

Charity Registration No: **1150024**

**Association of Afghan Healthcare Professionals-UK
AAHP-UK**

**TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR
THE YEAR ENDED 24th March 2022**



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AAHP-UK

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REFERENCE AND ADMINISTRATIVE DETAILS

Charity Name: Association of Afghan Healthcare Professionals-UK (AAHP-UK)

Charity Number: 1150024
Registered Address: 85 Great Portland Street, First floor, London W1W 7LT
Accountant Firm: Cowan & Partners Limited, 60 Constitution Street, Edinburgh, EH6 6RR
Bankers: Bank of Scotland

TRUSTEES

The trustees who served the charity during the period were as follows:

Dr Enayat Modasser	Trustee and Chair
Dr Abdulwahab Ghani	Trustee and Treasurer
Dr Aman Shams	Trustee and Secretary
Dr Nasir Habibi	Trustee
Dr Ihsan Wardak	Trustee
Dr Khesrow Sangarwal	Trustee
Dr Anna Sharif	Trustee
Dr Qudrat Ullah	Trustee

STRUCTURE, GOVERNANCE AND MANAGEMENT

AAHP-UK is a registered charity. The Financial Statements comply with current statutory requirements, the organisation's constitution and the Statement of Recommended Practice-Accounting and Reporting by Charities.

AAHP-UK is managed and administered by a committee of Trustees and project leads elected by the trustees in accordance with its constitution.

The trustees invited Dr Maliha Kabir to join the charity in a consultancy basis in September 2021. Dr Maliha Kabir's work contributed towards communications with donors, managing projects and general admin work of the charity. In this reporting period we also recruited Bluemont, a website developer to work on AAHP-UK website. We are pleased with the work that has been done to improve our website.

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Appointment of Trustees

The trustees are elected at the AGM. The AAHP-UK may appoint or remove a Trustee by ordinary resolution.

When appointing Trustees, the AAHP-UK gives due consideration to the skills and experience of the existing Trustees and seeks to ensure that the skill mix of the Board is appropriately balanced.

All new Trustees are supported by an appropriate induction programme.

Partnerships

The trustees, continue to oversee the operational functions of the charity.

AAHP-UK welcomes partners in all its work and seeks to develop existing, and to form new partnerships. AAHP-UK formalise partnerships through agreeing a memorandum of understanding (MOU).

OBJECTIVES

The charity's objects are:

- To assist with education and training of healthcare professionals of Afghan origin in the UK.
- To respond to emergency disasters by providing basic needs such as medical care and food in Afghanistan and UK
- To work in partnership with other medical and charitable organisations in the UK and Afghanistan on order to enhance mental and physical well-being of Afghan community.
- To organise seminars, workshops, and on-line educational activities to promote up-to-date clinical and scientific awareness, and educate public on healthcare
- To contribute to the reconstruction and development of Afghanistan healthcare sector.

PUBLIC BENEFIT

We have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how planned activities will contribute to the set aims and objectives.

ACHIEVEMENTS AND PERFORMANCE

AAHP-UK as reputed organisation, during this reporting period has dealt with the growing demand for services provision on different fronts. AAHP-UK has moved stronger since its inception almost a decade ago, with expanding its financial turnover to over £70,000. It has implemented dozens of impactful projects including delivery of free health services and distribution of food packages to thousands of needy families in the most deprived parts of Afghanistan.

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ACHIEVEMENTS AND PERFORMANCE Continued

The association's journey in becoming an academic institution is materialised and jointly with the King's College London, we have produced a mental health guide (Working with Afghan Sanctuary Seekers). This guide will be a great advocate tool to influence the national immigration policies to benefit asylum seekers and to increase their access to mental health services in the community. This guide was launched in October 2022.

As a professional association, the AAHP-UK has represented and advocated for the health rights of Afghans at different local, national and international forums and has reached out to different stakeholders and supported resource mobilisation to address the humanitarian crisis in Afghanistan. The association has moved from strength to strength to improve its service delivery performance by working and establishing strategic partnerships with local organisations in Afghanistan. The AAHP-UK is now a proactive member of the FEMHO (Federation of Ethnic Minority Health Organisations) and has jointly advocated for the rights of health professionals and reducing health inequalities in the UK.

With our limited workforce capacity, we have raised funds to deliver the most ambitious projects for the malnourished children in Afghanistan in contributing to the UN sustainable development goals (SDGs).

We published videos of some projects after obtaining valid consents from people present in the videos (website: www.aahpuk.org and Facebook). These videos from the field show the positive impact our projects produced and the dedication of volunteers who deliver these projects with both professionalism and pride.

AAHP-UK projects during this reporting period:

There are two ongoing projects that AAHP-UK have been providing financial support to and will continue to support in future:

1) Orphans project in Kabul Afghanistan

This is an ongoing project that we have supported for several years now. There are seven children in Kabul who have lost their parents. We provide funding for their basic needs and education.

