and experience of the existing Trustees and seeks to ensure that the skill mix of the Board is appropriately balanced.

All new Trustees are supported by an appropriate induction programme.

Partnerships

The trustees, continue to oversee the operational functions of the charity.

AAHP-UK welcomes partners in all its work and seeks to develop existing, and to form new partnerships. AAHP-UK formalise partnerships through agreeing a memorandum of understanding (MOU).

OBJECTIVES

The charity's objects are:

1. Education in Healthcare

To advance the education of the public on healthcare, promote research for public benefit in all aspects of healthcare, and publish the useful results of such research.

2. Relief of Sickness and Poor Health

To relieve sickness, poor health, and old age among people living in the UK and Afghanistan.

3. Disaster Relief

To alleviate financial need and suffering among victims of natural or other disasters in the UK and Afghanistan through the provision of medical aid.

PUBLIC BENEFIT

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how planned activities will contribute to the set aims and objectives.

ACHIEVEMENTS AND PERFORMANCE

AAHP-UK as reputed organisation, during this reporting period has dealt with the growing demand for services provision on different fronts. The AAHP-UK has moved stronger since its inception almost a decade ago, with growing its financial turnover. It has implemented dozens of impactful projects including delivery of free health services and distribution of food packages to thousands of needy families in the most deprived parts of Afghanistan. As a professional association, the AAHP-UK has represented and advocated for the health rights of Afghans at different local, national and international forums and has

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ACHIEVEMENTS AND PERFORMANCE Continued

reached out to different stakeholders and supported resource mobilisation to address the humanitarian crisis in Afghanistan. The association has moved from strength to strength to improve its service delivery performance by working and establishing strategic partnerships with local organisations in Afghanistan. The AAHP-UK is now a proactive member of the FEMHO (Federation of Ethnic Minority Health Organisations) and has jointly advocated for the rights of health professionals and reducing health inequalities in the UK.

With our limited workforce capacity, we have raised funds to deliver the most ambitious projects for the malnourished children in Afghanistan in contributing to the UN sustainable development goals (SDGs).

We published videos of some projects after obtaining valid consents from people present in the videos (website: www.aahpuk.org and Facebook). These videos from the field show the positive impact our projects produced and the dedication of volunteers who deliver these projects with both professionalism and pride.

AAHP-UK projects during this reporting period:

1) Orphans project in Kabul Afghanistan

We supported for several years seven children in Kabul who have lost their parents. We provided funding for their basic needs and education. This project is complete, as the children are adults now and have completed their education. We are in the process of selecting another group of orphans to continue this project with another group of 7 to 10 orphans.

2) Thalassaemia Project in Kabul, Afghanistan

Thalassaemia is a genetic blood disorder condition. The severity of the condition depends on the number and/or location of gene mutation, and range from no symptoms, severe anaemia, osteopenia and bone deformities to failure to thrive and death. Treatment includes regular blood transfusions (2-4 weekly). This is associated with iron overload and deposition in major organs which cause significant endocrine, hepatic and cardiac toxicity. Iron overload can be managed with chelation therapy (e.g. oral deferasirox, deferiprone, or biweekly subcutaneous injections of deferoxamine). Other treatment measures may include splenectomy and hormonal therapies (e.g. thyroid, insulin and growth hormone).

We provide funds for medication to manage iron overload in children with thalassaemia who come to the blood bank in Kabul for blood transfusion. The number of children reaches around a thousand and every month over 250 children receive Deferoxamine funded by AAHP-UK.

During the last year we have managed to secure funding to provide the lifesaving medication to 1200 children regularly. We also provided nutritional milk and biscuits for the children coming for their procedures to the blood bank in Kabul. We purchased two TVs for the waiting areas to play educational materials and cartoon for the children. We purchased a computer for registration of the patients. The children are much comfortable and the experience of coming for the procedure is fun as they are getting the milk drink and biscuits. The staff serve them more efficiently by having the computer and seeing the children much happier. We are planning to go further and make the thalassaemia ward a better place with the right equipment to serve the children with thalassaemia and haemophilia in the blood bank Kabul.

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AAHP-UK's projects in response to natural disasters and poverty in Afghanistan since August 2021

Afghanistan is a country that has suffered over four decades of war and poverty. The unfortunate change of government in 15 August 2021 has led thousands of Afghans to flee the country, many lost their lives, and those who are alive in the country lost their livelihood and are in desperate need of food and medicine. The barely managing healthcare system is almost collapsing. The sanction from the international community brought more hunger and poverty for the people of Afghanistan.

AAHP-UK has been working hard by raising funds and responding to the crisis facing the people of Afghanistan. We have developed a series of projects for implementation in various affected provinces of Afghanistan: Distribution of food packages to the neediest people and providing free medical camps in various provinces of Afghanistan.

