

Charity number: 1167516  
Company number: 08053258  
(England and Wales)

Inspiro

Report of the Trustees and Unaudited Financial Statements

For the year ended 31 May 2023

Inspero  
Contents Page  
For the year ended 31 May 2023

Report of the Trustees	1 to 5
Independent Examiner's Report to the Trustees	6
Statement of Financial Activities	7
Statement of Financial Position	8
Notes to the Financial Statements	9 to 20
Detailed Statement of Financial Activities	21 to 22

Inspero  
Report of the Trustees  
For the year ended 31 May 2023

Trustees' Annual Report for the period 1st June 2022 to 31 May 2023

Section A: Reference and administration details

Charity name Inspero

Registered charity number 1167516

Charity's principal address  
Pembroke Lodge, 239 Old Worting Road, Basingstoke  
Hampshire  
Postcode, RG22 6NS

Names of the charity trustees who manage the charity

Trustee name	Office
--------------	--------

1 Samia Calvet	Chair
----------------	-------

2 Songul Adams	
----------------	--

3 Richard Clark	Treasurer
-----------------	-----------

4 Jacqueline McConville	
-------------------------	--

Name of chief executive or names of senior staff members - Catherine Waters-Clark

Section B: Structure, governance and management

Type of governing document - Constitution

How the charity is constituted - Incorporated registered charity

Trustee selection methods - Trustees are appointed by existing trustees.

Additional governance issues - Inspero's organisational structure is composed of a Management Committee - Trustee board who are responsible for the overall management and control of the charity. The day to day running and delivery of the organisations programmes are managed by the Chief Executive, supported by 6 sessional workers and 24 volunteers including 4 young volunteers.

All trustees give their time freely and no remuneration or expenses were paid in this year.

Inspero has developed mutual partnerships with local organisations to help support and develop its work within Basingstoke.

The organisations include Basingstoke College of Technology (BCoT), Queen Mary College, Caritas Basingstoke, Kempshott Village Hall, Community Food Link, NCS (National Citizenship Service), Ebp South and Fujitsu.

The major risks that the trustees have considered is that programmes are very popular and often oversubscribed, there is a possibility Inspero will not be able to meet local demand going forward and therefore continues to seek additional funding resources.

Section C: Objectives and Activities

Summary of the objects of the charity set out in its governing document; The objects of the charity are the advancement of education and training in subjects relating to horticultural practice, conservation, diet and nutrition in the local area. The charity operates to, but not exclusively to, educate young & older people and their families in the community about food and nutrition,

to empower, support and inspire young people to lead healthy lifestyles by learning about food and the integral role it plays in their lives such as cookery club programmes, to encourage healthy eating habits, greater physical activity and community connectedness through our programmes, to developing and sustaining community gardens and Forest School programmes, to providing training activities which develop young people's skills, knowledge and capabilities in horticulture, cookery and nutrition.

All programmes support good mental, physical and emotional health to improve people's quality of life.

Inspero  
Report of the Trustees Continued  
For the year ended 31 May 2023

Our Food Bank - Community Shop & Fridge has been going 4 years, this service provides healthy fresh, ambient and frozen foods as well as basic hygiene items and household cleaning products and pet food to vulnerable families and older people in the cost of living crisis. The charity also operations a free Food Parcel delivery service to those families on our very vulnerable list or referred from our partners who require extra support. This may include well-being check-ins, support with social services help and signposting to other local charities that will can provide further support.

In 2023 we opened a community fridge repurposing frozen food for public benefit. Our community shop & fridge turns around 2-3 tonnes of surplus food per week for public benefit. It also provides household items eg. like clothes, toys, books, curtain when donated from our supermarket partners. Any surplus food left goes to the local YMCA and homeless shelter May Place in Basingstoke.

Summary of the main activities undertaken for the public benefit in relation to these objects - Inspero runs a variety of low cost and free classes for young people and their families in the community including:

\*Cooking and healthy eating classes

\*Children Forest School classes

\*Horticulture Work Placement programme for Special Needs students in partnership with Queen Mary College

\*WellnessNWellies club for Adults & students promoting physical, mental and emotional well-being through gardening, cooking, craft activities eg.

\*Free Nature2Nurture classes for schools

\*Employee Volunteering Days for corporate companies

\*Student Volunteering and Social Action Days in partnership with NCS

\*Community Shop & Fridge - food available free (depending on referral and circumstances) for or small donation

\*Adult and young person's volunteering programme

#### Section C: Objectives and activities

Summary of the objects of the charity set out in its governing document; The objects of the charity are the advancement of education and training in subjects relating to horticultural practice, conservation, diet and nutrition in the local area. The charity operates to, but not exclusively to, educate young & older people and their families in the community about food and nutrition,

to empower, support and inspire young people to lead healthy lifestyles by learning about food and the integral role it plays in their lives such as cookery club programmes, to encourage healthy eating habits, greater physical activity and community connectedness through our programmes, to developing and sustaining community gardens and Forest School programmes, to providing training activities which develop young people's skills, knowledge and capabilities in horticulture, cookery and nutrition.

All programmes support good mental, physical and emotional health to improve people's quality of life.

Our Food Bank - Community Shop & Fridge has been going 4 years, this service provides healthy fresh, ambient and frozen foods as well as basic hygiene items and household cleaning products and pet food to vulnerable families and older people in the cost of living crisis. The charity also operations a free Food Parcel delivery service to those families on our very vulnerable list or referred from our partners who require extra support. This may include well-being check-ins, support with social services help and signposting to other local charities that will can provide further support.

In 2023 we opened a community fridge repurposing frozen food for public benefit. Our community shop & fridge turns around 2-3 tonnes of surplus food per week for public benefit. It also provides household items eg. like clothes, toys, books, curtain when donated from our supermarket partners. Any surplus food left goes to the local YMCA and homeless shelter May Place in Basingstoke.

Summary of the main activities undertaken for the public benefit in relation to these objects - Inspero runs a variety of low cost and free classes for young people and their families in the community including:

\*Cooking and healthy eating classes

\*Children Forest School classes

\*Horticulture Work Placement programme for Special Needs students in partnership with Queen Mary College

\*WellnessNWellies club for Adults & students promoting physical, mental and emotional well-being through gardening, cooking, craft activities eg.

\*Free Nature2Nurture classes for schools

\*Employee Volunteering Days for corporate companies

\*Student Volunteering and Social Action Days in partnership with NCS

\*Community Shop & Fridge - food available free (depending on referral and circumstances) for or small donation

Inspero  
Report of the Trustees Continued  
For the year ended 31 May 2023

\*Adult and young person's volunteering programme

To ensure the objectives are met Inspero have developed policies on

Grantmaking: Inspero will strive to apply for relevant grants to further its work in the community for local people.

Programme related investment: Any funding that is raised during fundraising activities or donated from the public is ploughed back into programme support and development.

Contribution by volunteers: Our volunteer community is made up of 52 local people who give their time and talents regularly supporting our programmes. This team works tirelessly to ensure the charity are providing quality services within the community.

In developing the aforesaid services within the community the trustees have taken guidance from the Charity Commission's documentation on public benefit.

Additional details of objectives and activities - Inspero's aim is to empower and support young people and their families to lead healthy lifestyles by learning about food, and the integral role it plays in their lives.

Objectives:

1. To provide quality services to support local people in the coronavirus crisis

To educate young people and adults about food, support them to grow, harvest, prepare and cook fresh and seasonal food.

2. Promote healthy eating and living through our Love2Grow and Love2Cook programmes.

3. To work at a grassroots level working with all young people and particularly those from socially disadvantaged communities.

4. Build bridges between the generations through our programmes, creating intergenerational working and learning.

5. Develop partnerships with organisations and businesses to create services that improve the lives of local young people.

6. To create inspiring urban community gardens from areas of wasteland to promote local food.

To ensure the objectives are met Inspero have developed policies on

Grantmaking: Inspero will strive to apply for relevant grants to further its work in the community for local people.

