



New Note Projects

(A Charitable Incorporated Organisation)

Charity number 1161284

Trustee Report and Financial Statements
Year ending 31 March 2019

New Note Projects
P.O. Box 5420
Brighton
BN50 8HS

The Trustees of New Note Projects present their Annual Report for the period from 1st April 2018 to 31st March 2019

1. Structure:

New Note Projects is a Charitable Incorporated Organisation (CIO). Our constitution is a 'Foundation' model whose only voting members are its charity trustees.

New Note Projects was constituted on 14th April 2015, when the charity commission produced a unique charitable number: 1161284

The Trustees have had regard to the Charity Commission's guidance on public benefit when considering the activities to be undertaken. These are detailed in this report.

2. New Note Projects operations: 1st April 2018 - 31st March 2019.

New Note Projects was overseen by three trustees during this period:

Chairperson – Bridget Taylor

Trustee - Dan Blomfield

Trustee – Marcus O'Dair

The day to day operations were overseen by Founder and Chief Exec Molly Mathieson.

NNP uses music to help people strengthen their recoveries from addiction.

It was set up to combat drug and alcohol related problems within Brighton and Hove in a unique and creative way. Until recently the city was known as the 'the drug death capital of the UK'. On average, every year there are 34 drug related deaths. Alongside this on average there are two deaths a week from alcohol abuse and almost 40% of violent crime is alcohol related. (*Brighton and Hove City Council 2017*).

Across the country vulnerable people with addiction issues are being increasingly marginalised and feeling unsupported. More people die of drug misuse every year than all knife crime and road traffic incidents combined. About 1 in 3 drug deaths by overdose that occur in Europe, happen here, in the UK. (*Figures from EMCDDA, 'European Drug Report 2019', 2019*)

A report published by the Centre for Social Justice in August 2019 claimed that since 2014 approximately 30 residential rehabilitation centres across the UK have been forced to sell assets to survive the cuts, severely reduce their capacity or in many cases simply close their doors.

There have been huge cuts to drug and alcohol services within Brighton and Hove. In 2016 the city's inpatient detoxification service was axed. This means that patients needing alcohol detox facilities need to travel to London.

Brighton and Hove ranks the 4th highest of 152 local authorities for the proportion of adults drinking at increasing or higher risk levels. (*Brighton and Hove City Council 2019*)

With high demand for services that have been drastically cut, people are becoming

increasingly dependent on support from community run groups such as New Note Projects.

3. Putting our aims and objectives into practice:

New Note Projects has two music based initiatives.

- New Note Orchestra (*See section 4*)
- New Note Strummers (*See section 5*)

Both programmes reach people who have experienced addiction issues. Many of the people accessing our services have also experienced rough sleeping, poor mental health social isolation, deprivation and prison.

4. Operations summary: New Note Orchestra

New Note Orchestra was launched in 2015 as the first of its kind in the world. It's aims are:

To produce new and original music of high artistic value

To help people in recovery from drugs and alcohol addiction to stay sober by meeting regularly to compose and play music,

To reduce the stigma around alcoholism and addiction in our communities by putting on public performances

During 1st April 2018 to 31st March 2019, New Note Orchestra achieved the following;

- 58 people accessed NNO over this period.
- NNO's retention rate for this period was 76% *
- Over 1200 members of the public attended performances by NNO.
- The orchestra met 51 weeks of the year, keeping in regular contact with the members.
- NNO created a 50 minute performance titled 'A Sense of Place'. The performance was a combination of newly composed music, film and poetry.
- NNO performed 'A Sense of Place' at six public concerts including two national conferences – TEDx NHS and Nesta People Powered Health.
- In December 2018, along with artistic director Conall Gleeson, NNO were nominated for the 2018 British Composer Award hosted by PRS music and BBC Radio 3. They were shortlisted from over 560 entries.
- NNO was featured in two BBC news reports about our unique approach of using music to help people in their recoveries from addiction.
- NNO appeared in five newspaper articles.
- NNO's impact in strengthening recovery from addiction was recognised and championed by Professor Alan Tomlinson from the University of Brighton, who featured NNO in the What Works Wellbeing Centre's website.

