

Charity registration number 1173268

ART & SOUL
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

ART & SOUL

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

E Sokoski
R Tranter-Needham
L Shewell
A Beveridge

Charity number

1173268

Principal address

5 Martineau Drive
Twickenham
TW1 1PZ

Independent examiner

F J Wilde FCCA MBA DChA
Warner Wilde
4 Marigold Drive
Bisley
Surrey
GU24 9SF

ART & SOUL

CONTENTS

	Page
Trustees report	1 - 9
Independent examiner's report	10
Statement of financial activities	11
Balance sheet	12
Notes to the financial statements	13 - 18

ART & SOUL

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2022

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Art & Soul supports the mental health and wellbeing of the public through the Arts. We hold weekly classes, outreach workshops and exhibitions for adults, children and families.

Art & Soul continues to grow and support more adults, children and young people in South-West London experiencing mental health challenges. This year we are particularly proud of a new partnership programme for young people formed during what has been a very difficult time, given the disruption caused by the Covid-19 pandemic. Even prior to Covid, mental health needs for children and young people in South-West London have been a known priority since the 2017 publication of 'On the Edge' report produced by two local charities. This showed that Richmond upon Thames has the 4th highest rate of hospital admissions following self-harm in CYP in London; and that Richmond's 15 year olds reported wellbeing scores below the London average. In July 2020 a summit run by South-West London and St George's Mental Health Trust 'Preventing a Mental Health Crisis post-Covid' also flagged CYP mental health problems as likely to worsen as a result of the pandemic.

In response to this, we have developed and consolidated our Junior programme this year with an innovative programme of creative partnerships with Children and Adolescent Mental Health Services (CAMHS). One of the outcomes of this high-profile project is an externally produced report, available to all our sector colleagues. We plan to continue these partnerships long term. Our cross-programme theme for this year was Cycles of Nature, inspired by the therapeutic value of connecting to the natural world, transformative for many during last year's lockdowns.

This year, Art & Soul directly supported 537 adults in workshops and events, and 114 children and young people in workshops and events.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Adult programme

Art & Soul's adult programme now offers: blended and online groups, in-person art therapist led courses, artwork exhibiting opportunities and supported gallery visits. We have seen a rise in people needing support due to isolation, anxiety and bereavement following the pandemic. We continue to support adults online, through Zoom sessions, online gallery visits, posted art packs and a Facebook group. We were able to return to adult in-person sessions in September 2021, at the Etna Centre in East Twickenham. Gallery visits were held online until September 2021 when we our first in-person visits began again – this year to the Photographer's Gallery and Hampton Court Palace.

Feedback:

- 71% said their attendance reduced feelings of isolation
- Over 64% said that attending the group helped them feel more understanding and accepting of themselves
- Over 64% said it has helped reduce their stress levels

ART & SOUL

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2022

- Over 21% said it has reduced their use of mainstream mental health services

Junior programme

In 2020-2021, Art & Soul completed an ambitious partnership project with three CAMHS (Children and Adolescent Mental Health Services) organisations: *The Priory Hospital, Achieving for Children's Emotional Health Service* and the *Adolescent Outreach Team*. The project improved mental health outcomes for young people with clinical mental health needs, and developed ways of partnership working with clinical teams.

Our report, *'Clinical and creative partnerships: An art and wellbeing pilot project working with children and young people accessing Child and Adolescent Mental Health Services (CAMHS) in South West London'*, produced externally, showed the positive impact of this work. For example, at the beginning of one course, 5 out of 6 (83%) participants showed 'borderline clinically significant' or 'reaching clinical threshold' levels of anxiety. By the end of the project all 6 participants were considered to no longer have levels of anxiety that were 'clinically significant' and were discharged from the service.

Thanks to further funding from the OneRichmond fund we were able to build on these partnerships through 'A Bigger Picture'. This project provided 8 creative workshops for children in care through Culture4Keeps, run during school holidays to provide respite for families and 6 creative workshops for young people accessing Children and Adolescent Mental Health Services (CAMHS) These were the Priory, the Emotional Health Service and the Adolescent Outreach Team. A short film featuring the children and young people's artwork was launched online to celebrate World Mental Health Day (10th October 2021.) The project provided sessions which increased young people's creative skills, confidence, and feelings of connection through social interaction. The project helped to sustain links between separated siblings and establish new families, providing young people a supportive environment to engage with.