Programme related investment: Any funding that is raised during fundraising activities or donated from the public is ploughed back into programme support and development.

Contribution by volunteers: Our volunteer community is made up of 24 local people who give their time and talents regularly supporting our programmes and this team work tirelessly to ensure we are providing quality services within the community.

Section D: Achievements and performance

Inspero have had another very busy year with a big demand in services, especially food bank and horticulture well-being service and children's cooking classes. Over the financial year 2022-2023, there has been the delivery of programmes such as our mental health and well-being project WellnessNWellies, this programme has expanded and runs several days per week. It also supports horticulture work placements for special needs students for a whole academic year, giving the students valuable life skills as well as support children with several emotional and mental needs.

There has been a big demand in our Food Bank services and we are partnered with the Community Food Link to ensure local people have access to good food cheaply 6 days per week.

The charity obtained the Queen's Award for Voluntary Services in 2018 for the contribution given to the Basingstoke community and last year in 2023 won several Royal Horticulture Society awards.

Section E: Financial review

The Reserves Policy of the charity is to maintain sufficient level of reserves to enable normal operating activities to continue over a period of 3 month. This policy is based on current activities and takes into take account potential risks and contingencies that may arise from time to time.

The principal sources of funding came from the following sources:

Hampshire County Council Connect4Communities grant to pay for free healthy food parcels for vulnerable families in Basingstoke. Food items to stock our community shop & fridge.

HIWCF - Including Communities - Developing our team and horticulture service within the community, particularly working with SEN children

Inspero  
Report of the Trustees Continued  
For the year ended 31 May 2023

HIWCF - Funds to support children's cooking classes and bursaries for children in families struggling to pay for extra-curricular activities

BSDC - Community Grant - Fund food items for food parcels and community shop stock, fresh food.

BDA/BSDC - Healthy Lifestyles grant for horticulture well-being project WellnessN'Wellies and children's cooking programmes

The total funds carried forward at the financial year end 2023 were £30,567 of which all these funds are unrestricted and £8,471 of the unrestricted funds have supported the restricted funds leaving a balance on restricted funds of (£8,471). (2022 £27,078 all of which are unrestricted.)

Section F - Declaration

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees

Signature(s)

Full name(s) Samia Calvet

Position Chair of Trustees Chief Executive

Date 28/02/2024

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PB2)'.

**REFERENCE AND ADMINISTRATIVE INFORMATION**

<b>Name of Charity</b>	Inspero
<b>Charity registration number</b>	1167516
<b>Company registration number</b>	08053258
<b>Principal address</b>	Pembroke Lodge 239 Old Worting Road Basingstoke Hampshire RG22 6NS

**Trustees**

The trustees and officers serving during the year and since the year end were as follows:

Songul Adams  
Richard Clark  
Jacqueline McConville  
Chair of Trustees, Samia Calvet

Inspiro  
Report of the Trustees Continued  
For the year ended 31 May 2023

**Independent examiners**

Berrywood Accountants  
The New Studio  
Wintershill Farm, Wintershill  
Durley  
Southampton  
SO32 2AH

Approved by the Board of Trustees and signed on its behalf by

.....  
Chair of Trustees, Samia Calvet

27 February 2024

Inspero  
Statement of Financial Activities (including Income and Expenditure Account)  
For the year ended 31 May 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 £	2022 £
<b>Income and endowments from:</b>					
Donations and legacies	2	-	(1)	(1)	1
Charitable activities	3	14,605	44,055	58,660	63,695
Other trading activities	4	1	-	1	4
<b>Total</b>		<b>14,606</b>	<b>44,054</b>	<b>58,660</b>	<b>63,700</b>
<b>Expenditure on:</b>					
Charitable activities	5/6/7	(6,933)	(48,238)	(55,171)	(68,075)
<b>Total</b>		<b>(6,933)</b>	<b>(48,238)</b>	<b>(55,171)</b>	<b>(68,075)</b>
<b>Net income/expenditure</b>		<b>7,673</b>	<b>(4,184)</b>	<b>3,489</b>	<b>(4,375)</b>
<b>Reconciliation of funds</b>					
Total funds brought forward		31,365	(4,287)	27,078	31,453
<b>Total funds carried forward</b>		<b>39,038</b>	<b>(8,471)</b>	<b>30,567</b>	<b>27,078</b>