***Retention Rate**

Percentage of people who attended in the previous year that are still attending in the

current year.

NNO is having a remarkable impact with 86% of musicians claiming they 'strongly agreed' that being in the orchestra strengthens their recovery from addiction.

The orchestra improves the members wellbeing on a number of levels because the concerts are transformative. The concerts give members a platform to tell their recovery stories that help shift perceptions amongst the public.

Q&As between orchestra members and the audience after the concerts also improve our members self esteem and allows them to feel heard. Over the last three years we have reached over three thousand people through our concerts and are proud that 97% of audience members said that as a result of attending a New Note concert they now view people in recovery more positively. Concerts also help members repair fractured relationships with friends and family. Having 'good news' is a vital link for our members to build bridges and form deeper bonds with their wider networks.

New Note Orchestra and its approach has inspired key organisations working in the drug and alcohol treatment field.

In February 2019, Sophie Wilsdon, Manager at Bristol Drugs Project, set up a recovery orchestra in Bristol after seeing Founder Molly Mathieson and Artistic Director Conall Gleeson giving a presentation.

"I first came across New Note Orchestra when our choir, Rising Voices, was invited to take part and perform in the Music Dare conference in Brighton in September 2017. New Note talked about their work, and Conall led an amazing and funny workshop in polyphonic rhythm. Being a musician myself and having already set up a recovery choir in Bristol four years before, I was completely inspired and motivated to go back to Bristol to set up my own recovery orchestra."

Alongside this NNO has built a number of successful partnerships in London and across the southeast including Nesta, TEDx NHS, Towner Gallery and Depot.

5a: Operations Summary - New Note Strummers

In January 2017 the New Note Strummers was launched. New Note Strummers is a weekly guitar group for people who are in recovery from addiction. This group attracts clients who are particularly vulnerable, including those in the early stages of recovery, street homeless and those who have significant mental health issues. Many of the members have been socially excluded for long periods of time including prison. With a National Lottery grant Founder Molly Mathieson launched a pilot between Jan-April 2017. The pilot was successful, Strummers became a regular weekly group for people in recovery from addiction. The National Lottery has continued to financially support the New Note Strummers.

During 1st April 2018 to 31st March 2019, the New Note Strummers achieved the following;

- 55 people accessed The New Note Strummers during this period.
- Attendance rate was 69%. *
- The Strummers performed four public concerts.
- They appeared in two newspaper articles.

***Attendance Rate**

Average attendance of individuals from the point that they first attended. Individuals who didn't attend for more than four weeks at the end of the year (or last 30 days for current year) are excluded.

Due to severe cuts in the statutory services, key workers are relying on the New Note Strummers

"I have been attending the New Note Strummers for the past few months with a key client, who states she feels more confident since playing music and less isolated. One of the main benefits my client has expressed is 'feeling connected and a sense of community' and appreciates that nobody talks about mental health. People come together to be creative, feel good and the atmosphere is fun and upbeat. There is no judgement or stigma. I would definitely encourage and introduce more of our clients to attend this great project, it really makes a difference to peoples lives who would otherwise be marginalised and forgotten". **Jo King, Project Worker at Sanctuary Supported Living for people who suffer from substance misuse and mental health issues.**

5b: Guitars Save Lives

'Guitars Save Lives' was launched in September 2018 to mark the end of recovery month. It was a two hour performance combining music and conversation at Komedia, a well known venue in Brighton.

The New Note Strummers performed seven songs as a group. There were four performances by members who had written their own material. The event was a success and was given a four star review in The Argus, the local newspaper.

Some audience feedback includes:

- "The songs written by the players were incredibly powerful, such admirable talent.. Uplifting and life-affirming - it would be a winner in every town and city."
- "Very positive, very uplifting, great variety, great musicians. Brilliant evening."
- "I think it's good to have things like this, it proves there is a life after addiction".

6. New Developments:

A three year strategic plan was devised over a number of meetings throughout 2019. The Artistic Director Conall Gleeson and Founder/ Chief Exec Molly Mathieson were also in attendance.