Workshops were held online, and at Springfield hospital and the Priory Hospital and also at Kew Gardens and Hampton Court Palace. A short film was made about Junior Art & Soul, [which can be seen here](#), and the report sent on request.

Exhibition and Festival

Art & Soul ran a free week-long festival celebrating the many ways in which creativity can support positive mental health and improve our wellbeing during National Stress Awareness Week 1st - 6th November. The festival included 9 events, some held online and some in-person. The festival launched on 1st November with the opening of a virtual exhibition, 'Cycles of Nature', featuring artwork created by the participants of Art & Soul programmes over the past 18 months.

Online festival events included informal art, practical mindfulness, and colour therapy workshops, as well as virtual gallery visits to October Gallery & Turner's House. Two in-person workshops were held: one for adults at The Vineyard Community Centre on Tuesday 2nd November 2-4pm, and a festival finale for the whole family to attend at ETNA Community Centre on Saturday 6th November 2-4pm.

A total of 43 participants displayed artwork in the exhibition, virtually visited by over 350 people. 96 people attended festival events.

ART & SOUL

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2022

Comments

'I love attending the Art & Soul sessions. I feel so nourished afterwards. It feels like such a safe, authentic, and respectful place to be in socially. Everyone is so respectful of each other. Attending the sessions is a very positive experience for me'.

'The online contact has been invaluable at a time when face to face meeting has been impossible'.

'I really appreciate the days out, gets me out my comfort zone, something to look forward to in difficult times'.

'This has been a fantastic resource for me as I have been navigating my way through some quite intense personal life challenges in various areas of my life. I feel continually amazed at the level of positive difference it makes to me each time I attend - in myriad of ways. Thank you to everyone --- the facilitators and the attendees'.

'I managed to go into a gallery setting which I really struggle with, although I felt anxious [...] I was able to be around new people which I find difficult.'

Marketing

Art & Soul has continued to develop its social media presence through Facebook, Instagram and Twitter. We have also invested time in creating blog posts, a marketing style guide and devised strategic aims going forward. These include recruiting participants and fostering partnerships, but also sharing our learning with the sector through our social media and website.

Future Planning

In March, Art & Soul were pleased to have received 3 year grant funding from City Bridge Trust to support our development going forward, beginning April 2022. Plans are underway for a 2023 programme working further with children and young people and offering a combination of online and in-person sessions for adults.

Thanks

We are grateful to our funders: the Baring Foundation, OneRichmond fund, Richmond Parish Lands Charity, the Hampton Fund, and Richmond Council's Civic Pride Fund, for supporting these activities.

Art & Soul, c/o 5 Martineau Drive, TWICKENHAM, TW1 1PZ

Tel: 07938 715034

Email: info@artandsoul.org.uk

Website: www.artandsoul.org.uk

Registered Charity no. 1173268

Chair: Liz Sokoski

Patron: Sir Vince Cable MP

Trustees: Alastair Beveridge, Loveday Shewell, Rachel Tranter

Practitioner team: Heather Whitt, Betsy Lewis-Holmes, Shan Rixon, Ursula Kelly, Gwen Ramsay, Morgan

Sinton-Hewitt, Olivia Bladen

Volunteers: Dapinder Chahal, John Royle

ART & SOUL

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2022

Structure, governance and management

The charity is a Charitable Incorporated Organisation registered 5 June 2017. Recruitment and appointment of new trustees is carried out by the existing trustees, to identify someone sensitive to the needs and demands of the organization. Major decisions are made by the Board of Trustees.

Risk review

The trustees have assessed the major risks which the charity is exposed to and taken steps to mitigate them.