Inspero  
Statement of Financial Position  
As at 31 May 2023

	Notes	2023 £	2022 £
<b>Fixed assets</b>			
Tangible assets	12	5,540	6,199
		<b>5,540</b>	<b>6,199</b>
<b>Current assets</b>			
Cash at bank and in hand		28,400	23,652
		<b>28,400</b>	<b>23,652</b>
<b>Creditors: amounts falling due within one year</b>	13	(600)	-
<b>Net current assets</b>		<b>27,800</b>	<b>23,652</b>
<b>Total assets less current liabilities</b>		<b>33,340</b>	<b>29,851</b>
<b>Creditors: amounts falling due after more than one year</b>	14	(2,772)	(2,772)
<b>Net assets</b>		<b>30,568</b>	<b>27,079</b>
<b>The funds of the charity</b>			
Restricted income funds	15	(8,471)	(4,287)
Unrestricted income funds	15	39,038	31,365
<b>Total funds</b>		<b>30,567</b>	<b>27,078</b>

For the year ended 31 May 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the Board and signed on its behalf by:

-----  
Richard Clark  
Trustee

27 February 2024

Inspero  
Notes to the Financial Statements  
For the year ended 31 May 2023

**1. Accounting Policies**

**Basis of accounting**

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Inspero meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

**Incoming resources**

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

**Resources expended**

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure:

**Tangible fixed assets**

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Gardening Equipment	20% Straight line
Computer equipment	20% Straight line
Cooking Equipment	20% Straight line

**2. Income from donations and legacies**

	<b>2023</b>	<b>2022</b>
	£	£
<b>Restricted funds</b>		
Donations received	(1)	1
	<u>(1)</u>	<u>1</u>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2023

**3. Income from charitable activities**

	Unrestricted funds £	Restricted funds £	2023 £	2022 £
<i>Awards</i>				
Income from Awards	-	-	-	500
<i>Contracts Undertaken</i>				
Income from Contracts	750	-	750	-
<i>Donations</i>				
Income from Donations	10,956	-	10,956	8,182
<i>Fundraising</i>				
Income from Fundraising	1,127	-	1,127	847
<i>Grants</i>				
Income from Grants	-	44,055	44,055	52,989
<i>Services</i>				
Income from Services	1,772	-	1,772	1,177
	<b>14,605</b>	<b>44,055</b>	<b>58,660</b>	<b>63,695</b>

**4. Income earned from other activities**

	2023 £	2022 £
<b>Unrestricted funds</b>		
Fundraising events	1	4
	<b>1</b>	<b>4</b>

**5. Costs of charitable activities by fund type**

	Unrestricted funds £	Restricted funds £	2023 £	2022 £
Awards	-	48,238	48,238	6,769
Donations	105	-	105	278
Grants	6,092	-	6,092	50,726
General	(68)	-	(68)	48
Support costs	804	-	804	10,254
	<b>6,933</b>	<b>48,238</b>	<b>55,171</b>	<b>68,075</b>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2023

**6. Costs of charitable activities by activity type**

	Activities undertaken directly £	Support costs £	2023 £	2022 £
<b>Support costs</b>				
Awards	48,238	804	49,042	7,029
Donations	105	-	105	278
Grants	6,092	-	6,092	59,059
General	(68)	-	(68)	1,709
	<u>54,367</u>	<u>804</u>	<u>55,171</u>	<u>68,075</u>

**8. Analysis of support costs**

	2023 £	2022 £
<b>Awards</b>		
Management and Consultancy Fees	-	8,246
Marketing	204	260
Website Costs	-	500
Governance costs	600	1,248
	<u>804</u>	<u>10,254</u>

Support costs are those costs which do not relate directly to a single activity. These include some staff costs, costs of administration and IT support. Support costs are allocated between activities on an appropriate basis.

