REGISTERED CHARITY NUMBER: 1110096

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2019

FOR

ALETHEIA FOUNDATIION

LEES
Chartered Certified Accountants
18 Glasshouse Studios
Fryern Court Road
Fordingbridge
Hampshire
SP6 1QX

ALETHEIA FOUNDATIION

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FOR THE YEAR ENDED 31 AUGUST 2019

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ALETHEIA FOUNDATIION

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 AUGUST 2019

The trustees present their report with the financial statements of the charity for the year ended 31 August 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives, policies and organisation

The Aletheia Foundation, registered charity no 1110096 (formerly True Vision Foundation) was founded in 2009 by Brian Woods, Deborah Shipley and Jezza Neumann, producers and Directors of True Vision Productions.

True Vision Productions has an extensive track record producing Emmy, BAFTA and Grierson award-winning films for the BBC, ITV, Channel 4 and HBO with a special interest in giving a voice to young people and socially disadvantaged groups. We have a reputation for combining journalistic rigour with sensitively-made programming, often working with vulnerable individuals involved in a variety of difficult circumstances.

Because of this, we understand that our films can ignite passions in our viewers who may want to help the people featured in the films or help the cause we are highlighting. When donations can be channelled through existing NGOs, we direct our audience straight to these organisations, however, there have been many occasions where no charities are working in the particular area where we have highlighted an issue, or there are compelling reasons why we cannot make direct links to organisations on the ground.

Historically, we would grow charities out of the films that were made, such as - COCOA, Care of China's Orphaned and Abandoned, The Orphans of Nkandla Trust and The Campaign for Bulgaria's Abandoned Children. When we realised that films had the power to raise awareness and support for social issues and injustice, we decided that instead of repeatedly creating new bespoke charities, we would launch The Aletheia Foundation so that anyone who wished to help the people featured in our films would be able to, safely in the knowledge that their donations would help those individuals and the causes directly.

We continue to work closely with charities that support the wider issues raised by our films, and always seek to direct viewers to these charities if they wish to help people in similar situations to those depicted in the films. The Foundation is for those viewers who are keen to help the individuals featured in our films, and provides a more transparent and accountable system for channelling such offers of help than the more informal process of money being sent to the production company and where there is no other charitable vehicle through which assistance can reach contributors.

Policies

¢ The Trustees guarantee complete confidentiality with applicants and beneficiaries.
¢ The Trustees, in cases of joint funding, do not release funds until all funding is guaranteed.
¢ The Trustees regularly review all projects in progress.
¢ The Trustees hold six months' operating costs in reserve.
¢ The Trust is an Equal Opportunities Employer.

Organisation

The Board: There are currently five Trustees forming the Board,

They are all non-salaried: Mr Brian Woods (Chair), Jezza Neumann, Clarinda Cuppage, Anna Hall and Nicky Wimble. Two of the Trustees are completely independent of True Vision, in order to establish clear blue water between True Vision and the Foundation, and ensure transparency and accountability.

Office Staff: The Trust employs two part-time staff; Kate van Koten, Foundation Manager and Sharon Thompson, Administrator. This report was completed by Kate van Koten.

OBJECTIVES AND ACTIVITIES
Developments, activities & achievements
The Aletheia Foundation's main income is derived from donations.

Zimbabwe's Forgotten Children

Report written by Sharon Thompson.

CONSERVATION AGRICULTURE PROGRAMME

It is the farming season again in Zimbabwe and we continue on our mission to convert struggling rural farmers to use natural, low cost, conservation agriculture methods that have proven to work year after year. However, this year we have decided to do something different - a challenge for 5 schools to bring their dry, failing agriculture plots back to green, organic vegetation using an eco-friendly approach with just a hoe!
The school that uses the conservation agriculture training (provided by our partners Foundations for Farming) to the letter, will undoubtedly triumph and produce an exhibition plot that can be used every season to show hundreds of schools and families in the area that you only need a small area of land, mother nature and a hoe to produce a year's food for a large family AND surplus to sell.
During this farming season we will continue to train, monitor and support our rural schools and include some friendly competition to see who will achieve the best exhibition plot. We invited participants from years before, who live within the community, who were only too happy to confirm that the conservation agriculture programme has been life changing for them.
Teachers and parents have been included in the training which will be passed to children and other families. The harvest will be used to fund much needed school development and our feeding programme so children can receive a nutritious meal every day at school and at home.

