

Report of the Chair, Ruth Wooldridge
for Palliative Care Works Board of Trustees
2019-2020

This time last year we could not have imagined that the global pandemic inflicted by Covid 19 would have affected so many lives. Here in the UK, and globally, palliative care skills have been called upon in intensive care and high dependency units by those caring for patients affected by Covid-19, as well as in supporting the bereaved.

The need to increase palliative care skills of those caring for people suffering from Covid in low income countries has been recognised as has the need to increase training and service development. Each year an estimated 40 million people are in need of palliative care, 78% of whom live in low- and middle-income countries. For children, 98% of those needing palliative care live in low- and middle-income countries with almost half of them living in Africa.

It is in Africa that PCW continue to focus their work. In November a team of four from PCW, Drs Karilyn and Richard Collins, Dr Michael Minton and nurse Jane Appleton initiated the training with local colleagues of the £50,000 DFID Small Charity Support Fund. Four hospitals in SE Tanzania, formerly with no palliative care provision, will benefit from this grant. The nurses and doctors receiving training have since attended a course for clinical experience at Muheza hospice while the pharmacists have had clinical training in the use of morphine at Ocean Road Hospital in Dar es Salaam. Unfortunately due to Covid 19 further training and mentoring is largely on hold but some mentoring by zoom is taking place and the students are cascading the knowledge they have already gained within their hospitals. PCW have also been permitted to pivot £2000 of the grant for PPE in the four hospitals.

The PCW engagement in Ethiopia has continued with a developing relationship with Hawassa University hospital and Dr Alemayehu Natnael. Again the pandemic had prevented PCW initiating the first visit to plan the PCW/Hawassa project. The evaluation of the Rotary grant for training in Hospitals in Addis is on hold too due to Covid 19. PCW are also increasing their work with Hospice Ethiopia and which we hope will benefit from funds from the Big Give in December.

Over the last couple of years PCW has been involved with a Kings College London link funded by Medical Aid for Palestine. It has involved training oncology nurses at Bethlehem University Hospital in palliative care for their Higher Diploma Programme. The training was undertaken in June and July by five PCW trustees led by Jane Appleton and local colleagues in Bethlehem via Zoom. It was PCW's first experience of training by this method, and while

it will not replace the importance of direct contact with students, it has shown how much can be achieved and that it will be the best method we can offer until a vaccine is available and we can travel again.

PCW are grateful for the continued relationship with St Christopher's Hospice - one that enables us to benefit from the contributions by the bursary students to our conference earlier today.

Speakers and attendees to the conference today have shown us the immense contribution palliative care brings in improving the quality of life for millions globally but we cannot be complacent. PCW will continue to look at innovative ways to train virtually in the coming year and advocate for those for whom there is still no morphine or access to palliative care.

It has been a privilege to serve as Chair of PCW over the last two years. I want to sincerely thank the trustees for their hard work and for supporting me particularly Stephen Chowns in his role as secretary, and Karilyn Collins as treasurer. The trustees are all skilled palliative care practitioners and trainers, and all give 100% to carry out our mission – I thank you all for your wonderful contribution to PCW while I have been chair.

Ruth Wooldridge
September 2020

PALLIATIVE CARE WORKS (A CHARITABLE INCORPORATED ORGANISATION)
RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST DECEMBER 2019

RECEIPTS	UNRESTRICTED	RESTRICTED	RESTRICTED	TOTAL	Y/E
	FUND	INF NEPAL	Tz PROJECT		31/12/2018
	£	£	£	£	£
DFID	-	-	19713.95	19713.95	-
INF	-	14780.34	-	14780.34	-
2017 Ethiopia Trip(Rotary International)	-	-	-	-	154.82
2019 Ethiopia Trip(Rotary International)	3127.26	-	-	3127.26	-
Consultation Fee	3200.00	-	-	3200.00	2000.00
Day Conference Fees	460.00	-	-	460.00	286.00
Sales of Toolkits	75.00	-	-	75.00	-
Donation	100.00	-	-	100.00	-
TOTAL RECEIPTS	6962.26	14780.34	19713.95	41456.55	2440.82
PAYMENTS					
Transfer Nepal	-	12517.27	-	12517.27	-
Tanzania Project	-	-	12688.27	12688.27	-
2017 Ethiopia Trip(Funded by Rotary International)	-	-	-	-	120.52
2018 Ethiopia Trip(PCW delegates Air Fares,Expenses & Meetings)	-	-	-	-	1965.74
2019 Ethiopia Trip(Funded by Rotary International)	3127.26	-	-	3127.26	-
2019 Ethiopia Trip(PCW delegates Air Fares,Expenses & Meetings)	1938.95	-	-	1938.95	-
APCA Conference Trip(PCW Air Fares & Expenses)	3633.08	-	-	3633.08	-
APCA Conference Trip(PCW Sponsorship & Bursaries))	1338.96	-	-	1338.96	-
Student Nurse Diploma Course Fee (Nairobi Hospice)	-	-	-	-	690.00
Printing Toolkit Manuals and Leaflets	-	-	-	-	4441.00
Commonwealth Nurses & Midwives Conference	-	-	-	-	350.00
Day Conference Expenses	624.55	-	-	624.55	329.16
Other conference and Meeting Expenses	429.27	-	-	429.27	173.38
Sundry	52.00	-	-	52.00	41.95
TOTAL PAYMENTS	11144.07	12517.27	12688.27	36349.61	8111.75
-Deficit/Surplus for the year	-4181.81	2263.07	7025.68	5106.94	-5670.93
Balance at bank at 01/01/2019	9130.53	-	-	9130.53	14801.46
Balance at bank at 31/12/2019	£4,948.72	£2,263.07	£7,025.68	£14,237.47	£9,130.53