**9. Net income/(expenditure) for the year**

This is stated after charging/(crediting):

	2023 £	2022 £
Depreciation of owned fixed assets	1,267	-
Accountancy fees	600	1,248
	<u>1,867</u>	<u>1,248</u>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2023

**10. Staff costs and emoluments**

Total staff costs for the year ended 31 May 2023 were:

	<b>2023</b>	<b>2022</b>
	£	£
Salaries and wages	7,200	-
	<b>7,200</b>	<b>-</b>
	<b>7,200</b>	<b>-</b>

	<b>2023</b>	<b>2022</b>
Administration Employee	1	0
	<b>1</b>	<b>0</b>
	<b>1</b>	<b>0</b>

**11. Comparative for the Statement of Financial Activities**

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2022</b>
	£	£	£
<b>Income and endowments from:</b>			
Donations and legacies	-	1	1
Charitable activities	12,411	51,284	63,695
Other trading activities	4	-	4
<b>Total</b>	<b>12,415</b>	<b>51,285</b>	<b>63,700</b>
<b>Expenditure on:</b>			
Charitable activities	(8,891)	(59,184)	(68,075)
<b>Total</b>	<b>(8,891)</b>	<b>(59,184)</b>	<b>(68,075)</b>
<b>Net income/expenditure</b>	<b>3,524</b>	<b>(7,899)</b>	<b>(4,375)</b>
<b>Reconciliation of funds</b>			
Total funds brought forward	27,841	3,612	31,453
<b>Total funds carried forward</b>	<b>31,365</b>	<b>(4,287)</b>	<b>27,078</b>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2023

**12. Tangible fixed assets**

<b>Cost or valuation</b>	<b>Gardening Equipment £</b>	<b>Cooking Equipment £</b>	<b>Total £</b>
At 01 June 2022	8,942	3,913	12,855
Additions	574	34	608
At 31 May 2023	<b>9,516</b>	<b>3,947</b>	<b>13,463</b>
<b>Depreciation</b>			
At 01 June 2022	5,211	1,445	6,656
Charge for year	1,031	236	1,267
At 31 May 2023	<b>6,242</b>	<b>1,681</b>	<b>7,923</b>
<b>Net book values</b>			
At 31 May 2023	<b>3,274</b>	<b>2,266</b>	<b>5,540</b>
At 31 May 2022	<b>3,731</b>	<b>2,468</b>	<b>6,199</b>

**13. Creditors: amounts falling due within one year**

	<b>2023 £</b>	<b>2022 £</b>
Accruals and deferred income	600	-
	<b>600</b>	<b>-</b>

Creditors are amounts owed by the charity, They are measured at the amount that the charity expects to have to pay to settle the debt.

Amounts which are owed in more than a year are shown as long term creditors.

**14. Creditors: amounts falling due after more than one year**

	<b>2023 £</b>	<b>2022 £</b>
Loans and overdrafts	2,772	2,772
	<b>2,772</b>	<b>2,772</b>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2023

**15. Movement in funds**

**Unrestricted Funds**

	Balance at 01/06/2022	Incoming resources	Outgoing resources	Balance at 31/05/2023
	£	£	£	£
<i>General</i>				
Contracts Undertaken - CAH	-	1,772	-	1,772
Donations - Covid19	25,945	-	-	25,945
Donations - Local Giving	1,299	-	-	1,299
Donations - Other	(1,309)	-	-	(1,309)
Fundraising	2,134	1,127	-	3,261
General	3,426	10,957	(6,659)	7,724
Services - Consultancy	-	750	(274)	476
Services Undertaken - Children's Services	538	-	-	538
Services Undertaken - Gardening & Cooking	(668)	-	-	(668)
	<b>31,365</b>	<b>14,606</b>	<b>(6,933)</b>	<b>39,038</b>