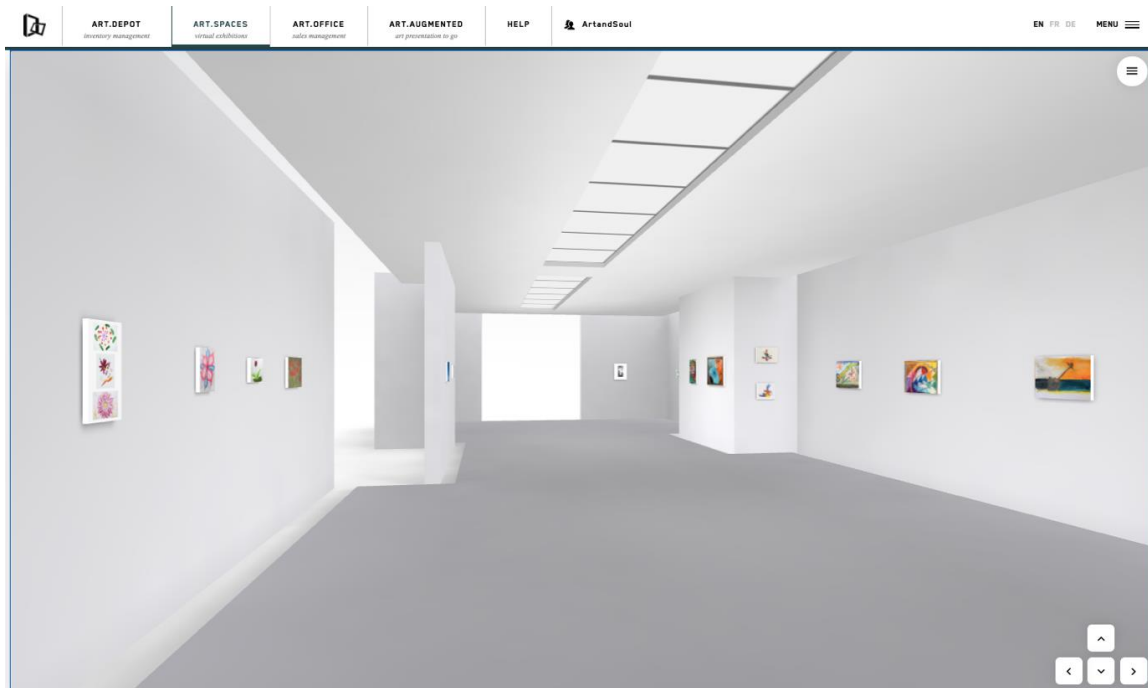
Financial Review

Income for the year was £71,428 (increased from £25,467 in 2021), the cost of charitable activities was £54,539 (2021: 23,598) resulting in a surplus of £22,917. The accounts show an unrestricted funds deficit balance of £4,194. This arises in part from some under allocation of expenditure in previous years to restricted funds. Given a known bequest and other unrestricted income already received since the year end, we are confident that the unrestricted fund will return to a positive balance in the current year.

Reserves policy

The trustees consider that reserves of 3 to 6 months unrestricted expenditure would provide sufficient time to generate new funding sources or restructure activities in the event of the loss of an income source and are taking steps to achieve this.

