

Trustees' Annual Report for the period 1st June 2018 to 31 May 2019

Section A: Reference and administration details

Charity name Inspero

Registered charity number 1167516

Charity's principal address
Pembroke Lodge, 239 Old Worthing Road, Basingstoke
Hampshire
Postcode, RG22 6NS

Names of the charity trustees who manage the charity

Trustee name	Office
1 Samia Calvet	Chair of Trustees
2 Songul Adams	
3 Richard Clark	Treasurer
4 Jacqueline McConville	

Name of chief executive or names of senior staff members - Catherine Waters-Clark

Section B: Structure, governance and management

Type of governing document - Constitution

How the charity is constituted - Incorporated registered charity

Trustee selection methods - Trustee are appointed by existing trustees.

Additional governance issues - Inspero's organisational structure is composed of a Management Committee - Trustee board who are responsible for the overall management and control of the charity. The day to day running and delivery of the organisations programmes are managed by the Chief Executive, supported by 6 sessional workers and 24 volunteers including 4 young volunteers.

All trustees give their time freely and no remuneration or expenses were paid in this year.

Inspero has developed mutual partnerships with local organisations to help support and develop its work within Basingstoke. The organisations include Basingstoke College of Technology (BCoT), Ridgeway Community Centre, Popley Fields Community Centre, Kempshott Village Hall, Dove House Academy School and Fujitsu.

The major risks that the trustees have considered is that programmes are very popular and often oversubscribed, there is a possibility Inspero will not be able to meet local demand going forward and therefore continues to seek additional funding resources.

Section C: Objectives and activities

Summary of the objects of the charity set out in its governing document; The objects of the charity are the advancement of education and training in subjects relating to horticultural practice, conservation, diet and nutrition in the local area. The charity operates to, but not exclusively to, educate young people in the community about food and nutrition, to empower, support and inspire young people to lead healthy lifestyles by learning about food and the integral role it plays in their lives such as cookery club programmes, to encourage healthy eating habits, greater physical activity and community connectedness through our programmes, to developing and sustaining community gardens and love2grow programmes, to providing training activities which develop young people's skills, knowledge and capabilities in horticulture, cookery and nutrition.

Summary of the main activities undertaken for the public benefit in relation to these objects - Inspero runs a variety of low cost and free classes for young people and their families in the community including Cooking and healthy eating classes, Family Food Education programmes, Eco-Gardening club for children, Green Therapy club for Adults & students promoting physical, mental and emotional well-being through gardening, cooking, craft activities eg. Willow weaving, Children's Forest School Classes, Horticulture projects - Nature2Nurture with schools including the Dove House Academy School, Employee Volunteering Days for corporate companies and volunteers, Gardening services for older people and collaborations with the local Men's shed and older people's Daytime Club.

In developing the aforesaid services within the community the trustees have taken guidance from the Charity Commission's documentation on public benefit.

Additional details of objectives and activities - Inspero's aim is to empower and support young people and their families to lead healthy lifestyles by learning about food and the outdoors, and the integral role they play in their lives.

Objectives:

1. To educate young people and adults about food, support them to grow, harvest, prepare and cook fresh and seasonal food.
2. Promote healthy eating and living through our Love2Grow and Love2Cook programmes.
3. To work at a grassroots level working with all young people and particularly those from socially disadvantaged communities.
4. Build bridges between the generations through our programmes, creating intergenerational working and learning.
5. Develop partnerships with organisations and businesses to create services that improve the lives of local young people.
6. To create inspiring urban community gardens from areas of wasteland to promote local food.

To ensure the objectives are met Inspero have developed policies on

Grantmaking: Inspero will strive to apply for relevant grants to further its work in the community for local people.

Programme related investment: Any funding that is raised during fundraising activities or donated from the public is ploughed back into programme support and development.

Contribution by volunteers: Our volunteer community is made up of 24 local people who give their time and talents regularly supporting our programmes and this team work tirelessly to ensure we are providing quality services within the community.

Section D: Achievements and performance

Inspero have had a really busy year with a noticeable demand in services. Over the financial year 2018-2019, there has been the delivery of programmes such as projects with the local Men's Shed and the Daytime club for older people, Nature2Nurture programme for children suffering from mental health issues, placements for students with special needs with the Dove House academy and the attaining of new funds to enable the aim of the charity to continue to flourish.

The charity obtained the Queen's Award for Voluntary Services in 2018 for the contribution given to the Basingstoke community.

The charity is also pleased to report that they are a NCS (National Citizen Service) charity partner and are able to work with over 120 students every year.

Section E: Financial review

The Reserves Policy of the charity is to maintain sufficient level of reserves to enable normal operating activities to continue over a period of 3 month. This policy is based on current activities and takes into take account potential risks and contingencies that may arise from time to time.

The principal sources of funding came from the following sources: Basingstoke & Deane Borough Council this financial year. An equally significant income source came from fundraising, donations and other services provided by the charity to generate funds to utilise within the programmes.

The total funds carried forward at the financial year end 2019 were £18,567 of which £4,583 are unrestricted. (2018 £1,594)

Section F - Declaration

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees
Signature(s)

Full name(s) Samia Calvet Catherine Waters-Clark

Position Chair of Trustees Chief Executive

Date 31st December 2019