TEACHER TRAINING PROGRAMME

Firstly - do you remember when Obert showed us the suffering of children in remote rural areas and our main objective was to get those children back into school and get some nutrition into their malnourished bodies? We not only achieved this at his old school - we did the same thing for many more schools! When classrooms were overflowing, we realised teachers were struggling to cope with this - again, we got to work! It is now with great pleasure that we write this long overdue update to you all!

This last month we started the delivery of the Redearth Education Teacher Training programme, in partnership with approved education officials, and are excited to be the first ones to bring this programme to Zimbabwe.

Over 2 weeks our colleagues from Redearth Education Uganda visited all our schools and ECD (early childhood development) centres to do lesson observations together with the officials, teachers and our staff. The partnership worked very well, as they exchanged information with each other and the school teachers, to further adjust the first training module to fit with the Zimbabwean learning environment and new curriculum. They went on to give 2 days of ECD training and 4 days of primary school training to 37 teachers and 3 education officials.

Module one (out of four modules in total) is simple, but extremely effective! It includes such things as: the internal and external teaching environment and how this contributes to the children's learning experiences; good time management and ways it can be improved to maximise learning time; understanding how routines and procedures link to human rights and responsibilities.

The largest part of module one is to empower teachers with the skills to create engaging learning aids and resources from free, locally sourced, recycled materials - such as plastic bottles, cardboard, sugar & mealie sacks, clay and straw.
These learning aids, games and activities are crucial in helping engage children in their lessons and improve the quality of their learning. Here are some of the resources we help teachers create and utilise in their classrooms. For full information on this unique training, which focusses on "Empowering teachers so every child has the chance to succeed" we encourage you to visit the Redearth Education page for Developing Good Practice in Teaching and Learning Programme.

Some quotes from the teachers were as follows:

"This week has helped me to remember when I used to love teaching".

"I've been to several staff development days with big NGO's like Unicef but none have been like this one - I'm so surprised at how much we have learnt and I've really loved it"

"I can't believe the amount of learning resources we have been taught to make out of free materials we have every day and usually throw out. It is very creative and is going to change my classroom and lessons so much - how did we not think of this before?"

OBJECTIVES AND ACTIVITIES

"We can no longer complain about not having enough resources - now we have no excuse to teach well".

This feedback has come after only ONE module has been delivered and we have three more to go, along with lead teacher training and Head/Leadership modules.

FEEDING PROGRAMME

At the time teacher observations were taking place we had the second term delivery of food arrive at the schools. It is very important to note that none of our work would be possible without the feeding programme. The school enrolment would not be high enough and the children simply wouldn't have the ability to learn - the food they receive is the solid foundation of everything else we are trying to do, without it - nothing else would be possible!
A HUGE thank you to Ruff's Kitchens, Tamba Park, WTMD, Fredrik Eklund and all those who donate to giving the children a nutritious meal every day at school, throughout the year.

Kids in Camps - Uganda

In May 2019, USDC, a local charity based in Adjumani, took over the care of all the children still based in the camps in Uganda. This change was at the request of Comic Relief who supply the annual grant money that we use to support the children there. We are now in close contact with Able Child Africa, who are based in the UK but have strong bonds with USDC and will work together with them to ensure the care and safety of the children.

USDC started out with an initial visit to meet the children and their families in May 2019 and have subsequently visited them every 3 months to check on their progress. As the grant from Comic Relief is coming to an end in June 2020, they will spend this year getting the families as self- sufficient as possible whilst arranging for local support groups and networks to work closely with them once the support from USDC has finished.

We were still able to buy them all mosquito nets, shoes and socks, books and mathematical sets as well as all the school fees and uniforms.

AYILO SETTLEMENT

St Mary's Asumpta Girls School

Scovia Simon - Scovia finished her A levels last year. She did not pass them and her parents are now paying for her to re-sit them. The grant and foundation can only support children up to the end of high school, so she is now no longer funded by us.