Images from 2021-2022 programme

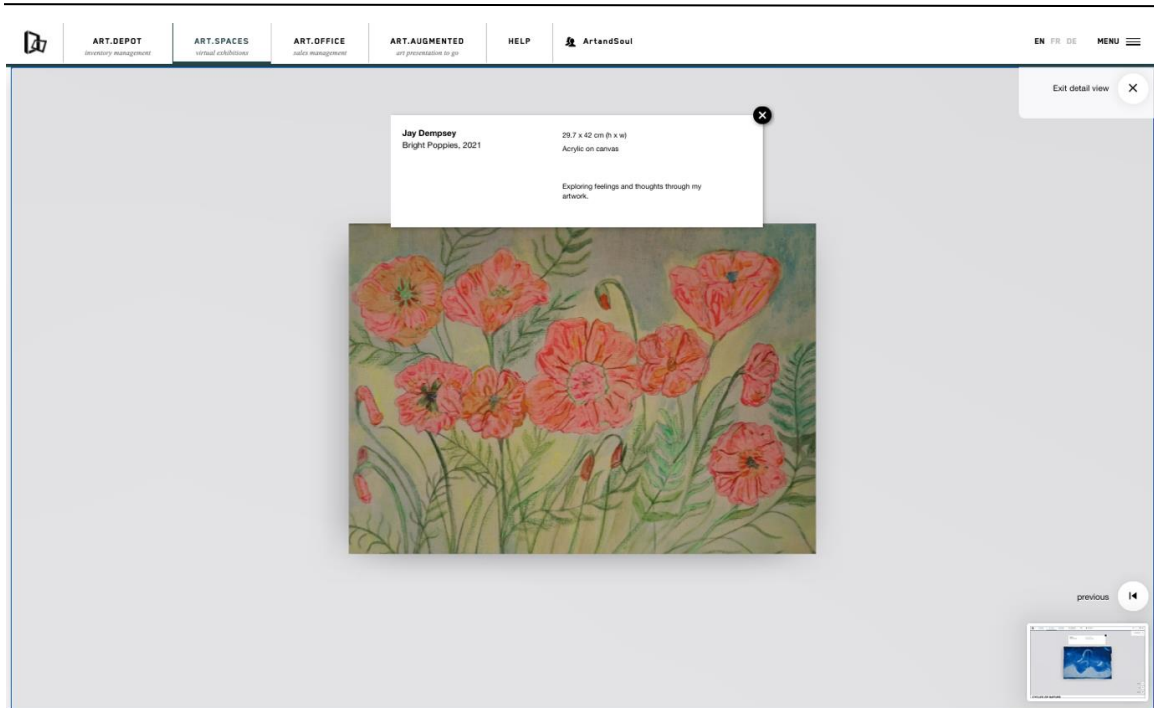


CYCLES OF NATURE

ART & SOUL

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2022



CYCLES OF NATURE

Screenshots from the *Cycles of Nature* Online Exhibition

art & soul 1-6 NOVEMBER *events calendar* **Art & Soul Festival 2021**

A free festival of art and wellbeing workshops

Book via our website artandsoul.org.uk

ONLINE & IN PERSON

MON 1 NOVEMBER	TUES 2 NOVEMBER	WEDS 3 NOVEMBER	THURS 4 NOVEMBER
4pm Talk and Draw - Exploring the Art & Soul Exhibition	11am Introduction to Practical Mindfulness 2-4pm Adult Art Workshop @ The Vineyard Community Centre	11am Colour Therapy Workshop 2.30-3.30pm Virtual visit to the October Gallery	11am Metaphorical Portraits with Turner's House

FRI 5 NOVEMBER	SATURDAY 6 NOVEMBER
11am Mindful Art Making Workshop	2-4pm Family activity @ ETNA Community Centre

NOVEMBER 2021

M	T	W	TH	F	S	S
01	02	03	04	05	06	07
08	09	10	11	12	15	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

November 2021 Art & Wellbeing Festival Programme and feature about the Festival in South West Londoner

ART & SOUL

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2022



The screenshot shows the SWLondoner website interface. At the top is a dark blue header with the 'SWLondoner' logo in white. Below the logo is a navigation bar with links for HOME, NEWS, SPORT, LIFE, ENTERTAINMENT (highlighted in purple), FOOD & DRINK, and EDITOR'S PICKS. The main content area features a large abstract painting with vertical strokes of teal, red, and white on a dark background. Below the painting is a purple 'ENTERTAINMENT' tag. The article title is 'Richmond mental health charity to host arts and well-being festival for National Stress Awareness Week'. The byline includes the date '27 October 2021', the author 'Holly Nichols', and a social media link 'Follow @SW_Londoner'. The article text states: 'A mental health art charity in Richmond are hosting a festival to celebrate arts and well-being for National Stress Awareness Week next week.' and 'Art & Soul, a Richmond based art charity which supports people with mental health, are launching this free week-long festival which encourages people to embrace their creativity and artistic side to improve positive emotional well-being.' To the left of the article is a small portrait of a woman with the caption 'Richmond rugby trailblazer Zainab Adams begins to inspire'.