**Unrestricted Funds - Previous year**

	Balance at 01/06/2021	Incoming resources	Outgoing resources	Balance at 31/05/2022
	£	£	£	£
<i>General</i>				
Donations - Covid19	25,945	-	-	25,945
Donations - Local Giving	1,299	-	-	1,299
Donations - Other	(1,309)	-	-	(1,309)
Fundraising	2,134	-	-	2,134
General	(98)	12,415	(8,891)	3,426
Services Undertaken - Children's Services	538	-	-	538
Services Undertaken - Gardening & Cooking	(668)	-	-	(668)
	<b>27,841</b>	<b>12,415</b>	<b>(8,891)</b>	<b>31,365</b>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2023

**Purpose of unrestricted Funds**

Contracts Undertaken - CAH

These monies are awarded to assist with consultancy work with in the community. Any surplus can be carried forward.

Awards- Mayor's Funding

This fund has been awarded as the Mayor's Charity for the year and funds are to be used to support the Charity in its Children's cooking and gardening programmes. Surplus funds should be carried forward and used for these purposes in the future.

Fundraising

Fundraising is to be used for the Charities aims and any surplus carried forward.

Donations - Other

These are donations which are allocated to general unrestricted spending.

Services - Consultancy

This is services to Action Hampshire in supporting social entrepreneurs start new community ventures.

Donations - Covid19

Income used for the running of bi-weekly Food Bank and community shop services providing fresh, ambient, surplus food and basic essentials to local vulnerable people.

Donations - Local Giving

These monies are raised to aid the Charities aims and any surplus is carried forward.

Services Undertaken - Children's Services

This fund has been set aside for children therapy services where green therapy will be provided.

Donations - Fence

This money has been given to assist the fencing of the community garden and any surplus will be carried forward and restricted to this use.

Services Undertaken - Gardening & Cooking

These services aid householders with gardening needs and surplus monies are used by the Charity to support its aims. This services aids the community feel and the garden project. Any surplus is carried forward.

General

Funds are to be used to support the Charity in its activities. Any surplus to be carried forward.



Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2023

**Restricted Funds**

	<b>Balance at 01/06/2022</b>	<b>Incoming resources</b>	<b>Outgoing resources</b>	<b>Balance at 31/05/2023</b>
	£	£	£	£
Awards - Groundwork UK	2,454	-	-	2,454
Donations - Charities Trust	792	-	-	792
Grant - Basingstoke Vol Services	16,690	-	-	16,690
Grant - BVA - BSDC	-	25,349	(29,109)	(3,760)
Grant - Good Exchange	1,750	-	-	1,750
Grant - WRAP	1,198	-	-	1,198
Grants - Awards For All	6,935	-	-	6,935
Grants - B&DBC	(18,535)	-	-	(18,535)
Grants - BSDC Food Bank Project following Covid-19	(28,134)	5,000	(4,970)	(28,104)
Grants - Four Lanes	294	170	(170)	294
Grants - Greenham Trust	(3,232)	-	-	(3,232)
Grants - H&IOW Foundation	6,545	-	-	6,545
Grants - HCC Connect4Communities	8,451	5,491	(7,179)	6,763
Grants - HIWCF	241	5,963	(4,055)	2,149
Grants - HUB HUB	(722)	2,081	(2,755)	(1,396)
Grants - Neighbourly	(24)	-	-	(24)
Grants - Shanley Foundation	(96)	-	-	(96)
Grants - Sovereign Housing	1,622	-	-	1,622
Grants - Tesco Groundwork	(902)	-	-	(902)
Grants - Youth Mental Health	230	-	-	230
HCC Arun M County Councillor (Restricted)	156	-	-	156
	<b>(4,287)</b>	<b>44,054</b>	<b>(48,238)</b>	<b>(8,471)</b>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2023

**Restricted Funds - Previous year**

	<b>Balance at 01/06/2021</b>	<b>Incoming resources</b>	<b>Outgoing resources</b>	<b>Balance at 31/05/2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Awards - Groundwork UK	1,954	500	-	2,454
Donations - Charities Trust	792	-	-	792
Grant - Basingstoke Vol Services	16,690	-	-	16,690
Grant - Good Exchange	1,750	-	-	1,750
Grant - WRAP	1,198	-	-	1,198
Grants - Awards For All	6,935	-	-	6,935
Grants - B&DBC	(10,005)	17,151	(25,681)	(18,535)
Grants - BSDC Food Bank Project following Covid-19	(19,483)	-	(8,651)	(28,134)
Grants - Four Lanes	-	895	(601)	294
Grants - Greenham Trust	(3,232)	-	-	(3,232)
Grants - H&IOW Foundation	6,545	-	-	6,545
Grants - HCC Connect4Communities	8,917	7,601	(8,067)	8,451
Grants - HIWCF	(7,681)	14,132	(6,210)	241
Grants - HUB HUB	-	3,000	(3,722)	(722)
Grants - Neighbourly	-	-	(24)	(24)
Grants - Shanley Foundation	(96)	-	-	(96)
Grants - Sovereign Housing	-	6,991	(5,369)	1,622
Grants - Tesco Groundwork	(902)	-	-	(902)
Grants - Youth Mental Health	230	-	-	230
HCC Arun M County Councillor (Restricted)	-	1,015	(859)	156
	<b>3,612</b>	<b>51,285</b>	<b>(59,184)</b>	<b>(4,287)</b>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2023

**Purpose of restricted funds**

Grants - Four Lanes

This grant was used to purchase Forest School equipment, particularly outdoor cooking equipment. Any surplus is carried forward.

Grants - Youth Mental Health

This fund is for Horticultural and Forest School programmes called Nature2Nuture for children suffering from mental health issues.

Grants - Greggs

This award is to fund school forest programmes in 2019 for children with severe emotional needs in partnership with a local primary school in a deprived area of Basingstoke.

Grants - HIWCF

This funds help the Nature2Nuture programme and has been allocated for youth mental health issues, work placement programmes for SEN Students in partnership with QMC and BCoT.

Grants awarded also cover Childrens Cooking Classes and bursaries for students.

Grants - Awards For All

This fund is for green therapy within the community and any surplus will be carried forward for future projects.

Grants - Greenham Trust

This was granted during Covid-19 and is a community grant for resources and food parcels to those in the community needing assistance during the pandemic.

Grants - BSDC Food Bank Project following Covid-19

This was granted during Covid-19 and is a community grant for resources and food parcels to those in the community needing assistance during the pandemic. This has extended to food parcels for vulnerable families after the pandemic and to cover volunteer expenses.

Grants - Tesco Groundwork

This grant is for the development of raised beds, fences and equipment for the community garden.

Grants - Youth Mental Health covid19

This is a horticultural therapy programme specially designed for the younger members of the community.

Grant - WRAP

Funds for Project Co-Ordinator for our Food Bank for 6 months and a new Fridge.

Grant - Basingstoke Vol Services

Funds for Fresh Fruit and veg for emergency food parcels and hot meals for older people.

Grants - Shanley Foundation

Income to fund family online cooking classes during the pandemic.

Grant - Good Exchange

Income to fund covid-19 services, food parcels, food shops for elderly and those shielding, prescription collection, well-being check-ins, volunteer expenses and project management.

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2023

Donations - Charities Trust

Donations are to be used for the Charities objectives and any surplus can be carried forward.

Grants - B&DBC

This grant was awarded to run Children's cooking and gardening programmes and any surplus will be carried forward and used for the same purpose.

Awards - Groundwork UK

This award was made to enable the development of the community garden space. Any surplus carried forward will be used for the same aim.

Donations - Gardening Equipment

This was a specific donation towards equipment and any surplus carried forward and will be used for the same purpose.

Grants - H&IOW Foundation

These monies were granted towards the Green Therapy Programme and any surplus will be carried forward for this specific purpose.

Grants - HCC Connect4Communities

These monies were given to fund free healthy food parcels for vulnerable families in Basingstoke. Further grants assist horticultural classes for students.

Grants - Big Lottery

This grant was given to fund the Nature2Nuture programme which is a specific programme to work with children with a range of special needs. Any surplus will be carried forward and used for the same programme.