Immaculata Simon, Class S5. She participates in music, dance and drama and has been selected to represent her school in a Music Competition in Kenya. She is doing extremely well in school and her performance is excellent.

Jaqueline Simon, 17 years old: Jaqueline is performing well in school as well. In her term 1 examinations she got 9 points.

AYILO II REFUGEE SETTLEMENT

Ayilo II Primary School

Joel Alafi - P6. Although Joel's results had not been processed by his school when USDC visited, it is very clear that he attends regularly and he is doing really well there.

Joshua Koma P5: Joshua attends classes regularly and is in charge of raising the flag every morning at school. He still has ambitions to become a doctor.

Both boys still help at their fathers shop and they make cakes to sell to supplement their income.

Collins Iya Joseph - St. Andrews College MOYO - Colin is probably more of a success story than his siblings. His English is very good too and is doing really very well at school.

The mother of these boys has proposed that she starts making clothes using a sewing machine. She was trained in Sudan and can sew very well. USDC are encouraging her to make changes so that she can support the children better.

NYUMANZI REFUGEE SETTLEMENT

OBJECTIVES AND ACTIVITIES

John Mabiar Ajak. P7: John has just completed his Primary School Mock exams. They had no electricity as their solar panel was broken, so we were able to buy them a new one. The children are affected when there is no electricity as they cannot do their schoolwork in the evenings.

David Ajak P7 - David has also just completed his Primary school Mock exams and Akuol Ajak - Akuol has missed 3 years of school as she went back to South Sudan with her mother, who was sick. She did not want to re-sit so many years, so it was decided by USDC that she would join an accelerated learning programme. This programme is attached to a primary school in the center of the camp and is a really good way to get her caught up with her education as quickly as possible.

The Ajak Mother has begun to sell cooking oil sugar, tomato salt to try to bring in some extra income for the family. They are still suffering terribly over the loss of their father in the war.

Kids in Camps - Kenya

Grace, Anne and Family

The annual visit and report this year was completed by Asha Jaffar on behalf of the Aletheia Foundation. The following is what she has written in her own words.

I visited Grace's family on the 20th of March , 2019 on the behalf of the Aletheia Foundation.

Grace picked me from Nakuru Town. We took a bus and went straight to where she now lives with her siblings and mother in a quiet, well- built neighbourhood with adequate security. Grace and I took the flight of stairs and went to the house that she now lives in- a 2 bedroom house with adequate space for her brothers and sisters.

The house has running water and electricity that make it easy for them to live well in it- built from bricks and cement with very fancy finishing. It has a kitchen, sitting room, and two bedrooms. Grace's aunt has four kids, the two bedrooms are for

Grace and I sat down with the family after getting a tour of the house. John, Amos and Anne were in school, so I got to just to talk Grace and her mother. They all seem to be going on well and seemed happy.

Grace offered to take me to go and check on her siblings in school. We started with Amos who is in Njoro High school one hour away from Nakuru town, we talked for a few minutes and he assured me that he is doing well and that school is also great. He looked so grown up yet shy and contented with where he was. I talked to his teachers, and looked at his results which proved that he is taking his education seriously. His results from the first semester of school were full of A's and B's which showed his commitments and hard work.

We then took a bus back to town and went to see John at his school-St Johns- John looked happy unlike last time. I found him playing in between a bunch of other students, we went outside the field so we could talk but we could not because he was too shy and excited to go back and play. I asked him how he was doing and with smiling face he said he is great and all is going on well. Grace and I said goodbye to him and went to Anne's school.

Anne gave me an update of her school. She is now in Form 2 and saying she is really working hard so she can be able to get a good grade to join university. She is a day scholar and has to take a bus back and forth to school and that has been very expensive for Grace and the family. Grace said it costs her 3,000 ksh to cater for Anne's transportation which is an added expense.

Grace last year, brought her mother into Kenya so that in case she gets to go to a university outside town she would have someone she could trust with the kids. The siblings are still finding it hard to accommodate their mother now because they cannot remember her and also they seem to still be angry about her drunken behavior and her abandoning them.

