



# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	Day	Month	Year		Day	Month	Yea
	01	04	2018		31	03	2019

## Section A Reference and administration details

**Charity name** SURVIVE and THRIVE (Previously Macclesfield Mind)

**Other names charity is known by** DUKE STREET (Formerly Maccmind)

**Registered charity number (if any)** 513114

**Charity's principal address**

3/5 Duke Street
Macclesfield
Cheshire
<b>Postcode</b> SK11 6UR

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1				
2	Lesley Cox	Chair		
3	Clive M Phillips	Secretary		
4	Ian Brown	Treasurer		
5	Ellen Lees			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity’s trusts**

Type of governing document  
(eg. trust deed, constitution)

Constitution & Working Rules

How the charity is constituted  
(eg. trust, association, company)

Unincorporated Voluntary Organisation unaffiliated, CVS member

Trustee selection methods  
(eg. appointed by, elected by)

Election from membership (@AGM) or co-option at a meeting.

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

Policies and procedures previously adopted when affiliated to Mind reviewed and updated as needed/necessary.

Training through CVS, Local Educational Facilities.

Service run by the Development Worker Counselling & ‘Drop In’) line managed by the chair of the executive committee. Monthly management meetings and quarterly executive meetings. Service Users run the ‘Drop In’ for others as ‘Peer Support’ volunteers.

Other mental health service providers, Social Services for example, use the building to also benefit out client group.

Funding is partial year to year from the EC CCG commissioning the service. The service is underfunded to grow to meet the need arising from the service redesign of the statutory mh services, ie their downsizing and discharging/conscripting service users back to their GPs.

**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

To improve public knowledge of mental health and to combat the stigma, fears and prejudice which still surrounds the term “mental illness” Provision of a counselling service for those not accommodated by the statutory service. Help into work and with welfare benefits continues for those known alongside a mhsu ‘Drop In’ with a two course lunch facility for a contribution.  
To work for and promote improved standards and forms of mental health care, support and treatment.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The main beneficiaries of the charity/service are those who have or are suffering mental health problems. The majority will have had contact/involvement with mh professionals and have received home care treatment if hospitalisation was avoided. We are increasingly a stepping stone for those attempting to survive on benefits and with their enduring mental health issues. We are reluctantly 'Day Care' for some individuals as there is no longer any service that could be called such in mental health. Homelessness and substance abuse problems /clients are a continued and growing problematic issue.

This charity's current service provision originates from the demise of the Victorian Parkside Hospital and the then aspiration to transfer resources into the community and 'normalise' mental health. "Recovery is now embedded in services but still a difficult outcome to achieve. Referral processes with single point of access are more difficult and traumatic for those wanting or not mental health services. Increasingly, we are aware or approached by those failed by present rationalisations being independent and having open access.

The stock of books regarding mental health are available to all to loan. And we have free booklets on mental health.issues to inform callers. The 'Drop In' and meals continue to be invaluable for those far from the job market whilst the Counselling replacing 'worthwhile meaningful occupation employment' has been supporting more clients as the number of counsellors has grown.. Peer Support from the client group stepped into the breach and ongoing clients received more telephone support. The trustees are mindful of the prerequisites for charitable status, the guidance and, the imperative of public benefit accompanying as evidenced in its activities/service.

The resource and time that has been put into satisfying Mind(NAMH) is no longer a drain or resources .as Members voted to disaffiliate to the regret of some no longer involved.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

SURVIVE and THRIVE does not award grants or dispense monetary aid.

SURVIVE and THRIVE does not own but rents the premises it uses. It has invested a Legacy (Neil Thomas) donation for future income. As income from ECCCG has halved employing a second worker no longer feasible.

SURVIVE and THRIVE does not employ fundraisers or invest in schemes to raise funds.

SURVIVE and THRIVE remains open to exploring options for taking on a worker(s) for Direct Payments work as a way of meeting the needs of some clients and future clients; DIRECT CARE..

'Peer Support' is in vogue and funding constraints mean the 'Drop In' operates with the help of its users volunteering to undertake whatever work is needed and providing mutual self-help. The Manager and Counselling Supervisoe, Psychologist, is the sole employee. Evaluation Questionnaires from clients have indicated they are happy with this and think it works well. However, long term more staffing would be beneficial and improve outcomes.

Goods donations from the public are re-cycled to our clients and there is participation in a recycling scheme to help clients where appropriate.