2) Thalassaemia Project in Kabul, Afghanistan

Thalassaemia is a genetic blood disorder condition. The severity of the condition depends on the number and/or location of gene mutation, and range from no symptoms, severe anaemia, osteopenia and bone deformities to failure to thrive and death. Treatment includes regular blood transfusions (2-4 weekly). This is associated with iron overload and deposition in major organs which cause significant endocrine, hepatic and cardiac toxicity. Iron overload can be managed with chelation therapy (e.g. oral deferasirox, deferiprone, or biweekly subcutaneous injections of desferoxamine). Other treatment measures may include splenectomy and hormonal therapies (e.g. thyroid, insulin and growth hormone).

We provide funds for medication to manage iron overload in children with thalassaemia who come to the blood bank in Kabul for blood transfusion. The number of children reaches around a thousand and every month over 250 children receive Deferoxamine funded by AAHP-UK. AAHP-UK is working towards improving the current arrangement for this project.

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Projects since 15 August 2021:

Afghanistan is a country that has suffered over four decades of war and poverty. The unfortunate change of government in 15 August 2021 has led thousands of Afghans to flee the country, many lost their lives, those who are alive in the country lost their livelihood and are in desperate need of food and medicine. The barely managing healthcare system is almost collapsing. The sanction from the international community brought more hunger and poverty for the people of Afghanistan.

AAHP-UK has been working hard by raising funds and responding to the crisis facing the people of Afghanistan. We have developed a series of projects for implementation in various affected provinces of Afghanistan: Distribution of food packages to the neediest people and providing free medical camps in various provinces of Afghanistan.

Raising Funds by volunteers:

A young Afghan volunteer fundraiser Naveed Kabir who ran a marathon of 42Km from Harrow to Canary Wharf raised over ten thousand pounds via GoFundMe for AAHP-UK to support people in Afghanistan. This initiative resonated with organisations such as Choose Love and Shamaazi Foundations who awarded grants for our projects. An Afghan Healthcare professional Muska Miller has raised over two thousand to support our work. We are hugely thankful to all our donors for their trust in work and financial support. More details about our funders are in the financial pages of this report.

The generous support of our funders, enabled us to implement the following projects in this reporting period:

Distribution of food packages to Panjshir, Kandahar and Badakhshan provinces of Afghanistan: We have partnered two local organisations for this project. Afghan Islamic Medical Association (AIMA) and Ehsas Welfare and Social Service Organisation (Ehsas) who is specialising in food distribution and transportation of food packages. We have distributed 315 food packages to these provinces. Each package consisted of supplies for one month for a family of average of six members. The total number of beneficiaries was 1890 people.

Implementation of free medical camps in Ghor, Panjshir Kandahar, Takhar province of Afghanistan:

We have been working in partnership with the Afghanistan Islamic Medical Association (AIMA), a charitable organisation, to design the free medical camps projects. With our consultation and financial support AIMA has implemented the free medical camps in Ghor, Panjshir, Kandahar and Takhar during this reporting period. Each camp lasted from one to four days. A group of volunteer medical professionals (11 to 44 volunteers) gathered and travelled to these provinces to provide free primary medical care. Those in need of secondary medical care were referred to nearest hospitals and the cost were covered by the projects. Total number of patients who benefited from these projects were 6,439.

Malnutrition Project for severely malnourished children registered in Kunar, Kapisa and Wardak, Afghanistan

This project was a joint campaign with AIMA and Ehsas to raise funds for children registered as acute malnourished in Afghanistan. As a result of this campaign, we have raised funds and implemented distribution of 121 highly nutritious food package to families of children registered as acute malnourished in Kunar, Wardak and Kapisa provinces.

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AAHP-UK Future work in Afghanistan:

We would like to extend the distribution of food packages to other destitute families in distant provinces in Afghanistan. We will continue the implementation of free medical camps (primary and basic healthcare) in the poorest and remote areas of Afghanistan. We will also continue to support Orphan and Thalassaemia projects. We are planning to support small projects from the Karen Woo Awards.

We are in the process of finding unwanted second hand medical devices in the UK in order to be shifted to Afghanistan.

AAHPUK Future work in the UK:

We are committed to work in dissemination of the guidelines for mental health professionals who are dealing with Afghan communities and other refugees.

Occupational English Test (OET) Training for Afghan Healthcare professionals in the UK: This is an exciting project which started in July/August 2022. The aim of the project is to help the newly arrived Afghan Healthcare professionals to requalify in the UK in order to work in the NHS.

FINANCIAL REVIEW

As a result of the financial review undertaken by the AAHP-UK trustees, a plan has been developed and is being implemented. We have raised much more funds to finance the charity's objectives in this reporting period than previous years. All restricted funds will be used only for the designated projects.

During the year AAHP-UK had income of £73,084 (2021: £15,975) and expenses of £38,465 (2021: £21,954) leading to a surplus of £34,619 (2021: deficit £5,979). The charity has net assets of £38,485 at the year-end (2021: 3,866).

RESERVES POLICY

All reserves are held for furtherance of our charitable activities and are to be used for future projects. The charity currently has reserves of £38,485 with £28,004 held in restricted funds, this leaves £10,481 of unrestricted reserves for the use in future projects (2021: £3,866 all unrestricted).

Dr Abdulwahab Ghani
Trustee

Date

**Independent Examiner's Report to the Trustees of
Association of Afghan Healthcare Professionals-UK**

I report on the accounts for the year ended 24 March 2022 set out on pages 7 to 10.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mathew Gillies LLB (Hons) ACPA FCIE
Cowan & Partners Limited
60 Constitution Street
Edinburgh
EH6 6RR

Date.....

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RECEIPTS AND PAYMENTS

		Unrestricted Funds £	Restricted Funds £	Total Funds £	2021 Total £
Receipts					
Donations	4	2,781	-	2,781	11,049
Fundraising	5	15,303	-	15,303	4,926
Grants	6	-	55,000	55,000	-
Total Receipts		18,084	55,000	73,084	15,975
Payments					
Payments for Charitable Activities:	7				
Afghanistan Islamic Medical Association (AIMA)		7,000	24,136	31,136	-
Advertising & Fundraising		49	-	49	-
Bank charges		-	-	-	35
Consultancy		-	2,860	2,860	-
Telephone & Internet		803	-	803	-
Thalassema Projects		1,500	-	1,500	1,500
Orphan Projects		2,117	-	2,117	2,319
Other Projects		-	-	-	18,100
Total Payments		11,469	26,996	38,465	21,954
Surplus/(Deficit) for the year		6,615	28,004	34,619	-5,979
Transfers between funds		-	-	-	-
Cash funds brought forward		3,866	-	3,866	9,845
Cash funds carried forward		10,481	28,004	38,485	3,866

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STATEMENT OF BALANCES

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Cash Funds			
Cash and bank balances at start of period	3,866	-	3,866
Surplus/(Deficit) for the period	6,615	28,004	34,619
Transfer of restricted Funds	-	-	-
Cash and bank balances at end of period	10,481	28,004	38,485

The accounts were approved by the Trustees and authorised for issue on and were signed on its behalf by:

Dr Abdulwahab Ghani
Trustee

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NOTES TO THE FINANCIAL STATEMENTS FOR THE FINANCIAL YEAR ENDED 24 MARCH 2022

1. Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities Act 2011.

2. Nature and Purpose of Funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3. Related Party Transactions

There have been no related party transactions in the year to 24 March 2022 nor 24 March 2021.

No Trustees have received remuneration in the period to 24 March 2022 nor 24 March 2021.

4. Donations

	2022	2021
	£	£
Orphan Donations	1,860	-
Misc. Donations	921	11,049
	-	
	<u>2,781</u>	<u>11,049</u>

5. Fundraising

	2022	2021
	£	£
Go Fund Me – Bread Distribution Project	1,580	-
Muska Miller – Fundraising	2,850	-
Naveed Kabir - Marathon	10,873	-
Online Fundraising	-	4,926
	<u>15,303</u>	<u>4,926</u>

6. Grants

	2022	2021
	£	£
Prism – Choose Love	35,000	-
Prism – Shamaazi Foundation	20,000	-
	<u>55,000</u>	-

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NOTES TO THE FINANCIAL STATEMENTS – Continued FOR THE YEAR ENDED 24th March 2022

7. Costs of Charitable Activities

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
AIMA	7,000	24,136	31,136	-
Bank Charges	-	-	-	35
Consultancy	-	2,860	2,860	-
Orphan Projects	2,117	-	2,117	2,319
Other Projects	-	-	-	18,100
Social Media/Facebook	49	-	49	-
Telephone	40	-	40	-
Thalassemia Projects	1,500	-	1,500	1,500
Virtual address	48	-	48	-
Webhosting Fees	215	-	215	-
Website Developer	500	-	500	-
	<u>11,469</u>	<u>26,996</u>	<u>38,465</u>	<u>21,954</u>

8. Movement in Funds

	Balance at 25/03/2021	Received	Paid	Transfers	Balance at 24/03/2022
Unrestricted - General	3,866	18,084 -	11,469		10,481
Restricted - Choose Love/Shamaazi	-	55,000 -	26,996		28,004
	<u>3,866</u>	<u>73,084 -</u>	<u>38,465</u>	<u>-</u>	<u>38,485</u>

Grants were received during the year from Choose Love and Shamaazi Foundation, these grants were received for the distribution of emergency food packages and free medical camps in various provinces of Afghanistan.