Grace wants to study Law, together we talked about all the options that she had and I advised her on some of the best University choices she could make. She said she wanted a school around Nakuru and she landed on a few choices and is yet to make a solid choice by April. She would need a laptop and internet access to do this and requested if she could get a laptop to do all the application and also homework once she joins school.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 AUGUST 2019

OBJECTIVES AND ACTIVITIES

The Aletheia Foundation has been covering Grace's and her siblings family school fees and related essentials, such as books and uniforms. But when I got there and assessed their needs, they were still a lot that they were still lacking that the 15k sent every month cannot cover. Grace explained that Kenya is getting very expensive and she has to really try to cut it down to a very small budget that is not really a comfortable living. They have been living on a basic diet of githeri (mixed bean dish), ugali (maize flour mash) and sugary tea. Variations to this diet seem rare and they said that often they will only eat one meal a day, usually in the evening. There is of course no room in their budget for an emergency of any sort, particularly medical.

Grace was nice enough to walk with me back to Nakuru town where we went on a shopping spree. We bought enough that could fit the 10,000 ksh that was for her house shopping but she requested for 5,000 ksh more for books and school stuffs for her siblings.

After a few hours I put Grace in a Piki and waved them goodbye. It was raining heavily so I could not go back with them to their home. I left for Nairobi and called Grace when I arrived back well.

School updates

Grace is in joining University in May to study Law.
Anne is in form 2- second year of high school (Rorie secondary school)
Amos is in Form 1-First year of High School (Njoro High school)
John is in class 5-junior class of primary school (Bungoma St John's primary school)

Monthly Expenses in ksh

Food and house supplies-15,000
Rent-10,000
Transport to school for Anne (3000)
Miscellaneous 5000

TB - Return of the Plague

Nokubegha: We continue to visit Nokubegha and her brother every 3 months, to bring them fresh food supplies and items such as flour and rice that will last them until the following visit. Every few months she will let us know about the extra personal items that she may need. She said she needed some new shoes and new school uniform, so we purchased those items for her. She needed a new phone as she is living in a remote area, so we are able to buy that for her.

She is in her 2nd year of high school now and is doing really well. She is at boarding school but continues to go home as often as possible to see her brother.

We are able to pay her annual rent, her annual school fees and send money for exams, food and personal items.

The Slumdog Children of Mumbai

We continue to send Deepa and her family a small sum every month, which is increased each year due to a rise in inflation, this money is used as a support for the family.

Deepa: is now 16 and the great news this year is that she is now married. It was a wonderful wedding and we were able to send money for her to use towards it. She is very happy and has now moved in with her husband and his family.

Shobha: Shobha has not been keeping that well. She is getting older and we need to help her financially so that she is able to get the medication that she requires. We continue to support her and Deepa's younger brothers.

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 AUGUST 2019

FINANCIAL REVIEW

Principal funding sources

Income from 1st September 2018 - August 31st, 2019 enabled the Aletheia Foundation to make grants totalling £62,175 with management and administration costs at £10,913. There is currently £54,518 held at the bank, which will be released over the coming years to support the children throughout their childhood.

Throughout the year under review, the Aletheia Foundation is confident it has significantly helped the children who appeared in their films towards a brighter and better future and will continue to do so.

The Trust's Foundation Manager, Kate van Koten works several hours a week according to need and maintains the Foundation's relationship with donors and beneficiaries; she looks after fundraising, social media and event management. Sharon Thompson is responsible for overseeing the administration of Zimbabwe's Forgotten Children's on the ground in Zimbabwe, she also looks after fundraising and all social media for the Zimbabwe's Forgotten Children

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

Organisational structure

The charity consists of six trustees who meet periodically.