Grants - HUB HUB

The grant was used to fund a new freezer, shelving and food for our Community Shop & Fridge as well as some administration support. Further funds also assist project management and volunteer expenses.

Grants - Neighbourly

Grant to fund healthy cooking and eating classes for children.

Grants - Sovereign Housing

Fund is for the development of our Wellness n Wellies project as well as some elements of Summer House build at our community garden.

HCC Arun M County Councillor (Restricted)

The fund is for the development of the community garden.

Grant - BVA - BSDC

This grant is a restricted grant and was awarded by Basingstoke Council towards running a horticultural programme 'WellnessN'Wellies' and to enable volunteering programmes to be developed. Any surplus will be used in unrestricted funds.

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2023

16. Analysis of net assets between funds

	Tangible fixed assets	Net current assets / (liabilities)	Creditors > one year	Net Assets
	£	£	£	£
<b>Unrestricted funds</b>				
<i>General</i>				
General	3,802	27,801	(2,772)	28,831
<b>Restricted funds</b>				
Grants - B&DBC	1,010	(1)	-	1,009
Grants - Four Lanes	278	-	-	278
Grants - HIWCF	39	-	-	39
Grants - HUB HUB	139	-	-	139
Grants - Sovereign Housing	42	-	-	42
Grants - Youth Mental Health covid19	230	-	-	230
	<b>5,540</b>	<b>27,800</b>	<b>(2,772)</b>	<b>30,568</b>

**Previous year**

	Tangible fixed assets	Net current assets / (liabilities)	Creditors > one year	Net Assets
	£	£	£	£
<b>Unrestricted funds</b>				
<i>General</i>				
General	4,461	23,652	(2,772)	25,341
<b>Restricted funds</b>				
Grants - B&DBC	1,010	-	-	1,010
Grants - Four Lanes	278	(1)	-	277
Grants - HIWCF	39	1	-	40
Grants - HUB HUB	139	-	-	139
Grants - Sovereign Housing	42	-	-	42
Grants - Youth Mental Health covid19	230	-	-	230
	<b>6,199</b>	<b>23,652</b>	<b>(2,772)</b>	<b>27,079</b>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2023

	2023	2022
	£	£
<b>INCOME AND ENDOWMENT</b>		
<b>Donations and legacies</b>		
Donations	(1)	1
	(1)	1
<b>Charitable activities</b>		
Income from Awards (Awards)	-	500
Income from Contracts (Contracts Undertaken)	750	-
Income from Donations (Donations)	10,956	8,182
Income from Fundraising (Fundraising)	1,127	847
Income from Grants (Grants)	44,055	52,989
Income from Services (Services)	1,772	1,177
	58,660	63,695
<b>Other trading activities</b>		
Fundraising events	1	4
	1	4
<b>Total incoming resources</b>	<b>58,660</b>	<b>63,700</b>
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Cost of direct charitable activity (Awards)	(48,238)	(6,769)
Cost of direct charitable activity (Donations)	(105)	(278)
Cost of direct charitable activity (Grants)	(6,092)	(50,726)
Cost of direct charitable activity (General)	68	(48)
	(54,367)	(57,821)
<b>SUPPORT COSTS</b>		
<b>Management and Consultancy Fees</b>		
Management and Consultancy Fees (Grants)	-	(7,065)
Management and Consultancy Fees (General)	-	(1,181)
	-	(8,246)
<b>Marketing</b>		
Marketing (Awards)	(204)	(260)
	(204)	(260)
<b>Website Costs</b>		
Website Costs (Grants)	-	(500)
	-	(500)
<b>Governance costs</b>		
Governance costs (Awards)	(600)	-
Governance costs (Grants)	-	(768)
Governance costs (General)	-	(480)
	(600)	(1,248)
<b>Total resources expended</b>	<b>(55,171)</b>	<b>(68,075)</b>

Inspero  
Detailed Statement of Financial Activities  
For the year ended 31 May 2023

**Net Income**

3,489

(4,375)