ART & SOUL

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2022



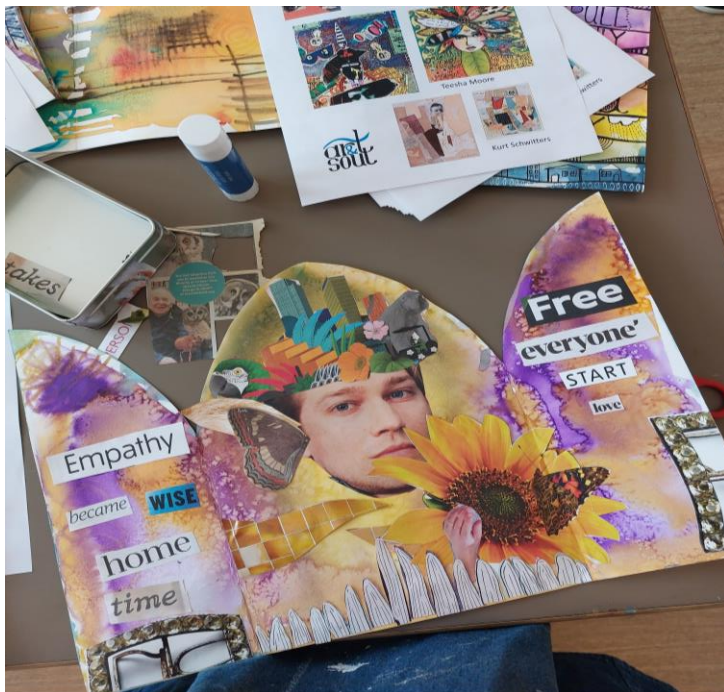
ART & SOUL

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2022



Creating Andy Goldsworthy-inspired artworks at Kew Gardens and Hampton Court Palace during Young People's sessions at the ETNA centre.

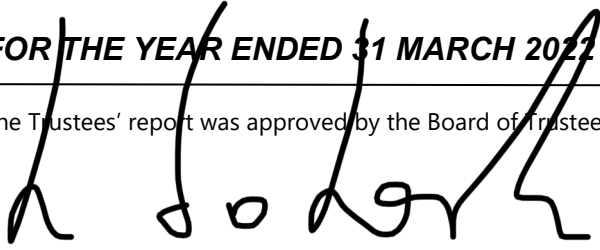


ART & SOUL

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees' report was approved by the Board of Trustees.

A handwritten signature in black ink, appearing to read 'A. J. ...', written over a horizontal line.

Dated:

5 December 2022

ART & SOUL

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ART & SOUL

I report to the trustees on my examination of the financial statements of Art & Soul (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



F J Wilde FCCA MBA DChA

Warner Wilde
4 Marigold Drive
Bisley
Surrey
GU24 9SF

Dated: 14 December 2022

ART & SOUL

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total Unrestricted funds 2022 £	Restricted funds 2021 £	Total 2021 £
	Notes					
Income from:						
Donations and legacies	3	1,071	70,357	71,428	2,362	23,105
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Expenditure on:						
Raising funds	4	500	1,710	2,210	-	-
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Charitable activities	5	6,427	48,112	54,539	493	23,105
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total expenditure		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
		6,927	49,822	56,749	493	23,105
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Net (expenditure)/income for the year/ Net movement in funds		(5,856)	20,535	14,679	1,869	-
						1,869
Fund balances at 1 April 2021		1,662	6,576	8,238	(207)	6,576
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Fund balances at 31 March 2022		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
		(4,194)	27,111	22,917	1,662	6,576
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

ART & SOUL


BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Current assets					
Cash at bank and in hand		24,587		26,871	
Creditors: amounts falling due within one year					
	9	(1,670)		(18,633)	
Net current assets			<u>22,917</u>		<u>8,238</u>
Income funds					
Restricted funds	11		27,111		6,576
Unrestricted funds			(4,194)		1,662
			<u>22,917</u>		<u>8,238</u>

The financial statements were approved by the Trustees on

28th November 2022


ALASTAIR BEVERIDGE
Trustee

ART & SOUL

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity information

Art & Soul is a CIO - Foundation.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