Related parties

There are no related parties.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1110096

Principal address

49 Oxford Road South
London
W4 3DD

Trustees

B J Edwards

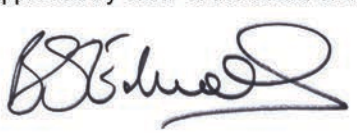
Independent Examiner

Jeremy Hyde
FCCA FCA
LEES
Chartered Certified Accountants
18 Glasshouse Studios
Fryern Court Road
Fordingbridge
Hampshire
SP6 1QX

Solicitors

White & Company
190 Clarence Gate Gardens
London SW1V 1QJ

Approved by order of the board of trustees on 8 July 2020 and signed on its behalf by:



B J Edwards - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ALETHEIA FOUNDATIION

Independent examiner's report to the trustees of Aletheia Foundatiion
I report to the charity trustees on my examination of the accounts of Aletheia Foundatiion (the Trust) for the year ended 31 August 2019.

Responsibilities and basis of report
As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jeremy Hyde
FCCA FCA
LEES
Chartered Certified Accountants
18 Glasshouse Studios
Fryern Court Road
Fordingbridge
Hampshire
SP6 1QX

8 July 2020

ALETHEIA FOUNDATIION

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 AUGUST 2019

	Notes	2019 Unrestricted fund £	2018 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		71,996	74,845
EXPENDITURE ON			
Raising funds		10,913	17,477
Charitable activities			
Grants		62,175	56,260
Total		73,088	73,737
NET INCOME/(EXPENDITURE)		(1,092)	1,108
RECONCILIATION OF FUNDS			
Total funds brought forward		54,962	53,854
TOTAL FUNDS CARRIED FORWARD		53,870	54,962

The notes form part of these financial statements

ALETHEIA FOUNDATIION

BALANCE SHEET
31 AUGUST 2019

	Notes	2019 Unrestricted fund £	2018 Total funds £
CURRENT ASSETS			
Cash at bank		54,518	56,042
CREDITORS			
Amounts falling due within one year	4	(648)	(1,080)
NET CURRENT ASSETS		53,870	54,962
TOTAL ASSETS LESS CURRENT LIABILITIES		53,870	54,962
NET ASSETS		53,870	54,962
FUNDS	5		
Unrestricted funds		53,870	54,962
TOTAL FUNDS		53,870	54,962

The financial statements were approved by the Board of Trustees and authorised for issue on 8 July 2020 and were signed on its behalf by:

B J Edwards - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 AUGUST 2019

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation
The charity is exempt from tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 August 2019 nor for the year ended 31 August 2018.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 August 2019 nor for the year ended 31 August 2018.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	74,845
EXPENDITURE ON	
Raising funds	17,477
Charitable activities	
Grants	56,260
Total	73,737
NET INCOME	1,108

continued...

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £
RECONCILIATION OF FUNDS	
Total funds brought forward	53,854
TOTAL FUNDS CARRIED FORWARD	54,962

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2019 £	2018 £
Other creditors	648	1,080

5. MOVEMENT IN FUNDS

	At 1.9.18 £	Net movement in funds £	At 31.8.19 £
Unrestricted funds			
General fund	54,962	(1,092)	53,870
TOTAL FUNDS	54,962	(1,092)	53,870

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	71,996	(73,088)	(1,092)
TOTAL FUNDS	71,996	(73,088)	(1,092)

Comparatives for movement in funds

	At 1.9.17 £	Net movement in funds £	At 31.8.18 £
Unrestricted funds			
General fund	53,854	1,108	54,962
TOTAL FUNDS	53,854	1,108	54,962

continued...

5. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	74,845	(73,737)	1,108
TOTAL FUNDS	74,845	(73,737)	1,108

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.9.17 £	Net movement in funds £	At 31.8.19 £
Unrestricted funds			
General fund	53,854	16	53,870
TOTAL FUNDS	53,854	16	53,870

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	146,841	(146,825)	16
TOTAL FUNDS	146,841	(146,825)	16

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 August 2019.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 AUGUST 2019

	2019 £	2018 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	70,746	70,217
Gift aid	1,250	4,628
	71,996	74,845
Total incoming resources	71,996	74,845
EXPENDITURE		
Raising donations and legacies		
Office & administration costs	10,913	17,477
Charitable activities		
Grants to institutions	62,175	56,260
Total resources expended	73,088	73,737
Net (expenditure)/income	(1,092)	1,108