**Summary of the main achievements of the charity during the year**

Outcomes agreed with the CCG with respect to supporting and developing mental health service users have been met,

ATOS/Job Centre and their recalls for medicals etc continue to harass our client group and cause them more stress and problems necessitating help and support. The 'Drop In' mainly meets a need of those far from the job market whilst the worker/employment side focuses on those trying to move on or away from that context. It is gratifying that a now old formula continues to work for those with mental health issues in our 'community' of East Cheshire.

It is an achievement to have been re-commissioned again this year by the EC Clinical Commissioning Group albeit once again on the same reduced funding basis.

The pension deficit (C20K) is a worry that has to be accommodated without funder support..

As anticipated it was not feasible to continue being affiliated to Mind and fulfil and resource their requirements. Hence, becoming Survive and Thrive. It is hoped that in the future things can be different.

Survive & Thrive continues to work with others where appropriate.

Computer and wifi accessis available to those needing it.

**Section E Financial review**

**Brief statement of the charity's policy on reserves**

The policy is to maintain sufficient funds to pay cessation of service liabilities. Services will close should reserves approach anticipated liabilities.

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The Charity is core funded (20,124GBP) by the East Cheshire PC Clinical Commissioning Group as a health service..

The Neil/Barbara Thomas's Trust set up for a grateful former client has allowed continuance of the service he valued and will allow it to exist as he experienced it for a while longer!

**Section F Other optional information**

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**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Ms Lesley Cox	Mr Clive M Phillips
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer	Secretary
<b>Date</b>	01//04/20	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
**SURVIVE and THRIVE**

No (if any)  
513114

CC16a

## Receipts and payments accounts

For the period from	Period start date 1/4/2018	To	Period end date 31/03/19
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
ECCCG Duke St & Counselling Grant	-	20,114	-	20,114	40,227
Neil.Barbara Thomas Trust Funds	13,544	-	-	13,544	-
Donations	5,182	-	-	5,182	14,494
Interest	74	-	-	74	25
Redundancy Fund	-	-	-	-	400
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total(Gross income for AR)</b>	<b>18,800</b>	<b>20,114</b>	<b>-</b>	<b>38,914</b>	<b>55,146</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>18,800</b>	<b>20,114</b>	<b>-</b>	<b>38,914</b>	<b>55,146</b>
<b>A3 Payments</b>					
Fire,Health&Safety. QM	745	438	-	1,183	1,724
Salary&Payroll=Pension Deficit	-	12,308	-	12,308	23,021
Office Exp & Photocopier	-	263	-	263	324
Travel Exp & Hospitality	145	105	-	250	354
Building Costs & Utilities	-	12,183	-	12,183	12,237
Affiliation, Insurances& Audit	-	672	-	672	1,081
Training/Recruitment Redundancy	14,889	212	-	15,101	990
Phone&Internet	-	499	-	499	709
Direct Care	393	-	-	393	31
<b>Sub total</b>	<b>16,172</b>	<b>26,680</b>	<b>-</b>	<b>42,852</b>	<b>40,471</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>16,172</b>	<b>26,680</b>	<b>-</b>	<b>42,852</b>	<b>40,471</b>
<b>Net of receipts/(payments)</b>	<b>2,628</b>	<b>- 6,566</b>	<b>-</b>	<b>- 3,938</b>	<b>14,675</b>
<b>A5 Transfers between funds</b>	<b>- 2,405</b>	<b>2,405</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>68,256</b>	<b>4,161</b>	<b>-</b>	<b>72,417</b>	<b>57,742</b>
<b>Cash funds this year end</b>	<b>68,479</b>	<b>-</b>	<b>-</b>	<b>68,479</b>	<b>72,417</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	PremiumBusines ac HSBC	59,480	-	-
	Treasurers ac HSBC	8,997	-	-
	MoneyManager ac HSBC	2	-	-
	<b>Total cash funds</b>	<b>68,479</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>	St James Palace ac 0000477741	Unrestricted	150,000	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>	To Pension Fund Deficit	Unrestricted	C 20000	
	To Six Months Rent	Unrestricted	4,500	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Mr Clive M Phillips	1/5/2020
	Ms Leslie Cox	



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
SURVIVE and THRIVE previously Macclesfield Mind

**On accounts for the year  
ended**

31<sup>st</sup> March 2019

**Charity no  
(if any)**

513114

**Set out on pages**

CC16a for year 2018/2019

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

[Signature box]

**Date:**

19<sup>th</sup> May 2020

**Name:**

Marshall Barnard

**Relevant professional  
qualification(s) or body  
(if any):**

[Empty box for qualification]

**Address:**

22 Morten Drive  
Sutton, Macclesfield



**Section B**

**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