The generous support of our funders enabled us to implement the following projects in this reporting period:

Distribution of food packages to Herat and Nuristan provinces of Afghanistan:

Following the implementation of our series of distribution of food packages in year 2021/22 in the provinces of Panjshir, Kandahar and Badakhshan benefiting 315 families, and in year 2022/23 distributed 310 food packages for the needy families in provinces of Helmand, Paktika and Kabul. Each package (flour, rice, oil, beans, sugar and tea) consisted of supplies for one month for a family of average of six members. In this reporting period year 2023/24 we distributed food package to the 247 families the victims of divested Herat's Earthquake. We also distributed cash to 70 families affected by the earthquake.

Another malnutrition project was implemented in Nuristan province providing fortified food packages to the families of 60 children with malnutrition problem. For the implementation of these projects we have continued to partner with the two local organisations: Afghan Islamic Medical Association (AIMA) and Ehsas Welfare and Social Service Organisation (Ehsas) and also we started to partner with Khateez public health organisation in the case of Nuristan Project.

Malnutrition Project for severely malnourished children in Nuristan, Afghanistan:

This project was in partnership with the Khatiz Public Health Association (KPHA). These families with malnourished children were identified in cooperation with the KPHA and distributed the highly nutritious food packages to 60 needy families in Nuristan.

Each food package consisted of 50kg of wheat flour, 10kg of rice, 7kg of beans, 7kg of chickpeas, 10 litres of oil and 60 eggs.

In previous year we implemented the malnutrition project 191 families with severely malnourished children registered in Jalalabad, Kunar, Wardak and Kapisa in Afghanistan were supported.

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AAHPUK work in the UK:

Occupational English Test (OET) Training for Overseas Healthcare Professionals who wants to get into the NHS workforce in the UK:

This is an exciting project which started in July/August 2022. The aim of the project is to help the newly arrived Healthcare professionals to requalify in the UK in order to work in the NHS. To date we have funded 100 healthcare professionals who are in the UK to do this training, 20 of them were funded during this reporting period. The Training run by SET-English, which provides 20 hours live classes online, plus assessment by submission of eight letters and three mock exams. The lessons are uploaded to the Set-English website and candidates have access to the recording 24/7 a week.

There were four of candidates who passed their OET exams during this reporting period and also they passed plab 1. This training is very challenging for those doctors coming from war zone countries to the UK and need to resettle and pursue their career in addition to families' responsibilities. This project has been a great centre for the healthcare professionals to come under one umbrella of AAHP-UK. The beneficiaries feedback is very positive. It has given them a sense of belonging and a place that they can turn to with their issues. We also provide mentoring for plab1 and plab2 by the AAHP-UK management committee members after they pass their OET exam. AAHP-UK also run meetings; seminars related to their career path in the UK.

AAHP-UK Future work in Afghanistan and the UK:

We would like to continue the distribution of food packages to the people affected by natural disasters, war and poverty in various provinces in Afghanistan. We will continue the implementation of free medical camp (primary and basic healthcare) in the poorest and remote areas of Afghanistan. We will also continue to support Orphan and Thalassaemia projects. We are planning to support small projects from the Karen Woo Awards.

The OET project has grown in the numbers of the beneficiaries and there is a need to support them with searching for clinical attachment while studying for their OET. We will continue our endeavour to serve the beneficiaries and their needs to our ability.

FINANCIAL REVIEW

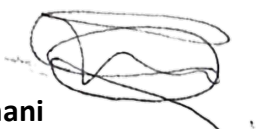
As a result of the financial review undertaken by the AAHP-UK trustees, a plan has been developed and is being implemented. We have raised £78,571 funds to finance the charity's objectives in this reporting period. All restricted funds will be used only for the designated projects. For more details, please refer to the financial pages of this report.

During the year AAHP-UK had income of 78,571 (2023: £59,653) and expenses of £70,957 (2023: £53,762) leading to a surplus of £7,614 (2023: £5,891). The charity has net assets of £51,990 at the year-end (2023: £44,376).

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RESERVES POLICY

All reserves are held for furtherance of our charitable activities and are to be used for future projects. The charity currently has reserves of £51,990 with £29,491 held in restricted funds (2022: £44,376), this leaves £22,499 of free unrestricted reserves (2023: £17,752) for the use in future projects. This would be sufficient to cover at least six months of ordinary running costs while the charity sought further funding.