Through these meetings the following was agreed

- In the current financial climate New Note Projects would not be expanding their operations.
- In order to reach more people in recovery, New Note Orchestra would perform outside of Brighton and Hove.
- New Note Orchestra would perform in areas that have high levels of drug and alcohol dependency or low arts engagement.
- New Note Projects would be devising a 'tool kit' for those inspired to set up music based groups to help people with addiction issues and poor mental health. The New Note Orchestra 'tool kit' would be devised by founder Molly Mathieson and Artistic Director Conall Gleeson. Funds need to be raised in order for this additional work to be carried out. The tool kit would be made available on the New Note website for anyone who wanted to start a musical based group to support people across various communities.

6a. New Note Orchestra:

New Note Orchestra is embarking on a brand new project called 'Kind Rebellion'. It will result in a 50 minute score and five public performances across the South East. The NNO musicians share a common experience in that 'acts of giving' have become a feature of their sobriety and enhanced the quality of their lives. The project seeks to discover how empathetic behaviours have enriched their recoveries from addiction by reflecting on the ways in which the musicians have been the recipients and instigators of generosity.

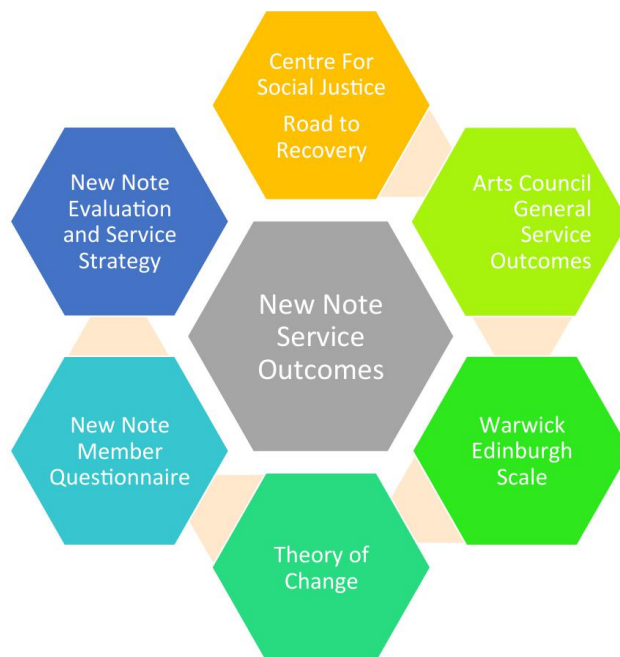
Alongside the performance will be panel discussions with leading academics and experts who have researched how kindness impacts on our wellbeing.

This is the first time that New Note Orchestra will be hosting panel discussions. Experts and partners include Professor Robin Banerjee, head of the psychology department at Sussex University and Jonathan Birch, Associate Professor at the London School of Economics and Political Science.

6b. Impact measurement.

We have received a number of grants for our forthcoming project 'Kind Rebellion'. Two funders have made recommendations that New Note Projects use more robust impact measurement tools. We have taken these recommendations seriously and sought guidance from organisations that have expertise in arts, health and well being measurements including 'Ae-sop', 'Creative and Credible' and the 'Royal Society for Public Health'. We have adapted well known measurement tools including the 'Warwick-Edinburgh' scale and the 'Arts Council Well Being' scale to create a bespoke measurement tool which fits our requirements.

For the first time a 'Theory Of Change' was developed through a workshop with the orchestra members. Our impact measurements will also be tied to the outcomes identified in our theory of change. Our impact measurements will become operational during the next financial year.



7. Review of financial position.

Reserves Policy:

Our reserves policy is to hold sufficient funds to source the core operating capacity of the charity for three months. This means the charity can meet ongoing liabilities, sufficient to ensure that all delivery commitments can be met and to protect the long-term future of the operations.

Our total reserves at 31st March 2019 were £10,533 of which £2,963 were unrestricted reserves. Towards the end of March 2019, we had to draw down on our reserves. This was because we were waiting for project funding which arrived after the accounting period.