STATEMENT OF ASSETS AND LIABILITIES AT 31st DECEMBER 2019

Balance at Bank	4948.72	2263.07	7025.68	14237.47	9130.53
Other monetary assets:- None					
Liabilities - S.Chowns(Travel)	-26.80	-	-	-26.80	-
NET ASSETS AT 31st DECEMBER 2019	£4,921.92	£2,263.07	£7,025.68	£14,210.67	£9,130.53

Note: A stock of Toolkits,Manuals and Leaflets was held at 31st December 2019 which are distributed free of charge.

TO:- The Trustees of the Palliative Care Works (CIO):

I have examined the books and records of the Palliative Care Works (CIO) for the year ended 31st December 2019 and confirm that the above accounts are in accordance therewith.

In the course of my examination no matter has come to my attention:

1. which gives me reasonable cause to believe that in,any material respect, the requirements:

(a) to keep accounting records in accordance with section 130 of the Charities Act;

(b) to prepare accounts which accord with the accounting records and comply with the accounting

requirements of the Charities Act have not been met;

or

2. to which, in my opinion,attention should be drawn in order to enable a proper understanding of the accounts to be reached.

B J Cook

PALLIATIVE CARE WORKS (A CHARITABLE INCORPORATED ORGANISATION)
RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST DECEMBER 2019

RECEIPTS	UNRESTRICTED	RESTRICTED	RESTRICTED	TOTAL	Y/E
	FUND	INF NEPAL	Tz PROJECT		31/12/2018
	£	£	£	£	£
DFID	-	-	19713.95	19713.95	-
INF	-	14780.34	-	14780.34	-
2017 Ethiopia Trip(Rotary International)	-	-	-	-	154.82
2019 Ethiopia Trip(Rotary International)	3127.26	-	-	3127.26	-
Consultation Fee	3200.00	-	-	3200.00	2000.00
Day Conference Fees	460.00	-	-	460.00	286.00
Sales of Toolkits	75.00	-	-	75.00	-
Donation	100.00	-	-	100.00	-
TOTAL RECEIPTS	6962.26	14780.34	19713.95	41456.55	2440.82
PAYMENTS					
Transfer Nepal	-	12517.27	-	12517.27	-
Tanzania Project	-	-	12688.27	12688.27	-
2017 Ethiopia Trip(Funded by Rotary International)	-	-	-	-	120.52
2018 Ethiopia Trip(PCW delegates Air Fares,Expenses & Meetings)	-	-	-	-	1965.74
2019 Ethiopia Trip(Funded by Rotary International)	3127.26	-	-	3127.26	-
2019 Ethiopia Trip(PCW delegates Air Fares,Expenses & Meetings)	1938.95	-	-	1938.95	-
APCA Conference Trip(PCW Air Fares & Expenses)	3633.08	-	-	3633.08	-
APCA Conference Trip(PCW Sponsorship & Bursaries))	1338.96	-	-	1338.96	-
Student Nurse Diploma Course Fee (Nairobi Hospice)	-	-	-	-	690.00
Printing Toolkit Manuals and Leaflets	-	-	-	-	4441.00
Commonwealth Nurses & Midwives Conference	-	-	-	-	350.00
Day Conference Expenses	624.55	-	-	624.55	329.16
Other conference and Meeting Expenses	429.27	-	-	429.27	173.38
Sundry	52.00	-	-	52.00	41.95
TOTAL PAYMENTS	11144.07	12517.27	12688.27	36349.61	8111.75
-Deficit/Surplus for the year	-4181.81	2263.07	7025.68	5106.94	-5670.93
Balance at bank at 01/01/2019	9130.53	-	-	9130.53	14801.46
Balance at bank at 31/12/2019	£4,948.72	£2,263.07	£7,025.68	£14,237.47	£9,130.53

STATEMENT OF ASSETS AND LIABILITIES AT 31st DECEMBER 2019

Balance at Bank	4948.72	2263.07	7025.68	14237.47	9130.53
Other monetary assets:- None					
Liabilities - S.Chowns(Travel)	-26.80	-	-	-26.80	-
NET ASSETS AT 31st DECEMBER 2019	£4,921.92	£2,263.07	£7,025.68	£14,210.67	£9,130.53

Note: A stock of Toolkits,Manuals and Leaflets was held at 31st December 2019 which are distributed free of charge.

TO:- The Trustees of the Palliative Care Works (CIO):

I have examined the books and records of the Palliative Care Works (CIO) for the year ended 31st December 2019 and confirm that the above accounts are in accordance therewith.

In the course of my examination no matter has come to my attention:

1. which gives me reasonable cause to believe that in,any material respect, the requirements:

(a) to keep accounting records in accordance with section 130 of the Charities Act;

(b) to prepare accounts which accord with the accounting records and comply with the accounting

requirements of the Charities Act have not been met;

or

2. to which, in my opinion,attention should be drawn in order to enable a proper understanding of the accounts to be reached.

B J Cook