Dr Abdulwahab Ghani
Trustee

Date: 23/01/2025

**Independent Examiner's Report to the Trustees of
Association of Afghan Healthcare Professionals-UK**

I report on the accounts for the year ended 24 March 2024 set out on pages 8 to 12.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mathew R J Gillies LLB (Hons) ACPA FCIE
Full member of the Association of Charity Independent Examiners
Cowan & Partners Limited
60 Constitution Street
Edinburgh
EH6 6RR

23 January 2025

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RECEIPTS AND PAYMENTS

		Unrestricted Funds £	Restricted Funds £	Total Funds £	2023 Total £
Receipts					
Donations	4	14,045	-	14,045	7,140
Fundraising	5	-	-	-	10,391
Grants	6	-	63,576	63,576	42,122
Other	7	-	950	950	-
Total Receipts		14,045	64,526	78,571	59,653
Payments					
Payments for Charitable Activities:	8				
Project Costs in Afghanistan		-	54,386	54,386	26,012
Advertising & Fundraising		189	-	189	130
Admin & Misc. Costs		652	-	652	-
Consultancy		2,625	2,625	5,250	4,530
Telephone & Internet		600	-	600	728
Orphan Projects		-	-	-	1,000
OET Training		-	6,707	6,707	13,910
Malnutrition Project		-	-	-	4,800
Governance Costs		3,173	-	3,173	2,652
Total Payments		7,239	63,718	70,957	53,762
Surplus/(Deficit) for the year		6,806	808	7,614	5,891
Transfers between funds	-	2,059	2,059	-	-
Cash funds brought forward		17,752	26,624	44,376	38,485
Cash funds carried forward		22,499	29,491	51,990	44,376

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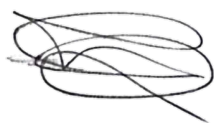
STATEMENT OF BALANCES

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Cash Funds			
Cash and bank balances at start of period	17,752	26,624	44,376
Surplus/(Deficit) for the period	6,806	808	7,614
Transfer of restricted Funds	- 2,059	2,059	-
Cash and bank balances at end of period	<u>22,499</u>	<u>29,491</u>	<u>51,990</u>

Liabilities

As accounts are prepared on a receipts and payments basis, at the year-end an accounting fee is due of £1,560.

The accounts were approved by the Trustees and authorised for issue on ~~23/01/2025~~ and were signed on its behalf by:



Dr Abdulwahab Ghani
Trustee

AAHP-UK

CHARITY NUMBER: 1150024

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED 24 MARCH 2024**

1. Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.

2. Nature and Purpose of Funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3. Related Party Transactions

There have been no related party transactions in the year to 24 March 2024 nor 24 March 2023.

No Trustees have received remuneration in the period to 24 March 2024 nor 24 March 2023.

4. Donations

	2024	2023
	£	£
Orphan Donations	940	890
Misc. Donations	13,105	6,250
	<u>14,045</u>	<u>7,140</u>

5. Fundraising

	2024	2023
	£	£
Online Fundraising	-	10,391
	-	<u>10,391</u>

6. Grants

	2024	2023
	£	£
BMA	1,900	-
Prism – Choose Love	61,676	12,213
Karen Woo Award	-	9,625
OET Training	-	20,284
	<u>63,576</u>	<u>42,122</u>

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NOTES TO THE FINANCIAL STATEMENTS – Continued
FOR THE YEAR ENDED 24th March 2024

7. Other Income

	2024	2023
	£	£
Contribution for OET Training	950	-
	<u>950</u>	=

8. Costs of Charitable Activities

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
Distribution of Food Packages and Free Medical Camps in Afghanistan	-	54,386	54,386	26,012
Consultancy	2,625	2,625	5,250	4,530
Orphan Projects	-	-	-	1,000
OET Training	-	6,707	6,707	13,910
Malnutrition Project	-	-	-	4,800
Admin costs	841	-	841	274
Telephone	223	-	223	162
Virtual address	-	-	-	48
Website Developer	377	-	377	374
Accounting Fee	1,560	-	1,560	1,560
AGM costs	1,613	-	1,613	1,092
	<u>7,239</u>	<u>63,718</u>	<u>70,957</u>	<u>53,762</u>

AAHP-UK**CHARITY NUMBER: 1150024****NOTES TO THE FINANCIAL STATEMENTS – Continued
FOR THE YEAR ENDED 24th March 2024****9. Movement in Funds**

	Balance at 25/03/2023	Received	Paid	Transfers	Balance at 24/03/2024
Unrestricted - General	17,752	14,045 -	7,239 -	2,059	22,499
Restricted - Choose Love/Shamaazi	13,301	- -	13,301	-	-
Restricted - OET Training	3,698	950 -	6,707	2,059	-
Restricted - Karen Woo Award	9,625	-	-	-	9,625
Restricted - Choose Love 23/24	-	61,676 -	41,810	-	19,866
Restricted - BMA	-	1,900 -	1,900	-	-
	<u>44,376</u>	<u>78,571 -</u>	<u>70,957</u>	<u>-</u>	<u>51,990</u>

Choose Love and Shamaazi Foundation - for the distribution of emergency food packages and free medical camps in various provinces of Afghanistan. In 23/24 further funding was received from Choose Love for the Thalassaemia project and also for the distribution of food packages for the victims of Herat Earthquake.

OET Training – for the training for Afghan healthcare professionals to take Occupational English Test (OET)

Karen Woo Award - to support healthcare in Afghanistan and also to cherish and promote the memory of Dr Karen Woo.

BMA funding received during the year for a monitoring and evaluation visit for the thalassaemia project in Afghanistan.