Assets:

The charity has assets in the form of musical instruments. Our total assets at 31st March 2019 were £9,111.00.

**RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2019**

	Notes	Unrestricted Funds £	Restricted Funds £	2019 Total Funds £	2018 Total Funds £
RECEIPTS					
<u>Grants:</u>					
Sussex Community Foundation		-	2,570	2,570	2,964
B&H City Council		-	-	-	3,500
Garfield Weston		-	5,000	5,000	-
Chalk Trust		-	-	-	2,000
Brighton University		-	2,000	2,000	900
Ian Askew		-	-	-	500
Woodward Trust		-	500	500	-
Leigh Trust		-	2,500	2,500	2,500
Martin Geddes Trust		2,000	-	2,000	-
Mackintosh Foundation		-	-	-	1,500
Gurney Charitable Trust		1,000	-	1,000	-
Henry Smith		5,000	-	5,000	-
Arts Council England		-	14,498	14,498	14,500
Big Lottery		-	9,928	9,928	-
Jam Tarts		2,387	-	2,387	1,300
<u>Other Income:</u>					
General Donations		1,571	-	1,571	3,264
Ticket Sales		1,321	-	1,321	2,741
Sponsorship		768	-	768	-
Nesta		452	-	452	-
Refund		-	-	-	50
Miscellaneous		-	-	-	241
TOTAL RECEIPTS		<u>14,499</u>	<u>36,996</u>	<u>51,495</u>	<u>35,960</u>
PAYMENTS					
Freelance fees		18,470	22,518	40,988	27,890
Hospitality		343	-	343	408
Training		38	-	38	581
Venue Hire		-	1,480	1,480	760
Musical instruments-tuner		1,061	2,465	3,526	1,825
Research project		1,060	2,000	3,060	-
Insurance		407	-	407	720
Participants refreshments		240	1,273	1,513	1,097
Marketing		-	214	214	242
Independent Examination		300	-	300	300
Office/website/email		356	1,370	1,726	2,403
Travel		949	1,070	2,019	2,330
TOTAL PAYMENTS		<u>23,224</u>	<u>32,390</u>	<u>55,614</u>	<u>38,556</u>
RECEIPTS LESS PAYMENTS		-8,725	4,606	-4,119	-2,596
BANK BALANCES B/FWD		<u>11,688</u>	<u>2,964</u>	<u>14,652</u>	<u>17,248</u>
BANK BALANCES C/FWD		<u>2,963</u>	<u>7,570</u>	<u>10,533</u>	<u>14,652</u>

STATEMENT OF ASSETS AND LIABILITIES

AS AT 31 MARCH 2019

	2019	2018
	£	£
CASH FUNDS		
Deposit Account	-	-
Current Account	10,533	14,652
Petty Cash	-	-
	<u>10,533</u>	<u>14,652</u>
RESERVES		
Unrestricted Reserves	2,963	11,688
Restricted Reserves	7,570	2,964
	<u>10,533</u>	<u>14,652</u>
RESTRICTED FUND BALANCES		
Sussex Community Foundation	2,570	2,964
Garfield Weston	5,000	-
	<u>7,570</u>	<u>2,964</u>

OTHER MONETARY ASSETS – DEBTORS

The charity had no amounts owed to it at 31 March 2019 nor 2018.

MONETARY LIABILITIES

The charity had the following amounts owed by the charity:

	2019	2018
	£	£
Accruals – Independent Examination	<u>300</u>	<u>300</u>

**NEW NOTE PROJECTS
(Charity No: 1161284)**

**INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES
OF NEW NOTE PROJECTS
FOR THE YEAR ENDED 31 MARCH 2019**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2019.

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in any material respect:

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....
C R Tyler FCA; DChA; FCIE
Flat 24 Wellingtonia Court,
Laine Cose,
Brighton
East Sussex
BN1 6TD

Date..... 28th September 2019

By order of the board.

Position:

Name:

Signature:

Date:

Position:

Name:

Signature:

Date:

Position:

Name:

Signature:

Date: