



BE A PART OF IT  
Fisherman's Rest • Malawi

## Fisherman's Rest Community Projects

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## FROM Wales Trustees Report for 2024

**A huge thank you to the board, all our partners, friends and all who have generously and kindly supported the programs.**

Malawi has not come out of the post Covid 19 global pandemic economic downturn, the overall economy continues in decline. The impact has continued through 2024. The exchange rate has remained stable but has been pegged by the Reserve Bank against the dollar, with rigorous exchange control resulting in a severe shortage of ForEx.

The core program development and implementation continues, with good progress with developments in the conservation and WaSH projects in particular. The BRAVE program is steady, the schools operate with decreasing engagement from FRCP. The Good Food program continues with a reduced number of schools.

### **Administrative and project overviews**

FRCP is increasingly recognised as an important and effective Local NGO.

### **FRCP Accounts and finances**

Spending has continued to be kept down for 2024. Projects and programs have been reviewed and repositioned over 2023 and 2024. The school programs, continue to be reviewed.

All staff received project and personal performance pay reviews and on average there was an additional 40% staff pay increase through these reviews.

Buildings insurance, Workers Compensation, Public Liability have been introduced in 2023 and terms improved upon in 2024.

FRCP accounts for the period 2023 2024 are being completed, and will then be submitted for audit.

### **WaSH programmes: (Water, Sanitation and Hygiene)**

The MA repair programme continues to develop. The MAMS repair and teaching programme continues to be the leading handpump management, repair, and maintenance programme in Malawi. A few additional programmes are appearing, of which all have had training from FRCP MA.

MA continued throughout 2024 to support and report quarterly to the Blantyre district water office and district council on the status of all handpumps in Blantyre rural, approximately 2,400. – This continues to be a unique programme keeping the Blantyre Rural Afridev handpump functionality at about 90%.

In the Uptime project, the results gave a 99.7% functionality, higher than any handpump functionality score achieved on the planet.

It is anticipated that the MA program will be active in Nsanje and Chikwawa districts in 2025.

FRCP/FROM Wales has had funded a marketing program for MA. A video has been completed, a prospectus is close to completion and a PowerPoint presentation for international institutions, large funding organisations, and significant individual and corporate donors. An objective is to raise funds for the MA 2025/ 2026 Blantyre handpump upgrade project.

Further work on Fluoride in water will be carried out in 2025. FRCP MA has maintained the microbiological water quality longitudinal study, and testing program. This has been continued in the whole of TA Somba testing in dry and wet seasons in 2024. The data has enabled targeted action at waterpoints with high levels of bacteriological colony counts from tested water.

The AFD-3 sensor program has had little development in 2024. Four prototypes continue to be tested.

MAMs database and App: In 2025 it is anticipated further translations into other local languages will be in progress. An integrated community texting service to the MAMS database, reporting on handpump functionality, and issues as they arise is being developed.

The director of water quality for Malawi visited FRCP and MA. He expressed regret that the afridev handpump chlorinator project had not been supported by government, citing that had it been available, likely very many lives would have not succumbed to Cholera. He has said he will try acquiring funds from the government to order 20 trial units.

FR/FRCP/ MA has worked on improved afridev design, and reliability. MA is taking a lead on design, manufacture of parts, field testing and data, monitoring, and management.

As part of the need to create sustainable projects and programmes, the implementation of revenue generation through the sale of handpump spares, data management services and sensors is seen as essential. FR/ MA will be a main supplier of the improved pump parts, training and support services.

**Project BRAVE: (Be Respectful and Value Everybody)**

In 2024 project BRAVE has engaged with 13 schools, 392 girls and 273 boys, addressing adolescence, and relationships.

Schoolchildren from **Primary schools** are introduced to the Safe House at Mirale Police Sub-Station.

BRAVE continues to include parent group workshops, addressing behaviour at home and child parent relationships.

392 Girls received sanitary packs, underwear, BRAVE bracelet, a bar of soap in 2024.

294 Boys received underwear, BRAVE bracelet, a bar of soap in 2024

In 2024 before the program there was a meeting with community members, PTA, School Ctte, Mothers Gp, and some teachers/ Head/ Deputy and class teacher with the chief.