ART & SOUL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

ART & SOUL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Donations and gifts	1,071	-	1,071	2,362	-	2,362
Grants	-	70,357	70,357	-	23,105	23,105
	<u>1,071</u>	<u>70,357</u>	<u>71,428</u>	<u>2,362</u>	<u>23,105</u>	<u>25,467</u>
Grants receivable for core activities						
Richmond Parish Lands (RPLC)	-	28,301	28,301	-	-	-
The Hampton Fund	-	21,969	21,969	-	-	-
London Borough of Richmond	-	4,860	4,860	-	-	-
The Baring Foundation	-	4,577	4,577	-	-	-
Healthwatch	-	750	750	-	-	-
One Richmond	-	9,900	9,900	-	-	-
Other	-	-	-	-	23,105	23,105
	<u>-</u>	<u>70,357</u>	<u>70,357</u>	<u>-</u>	<u>23,105</u>	<u>23,105</u>

4 Raising funds

	Unrestricted funds	Restricted funds	Total	Total
	2022	2022	2022	2021
	£	£	£	£
<u>Fundraising and publicity</u>				
Advertising	500	1,710	2,210	-
	<u>500</u>	<u>1,710</u>	<u>2,210</u>	<u>-</u>

ART & SOUL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

4 Raising funds

(Continued)

5 Charitable activities

	Charitable Expenditure 2022 £	Charitable Expenditure 2021 £
Coordinator	18,020	10,632
Practitioner	31,755	12,473
Venue hire	400	-
Exhibition and film	1,666	-
Evaluation	750	-
	<u>52,591</u>	<u>23,105</u>
Share of support costs (see note 6)	868	187
Share of governance costs (see note 6)	1,080	306
	<u>54,539</u>	<u>23,598</u>
Analysis by fund		
Unrestricted funds	6,427	493
Restricted funds	48,112	23,105
	<u>54,539</u>	<u>23,598</u>

6 Support costs

	Support costs £	Governance costs £	2022 £	Support costs £	Governance costs £	2021 £
Computer costs	137	-	137	187	-	187
Other expenses	731	-	731	-	-	-
Independent examiner	-	1,080	1,080	-	306	306
	<u>868</u>	<u>1,080</u>	<u>1,948</u>	<u>187</u>	<u>306</u>	<u>493</u>
Analysed between Charitable activities	<u>868</u>	<u>1,080</u>	<u>1,948</u>	<u>187</u>	<u>306</u>	<u>493</u>

Governance costs includes payments to the auditors of £1080 (2021- £606) for audit fees.

ART & SOUL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Creditors: amounts falling due within one year

	Notes	2022 £	2021 £
Deferred income	9	-	18,027
Other creditors		590	-
Accruals and deferred income		1,080	606
		<u>1,670</u>	<u>18,633</u>

9 Deferred income

	2022 £	2021 £
Other deferred income	-	18,027
	<u>-</u>	<u>18,027</u>

Deferred income is included in the financial statements as follows:

	2022 £	2021 £
Deferred income is included within:		
Current liabilities	-	18,027
	<u>-</u>	<u>18,027</u>
Movements in the year:		
Deferred income at 1 April 2021	18,027	-
Released from previous periods	(18,027)	-
Resources deferred in the year	-	18,027
	<u>-</u>	<u>18,027</u>
Deferred income at 31 March 2022	<u>-</u>	<u>18,027</u>

ART & SOUL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

10 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds		Movement in funds		
	Incoming resources £	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Adult & Young People's Sessions	-	3,955	50,270	(27,294)	26,931
Online Wellbeing Festival	-	50	4,860	(4,910)	-
Young People's sessions	-	804	14,477	(15,281)	-
One-off Staff Sessions	-	-	750	(570)	180
Covid-19 Support	-	1,767	-	(1,767)	-
	-	6,576	70,357	(49,822)	27,111

Adult & Young People's Sessions: RPLC and Hamptons funding for sessions and staff costs.

Young People's Sessions: One Richmond and Barings funding for young people's sessions.

Online Wellbeing Festival: London Borough of Richmond funding from the Civic Pride Fund.

One-off Staff Sessions: Healthwatch funding for one-off staff sessions.

Covid-19 Support: National Lottery Fund.

11 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Current assets/ (liabilities)	(4,194)	27,111	22,917	1,662	6,576	8,238
	(4,194)	27,111	22,917	1,662	6,576	8,238

12 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).