*Parents comment to say they see a positive change in behaviour/ attitude of their children, at home, towards one another and between boys and girls.*

### **The Safe House at Mirale Police Sub-Station has now been open for three and a half years.**

The house is offering its services, there are 3 special officers who mostly work and schools and communities providing Counselling, Mediation and sensitization and other VSU (Victim Support Unit) services

**Last year** It has been reported that overnight stays at the safe house are decreasing, to one a month. Day consultations decreasing to some 3 per week. Consultations used to be one or two per day. These decreased have been attributed to the positive community policing which the safe house premises facilitates.

### **TGFP: (The Good Food Project), supporting approximately 2,500 children**

The programme continues to be underfunded, but with a few loyal and faithful donors generously supporting the TGF project the most vulnerable do receive support.

### **The Conservation Programmes:**

The tree planting, woodland, and conservation programme continues. We have presently reached out to 65 communities with FRCP monitored nurseries.

The nurseries have planted out an estimated **100,000** seedlings (last year 75,000).

**Two** community tree planting and conservation workshops have been held at the Fisherman's Rest Skills Training Centre (17 last year).

Approximately 190 villagers have been trained through the conservation training program. Workshops have been conducted four schools teaching approximately 50 learners in each school

351 changu stoves have been constructed in 2024 by individuals attending 36 training sessions. Seedlings have been given out into this programme, fifty for each stove installed being 1800 seeds and tubes, which are being monitored.

### **Schools:**

A sense of normality has not yet returned to the school and the education system.

JCE For Horton 2023/2024 - 51 sat exams and 44 passed.

MSCE exams 2023/ 2024 - 48 sat JCE exams and 24 passed, a better result on 2022/2023.

Three students have qualified for university places. The highest grade achieved 16 points, a very commendable and high grade, followed by 22 points which is mid-range and 30 points, just qualifying. Other students have qualified for further education places.

Throughout the academic year FR has continued to provide a minibus to transport teachers from Chadzunda Market, from where a regular bus service from & to Blantyre operates to St Mary's primary & Horton Secondary.

Throughout the academic year The Tea House accommodation at Fisherman's Rest continues to be allocated to student teachers. 3 student teachers for St Mary's are accommodated in the 2023/2024 academic year.

### **School Sponsorship:**

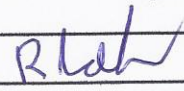
FRCP presently sponsors 55 children, 43 in Horton Forms 1-4, and in 8 other schools. One student is in University sponsored by a single donor.

# Section B

# Balance sheet

		Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
<b>Fixed assets</b>							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	-	-	-	-
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
<b>Total fixed assets</b>		B05	-	-	-	-	-
<b>Current assets</b>							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	-	-	-	-	-
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	22,092	163,367	-	185,459	109,598
<b>Total current assets</b>		B10	22,092	163,367	-	185,459	109,598
<b>Creditors: amounts falling due within one year</b>	(Note 20)	B11	-	-	-	-	-
<b>Net current assets/(liabilities)</b>		B12	22,092	163,367	-	185,459	109,598
<b>Total assets less current liabilities</b>		B13	22,092	163,367	-	185,459	109,598
<b>Creditors: amounts falling due after one year</b>	(Note 20)	B14	22,092	163,367	-	185,459	109,598
<b>Provisions for liabilities</b>		B15	-	-	-	-	-
<b>Total net assets or liabilities</b>		B16	-	-	-	-	-
<b>Funds of the Charity</b>							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	163,367	-	163,367	94,281
Unrestricted funds		B19	22,092	-	-	22,092	15,317
Revaluation reserve		B20	-	-	-	-	-
<b>Total funds</b>		B21	22,092	163,367	-	185,459	109,598

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	R. WALKER	01/02/2025

# Independent examiner's report on the accounts



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Section A

## Independent Examiner's Report

**Report to the trustees/  
members of**

Charity Name  
"From Wales" Trust

**On accounts for the year  
ended**

31 July 2024

**Charity no  
(if any)**

1149385

**Set out on pages**

1 to 45

*(remember to include the page numbers of additional sheets)*

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Chartered Institute of Management Accountants.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent  
examiner's statement**

In connection with my examination, no material matters have come to my attention (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**  **Date:**

**Name:**

**Relevant professional qualification(s) or body (if any):**

**Address:**

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

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